



**Wydarzenie:** RUDAWY ZIMOWY FESTIWAL BIEGOWY  
**Organizator:** Fundacja Szczyt za Szczytem  
**Data:** 2024-02-10  
**Miejsce:** Karpniki  
**Dystans:** 43.5 km

## CZTERDZIESTKA

B4SPORT

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INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: M50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szwajcarka 4.5km	Kolorowe Jezioro 19.5km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
1	JUDA Witold	149		M50	1	00:31:30	01:53:17	<b>04:36:42.45</b>	<b>04:36:45.75</b>		6:21	9.4 (100%)
2	CZAJKA Tomasz	145		M50	2	00:35:03	02:08:15	<b>05:16:34.10</b>	<b>05:16:38.65</b>	+00:39:52 (12.6%)	7:16	8.2 (87.2%)
3	MIELEWCZYK Tomasz	156	RUN YOUR TRAIL	M50	3	00:38:42	02:14:07	<b>05:22:43.40</b>	<b>05:22:53.75</b>	+00:46:08 (14.3%)	7:25	8.1 (86.2%)
4	PTAK Adam	27	PIĄTKOWO NA BIEGOWO	M50	4	00:39:40	02:25:42	<b>06:06:43.55</b>	<b>06:06:57.55</b>	+01:30:11 (24.6%)	8:25	7.1 (75.5%)
5	HRUSZOWIEC Paweł	75		M50	5	00:45:11	02:32:14	<b>06:16:40.70</b>	<b>06:17:24.35</b>	+01:40:38 (26.7%)	8:39	6.9 (73.4%)
6	KOSIOROWSKI Leszek	163		M50	6	00:47:03	02:34:55	<b>06:29:50.95</b>	<b>06:30:19.00</b>	+01:53:33 (29.1%)	8:57	6.7 (71.3%)
7	SUDUŁ Jarek	147	WIERZBICKI RUNNING PROJECT	M50	7	00:39:47	02:26:33	<b>06:35:47.55</b>	<b>06:35:56.65</b>	+01:59:10 (30.1%)	9:05	6.6 (70.2%)
8	SZYMCZYK Michał	162	DRUŻYNA CHROBREGA	M50	8	00:45:07	02:39:30	<b>06:46:53.40</b>	<b>06:47:08.95</b>	+02:10:23 (32.0%)	9:21	6.4 (68.1%)
9	SZYMAŃSKI Paweł	98		M50	9	00:47:08	02:42:58	<b>06:56:30.55</b>	<b>06:57:02.50</b>	+02:20:16 (33.6%)	9:34	6.3 (67.0%)
10	WOJCIESZYŃSKI Tomasz	161	BBL GORZÓW WLKP.	M50	10	00:45:06	02:44:57	<b>07:15:19.75</b>	<b>07:15:28.25</b>	+02:38:42 (36.4%)	10:00	6 (63.8%)
11	KÓZKA Przem	123	NATURAL BORN RUNNERS	M50	11	00:47:35	03:00:56	<b>07:24:46.95</b>	<b>07:25:03.40</b>	+02:48:17 (37.8%)	10:13	5.9 (62.8%)
12	POCHYLSKI Przemysław	132	ZGRUPKA TEAM	M50	12	00:47:39	03:00:57	<b>07:45:52.50</b>	<b>07:46:10.60</b>	+03:09:24 (40.6%)	10:42	5.6 (59.6%)
13	DOMAGAŁA Andrzej	12		M50	13	00:48:35	02:57:22	<b>07:46:50.95</b>	<b>07:47:10.85</b>	+03:10:25 (40.8%)	10:43	5.6 (59.6%)
14	STAMM Tomasz	52		M50	14	00:49:16	03:04:13	<b>08:02:51.35</b>	<b>08:03:16.35</b>	+03:26:30 (42.7%)	11:06	5.4 (57.4%)
15	DUNOWSKI Przemysław	22	BBL LASY BAGDANIEC	M50	15	00:53:36	03:28:36	<b>08:55:34.05</b>	<b>08:56:04.25</b>	+04:19:18 (48.4%)	12:18	4.9 (52.1%)
16	MURCHA Paweł	70	AUGUSTEAM	M50	16	00:58:26	03:38:32	<b>08:58:48.70</b>	<b>08:59:10.10</b>	+04:22:24 (48.7%)	12:23	4.8 (51.1%)
	POZNIAK Robert	81	OD JEZIORA DO JEZIORA	M50		DNF	DNF	<b>DNF</b>	<b>DNF</b>		-	- (0.0%)

Znaleziono 17 wynik(ów)