

DECARUN KOSZALIN 15 KM

B4SPORT

Wydarzenie: DECARUN
Organizator: Decathlon Koszalin
Data: 2017-08-15
Miejsce: Koszalin
Dystans: 15 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Start_All 10km	Start_All 12.5km	Czas netto 15km	Różn	Tempo min/km	Tempo km/h
1	ORZECHOWSKI Kamil	206	TKKF KOSZALIN	M-18	1	00:09:13	00:18:58	00:28:29	00:38:01	00:47:32	00:56:33.80		3:46	15.9 (100%)
2	JAROSZ Wiesław	100	JW. 1223 KOSZALIN/BLOG	M-40	1	00:09:26	00:18:58	00:28:33	00:38:11	00:47:51	00:57:26.55	+00:00:52 (1.5%)	3:49	15.7 (98.7%)
3	BARAŃSKI Przemysław	8	KM PSP SZCZECIN/MLUKS TRZEBIATÓW	M-18	2	00:09:13	00:19:03	00:28:51	00:38:56	00:49:00	00:58:33.00	+00:01:59 (3.4%)	3:54	15.4 (96.9%)
4	IGNACZAK Piotr	360	KB 10 BIAŁOGARD	M-18	3	00:09:27	00:19:17	00:29:00	00:38:56	00:48:59	00:58:37.70	+00:02:03 (3.5%)	3:54	15.3 (96.2%)
5	WOJDASIEWICZ Tadeusz	332	KORZYBSKIE REKINY	M-18	4	00:09:30	00:19:18	00:29:13	00:39:12	00:49:29	00:59:52.10	+00:03:18 (5.5%)	3:59	15 (94.3%)
6	GRZESIK Eugeniusz	85	TKKF KOSZALIN	M-50	1	00:09:48	00:19:46	00:29:55	00:40:14	00:50:32	01:00:31.15	+00:03:57 (6.5%)	4:02	14.9 (93.7%)
7	SITOWSKI Marcin	266	FC RYSIEK	M-18	5	00:09:25	00:19:27	00:29:42	00:40:04	00:50:30	01:01:15.15	+00:04:41 (7.7%)	4:05	14.7 (92.5%)
8	SIADAK Arkadiusz	260		M-18	6	00:09:48	00:19:49	00:30:03	00:40:21	00:50:41	01:01:15.90	+00:04:42 (7.7%)	4:05	14.7 (92.5%)
9	MOSEK Radosław	194		M-18	7	00:10:19	00:20:38	00:31:00	00:41:14	00:51:33	01:01:40.05	+00:05:06 (8.3%)	4:06	14.6 (91.8%)
10	WOJCIECHOWICZ Jacek	331	WWW.STUDIOTANCAPASJA.PL	M-18	8	00:09:43	00:19:59	00:30:22	00:40:51	00:51:25	01:01:44.10	+00:05:10 (8.4%)	4:06	14.6 (91.8%)
11	ZAWADZKI Tomasz	338	JUDO GWARDIA	M-18	9	00:09:38	00:19:59	00:30:23	00:40:58	00:51:45	01:02:07.10	+00:05:33 (8.9%)	4:08	14.5 (91.2%)
12	WILMONT Krzysztof	328	DECATHLON SŁUPSK	M-18	10	00:10:19	00:20:49	00:31:15	00:42:08	00:53:06	01:03:47.25	+00:07:13 (11.3%)	4:15	14.1 (88.7%)
13	MAZUR Emiliusz	178	ŻYJ Z ENERGIA	M-40	2	00:10:06	00:20:43	00:31:28	00:42:27	00:53:43	01:05:03.95	+00:08:30 (13.1%)	4:20	13.8 (86.8%)
14	MROCKOWSKI Marek	195	ROZBIEGANY KOSZALIN	M-18	11	00:11:51	00:22:51	00:33:30	00:44:15	00:55:01	01:05:36.20	+00:09:02 (13.8%)	4:22	13.7 (86.2%)
