

**Wydarzenie:** DECARUN  
**Organizator:** Decathlon Koszalin  
**Data:** 2017-08-15  
**Miejsce:** Koszalin  
**Dystans:** 10 km



Klasyfikacja: M-18

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>GŁUSIŃSKI Bartek</b>	<b>77</b>		M-18	1	00:09:26	00:18:55	00:28:28	<b>00:37:46.05</b>		3:46	15.9 (100%)
2	<b>SZKOŁUDA Miłosz</b>	<b>296</b>	DECATHLON KOSZALIN	M-18	2	00:09:25	00:18:53	00:28:26	<b>00:37:52.40</b>	+00:00:06 (0.3%)	3:47	15.8 (99.4%)
3	<b>KLIMOWICZ Michał</b>	<b>128</b>		M-18	3	00:09:41	00:19:34	00:29:27	<b>00:39:08.85</b>	+00:01:22 (3.5%)	3:54	15.3 (96.2%)
4	<b>KOSIEDOWSKI Paweł</b>	<b>138</b>		M-18	4	00:09:43	00:20:04	00:30:43	<b>00:40:53.20</b>	+00:03:07 (7.6%)	4:05	14.7 (92.5%)
5	<b>LUBLEWSKI Dawid</b>	<b>164</b>		M-18	5	00:09:42	00:19:40	00:30:42	<b>00:41:16.75</b>	+00:03:30 (8.5%)	4:07	14.5 (91.2%)
6	<b>RAJNER Krzysztof</b>	<b>241</b>	FREE BIRDS	M-18	6	00:10:37	00:21:09	00:31:24	<b>00:41:23.20</b>	+00:03:37 (8.7%)	4:08	14.5 (91.2%)
7	<b>KRUKOWSKI Adam</b>	<b>147</b>		M-18	7	00:10:12	00:20:38	00:31:08	<b>00:41:27.80</b>	+00:03:41 (8.9%)	4:08	14.5 (91.2%)
8	<b>ROSIĄK Damian</b>	<b>247</b>		M-18	8	00:10:22	00:20:57	00:31:19	<b>00:41:38.75</b>	+00:03:52 (9.3%)	4:09	14.4 (90.6%)
9	<b>PIASZCZYŃSKI Maciej</b>	<b>219</b>		M-18	9	00:10:35	00:21:23	00:32:02	<b>00:41:56.65</b>	+00:04:10 (10.0%)	4:11	14.3 (89.9%)
10	<b>ŚNIEŻKO Marcin</b>	<b>306</b>	TKKF KOSZALIN	M-18	10	00:10:14	00:20:48	00:31:33	<b>00:41:57.00</b>	+00:04:10 (10.0%)	4:11	14.3 (89.9%)
11	<b>PRZEWŁOCKI Michał</b>	<b>235</b>	INTER-METAL	M-18	11	00:10:03	00:20:31	00:31:26	<b>00:42:45.25</b>	+00:04:59 (11.7%)	4:16	14 (88.1%)
12	<b>SOBSTEŁ Krystian</b>	<b>274</b>		M-18	12	00:10:51	00:21:47	00:32:48	<b>00:43:05.75</b>	+00:05:19 (12.4%)	4:18	13.9 (87.4%)
13	<b>JAROSZ Jakub</b>	<b>101</b>	TKKF KOSZALIN	M-18	13	00:11:06	00:22:22	00:33:30	<b>00:43:56.20</b>	+00:06:10 (14.0%)	4:23	13.7 (86.2%)
14	<b>GOŃKA Krzysztof</b>	<b>79</b>	DECATHLON KOSZALIN	M-18	14	00:10:53	00:22:09	00:33:35	<b>00:44:22.10</b>	+00:06:36 (14.9%)	4:26	13.5 (84.9%)
15	<b>NOWAK Adam</b>	<b>202</b>	DECATHLON KOSZALIN	M-18	15	00:10:54	00:22:26	00:33:51	<b>00:44:23.20</b>	+00:06:37 (14.9%)	4:26	13.5 (84.9%)
16	<b>MARCINIAK Michał</b>	<b>170</b>		M-18	16	00:10:52	00:22:24	00:33:48	<b>00:44:41.95</b>	+00:06:55 (15.5%)	4:28	13.4 (84.3%)
17	<b>STAŃCZYK Sławomir</b>	<b>280</b>	STARGARD. JA SIĘ NIE ŚCIGAM	M-18	17	00:10:57	00:22:36	00:33:57	<b>00:45:01.55</b>	+00:07:15 (16.1%)	4:30	13.3 (83.6%)
18	<b>RUSINEK Artur</b>	<b>250</b>		M-18	18	00:11:40	00:23:29	00:35:32	<b>00:47:02.00</b>	+00:09:15 (19.7%)	4:42	12.8 (80.5%)
19	<b>SIEMIASZKO Kamil</b>	<b>261</b>		M-18	19	00:11:34	00:23:43	00:36:06	<b>00:47:42.45</b>	+00:09:56 (20.8%)	4:46	12.6 (79.2%)
20	<b>MRUGALSKI Damian</b>	<b>197</b>	MOSG	M-18	20	00:12:34	00:25:01	00:36:41	<b>00:47:45.40</b>	+00:09:59 (20.9%)	4:46	12.6 (79.2%)
21	<b>JABŁOŃSKI Tomasz</b>	<b>93</b>	SPOKO SŁAWNO	M-18	21	00:11:17	00:23:23	00:36:01	<b>00:48:05.90</b>	+00:10:19 (21.5%)	4:48	12.5 (78.6%)
22	<b>FIGARSKI Leszek</b>	<b>64</b>	LOVEBIKE	M-18	22	00:11:52	00:23:53	00:36:22	<b>00:48:31.40</b>	+00:10:45 (22.2%)	4:51	12.4 (78.0%)
23	<b>MIKIETYŃSKI Michał</b>	<b>188</b>	ZABIEGANI NOCĄ OKONEK	M-18	23	00:11:38	00:23:48	00:36:22	<b>00:48:47.95</b>	+00:11:01 (22.6%)	4:52	12.3 (77.4%)
24	<b>JASIUCHNA Marek</b>	<b>107</b>	PIECZARKOWE ŁAPKI	M-18	24	00:11:43	00:25:05	00:37:28	<b>00:49:12.00</b>	+00:11:25 (23.2%)	4:55	12.2 (76.7%)
25	<b>GROTA Mariusz</b>	<b>84</b>		M-18	25	00:12:06	00:24:31	00:37:16	<b>00:49:37.10</b>	+00:11:51 (23.9%)	4:57	12.1 (76.1%)
26	<b>LEWANDOWSKI Marek</b>	<b>163</b>		M-18	26	00:12:03	00:24:30	00:37:32	<b>00:50:01.55</b>	+00:12:15 (24.5%)	5:00	12 (75.5%)
27	<b>JURCZYSZYN Adrian</b>	<b>110</b>	CZAPLINEK BIEGA	M-18	27	00:13:00	00:25:08	00:37:48	<b>00:50:09.65</b>	+00:12:23 (24.7%)	5:01	12 (75.5%)

