

DCGA18 :: BIEG PRZEŁAJOWY

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE



Wydarzenie: DNI CHEMIKA GRUPY AZOTY 2018
Organizator: El Padre sp. z o.o., Stowarzyszenie Klub Biegowy „Dzik”
Data: 2018-05-26
Miejsce: Trzebież
Dystans: 10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Nazwa Zakładu | Służby mundurowe | Czas startu | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------|-------|---------------------|-----------|------|--------------------------------------|------------------|-------------|-----------------|------------------|-------------------|--------------|--------------|
| 1 | SANIEWSKI Dariusz | 129 | UKL ÓSEMKA POLICE | M30 | 1 | Grupa Azoty Police Serwis | | 00:00:01 | 00:40:52.25 | 00:40:53.40 | | 4:05 | 14.7 (100%) |
| 2 | APIECIONEK Mateusz | 9 | UKL 'ÓSEMKA' POLICE | M20 | 1 | Grupa Azoty Zakłady Chemiczne Police | | 00:00:01 | 00:41:48.45 | 00:41:49.90 | +00:00:56 (2.2%) | 4:10 | 14.4 (98.0%) |
| 3 | POKRZYWIŃSKI Krzysztof | 69 | GRUPA AZOTY POLICE | M50 | 1 | Grupa Azoty Zakłady Chemiczne Police | | 00:00:02 | 00:42:02.65 | 00:42:04.70 | +00:01:10 (2.8%) | 4:12 | 14.3 (97.3%) |
| 4 | DYCZYŃSKI Leszek | 180 | MTR SZCZECIN TEAM | M30 | 2 | | Tak | 00:00:03 | 00:42:12.75 | 00:42:16.30 | +00:01:20 (3.2%) | 4:13 | 14.2 (96.6%) |
| 5 | RUDZIŃSKI Jacek | 48 | KW PSP SZCZECIN | M40 | 1 | | Tak | 00:00:01 | 00:44:38.10 | 00:44:40.05 | +00:03:45 (8.4%) | 4:27 | 13.4 (91.2%) |
| 6 | ZGLIŃSKI Dobiesław | 47 | | M30 | 3 | | Tak | 00:00:04 | 00:44:58.20 | 00:45:02.45 | +00:04:05 (9.1%) | 4:29 | 13.3 (90.5%) |
| 7 | RUTA Przemysław | 83 | MTR SZCZECIN TEAM | M30 | 4 | | | 00:00:03 | 00:46:01.60 | 00:46:05.15 | +00:05:09 (11.2%) | 4:36 | 13 (88.4%) |
| 8 | KACA Jarosław | 188 | SKB DZIK | M20 | 2 | | | 00:00:02 | 00:46:53.50 | 00:46:55.90 | +00:06:01 (12.8%) | 4:41 | 12.8 (87.1%) |
| 9 | KRUPIŃSKI Marcin | 26 | SKB DZIK/POLICE | M30 | 5 | Grupa Azoty Zakłady Chemiczne Police | | 00:00:02 | 00:48:30.15 | 00:48:33.10 | +00:07:37 (15.7%) | 4:51 | 12.4 (84.4%) |
| 10 | KOSIŃSKI Mateusz | 139 | DRUŻYNA SZPIKU | M20 | 3 | | | 00:00:02 | 00:48:33.45 | 00:48:36.15 | +00:07:41 (15.8%) | 4:51 | 12.4 (84.4%) |
| 11 | LIPERTOWICZ Sebastian | 77 | LOVELASY | M30 | 6 | | | 00:00:05 | 00:48:46.70 | 00:48:51.80 | +00:07:54 (16.2%) | 4:52 | 12.3 (83.7%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Nazwa Zakładu | Służby mundurowe | Czas startu | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|-------------------------------|------------|---------------------------------|-----------|------|--------------------------------------|------------------|-------------|--------------------|--------------------|-------------------|--------------|--------------|