15	SKIERKA Grzegorz	268	MKS ŚWIĘC SŁAWNO	M-18	12	00:11:51	00:22:50	00:33:30	00:44:15	00:55:01	01:05:36.40	+00:09:02 (13.8%)	4:22	13.7 (86.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All	Start_All	Start_All	Start_All	Start_All	Czas	Różn	Tempo	Tempo
						2.5km	5km	7.5km	10km	12.5km	netto		15km	min/km
16	STWORA Robert	287		M-18	13	00:10:51	00:21:41	00:32:40	00:43:50	00:54:57	01:05:38.70	+00:09:04 (13.8%)	4:22	13.7 (86.2%)
17	TOKARSKI Szymon	308		M-40	3	00:11:09	00:21:58	00:32:53	00:43:49	00:55:01	01:05:58.65	+00:09:24 (14.3%)	4:23	13.6 (85.5%)
18	JAROSZ Dariusz	99	TKKF KOSZALIN	M-40	4	00:11:22	00:22:36	00:33:39	00:44:38	00:55:30	01:06:07.95	+00:09:34 (14.5%)	4:24	13.6 (85.5%)
19	ROKOSZ Radosław	246	JW 1223	M-18	14	00:10:32	00:21:16	00:32:19	00:43:33	00:55:04	01:06:12.20	+00:09:38 (14.6%)	4:24	13.6 (85.5%)
20	SOMINKA Paweł	276	BAŁTYK-TRANS-SPEDITION	M-18	15	00:10:34	00:21:30	00:32:47	00:44:06	00:55:30	01:06:37.40	+00:10:03 (15.1%)	4:26	13.5 (84.9%)
21	MOKSA Dariusz	193		M-18	16	00:09:51	00:20:21	00:31:18	00:43:22	00:55:43	01:07:36.30	+00:11:02 (16.3%)	4:30	13.3 (83.6%)
22	KONKEL Agnieszka	135		K-18	1	00:11:10	00:22:43	00:34:13	00:45:53	00:57:41	01:09:24.10	+00:12:50 (18.5%)	4:37	13 (81.8%)
23	WILKOWSKI Krzysztof	327		M-18	17	00:11:12	00:22:37	00:34:15	00:45:54	00:57:46	01:09:33.35	+00:12:59 (18.7%)	4:38	12.9 (81.1%)
24	KILAR Tomasz	356		M-40	5	00:11:37	00:23:19	00:35:03	00:46:45	00:58:28	01:09:58.40	+00:13:24 (19.2%)	4:39	12.9 (81.1%)
25	STRZELECKI Zbigniew	285	KORZYBSKIE REKINY	M-60+	1	00:11:40	00:23:19	00:35:03	00:46:48	00:58:28	01:09:58.55	+00:13:24 (19.2%)	4:39	12.9 (81.1%)
26	PĘKAŁA Piotr	216	ROZBIEGANY KOSZALIN	M-40	6	00:11:43	00:23:19	00:34:59	00:46:47	00:58:44	01:10:15.30	+00:13:41 (19.5%)	4:41	12.8 (80.5%)
27	KAMELSKI Piotr	346	OLSZEWSKI I SYNOWIE	M-40	7	00:11:27	00:23:11	00:35:09	00:47:10	00:59:00	01:10:19.65	+00:13:45 (19.6%)	4:41	12.8 (80.5%)
28	BONISŁAWSKI Jarosław	26	WWW.FADOMODA.PL TEAM	M-18	18	00:11:11	00:22:01	00:33:04	00:45:30	00:57:33	01:10:21.35	+00:13:47 (19.6%)	4:41	12.8 (80.5%)
29	ŚWIETLIK Tomasz	307		M-50	2	00:11:43	00:23:19	00:34:59	00:46:47	00:58:44	01:10:47.55	+00:14:13 (20.1%)	4:43	12.7 (79.9%)
