



Wydarzenie: RUDAWY ZIMOWY FESTIWAL BIEGOWY
Organizator: Fundacja Szczyt za Szczytem
Data: 2024-02-10
Miejsce: Karpniki
Dystans: 43.5 km

CZTERDZIESTKA

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szwajcarka 4.5km	Kolorowe Jeziora 19.5km	Czas netto 43.5km	Czas brutto 43.5km	Różn	Tempo min/km	Tempo km/h
1	BERNAT Katarzyna	43	BIEGOWA ŚWIDNICA	K50	1	00:35:06	02:06:42	05:14:56.40	05:15:00.15		7:14	8.3 (100%)
2	ŚWIEŻAWSKA- AMBROZIAK Katarzyna	120	ULTRA KUTNO	K40	1	00:44:26	02:34:38	06:29:46.15	06:29:59.25	+01:14:59 (19.2%)	8:57	6.7 (80.7%)
3	ABRAMOWICZ Agata	108		K30	1	00:46:11	02:47:33	06:39:38.75	06:39:50.15	+01:24:50 (21.2%)	9:11	6.5 (78.3%)
4	MADEJ Anna	95	VEGE RUNNERS	K40	2	00:43:59	02:36:25	06:42:12.25	06:42:34.30	+01:27:34 (21.8%)	9:14	6.5 (78.3%)
5	KUBIAK Karolina	135	9FORCES	K40	3	00:44:37	02:44:28	06:42:48.55	06:42:56.95	+01:27:56 (21.8%)	9:15	6.5 (78.3%)
6	DUSZYŃSKA Ewa	165		K30	2	00:43:50	02:41:22	06:46:19.80	06:46:29.85	+01:31:29 (22.5%)	9:20	6.4 (77.1%)
7	PTAK Dorota	20		K50	2	00:47:59	02:56:34	07:12:56.60	07:13:10.35	+01:58:10 (27.3%)	9:57	6 (72.3%)
8	LEBODA Katarzyna	15	WILD DOGS TEAM	K30	3	00:47:46	02:51:23	07:26:29.25	07:27:09.45	+02:12:09 (29.6%)	10:15	5.8 (69.9%)
9	KĘDZIORA Alicja	38	BBL BOGDANIEC	K30	4	00:48:09	02:53:51	07:27:56.25	07:28:13.50	+02:13:13 (29.7%)	10:17	5.8 (69.9%)
10	MARAVA Klara	166		K40	4	00:47:51	02:54:45	07:34:23.75	07:34:42.05	+02:19:41 (30.7%)	10:26	5.7 (68.7%)
11	GORZOCH Justyna	158	KW WARSZAWA	K40	5	00:49:34	03:00:04	07:43:00.15	07:43:05.35	+02:28:05 (32.0%)	10:38	5.6 (67.5%)
12	WALIGÓRA Aleksandra	50	WOLSZTYŃSKI KLUB BIEGOWY	K30	5	00:50:30	02:58:15	07:46:34.65	07:47:08.10	+02:32:07 (32.6%)	10:43	5.6 (67.5%)
13	WNUK Ewelina	25		K30	6	00:52:07	03:08:46	07:53:39.35	07:53:50.05	+02:38:49 (33.5%)	10:53	5.5 (66.3%)
14	DĘBSKA-ZEŃCZAK Agnieszka	7		K40	6	00:52:06	03:08:46	07:53:39.10	07:53:50.20	+02:38:50 (33.5%)	10:53	5.5 (66.3%)
15	PAWELEC Krystyna	3	DOGOŃ GRODZISK MAZOWIECKI	K60	1	00:55:40	03:10:12	07:57:35.35	07:58:04.85	+02:43:04 (34.1%)	10:58	5.5 (66.3%)

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16	ZAPLATA Ania	96	BBL LEGNICA	K40	7	00:55:39	03:13:59	08:22:37.20	08:23:04.25	+03:08:04 (37.4%)	11:33	5.2 (62.7%)
17	MARCINIAK Anna	57	BBL LEGNICA	K40	8	00:55:36	03:14:01	08:22:39.15	08:23:05.30	+03:08:05 (37.4%)	11:33	5.2 (62.7%)
18	DUNOWSKA Ilona	21	BBL LASY BOGDANIEC	K50	3	00:53:36	03:28:42	08:53:37.50	08:54:08.75	+03:39:08 (41.0%)	12:16	4.9 (59.0%)
19	CIOSEK Beata	71	AUGUSTEAM	K50	4	00:58:25	03:38:31	08:58:49.00	08:59:10.10	+03:44:09 (41.6%)	12:23	4.8 (57.8%)
20	MISIAK Dorota	69		K30	7	00:59:07	03:30:47	09:14:12.05	09:14:19.85	+03:59:19 (43.2%)	12:44	4.7 (56.6%)
21	KOCIEMBA Adrianna	13		K40	9	00:56:00	03:31:43	09:14:24.25	09:14:29.40	+03:59:29 (43.2%)	12:44	4.7 (56.6%)
22	PASZEK Krystyna	4	WOLNI BIEGACZE SLOW JOGGING GRODZISK MAZOWIECKI	K60	2	01:01:21	03:33:02	09:18:30.60	09:18:51.75	+04:03:51 (43.6%)	12:50	4.7 (56.6%)
23	PAŁASZYŃSKA Beata	100	MUD FOXES	K40	10	01:00:29	03:38:29	09:23:26.05	09:23:54.60	+04:08:54 (44.1%)	12:57	4.6 (55.4%)

Znaleziono 23 wynik(ów)