

Wydarzenie: DECARUN
Organizator: Decathlon Koszalin
Data: 2017-08-15
Miejsce: Koszalin
Dystans: 10 km



Klasyfikacja: M-Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	KULCZYK Jerzy	156	-	M-50	1	00:09:29	00:18:53	00:28:06	00:37:08.40		3:42	16.2 (100%)
2	GŁUSIŃSKI Bartek	77		M-18	1	00:09:26	00:18:55	00:28:28	00:37:46.05	+00:00:37 (1.7%)	3:46	15.9 (98.1%)
3	SZKOŁUDA Miłosz	296	DECATHLON KOSZALIN	M-18	2	00:09:25	00:18:53	00:28:26	00:37:52.40	+00:00:44 (1.9%)	3:47	15.8 (97.5%)
4	KLIMOWICZ Michał	128		M-18	3	00:09:41	00:19:34	00:29:27	00:39:08.85	+00:02:00 (5.1%)	3:54	15.3 (94.4%)
5	KOSIEDOWSKI Paweł	138		M-18	4	00:09:43	00:20:04	00:30:43	00:40:53.20	+00:03:44 (9.2%)	4:05	14.7 (90.7%)
6	LUBLEWSKI Dawid	164		M-18	5	00:09:42	00:19:40	00:30:42	00:41:16.75	+00:04:08 (10.0%)	4:07	14.5 (89.5%)
7	RAJNER Krzysztof	241	FREE BIRDS	M-18	6	00:10:37	00:21:09	00:31:24	00:41:23.20	+00:04:14 (10.3%)	4:08	14.5 (89.5%)
8	KRUKOWSKI Adam	147		M-18	7	00:10:12	00:20:38	00:31:08	00:41:27.80	+00:04:19 (10.4%)	4:08	14.5 (89.5%)
9	ROSIĄK Damian	247		M-18	8	00:10:22	00:20:57	00:31:19	00:41:38.75	+00:04:30 (10.8%)	4:09	14.4 (88.9%)
10	PIASZCZYŃSKI Maciej	219		M-18	9	00:10:35	00:21:23	00:32:02	00:41:56.65	+00:04:48 (11.5%)	4:11	14.3 (88.3%)
11	ŚNIEŻKO Marcin	306	TKKF KOSZALIN	M-18	10	00:10:14	00:20:48	00:31:33	00:41:57.00	+00:04:48 (11.5%)	4:11	14.3 (88.3%)
12	ZWOLIŃSKI Jan	347	TKKF KOSZALIN	M-40	1	00:10:24	00:21:11	00:32:00	00:42:35.40	+00:05:27 (12.8%)	4:15	14.1 (87.0%)
13	PRZEWŁOCKI Michał	235	INTER-METAL	M-18	11	00:10:03	00:20:31	00:31:26	00:42:45.25	+00:05:36 (13.1%)	4:16	14 (86.4%)
14	SOBSTEŁ Krystian	274		M-18	12	00:10:51	00:21:47	00:32:48	00:43:05.75	+00:05:57 (13.8%)	4:18	13.9 (85.8%)
15	SIENIAWSKI Jarosław	262		M-40	2	00:10:51	00:21:47	00:32:48	00:43:06.05	+00:05:57 (13.8%)	4:18	13.9 (85.8%)
16	SOBCZYK Łukasz	273	KOŁOBRZEG BIEGA	M-40	3	00:10:32	00:21:22	00:32:28	00:43:34.15	+00:06:25 (14.8%)	4:21	13.8 (85.2%)
17	OBOLIK Mirosław	203		M-50	2	00:10:54	00:21:48	00:32:47	00:43:35.55	+00:06:27 (14.8%)	4:21	13.8 (85.2%)
18	JAROSZ Jakub	101	TKKF KOSZALIN	M-18	13	00:11:06	00:22:22	00:33:30	00:43:56.20	+00:06:47 (15.5%)	4:23	13.7 (84.6%)
19	WÓJCIK Damian	353	RUNNERSWALDE DARŁOWO	M-40	4	00:10:41	00:21:48	00:33:01	00:44:08.60	+00:07:00 (15.9%)	4:24	13.6 (84.0%)
20	GOŃKA Krzysztof	79	DECATHLON KOSZALIN	M-18	14	00:10:53	00:22:09	00:33:35	00:44:22.10	+00:07:13 (16.3%)	4:26	13.5 (83.3%)
21	NOWAK Adam	202	DECATHLON KOSZALIN	M-18	15	00:10:54	00:22:26	00:33:51	00:44:23.20	+00:07:14 (16.3%)	4:26	13.5 (83.3%)
22	SOWIŃSKI Saturnin	277	1.SLT	M-50	3	00:10:54	00:22:07	00:33:26	00:44:30.50	+00:07:22 (16.6%)	4:27	13.5 (83.3%)