30	ŁOPIŃSKI Piotr	166	FSD	M-18	19	00:11:22	00:23:04	00:34:53	00:46:57	00:59:05	01:10:55.80	+00:14:22 (20.3%)	4:43	12.7 (79.9%)
31	CHODOR Martyna	42	TKKF KOSZALIN	K-18	2	00:12:00	00:23:47	00:35:19	00:47:16	00:59:25	01:10:55.95	+00:14:22 (20.3%)	4:43	12.7 (79.9%)
32	PIĘTKO Joanna	225		K-40	1	00:11:23	00:23:16	00:35:16	00:47:17	00:59:35	01:11:43.80	+00:15:10 (21.1%)	4:46	12.5 (78.6%)
33	MISZCZYK Jan	192	ROZBIEGANY KOSZALIN	M-18	20	00:11:27	00:23:15	00:35:20	00:47:19	00:59:47	01:11:48.80	+00:15:15 (21.2%)	4:47	12.5 (78.6%)
34	JAROSZEWSKI Daniel	121	ROZBIEGANY KOSZALIN	M-18	21	00:11:32	00:23:15	00:35:17	00:47:27	01:00:15	01:12:13.00	+00:15:39 (21.7%)	4:48	12.5 (78.6%)
35	KRZEWIŃSKA Małgorzata	151	TKKF KOSZALIN	K-50	1	00:11:36	00:23:23	00:35:20	00:47:38	00:59:59	01:12:23.45	+00:15:49 (21.9%)	4:49	12.4 (78.0%)
36	MICHNOWICZ Ewelina	186	HUSARIA RACE TEAM	K-18	3	00:11:37	00:23:23	00:35:18	00:47:41	01:00:20	01:12:39.00	+00:16:05 (22.1%)	4:50	12.4 (78.0%)
37	CHOŁUJ Karol	44	ZAWSZE DO PRZODU	M-18	22	00:11:19	00:23:18	00:35:36	00:47:56	01:00:27	01:12:57.25	+00:16:23 (22.5%)	4:51	12.3 (77.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All					Czas netto 15km	Różn	Tempo min/km	Tempo km/h
						2.5km	5km	7.5km	10km	12.5km				
38	BORKOWSKA-KOWALCZYK Daria	28	WOMENS FIGHT CLUB KOSZALIN ROZBIEGANY KOSZALIN	K-18	4	00:11:57	00:24:02	00:36:19	00:48:37	01:01:01	01:12:57.45	+00:16:23 (22.5%)	4:51	12.3 (77.4%)
39	KRUPIŃSKI Krzysztof	148	E-UROLOG.EU	M-50	3	00:11:52	00:23:51	00:36:00	00:48:24	01:00:57	01:13:04.30	+00:16:30 (22.6%)	4:52	12.3 (77.4%)
40	PIECHOTA Robert	221	ROZBIEGANY KOSZALIN	M-40	8	00:11:11	00:23:08	00:36:02	00:48:51	01:02:06	01:14:10.80	+00:17:37 (23.7%)	4:56	12.1 (76.1%)
41	CIUPA Marcin	153	H2 DESIGN	M-40	9	00:11:17	00:23:09	00:35:39	00:48:20	01:01:37	01:14:59.20	+00:18:25 (24.6%)	4:59	12 (75.5%)
42	PROTASEWICZ Andrzej	234	SŁAWNO	M-40	10	00:11:59	00:24:05	00:36:28	00:49:07	01:02:08	01:15:03.95	+00:18:30 (24.6%)	5:00	12 (75.5%)
43	KUSZYŃSKI Dariusz	160		M-18	23	00:12:40	00:25:08	00:37:39	00:49:59	01:02:32	01:15:08.85	+00:18:35 (24.7%)	5:00	12 (75.5%)