| 12 | TOPOREK Przemysław | 131 | | M30 | 7 | | | 00:00:15 | 00:48:51.65 | 00:49:07.45 | +00:07:59 (16.4%) | 4:53 | 12.3 (83.7%) |
| 13 | RUDNICKI Sebastian | 143 | MOW TRZEBIEŻ | M16 | 1 | | | 00:00:12 | 00:49:13.95 | 00:49:26.90 | +00:08:21 (17.0%) | 4:55 | 12.2 (83.0%) |
| 14 | KAPLANIAK Adrian | 45 | | M30 | 8 | | | 00:00:06 | 00:49:22.60 | 00:49:28.60 | +00:08:30 (17.2%) | 4:56 | 12.2 (83.0%) |
| 15 | BZIUKEWICZ Marcin | 155 | | M30 | 9 | Grupa Azoty Zakłady Chemiczne Police | | 00:00:01 | 00:49:51.65 | 00:49:53.15 | +00:08:59 (18.0%) | 4:59 | 12 (81.6%) |
| 16 | PAWLIŃSKI Piotr | 8 | GRUPA AZOTY POLICE | M30 | 10 | Grupa Azoty Zakłady Chemiczne Police | | 00:00:01 | 00:49:52.00 | 00:49:53.80 | +00:08:59 (18.0%) | 4:59 | 12 (81.6%) |
| 17 | SIWEK Jarek | 36 | RAZ SZCZECIN | M40 | 2 | | | 00:00:05 | 00:50:10.90 | 00:50:16.50 | +00:09:18 (18.6%) | 5:01 | 12 (81.6%) |
| 18 | KOŁOMAŃSKI Hubert | 2 | | M30 | 11 | | | 00:00:10 | 00:50:22.15 | 00:50:32.65 | +00:09:29 (18.9%) | 5:02 | 11.9 (81.0%) |
| 19 | LANGIEWICZ Jacek | 107 | MKJ POLICE | M60 | 1 | | | 00:00:01 | 00:50:53.95 | 00:50:55.55 | +00:10:01 (19.7%) | 5:05 | 11.8 (80.3%) |
| 20 | KRASNODEBSKI Konrad | 40 | BBL POLICE | M40 | 3 | | | 00:00:02 | 00:51:07.15 | 00:51:09.35 | +00:10:14 (20.0%) | 5:06 | 11.7 (79.6%) |
| 21 | NIEMIRO Dominika | 5 | JAGODOWO-KALINOWY TEAM | K30 | 1 | Grupa Azoty Zakłady Chemiczne Police | | 00:00:02 | 00:51:14.25 | 00:51:16.95 | +00:10:22 (20.2%) | 5:07 | 11.7 (79.6%) |
| 22 | KOTARSKI Wiesław | 22 | GRUPA AZOTY POLICE | M60 | 2 | Grupa Azoty Zakłady Chemiczne Police | | 00:00:02 | 00:51:14.95 | 00:51:17.05 | +00:10:22 (20.3%) | 5:07 | 11.7 (79.6%) |
| 23 | LINKE Rafał | 169 | SKB DZIK | M30 | 12 | | | 00:00:03 | 00:51:38.30 | 00:51:41.70 | +00:10:46 (20.9%) | 5:09 | 11.6 (78.9%) |
| 24 | LEWANDOWSKI Piotr | 187 | SUB DZIK | M30 | 13 | | | 00:00:03 | 00:51:42.65 | 00:51:46.05 | +00:10:50 (21.0%) | 5:10 | 11.6 (78.9%) |
| 25 | NOWAK Jakub | 168 | | M20 | 4 | | | 00:00:06 | 00:51:46.05 | 00:51:53.00 | +00:10:53 (21.0%) | 5:10 | 11.6 (78.9%) |
| 26 | RÓŻAŃSKI Marcin | 74 | | M30 | 14 | | | 00:00:15 | 00:51:51.45 | 00:52:06.45 | +00:10:59 (21.2%) | 5:11 | 11.6 (78.9%) |
| 27 | WARCHAŁOWSKI Arkadiusz | 178 | | M40 | 4 | | | 00:00:10 | 00:52:19.90 | 00:52:30.30 | +00:11:27 (21.9%) | 5:14 | 11.5 (78.2%) |
| 28 | PIWOWARSKI Darek | 109 | WIECZORNE BIEGANIE W SZCZECINIE | M40 | 5 | | | 00:00:09 | 00:52:20.30 | 00:52:30.20 | +00:11:28 (21.9%) | 5:14 | 11.5 (78.2%) |
