

**Wydarzenie:** DECARUN  
**Organizator:** Decathlon Koszalin  
**Data:** 2017-08-15  
**Miejsce:** Koszalin  
**Dystans:** 15 km



Klasyfikacja: M-18

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Start_All 10km	Start_All 12.5km	Czas netto 15km	Różn	Tempo min/km	Tempo km/h
1	<b>ORZECHOWSKI Kamil</b>	<b>206</b>	TKKF KOSZALIN	M-18	1	00:09:13	00:18:58	00:28:29	00:38:01	00:47:32	<b>00:56:33.80</b>		3:46	15.9 (100%)
2	<b>BARAŃSKI Przemysław</b>	<b>8</b>	KM PSP SZCZECIN/MLUKS TRZEBIATÓW	M-18	2	00:09:13	00:19:03	00:28:51	00:38:56	00:49:00	<b>00:58:33.00</b>	+00:01:59 (3.4%)	3:54	15.4 (96.9%)
3	<b>IGNACZAK Piotr</b>	<b>360</b>	KB 10 BIAŁOGARD	M-18	3	00:09:27	00:19:17	00:29:00	00:38:56	00:48:59	<b>00:58:37.70</b>	+00:02:03 (3.5%)	3:54	15.3 (96.2%)
4	<b>WOJDASIEWICZ Tadeusz</b>	<b>332</b>	KORZYBSKIE REKINY	M-18	4	00:09:30	00:19:18	00:29:13	00:39:12	00:49:29	<b>00:59:52.10</b>	+00:03:18 (5.5%)	3:59	15 (94.3%)
5	<b>SITOWSKI Marcin</b>	<b>266</b>	FC RYSIEK	M-18	5	00:09:25	00:19:27	00:29:42	00:40:04	00:50:30	<b>01:01:15.15</b>	+00:04:41 (7.7%)	4:05	14.7 (92.5%)
6	<b>SIADAK Arkadiusz</b>	<b>260</b>		M-18	6	00:09:48	00:19:49	00:30:03	00:40:21	00:50:41	<b>01:01:15.90</b>	+00:04:42 (7.7%)	4:05	14.7 (92.5%)
7	<b>MOSEK Radosław</b>	<b>194</b>		M-18	7	00:10:19	00:20:38	00:31:00	00:41:14	00:51:33	<b>01:01:40.05</b>	+00:05:06 (8.3%)	4:06	14.6 (91.8%)
8	<b>WOJCIECHOWICZ Jacek</b>	<b>331</b>	WWW.STUDIOTANCAPASJA.PL	M-18	8	00:09:43	00:19:59	00:30:22	00:40:51	00:51:25	<b>01:01:44.10</b>	+00:05:10 (8.4%)	4:06	14.6 (91.8%)
9	<b>ZAWADZKI Tomasz</b>	<b>338</b>	JUDO GWARDIA	M-18	9	00:09:38	00:19:59	00:30:23	00:40:58	00:51:45	<b>01:02:07.10</b>	+00:05:33 (8.9%)	4:08	14.5 (91.2%)
10	<b>WILMONT Krzysztof</b>	<b>328</b>	DECATHLON SŁUPSK	M-18	10	00:10:19	00:20:49	00:31:15	00:42:08	00:53:06	<b>01:03:47.25</b>	+00:07:13 (11.3%)	4:15	14.1 (88.7%)
11	<b>MROCZKOWSKI Marek</b>	<b>195</b>	ROZBIEGANY KOSZALIN	M-18	11	00:11:51	00:22:51	00:33:30	00:44:15	00:55:01	<b>01:05:36.20</b>	+00:09:02 (13.8%)	4:22	13.7 (86.2%)
12	<b>SKIERKA Grzegorz</b>	<b>268</b>	MKS ŚWIĘC SŁAWNO	M-18	12	00:11:51	00:22:50	00:33:30	00:44:15	00:55:01	<b>01:05:36.40</b>	+00:09:02 (13.8%)	4:22	13.7 (86.2%)
