



Wydarzenie: RUDAWY ZIMOWY FESTIWAL BIEGOWY
Organizator: Fundacja Szczyt za Szczytem
Data: 2022-02-19
Miejsce: Karpniki
Dystans: 43.5 km

CZTERDZIESTKA

B4SPORT

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	Kolorowe Jeziorka 19.5km	Kara/ bonifikata	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
1	SZKODA Kasia	6	TATERNIKTEAM	K30	1	00:38:29	02:33:43	-00:10:00	05:35:31.50	05:35:41.50		7:56	7.6 (100%)
2	KAZUBOWSKA Ola	233		K40	1	00:40:16	02:36:04	-00:10:00	05:55:12.85	05:55:19.20	+00:19:37 (5.5%)	8:23	7.1 (93.4%)
3	RESPONDEK Anna	82		K30	2	00:43:27	02:51:42	-00:10:00	06:15:25.40	06:15:37.70	+00:39:56 (10.6%)	8:51	6.8 (89.5%)
4	STRAUCHOLD Anna	140	HAPPY RUNNERS WROCLAW	K50	1	00:41:29	02:53:33	-00:10:00	06:24:49.10	06:24:54.50	+00:49:13 (12.8%)	9:04	6.6 (86.8%)
5	PAWLIKOWSKA Monika	107		K40	2	00:47:46	03:00:20	-00:10:00	06:43:05.10	06:43:20.20	+01:07:38 (16.8%)	9:29	6.3 (82.9%)
6	ŚWIERZOWSKA Magdalena	138	FIZJOTERAPIA BIEGACZA	K40	3	00:43:59	03:02:14	-00:10:00	06:48:09.85	06:48:18.10	+01:12:36 (17.8%)	9:36	6.2 (81.6%)
7	GLÓRA Aleksandra	247		K40	4	00:43:28	02:58:54	-00:10:00	06:48:43.65	06:49:03.40	+01:13:21 (17.9%)	9:37	6.2 (81.6%)
8	WROE Agnieszka	125		K40	5	00:44:01	03:01:39	-00:10:00	07:06:41.00	07:06:47.15	+01:31:05 (21.3%)	10:02	6 (78.9%)
9	ŻYGIEŁO Monika	8	CHOSZCZEŃSKA 10	K40	6	00:48:53	03:02:41	-00:10:00	07:11:46.55	07:12:07.55	+01:36:26 (22.3%)	10:09	5.9 (77.6%)
10	WÓJCIK Monika	114		K40	7	00:49:45	03:06:55		07:16:05.65	07:16:10.75	+01:40:29 (23.0%)	10:01	6 (78.9%)
11	ZDROJEWSKA Magdalena	179		K40	8	00:50:04	03:00:24		07:19:33.90	07:19:43.10	+01:44:01 (23.7%)	10:06	5.9 (77.6%)
12	KASPERSKA Barbara	157	BBL GORZÓW	K40	9	00:45:06	03:02:10	-00:10:00	07:26:42.10	07:26:50.85	+01:51:09 (24.9%)	10:29	5.7 (75.0%)
13	MAŚNICA-SZYMAŃSKA Joanna	61	WOLSZTYŃSKI KLUB BIEGOWY	K40	10	00:47:07	03:10:03	-00:10:00	07:29:50.15	07:29:56.60	+01:54:15 (25.4%)	10:34	5.7 (75.0%)
13	SWOROWSKA Izabela	59	WOLSZTYŃSKI KLUB BIEGOWY	K50	2	00:47:06	03:09:59	-00:10:00	07:29:49.00	07:29:56.60	+01:54:15 (25.4%)	10:34	5.7 (75.0%)
15	KUBIAK Karolina	234		K40	11	00:43:57	03:08:47	-00:10:00	07:30:25.30	07:30:35.75	+01:54:54 (25.5%)	10:35	5.7 (75.0%)