| 29 | NIEMIRO Paweł | 59 | JAGODOWO-KALINOWY TEAM | M30 | 15 | | | 00:00:03 | 00:52:21.75 | 00:52:25.40 | +00:11:29 (21.9%) | 5:14 | 11.5 (78.2%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Nazwa Zakładu | Służby mundurowe | Czas startu | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|------------|---|-----------|------|--------------------------------------|------------------|-------------|--------------------|--------------------|-------------------|--------------|--------------|
| 30 | SKALSKI Tadeusz | 153 | GRUPA AZOTY POLICE | M50 | 2 | Grupa Azoty Zakłady Chemiczne Police | | 00:00:03 | 00:52:22.55 | 00:52:25.80 | +00:11:30 (22.0%) | 5:14 | 11.5 (78.2%) |
| 31 | KISIEL Łukasz | 125 | | M30 | 16 | | | 00:00:08 | 00:52:51.15 | 00:52:59.75 | +00:11:58 (22.7%) | 5:17 | 11.4 (77.6%) |
| 32 | MACKIEWICZ Artur | 11 | DŁUGOBIEGANIE | M40 | 6 | | | 00:00:10 | 00:53:22.30 | 00:53:32.35 | +00:12:30 (23.4%) | 5:20 | 11.2 (76.2%) |
| 33 | TUBACKI Dawid | 176 | SZMERF BOT TEAM | M20 | 5 | | | 00:00:04 | 00:53:34.60 | 00:53:39.40 | +00:12:42 (23.7%) | 5:21 | 11.2 (76.2%) |
| 34 | WANIEWSKA Monika | 126 | KB HERMES GRYFINO | K40 | 1 | | | 00:00:01 | 00:54:09.00 | 00:54:10.45 | +00:13:16 (24.5%) | 5:24 | 11.1 (75.5%) |
| 35 | ŁAWNICZAK Sebastian | 61 | | M40 | 7 | Grupa Azoty Zakłady Chemiczne Police | | 00:00:00 | 00:54:41.45 | 00:54:41.45 | +00:13:49 (25.3%) | 5:28 | 11 (74.8%) |
| 36 | KRYWALD Rafal | 57 | | M40 | 8 | | | 00:00:03 | 00:55:02.00 | 00:55:05.15 | +00:14:09 (25.7%) | 5:30 | 10.9 (74.1%) |
| 37 | CIESZKOWSKI Paweł | 76 | | M20 | 6 | | | 00:00:00 | 00:55:02.40 | 00:55:02.40 | +00:14:10 (25.7%) | 5:30 | 10.9 (74.1%) |
| 38 | GNIEWOSZ Piotr | 71 | SZCZECIN | M30 | 17 | | | 00:00:04 | 00:55:04.45 | 00:55:08.95 | +00:14:12 (25.8%) | 5:30 | 10.9 (74.1%) |
| 39 | MÓWIŃSKI Tomasz | 111 | | M40 | 9 | | | 00:00:08 | 00:55:18.10 | 00:55:26.55 | +00:14:25 (26.1%) | 5:31 | 10.8 (73.5%) |
| 40 | STAŃCZYK Sławomir | 122 | STARGARD. JA SIĘ NIE ŚCIGAM | M30 | 18 | | | 00:00:04 | 00:55:54.80 | 00:55:59.50 | +00:15:02 (26.9%) | 5:35 | 10.7 (72.8%) |
| 41 | WÓJCIK Krzysztof | 54 | | M30 | 19 | | | 00:00:06 | 00:56:04.95 | 00:56:11.05 | +00:15:12 (27.1%) | 5:36 | 10.7 (72.8%) |
| 42 | PAWLUŚ Tomasz | 20 | | M30 | 20 | | | 00:00:05 | 00:56:05.35 | 00:56:11.05 | +00:15:13 (27.1%) | 5:36 | 10.7 (72.8%) |
| 43 | HAWRYŁAK Marcin | 10 | SOSW NR 1 DLA DZIECI NIEPEŁNOSPRAWNYCH RUCHOWO W POLICACH | M40 | 10 | | | 00:00:01 | 00:56:08.05 | 00:56:09.80 | +00:15:15 (27.2%) | 5:36 | 10.7 (72.8%) |
| 44 | SOBOLEWSKI Bartosz | 145 | MGT | M16 | 2 | | | 00:00:07 | 00:56:13.95 | 00:56:21.50 | +00:15:21 (27.3%) | 5:37 | 10.7 (72.8%) |
| 45 | GRACZYK Grzegorz | 33 | BIEGAM BO MUSZE | M30 | 21 | | | 00:00:13 | 00:56:30.45 | 00:56:44.00 | +00:15:38 (27.7%) | 5:39 | 10.6 (72.1%) |
| 46 | WOJSZCZYK Michał | 18 | BRIDGESTONE STARGARD RUNNERS | M30 | 22 | | | 00:00:12 | 00:56:31.25 | 00:56:44.00 | +00:15:39 (27.7%) | 5:39 | 10.6 (72.1%) |