44	BIEŁANOWICZ Tomasz	16		M-40	11	00:12:36	00:25:15	00:38:03	00:50:43	01:03:19	01:15:34.45	+00:19:00 (25.2%)	5:02	11.9 (74.8%)
45	WNUKOWSKI Sebastian	330		M-18	24	00:12:37	00:25:16	00:38:04	00:50:44	01:03:20	01:15:35.05	+00:19:01 (25.2%)	5:02	11.9 (74.8%)
46	KOŁODZIEJ Jakub	130		M-18	25	00:12:21	00:24:53	00:37:43	00:50:19	01:03:07	01:15:39.35	+00:19:05 (25.2%)	5:02	11.9 (74.8%)
47	RUTKOWSKI Artur	351		M-18	26	00:11:11	00:22:51	00:35:18	00:48:27	01:01:50	01:15:45.95	+00:19:12 (25.3%)	5:03	11.9 (74.8%)
48	GAJEK Artur	69	KORZYBSKIE REKINY	M-40	12	00:12:07	00:24:40	00:37:20	00:50:02	01:02:58	01:16:04.80	+00:19:31 (25.7%)	5:04	11.8 (74.2%)
49	CHODOR Izabela	43	TKKF KOSZALIN	K-18	5	00:12:38	00:25:15	00:37:54	00:50:50	01:03:47	01:16:14.95	+00:19:41 (25.8%)	5:04	11.8 (74.2%)
50	BANCEWICZ Tomasz	6	SALON KOSMETYCZNY DIAMENT SŁUPSK	M-18	27	00:12:40	00:25:13	00:37:52	00:50:48	01:03:45	01:16:22.45	+00:19:48 (25.9%)	5:05	11.8 (74.2%)
51	WYBRANIEC Karolina	335		K-18	6	00:11:33	00:23:47	00:36:40	00:49:49	01:03:11	01:16:41.00	+00:20:07 (26.2%)	5:06	11.7 (73.6%)
52	GUBAŃSKA Sonia	86	STUDIOSYNCHRO.PL	K-18	7	00:12:18	00:25:15	00:38:27	00:51:42	01:04:33	01:17:11.25	+00:20:37 (26.7%)	5:08	11.7 (73.6%)
53	DANIUK Kasia	50	UKS CITYZEN_	K-40	2	00:11:54	00:24:39	00:37:50	00:51:07	01:04:38	01:17:28.20	+00:20:54 (27.0%)	5:09	11.6 (73.0%)
54	GASEK Wiesław	72	PARKRUN ŚWIDWIN	M-50	4	00:12:08	00:25:04	00:38:32	00:51:56	01:05:16	01:18:17.25	+00:21:43 (27.7%)	5:13	11.5 (72.3%)
55	GUBAŃSKI Adam	87	STUDIOSYNCHRO.PL	M-18	28	00:12:01	00:24:50	00:38:06	00:51:40	01:05:10	01:18:37.70	+00:22:03 (28.1%)	5:14	11.4 (71.7%)
56	GÓRA Roman	80		M-50	5	00:12:46	00:25:53	00:39:25	00:52:45	01:06:03	01:18:47.65	+00:22:13 (28.2%)	5:15	11.4 (71.7%)
57	JUSZCZAK Krzysztof	113		M-60+	2	00:12:16	00:25:34	00:39:20	00:53:02	01:06:40	01:20:23.40	+00:23:49 (29.6%)	5:21	11.2 (70.4%)
58	KARNICKI Zygmunt	116	TKKF KOSZALIN	M-60+	3	00:12:36	00:26:02	00:39:55	00:53:56	01:08:18	01:22:05.45	+00:25:31 (31.1%)	5:28	11 (69.2%)
59	DUDZIAK Piotr	58		M-40	13	00:12:51	00:27:25	00:42:08	00:54:50	01:08:21	01:22:08.75	+00:25:34 (31.1%)	5:28	11 (69.2%)