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16	CHRZANOWSKA Agnieszka	109		K40	12	01:05:55	03:19:18		07:52:48.65	07:53:12.10	+02:17:30 (29.1%)	10:52	5.5 (72.4%)
17	KOPCZYŃSKA Marta	96	KWIATY U BEATY	K30	3	00:51:58	03:07:14		07:53:06.90	07:53:34.95	+02:17:53 (29.1%)	10:52	5.5 (72.4%)
18	WITKOWSKA Beata	168		K40	13	00:57:18	03:20:44		07:56:20.90	07:56:47.40	+02:21:05 (29.6%)	10:57	5.5 (72.4%)
19	GAWLIK Sylwia	222		K40	14	00:53:34	03:15:29		08:00:10.60	08:00:27.80	+02:24:46 (30.1%)	11:02	5.4 (71.1%)
20	OLECHNOWICZ Magda	187		K40	15	00:55:03	03:09:40		08:01:56.65	08:02:07.95	+02:26:26 (30.4%)	11:04	5.4 (71.1%)
21	KOSECKA Justyna	4		K40	16	00:59:50	03:22:22		08:12:29.25	08:12:48.90	+02:37:07 (31.9%)	11:19	5.3 (69.7%)
22	PRUSIEWICZ Beata	12		K50	3	00:53:20	03:14:55		08:14:45.10	08:15:01.40	+02:39:19 (32.2%)	11:22	5.3 (69.7%)
23	OSTACH Daria	11		K40	17	00:53:59	03:14:51		08:14:46.00	08:15:01.55	+02:39:20 (32.2%)	11:22	5.3 (69.7%)
24	MALICKA Małgorzata	42		K40	18	00:57:21	03:19:08		08:23:51.80	08:24:04.60	+02:48:23 (33.4%)	11:34	5.2 (68.4%)
25	ZASADA Iwona	41		K40	19	00:57:21	03:19:08		08:23:51.50	08:24:05.25	+02:48:23 (33.4%)	11:34	5.2 (68.4%)
26	KRZYŻYK Agnieszka	146	TRIO FORTIS	K40	20	00:57:22	03:19:03		08:23:51.55	08:24:05.35	+02:48:23 (33.4%)	11:34	5.2 (68.4%)
27	LEBODA Katarzyna	84	WILD DOGS TEAM	K30	4	00:49:01	03:24:23	-00:10:00	08:28:48.90	08:29:18.20	+02:53:36 (34.1%)	11:55	5 (65.8%)
28	KWIASOWSKA Aleksandra	100	690202689	K30	5	00:49:02	03:24:24	-00:10:00	08:28:52.10	08:29:21.65	+02:53:40 (34.1%)	11:55	5 (65.8%)
29	KARAŚ Anna	209		K40	21	00:54:52	03:23:13		08:41:53.85	08:42:24.15	+03:06:42 (35.7%)	11:59	5 (65.8%)
30	RZECZYŃSKA Anna	188		K40	22	00:55:00	03:30:29		08:47:08.55	08:47:20.70	+03:11:39 (36.3%)	12:07	5 (65.8%)
31	WŁODARCZYK Anna	116		K40	23	00:54:30	03:29:28		09:18:50.60	09:18:56.20	+03:43:14 (39.9%)	12:50	4.7 (61.8%)
32	WAŚCIŃSKA Edyta	127	PĘDZI - PARA	K50	4	00:59:13	03:34:22		09:21:02.30	09:21:21.60	+03:45:40 (40.2%)	12:53	4.7 (61.8%)
33	KAZUBOWSKA Małgorzata	176		K40	24	00:58:50	03:55:18		09:22:36.00	09:22:48.15	+03:47:06 (40.4%)	12:56	4.6 (60.5%)
34	HAUSMAN Magdalena	210	PARKRUN GRUDZIĄDZ	K40	25	00:57:00	03:40:55		09:27:18.10	09:27:30.55	+03:51:49 (40.8%)	13:02	4.6 (60.5%)
35	ŚWIĄTEK Monika	111		K20	1	01:09:14	04:04:30		09:28:54.70	09:29:08.95	+03:53:27 (41.0%)	13:04	4.6 (60.5%)
36	SZOKALAK Milena	141		K20	2	01:09:16	04:04:46		09:28:55.65	09:29:09.20	+03:53:27 (41.0%)	13:04	4.6 (60.5%)

Znaleziono 36 wynik(ów)