| 47 | BULIKOWSKI Tomasz | 32 | | M30 | 23 | | | 00:00:11 | 00:56:38.25 | 00:56:49.60 | +00:15:46 (27.8%) | 5:39 | 10.6 (72.1%) |
| 48 | WRÓBLEWSKI Emil | 27 | | M20 | 7 | Grupa Azoty Zakłady Chemiczne Police | | 00:00:06 | 00:56:41.00 | 00:56:47.20 | +00:15:48 (27.9%) | 5:40 | 10.6 (72.1%) |
| 49 | KOWAL Tomasz | 63 | | M40 | 11 | | | 00:00:10 | 00:57:11.70 | 00:57:22.40 | +00:16:19 (28.5%) | 5:43 | 10.5 (71.4%) |

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|-----|-------------------------------|------------|---------------------------------|-----------|------|--------------------------------------|------------------|-------------|--------------------|--------------------|-------------------|--------------|--------------|
| 50 | SZYBIAK Marek | 6 | | M30 | 24 | Grupa Azoty Zakłady Chemiczne Police | | 00:00:02 | 00:57:21.70 | 00:57:24.55 | +00:16:29 (28.7%) | 5:44 | 10.5 (71.4%) |
| 51 | ABRAMOWICZ Tomasz | 134 | BIEGOHOLLICA | M30 | 25 | | | 00:00:15 | 00:57:26.80 | 00:57:42.50 | +00:16:34 (28.9%) | 5:44 | 10.4 (70.7%) |
| 52 | ZIOBRO Andrzej | 104 | 12 BZ | M30 | 26 | | | 00:00:04 | 00:57:32.70 | 00:57:36.95 | +00:16:40 (29.0%) | 5:45 | 10.4 (70.7%) |
| 53 | ZIÓŁKOWSKA Andżelika | 115 | KB HERMES | K20 | 1 | | | 00:00:04 | 00:58:11.10 | 00:58:15.50 | +00:17:18 (29.8%) | 5:49 | 10.3 (70.1%) |
| 54 | OSAK Adam | 121 | | M20 | 8 | | | 00:00:07 | 00:58:15.05 | 00:58:22.90 | +00:17:22 (29.8%) | 5:49 | 10.3 (70.1%) |
| 55 | WOŹNIAK Piotr | 21 | WIECZORNE BIEGANIE W SZCZECINIE | M20 | 9 | | | 00:00:08 | 00:58:15.80 | 00:58:24.75 | +00:17:23 (29.9%) | 5:49 | 10.3 (70.1%) |
| 56 | SZARMACH Dariusz | 170 | MARATOŃCZYK TEAM SZCZECIN | M40 | 12 | | | 00:00:05 | 00:58:23.45 | 00:58:29.15 | +00:17:31 (30.0%) | 5:50 | 10.3 (70.1%) |
| 57 | MURAWSKA Monika | 87 | | K40 | 2 | | | 00:00:03 | 00:58:26.65 | 00:58:30.10 | +00:17:34 (30.1%) | 5:50 | 10.3 (70.1%) |
| 58 | BŁASZCZYK Paweł | 162 | | M20 | 10 | PDH Polska | | 00:00:09 | 00:58:42.10 | 00:58:51.90 | +00:17:49 (30.4%) | 5:52 | 10.2 (69.4%) |
| 59 | NIEDLICH Anna | 84 | KSW TEAM POLICE | K30 | 2 | Grupa Azoty Zakłady Chemiczne Police | | 00:00:04 | 00:58:44.50 | 00:58:48.70 | +00:17:52 (30.4%) | 5:52 | 10.2 (69.4%) |
| 60 | WITORZEĆ Dariusz | 177 | | M40 | 13 | | | 00:00:10 | 00:58:50.45 | 00:59:01.25 | +00:17:58 (30.5%) | 5:53 | 10.2 (69.4%) |
| 61 | JASIŃSKI Arkadiusz | 12 | | M40 | 14 | | | 00:00:00 | 00:58:52.70 | 00:58:52.70 | +00:18:00 (30.6%) | 5:53 | 10.2 (69.4%) |
| 62 | GOCAL Anita | 35 | UKL OSEMKA POLICE | K20 | 2 | | | 00:00:03 | 00:59:50.65 | 00:59:54.05 | +00:18:58 (31.7%) | 5:59 | 10 (68.0%) |