60	BŁASZCZYK Hubert	19		M-18	29	00:12:18	00:25:38	00:39:35	00:54:04	01:08:31	01:22:19.60	+00:25:45 (31.3%)	5:29	10.9 (68.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All	Start_All	Start_All	Start_All	Start_All	Czas	Różn	Tempo min/km	Tempo km/h
						2.5km	5km	7.5km	10km	12.5km	netto 15km			
61	BUDZIŃSKI Paweł	39		M-18	30	00:12:44	00:26:37	00:41:19	00:56:14	01:10:52	01:24:45.60	+00:28:11 (33.3%)	5:39	10.6 (66.7%)
62	PIECHOCKI Robert	220		M-50	6	00:13:42	00:27:39	00:41:45	00:56:07	01:10:59	01:25:49.25	+00:29:15 (34.1%)	5:43	10.5 (66.0%)
63	ŚLIWA Rafał	271	OGIEŃ W SZOPIE	M-18	31	00:12:37	00:26:22	00:40:30	00:55:23	01:10:32	01:26:09.50	+00:29:35 (34.3%)	5:44	10.4 (65.4%)
64	SZULTKA Sylwia	300	PANI	K-18	8	00:14:22	00:28:52	00:43:18	00:57:52	01:12:19	01:26:24.45	+00:29:50 (34.5%)	5:45	10.4 (65.4%)
65	CYRKLEWICZ Karol	47	BEZ KLUBU	M-18	32	00:14:22	00:28:51	00:43:17	00:57:52	01:12:19	01:26:27.45	+00:29:53 (34.6%)	5:45	10.4 (65.4%)
66	MAZUREK Barbara	179	BABECZKI KOSZALIN	K-18	9	00:13:12	00:27:16	00:41:49	00:56:53	01:12:14	01:27:56.65	+00:31:22 (35.7%)	5:51	10.2 (64.2%)
67	JANKOWSKA Monika	97	FOLLOW ME SZCZECINEK	K-18	10	00:12:38	00:26:51	00:41:52	00:56:50	01:13:33	01:28:37.65	+00:32:03 (36.2%)	5:54	10.2 (64.2%)
68	PAWLAK Ewelina	213		K-18	11	00:14:23	00:28:53	00:43:27	00:58:02	01:13:15	01:28:41.50	+00:32:07 (36.2%)	5:54	10.1 (63.5%)
69	JAGODZIŃSKI Damian	95		M-18	33	00:14:35	00:30:20	00:46:43	01:00:12	01:15:06	01:28:42.20	+00:32:08 (36.2%)	5:54	10.1 (63.5%)
70	TRZESNIEWSKI Zbigniew	312		M-50	7	00:13:58	00:28:27	00:43:12	00:58:21	01:13:30	01:29:01.05	+00:32:27 (36.5%)	5:56	10.1 (63.5%)
71	SZKATULSKI Tomasz	295	RUNNERSWALDE DARŁOWO	M-18	34	00:14:38	00:29:44	00:45:26	01:01:21	01:17:15	01:32:43.90	+00:36:10 (39.0%)	6:10	9.7 (61.0%)
72	BAK Zbigniew	13	RUNNERSWALDE DARŁOWO	M-18	35	00:14:38	00:29:44	00:45:26	01:01:21	01:17:15	01:32:54.05	+00:36:20 (39.1%)	6:11	9.7 (61.0%)
73	VON BARDELEBEN Agnieszka	318	BABECZKI KOSZALIN	K-40	3	00:14:40	00:29:48	00:45:35	01:02:34	01:21:28	01:38:41.55	+00:42:07 (42.7%)	6:34	9.1 (57.2%)
74	PASEK Jan	211		M-60+	4	00:15:35	00:33:22	00:51:51	01:10:53	01:30:17	01:49:25.25	+00:52:51 (48.3%)	7:17	8.2 (51.6%)
75	BOĆKO Piotr	21		M-40	14									(0.0%)
76	ADACH Adriana	1		K-18	12									(0.0%)

Znaleziono 76 wynik(ów)