23	MARCINIAK Michał	170		M-18	16	00:10:52	00:22:24	00:33:48	00:44:41.95	+00:07:33 (16.9%)	4:28	13.4 (82.7%)
24	URBAŃSKI Tomasz	317		M-40	5	00:11:17	00:22:33	00:33:39	00:44:54.45	+00:07:46 (17.3%)	4:29	13.4 (82.7%)
25	STAŃCZYK Sławomir	280	STARGARD. JA SIĘ NIE ŚCIGAM	M-18	17	00:10:57	00:22:36	00:33:57	00:45:01.55	+00:07:53 (17.5%)	4:30	13.3 (82.1%)
26	RADOMSKI Hieronim	239		M-50	4	00:11:23	00:22:58	00:34:44	00:45:45.95	+00:08:37 (18.8%)	4:34	13.1 (80.9%)
27	KRAKOWIAK Sławomir	144		M-40	6	00:11:27	00:22:49	00:34:15	00:45:49.60	+00:08:41 (19.0%)	4:34	13.1 (80.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All			Czas netto 10km	Różn	Tempo min/km	Tempo km/h
						2.5km	5km	7.5km				
28	PUŚCIAN Krzysztof	236	GIMNAZJUM W MANOWIE	M-40	7	00:11:19	00:22:52	00:34:41	00:46:19.75	+00:09:11 (19.8%)	4:38	12.9 (79.6%)
29	WIATRZYK Krzysztof	320	DARŁOWO	M-40	8	00:11:15	00:22:50	00:34:44	00:46:23.45	+00:09:15 (19.9%)	4:38	12.9 (79.6%)
30	RUSINEK Artur	250		M-18	18	00:11:40	00:23:29	00:35:32	00:47:02.00	+00:09:53 (21.0%)	4:42	12.8 (79.0%)
31	KAŻMIERCZAK Andrzej	120		M-50	5	00:11:46	00:23:28	00:35:31	00:47:31.00	+00:10:22 (21.8%)	4:45	12.6 (77.8%)
32	SIEMIASZKO Kamil	261		M-18	19	00:11:34	00:23:43	00:36:06	00:47:42.45	+00:10:34 (22.2%)	4:46	12.6 (77.8%)
33	MRUGALSKI Damian	197	MOSG	M-18	20	00:12:34	00:25:01	00:36:41	00:47:45.40	+00:10:37 (22.2%)	4:46	12.6 (77.8%)
34	JABŁOŃSKI Tomasz	93	SPOKO SŁAWNO	M-18	21	00:11:17	00:23:23	00:36:01	00:48:05.90	+00:10:57 (22.8%)	4:48	12.5 (77.2%)
35	MICHALCZYK Mariusz	183	JW1223	M-40	9	00:11:50	00:23:55	00:36:12	00:48:21.20	+00:11:12 (23.2%)	4:50	12.4 (76.5%)
36	FIGARSKI Leszek	64	LOVEBIKE	M-18	22	00:11:52	00:23:53	00:36:22	00:48:31.40	+00:11:23 (23.5%)	4:51	12.4 (76.5%)
37	WILIŃSKI Marek	325	KB SPRINT ŚWIDWIN	M-50	6	00:11:27	00:23:20	00:36:03	00:48:31.45	+00:11:23 (23.5%)	4:51	12.4 (76.5%)
38	SKAŁECKI Robert	267		M-40	10	00:11:27	00:23:20	00:36:03	00:48:32.20	+00:11:23 (23.5%)	4:51	12.4 (76.5%)
39	MIKIETYŃSKI Michał	188	ZABIEGANI NOCĄ OKONEK	M-18	23	00:11:38	00:23:48	00:36:22	00:48:47.95	+00:11:39 (23.9%)	4:52	12.3 (75.9%)
40	RASZPLA Radosław	243	BBL	M-40	11	00:11:28	00:23:41	00:36:30	00:48:59.65	+00:11:51 (24.2%)	4:53	12.2 (75.3%)
41	JASIUCHNA Marek	107	PIECZARKOWE ŁAPKI	M-18	24	00:11:43	00:25:05	00:37:28	00:49:12.00	+00:12:03 (24.5%)	4:55	12.2 (75.3%)
42	KISIELIŃSKI Igor	348	TKKF KOSZALIN	M-50	7	00:11:37	00:24:15	00:36:53	00:49:19.35	+00:12:10 (24.7%)	4:55	12.2 (75.3%)
43	GROTA Mariusz	84		M-18	25	00:12:06	00:24:31	00:37:16	00:49:37.10	+00:12:28 (25.1%)	4:57	12.1 (74.7%)
44	LEWANDOWSKI Marek	163		M-18	26	00:12:03	00:24:30	00:37:32	00:50:01.55	+00:12:53 (25.8%)	5:00	12 (74.1%)