| 63 | KUNKEL Dawid | 110 | BIEGAM BO ANITKA BIEGA HI HI | M30 | 27 | | | 00:00:03 | 00:59:50.80 | 00:59:54.15 | +00:18:58 (31.7%) | 5:59 | 10 (68.0%) |
| 64 | KNAPCZYK Sebastian | 96 | | M30 | 28 | | | 00:00:05 | 01:00:08.15 | 01:00:13.85 | +00:19:15 (32.0%) | 6:00 | 10 (68.0%) |
| 65 | FIGOŁUSZKA Katarzyna | 43 | AKTYWNE CHOSZCZNO | K20 | 3 | | | 00:00:06 | 01:00:09.35 | 01:00:16.05 | +00:19:17 (32.1%) | 6:01 | 10 (68.0%) |
| 66 | SPLAWSKI Daniel | 108 | | M30 | 29 | | | 00:00:08 | 01:00:16.30 | 01:00:24.30 | +00:19:24 (32.2%) | 6:01 | 10 (68.0%) |
| 67 | DURMAN Sławomir | 103 | JW 4531 | M30 | 30 | | | 00:00:12 | 01:00:28.00 | 01:00:40.00 | +00:19:35 (32.4%) | 6:02 | 9.9 (67.3%) |
| 68 | BLICHARZ Jarek | 56 | | M40 | 15 | ZMPP | | 00:00:02 | 01:00:31.05 | 01:00:33.70 | +00:19:38 (32.5%) | 6:03 | 9.9 (67.3%) |
| 69 | BUJNOWSKA Anita | 105 | | K20 | 4 | | | 00:00:04 | 01:00:31.40 | 01:00:35.40 | +00:19:39 (32.5%) | 6:03 | 9.9 (67.3%) |
| 70 | GRYGORCEWICZ Władysław | 182 | SKB DZIK | M60 | 3 | | | 00:00:06 | 01:00:35.35 | 01:00:41.55 | +00:19:43 (32.5%) | 6:03 | 9.9 (67.3%) |
| 71 | MURAWSKA Wioletta | 179 | KB DZIK POLICE | K50 | 1 | | | 00:00:05 | 01:00:37.90 | 01:00:42.90 | +00:19:45 (32.6%) | 6:03 | 9.9 (67.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Nazwa Zakładu | Służby mundurowe | Czas startu | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|------------|---------------------------------|-----------|------|--------------------------------------|------------------|-------------|--------------------|--------------------|-------------------|--------------|-------------|
| 72 | FUDRO Edward | 90 | GRUPA AZOTY | M60 | 4 | Grupa Azoty Zakłady Chemiczne Police | | 00:00:04 | 01:00:48.05 | 01:00:52.05 | +00:19:55 (32.8%) | 6:04 | 9.9 (67.3%) |
| 73 | WASEK Aleksander | 150 | MANGO GATKI TEAM | M16 | 3 | | | 00:00:07 | 01:00:51.40 | 01:00:58.95 | +00:19:59 (32.8%) | 6:05 | 9.9 (67.3%) |
| 74 | KOTLARZ Mateusz | 100 | BRIDGESTONE STARGARD | M30 | 31 | | | 00:00:14 | 01:00:52.30 | 01:01:06.60 | +00:20:00 (32.9%) | 6:05 | 9.9 (67.3%) |
| 75 | ODROWSKI Piotr | 106 | | M40 | 16 | | | 00:00:16 | 01:00:53.40 | 01:01:09.80 | +00:20:01 (32.9%) | 6:05 | 9.9 (67.3%) |
| 76 | KRYCZKA Adam | 86 | | M30 | 32 | Grupa Azoty Zakłady Chemiczne Police | | 00:00:05 | 01:00:54.35 | 01:00:59.55 | +00:20:02 (32.9%) | 6:05 | 9.9 (67.3%) |
| 77 | KAMIŃSKI Adam | 140 | KB HERMES GRYFINO | M30 | 33 | | | 00:00:04 | 01:00:57.40 | 01:01:02.00 | +00:20:05 (33.0%) | 6:05 | 9.8 (66.7%) |
| 78 | LIPSKI Łukasz | 128 | BIEGOHOLLICA | M30 | 34 | | | 00:00:17 | 01:00:59.05 | 01:01:16.75 | +00:20:06 (33.0%) | 6:05 | 9.8 (66.7%) |
| 79 | GRYMBSKI Karol | 75 | MOW TRZEBIEŻ | M16 | 4 | | | 00:00:14 | 01:01:02.75 | 01:01:17.35 | +00:20:10 (33.0%) | 6:06 | 9.8 (66.7%) |