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28	<b>KAZIMIEROWICZ Radosław</b>	<b>119</b>	VTT KOSZALIN	M-18	28	00:12:22	00:25:11	00:38:28	<b>00:51:15.90</b>	+00:13:29 (26.3%)	5:07	11.7 (73.6%)
29	<b>WIERZBICKI Kacper</b>	<b>323</b>		M-18	29	00:12:25	00:25:12	00:38:33	<b>00:51:45.50</b>	+00:13:59 (27.0%)	5:10	11.6 (73.0%)
30	<b>KRZANOWSKI Marcin</b>	<b>149</b>	MARCIN BIEGA	M-18	30	00:12:58	00:26:09	00:39:26	<b>00:52:19.05</b>	+00:14:33 (27.8%)	5:13	11.5 (72.3%)
31	<b>ŻUKOWSKI Cezary</b>	<b>345</b>	ROZBIEGANY KOSZALIN	M-18	31	00:12:41	00:25:51	00:39:25	<b>00:52:52.95</b>	+00:15:06 (28.6%)	5:17	11.3 (71.1%)
32	<b>TUROWSKI Michał</b>	<b>313</b>	DECATHLON SŁUPSK	M-18	32	00:12:43	00:26:12	00:40:22	<b>00:53:49.85</b>	+00:16:03 (29.8%)	5:23	11.1 (69.8%)
33	<b>RZEŹNIK Karol</b>	<b>253</b>	MEDEN-INMED	M-18	33	00:13:54	00:28:08	00:43:06	<b>00:55:07.20</b>	+00:17:21 (31.5%)	5:30	10.9 (68.6%)
34	<b>BRZEZIŃSKI Rafał</b>	<b>33</b>	TRIPAKA PRZECHEWKO	M-18	34	00:13:03	00:28:41	00:43:28	<b>00:58:02.55</b>	+00:20:16 (34.9%)	5:48	10.3 (64.8%)
35	<b>GÓRSKI Paweł</b>	<b>82</b>		M-18	35	00:14:17	00:29:09	00:44:20	<b>00:58:21.90</b>	+00:20:35 (35.3%)	5:50	10.3 (64.8%)
36	<b>JĘDRZEJEWSKI Krzysztof</b>	<b>108</b>		M-18	36	00:13:34	00:29:22	00:46:13	<b>01:04:09.00</b>	+00:26:22 (41.1%)	6:24	9.4 (59.1%)
37	<b>MADEJ Jakub</b>	<b>167</b>		M-18	37	00:14:40	00:31:36	00:48:08	<b>01:04:38.85</b>	+00:26:52 (41.6%)	6:27	9.3 (58.5%)

Znaleziono 37 wynik(ów)