45	JURCZYSZYN Adrian	110	CZAPLINEK BIEGA	M-18	27	00:13:00	00:25:08	00:37:48	00:50:09.65	+00:13:01 (26.0%)	5:01	12 (74.1%)
46	KOZŁOWIECKI Waldemar	142	TKKF KOSZALIN	M-60+	1	00:12:10	00:24:51	00:37:39	00:50:27.10	+00:13:18 (26.4%)	5:02	11.9 (73.5%)
47	KAZIMIEROWICZ Radosław	119	VTT KOSZALIN	M-18	28	00:12:22	00:25:11	00:38:28	00:51:15.90	+00:14:07 (27.6%)	5:07	11.7 (72.2%)
48	WIERZBICKI Kacper	323		M-18	29	00:12:25	00:25:12	00:38:33	00:51:45.50	+00:14:37 (28.2%)	5:10	11.6 (71.6%)
49	BUCZYŃSKI Eugeniusz	37	JW 1696	M-40	12	00:12:58	00:26:09	00:39:24	00:52:04.00	+00:14:55 (28.7%)	5:12	11.5 (71.0%)
50	LEMBOWICZ Marek	162	FUHRMANN	M-60+	2	00:13:06	00:26:14	00:39:25	00:52:06.70	+00:14:58 (28.7%)	5:12	11.5 (71.0%)
51	SIKORSKI Witold	265	KB RUN 42	M-50	8	00:12:50	00:25:58	00:39:17	00:52:13.25	+00:15:04 (28.9%)	5:13	11.5 (71.0%)
52	KRZANOWSKI Marcin	149	MARCIN BIEGA	M-18	30	00:12:58	00:26:09	00:39:26	00:52:19.05	+00:15:10 (29.0%)	5:13	11.5 (71.0%)
53	ŻUKOWSKI Cezary	345	ROZBIEGANY KOSZALIN	M-18	31	00:12:41	00:25:51	00:39:25	00:52:52.95	+00:15:44 (29.8%)	5:17	11.3 (69.8%)
54	TUROWSKI Michał	313	DECATHLON SŁUPSK	M-18	32	00:12:43	00:26:12	00:40:22	00:53:49.85	+00:16:41 (31.0%)	5:23	11.1 (68.5%)
55	GALICKI Robert	70		M-40	13	00:13:12	00:27:08	00:40:50	00:54:09.35	+00:17:00 (31.4%)	5:25	11.1 (68.5%)
56	JANUSZEWSKI Jacek	98	17 WOG KOSZALIN	M-50	9	00:12:38	00:26:12	00:40:11	00:54:51.55	+00:17:43 (32.3%)	5:29	10.9 (67.3%)
57	RZEŃNIK Karol	253	MEDEN-INMED	M-18	33	00:13:54	00:28:08	00:43:06	00:55:07.20	+00:17:58 (32.6%)	5:30	10.9 (67.3%)
58	KRZEMIŃSKI Andrzej	150		M-40	14	00:13:42	00:27:39	00:41:59	00:56:04.20	+00:18:55 (33.8%)	5:36	10.7 (66.0%)
59	ŚLUSARZ Krzysztof	305		M-40	15	00:13:43	00:27:40	00:42:00	00:56:15.70	+00:19:07 (34.0%)	5:37	10.7 (66.0%)
60	BRZEZIŃSKI Rafał	33	TRIPAKA PRZECHLEWO	M-18	34	00:13:03	00:28:41	00:43:28	00:58:02.55	+00:20:54 (36.0%)	5:48	10.3 (63.6%)
61	PARWANICKI Wiktor	209	'TUPOT' USTKA	M-60+	3	00:14:49	00:29:30	00:43:55	00:58:06.75	+00:20:58 (36.1%)	5:48	10.3 (63.6%)
62	GÓRSKI Paweł	82		M-18	35	00:14:17	00:29:09	00:44:20	00:58:21.90	+00:21:13 (36.4%)	5:50	10.3 (63.6%)
63	ŚLEDŹ Andrzej	303	WŁ SŁUPSK	M-40	16	00:13:25	00:28:08	00:43:16	00:58:27.90	+00:21:19 (36.5%)	5:50	10.3 (63.6%)
64	BOŚ Sebastian	31		M-40	17	00:13:47	00:28:46	00:43:43	00:58:28.65	+00:21:20 (36.5%)	5:50	10.3 (63.6%)
65	JĘDRZEJEWSKI Krzysztof	108		M-18	36	00:13:34	00:29:22	00:46:13	01:04:09.00	+00:27:00 (42.1%)	6:24	9.4 (58.0%)
66	MADEJ Jakub	167		M-18	37	00:14:40	00:31:36	00:48:08	01:04:38.85	+00:27:30 (42.5%)	6:27	9.3 (57.4%)
67	SZCZEBLEWSKI Józef	352		M-60+	4	00:19:40	00:39:02	00:58:17	01:18:06.85	+00:40:58 (52.5%)	7:48	7.7 (47.5%)

Znaleziono 67 wynik(ów)