| 80 | PIETKIEWICZ Paweł | 116 | 12BZ-ZM | M30 | 35 | | | 00:00:06 | 01:01:12.25 | 01:01:19.20 | +00:20:20 (33.2%) | 6:07 | 9.8 (66.7%) |
| 81 | GRZEGORCZYK Jarosław | 78 | WIERZBICKI RUNNING PROJECT | M40 | 17 | | | 00:00:12 | 01:01:13.85 | 01:01:26.00 | +00:20:21 (33.3%) | 6:07 | 9.8 (66.7%) |
| 82 | SZUDERA Kamila | 17 | WIECZORNE BIEGANIE W SZCZECINIE | K30 | 3 | | | 00:00:11 | 01:01:14.35 | 01:01:26.20 | +00:20:22 (33.3%) | 6:07 | 9.8 (66.7%) |
| 83 | SOLECKI Łukasz | 102 | | M30 | 36 | | | 00:00:09 | 01:01:22.30 | 01:01:31.50 | +00:20:30 (33.4%) | 6:08 | 9.8 (66.7%) |
| 84 | CIEPIELA Dariusz | 146 | | M30 | 37 | | | 00:00:16 | 01:01:26.45 | 01:01:42.55 | +00:20:34 (33.5%) | 6:08 | 9.8 (66.7%) |
| 85 | ZAWISZA Tomasz | 154 | | M30 | 38 | | | 00:00:11 | 01:01:27.80 | 01:01:39.00 | +00:20:35 (33.5%) | 6:08 | 9.8 (66.7%) |
| 86 | DOBACZEWSKA Ewa | 149 | MANGO GATKI TEAM | K40 | 3 | | | 00:00:07 | 01:01:37.40 | 01:01:44.65 | +00:20:45 (33.7%) | 6:09 | 9.7 (66.0%) |
| 87 | WALCZAK Tadeusz | 31 | | M50 | 3 | Grupa Azoty Police Serwis | | 00:00:02 | 01:01:48.35 | 01:01:50.70 | +00:20:56 (33.9%) | 6:10 | 9.7 (66.0%) |
| 88 | WANIEWSKI Marek | 124 | KB HERMES GRYFINO | M40 | 18 | | | 00:00:14 | 01:02:07.80 | 01:02:22.10 | +00:21:15 (34.2%) | 6:12 | 9.7 (66.0%) |
| 89 | KAROL Sławek | 72 | | M50 | 4 | | | 00:00:03 | 01:02:26.20 | 01:02:29.50 | +00:21:33 (34.5%) | 6:14 | 9.6 (65.3%) |
| 90 | MODZELEWSKA Ewa | 160 | | K30 | 4 | Koncept | | 00:00:05 | 01:02:26.70 | 01:02:32.55 | +00:21:34 (34.5%) | 6:14 | 9.6 (65.3%) |
| 91 | LEWANDOWSKA Dorota | 65 | | K40 | 4 | | | 00:00:03 | 01:02:34.30 | 01:02:37.90 | +00:21:42 (34.7%) | 6:15 | 9.6 (65.3%) |
| 92 | WOJSZCZYK Marlena | 172 | TRYTON BIKE TEAM | K30 | 5 | | | 00:00:13 | 01:02:39.55 | 01:02:52.95 | +00:21:47 (34.8%) | 6:15 | 9.6 (65.3%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Nazwa Zakładu | Służby mundurowe | Czas startu | Czas | | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------------|------------|--------------|-----------|------|--------------------------------------|------------------|-------------|--------------------|--------------------|----------------------|--------------|----------------|
| | | | | | | | | | netto 10km | brutto 10km | | | |
| 93 | KOZAK Mirosław | 113 | 12BZ-ZM | M30 | 39 | | | 00:00:06 | 01:03:29.80 | 01:03:35.90 | +00:22:37 (35.6%) | 6:20 | 9.5 (64.6%) |
| 94 | MOSKWA Martyna | 29 | GO SPORT | K20 | 5 | | | 00:00:08 | 01:03:53.65 | 01:04:02.55 | +00:23:01 (36.0%) | 6:23 | 9.4 (63.9%) |
| 95 | CZARNECKI Konrad | 89 | | M30 | 40 | | | 00:00:06 | 01:04:33.85 | 01:04:40.80 | +00:23:41 (36.7%) | 6:27 | 9.3 (63.3%) |
| 96 | MAZURCZYK Grzegorz | 34 | | M40 | 19 | | | 00:00:13 | 01:04:34.15 | 01:04:47.60 | +00:23:41 (36.7%) | 6:27 | 9.3 (63.3%) |
| 97 | JANOWSKA-SZYBIAK Karolina | 7 | | K30 | 6 | Grupa Azoty Zakłady Chemiczne Police | | 00:00:05 | 01:05:28.55 | 01:05:33.65 | +00:24:36 (37.6%) | 6:32 | 9.2 (62.6%) |
| 98 | STROJNY Wojciech | 55 | Z WIATREM | M50 | 5 | | | 00:00:09 | 01:06:33.10 | 01:06:42.25 | +00:25:40 (38.6%) | 6:39 | 9 (61.2%) |
| 99 | MAŁECKA Malwina | 161 | | K20 | 6 | | | 00:00:13 | 01:06:33.65 | 01:06:46.85 | +00:25:41 (38.6%) | 6:39 | 9 (61.2%) |
| 100 | JĘDRZEJEWSKI Adrian | 142 | MOW TRZEBIEŻ | M16 | 5 | | | 00:00:14 | 01:07:10.55 | 01:07:25.35 | +00:26:18 (39.2%) | 6:43 | 8.9 (60.5%) |
| 101 | BUJALSKA Anna | 189 | | K30 | 7 | | | 00:00:07 | 01:07:20.85 | 01:07:28.00 | +00:26:28 (39.3%) | 6:44 | 8.9 (60.5%) |
| 102 | JACHIRA Krzysztof | 67 | GRYF TEAM | M30 | 41 | | | 00:00:14 | 01:07:34.80 | 01:07:49.40 | +00:26:42 (39.5%) | 6:45 | 8.9 (60.5%) |
| 103 | MÓWIŃSKA Katarzyna | 112 | | K40 | 5 | | | 00:00:17 | 01:07:37.45 | 01:07:54.50 | +00:26:45 (39.6%) | 6:45 | 8.9 (60.5%) |
| 104 | BACHUR Monika | 138 | | K30 | 8 | | | 00:00:05 | 01:07:51.25 | 01:07:56.65 | +00:26:59 (39.8%) | 6:47 | 8.8 (59.9%) |
| 105 | JARCZEWSKI Damian | 13 | | M30 | 42 | | | 00:00:06 | 01:08:02.30 | 01:08:08.95 | +00:27:10 (39.9%) | 6:48 | 8.8 (59.9%) |
| 106 | KAMIONKA Andrzej | 186 | | M30 | 43 | | | 00:00:10 | 01:08:22.10 | 01:08:32.10 | +00:27:29 (40.2%) | 6:50 | 8.8 (59.9%) |
| 107 | KAMIŃSKA Adriana | 1 | BBL POLICE | K30 | 9 | | | 00:00:11 | 01:08:35.30 | 01:08:46.85 | +00:27:43 (40.4%) | 6:51 | 8.7 (59.2%) |
| 108 | JAWORSKI Krystian | 135 | | M20 | 11 | | | 00:00:04 | 01:09:06.25 | 01:09:11.10 | +00:28:14 (40.9%) | 6:54 | 8.7 (59.2%) |
| 109 | JÓŻWIK Tomasz | 174 | | M20 | 12 | | | 00:00:10 | 01:09:09.75 | 01:09:20.05 | +00:28:17 (40.9%) | 6:55 | 8.7 (59.2%) |
| 110 | MIENTKI Patryk | 66 | MOW TRZEBIEŻ | M16 | 6 | | | 00:00:13 | 01:09:40.35 | 01:09:54.30 | +00:28:48 (41.3%) | 6:58 | 8.6 (58.5%) |
| 111 | WIŚNIEWSKI Marian | 159 | | M60 | 5 | | | 00:00:07 | 01:10:12.35 | 01:10:19.95 | +00:29:20 (41.8%) | 7:01 | 8.5 (57.8%) |
| 112 | WILCZYŃSKI Grzegorz | 130 | | M30 | 44 | | | 00:00:12 | 01:10:12.95 | 01:10:25.70 | +00:29:20 (41.8%) | 7:01 | 8.5 (57.8%) |
| 113 | KUKUROWSKA Sylwia | 44 | BBL POLICE | K40 | 6 | | | 00:00:12 | 01:10:37.85 | 01:10:50.30 | +00:29:45 (42.1%) | 7:03 | 8.5 (57.8%) |
| 114 | ŁEMPKOWSKA Beata | 14 | BBL POLICE | K40 | 7 | | | 00:00:11 | 01:10:38.25 | 01:10:50.20 | +00:29:46 (42.1%) | 7:03 | 8.5 (57.8%) |
| 115 | MAZURCZYK Kinga | 16 | BBL POLICE | K40 | 8 | | | 00:00:12 | 01:11:13.35 | 01:11:26.10 | +00:30:21 (42.6%) | 7:07 | 8.4 (57.1%) |
| 116 | BZDAWKA Joanna | 88 | | K40 | 9 | | | 00:00:03 | 01:12:23.60 | 01:12:27.55 | +00:31:31 (43.5%) | 7:14 | 8.3 (56.5%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Nazwa Zakładu | Służby mundurowe | Czas startu | Czas netto 10km | Czas brutto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------------|------------|----------------------------|-----------|------|--------------------------------------|------------------|-------------|--------------------|--------------------|----------------------|--------------|----------------|
| 117 | WIETRZYŃSKA Agnieszka | 30 | | K20 | 7 | | | 00:00:09 | 01:12:44.30 | 01:12:53.35 | +00:31:52 (43.8%) | 7:16 | 8.2 (55.8%) |
| 118 | MUSIAŁ Elżbieta | 70 | | K40 | 10 | | | 00:00:04 | 01:13:49.95 | 01:13:54.15 | +00:32:57 (44.6%) | 7:23 | 8.1 (55.1%) |
| 119 | BEDNARZ Katarzyna | 82 | | K40 | 11 | | | 00:00:08 | 01:14:05.30 | 01:14:13.45 | +00:33:13 (44.8%) | 7:24 | 8.1 (55.1%) |
| 120 | KAROL Agnieszka | 73 | LEJDISPOLICE | K40 | 12 | | | 00:00:03 | 01:14:19.05 | 01:14:22.20 | +00:33:26 (45.0%) | 7:25 | 8.1 (55.1%) |
| 121 | STOLECKA Joanna | 141 | | K40 | 13 | | | 00:00:05 | 01:14:31.45 | 01:14:37.25 | +00:33:39 (45.2%) | 7:27 | 8.1 (55.1%) |
| 122 | KAMIŃSKA Agnieszka | 137 | KB HERMES GRYFINO | K30 | 10 | | | 00:00:05 | 01:14:39.40 | 01:14:44.50 | +00:33:47 (45.3%) | 7:27 | 8 (54.4%) |
| 123 | GRZEGORCZYK Maja | 79 | WIERZBICKI RUNNING PROJECT | K40 | 14 | | | 00:00:10 | 01:15:27.10 | 01:15:37.50 | +00:34:34 (45.8%) | 7:32 | 8 (54.4%) |
| 124 | PAWLIŃSKI Przemysław | 37 | | M20 | 13 | | | 00:00:12 | 01:15:28.35 | 01:15:40.85 | +00:34:36 (45.8%) | 7:32 | 8 (54.4%) |
| 125 | GIERCHOWSKA Monika | 3 | BBL POLICE | K20 | 8 | | | 00:00:11 | 01:15:33.60 | 01:15:45.15 | +00:34:41 (45.9%) | 7:33 | 7.9 (53.7%) |
| 126 | MAJDAN Helena | 158 | | K60 | 1 | | | 00:00:07 | 01:15:56.60 | 01:16:03.85 | +00:35:04 (46.2%) | 7:35 | 7.9 (53.7%) |
| 127 | CYBULSKI Grzegorz | 164 | | M60 | 6 | Grupa Azoty Zakłady Chemiczne Police | | 00:00:14 | 01:16:27.05 | 01:16:41.30 | +00:35:34 (46.5%) | 7:38 | 7.8 (53.1%) |
| 128 | SIDORCZUK Tomasz | 166 | | M30 | 45 | | | 00:00:18 | 01:26:42.15 | 01:27:00.55 | +00:45:49 (52.9%) | 8:40 | 6.9 (46.9%) |
| 129 | ELBIŃSKA-KRAWCZUK Monika | 133 | | K40 | 15 | | | 00:00:15 | 01:30:06.50 | 01:30:21.70 | +00:49:14 (54.6%) | 9:00 | 6.7 (45.6%) |
| 130 | ADRIAN-CZABORYK Monika | 144 | MANGO GATKI TEAM | K40 | 16 | | | 00:00:07 | 01:30:13.50 | 01:30:21.20 | +00:49:21 (54.7%) | 9:01 | 6.6 (44.9%) |
| 131 | JAROSZ Artur | 184 | | M30 | 46 | | | 00:00:16 | 01:39:58.25 | 01:40:15.00 | +00:59:06 (59.1%) | 9:59 | 6 (40.8%) |
| 132 | KWIATKOWSKI Patryk | 190 | | M30 | 47 | | | 00:00:15 | 01:39:58.45 | 01:40:14.25 | +00:59:06 (59.1%) | 9:59 | 6 (40.8%) |

Znaleziono 132 wynik(ów)