13	<b>STWORA Robert</b>	<b>287</b>		M-18	13	00:10:51	00:21:41	00:32:40	00:43:50	00:54:57	<b>01:05:38.70</b>	+00:09:04 (13.8%)	4:22	13.7 (86.2%)
14	<b>ROKOSZ Radosław</b>	<b>246</b>	JW 1223	M-18	14	00:10:32	00:21:16	00:32:19	00:43:33	00:55:04	<b>01:06:12.20</b>	+00:09:38 (14.6%)	4:24	13.6 (85.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start					Czas netto 15km	Różn	Tempo min/km	Tempo km/h
						All 2.5km	All 5km	All 7.5km	All 10km	All 12.5km				
15	<b>SOMINKA Paweł</b>	<b>276</b>	BAŁTYK-TRANS-SPEDITION	M-18	15	00:10:34	00:21:30	00:32:47	00:44:06	00:55:30	<b>01:06:37.40</b>	+00:10:03 (15.1%)	4:26	13.5 (84.9%)
16	<b>MOKSA Dariusz</b>	<b>193</b>		M-18	16	00:09:51	00:20:21	00:31:18	00:43:22	00:55:43	<b>01:07:36.30</b>	+00:11:02 (16.3%)	4:30	13.3 (83.6%)
17	<b>WILKOWSKI Krzysztof</b>	<b>327</b>		M-18	17	00:11:12	00:22:37	00:34:15	00:45:54	00:57:46	<b>01:09:33.35</b>	+00:12:59 (18.7%)	4:38	12.9 (81.1%)
18	<b>BONISŁAWSKI Jarosław</b>	<b>26</b>	WWW.FADOMODA.PL TEAM	M-18	18	00:11:11	00:22:01	00:33:04	00:45:30	00:57:33	<b>01:10:21.35</b>	+00:13:47 (19.6%)	4:41	12.8 (80.5%)
19	<b>ŁOPIŃSKI Piotr</b>	<b>166</b>	FSD	M-18	19	00:11:22	00:23:04	00:34:53	00:46:57	00:59:05	<b>01:10:55.80</b>	+00:14:22 (20.3%)	4:43	12.7 (79.9%)
20	<b>MISZCZYK Jan</b>	<b>192</b>	ROZBIEGANY KOSZALIN	M-18	20	00:11:27	00:23:15	00:35:20	00:47:19	00:59:47	<b>01:11:48.80</b>	+00:15:15 (21.2%)	4:47	12.5 (78.6%)
21	<b>JAROSZEWSKI Daniel</b>	<b>121</b>	ROZBIEGANY KOSZALIN	M-18	21	00:11:32	00:23:15	00:35:17	00:47:27	01:00:15	<b>01:12:13.00</b>	+00:15:39 (21.7%)	4:48	12.5 (78.6%)
22	<b>CHOŁUJ Karol</b>	<b>44</b>	ZAWSZE DO PRZODU	M-18	22	00:11:19	00:23:18	00:35:36	00:47:56	01:00:27	<b>01:12:57.25</b>	+00:16:23 (22.5%)	4:51	12.3 (77.4%)
23	<b>KUSZYŃSKI Dariusz</b>	<b>160</b>		M-18	23	00:12:40	00:25:08	00:37:39	00:49:59	01:02:32	<b>01:15:08.85</b>	+00:18:35 (24.7%)	5:00	12 (75.5%)
24	<b>WNUKOWSKI Sebastian</b>	<b>330</b>		M-18	24	00:12:37	00:25:16	00:38:04	00:50:44	01:03:20	<b>01:15:35.05</b>	+00:19:01 (25.2%)	5:02	11.9 (74.8%)
25	<b>KOŁODZIEJ Jakub</b>	<b>130</b>		M-18	25	00:12:21	00:24:53	00:37:43	00:50:19	01:03:07	<b>01:15:39.35</b>	+00:19:05 (25.2%)	5:02	11.9 (74.8%)
26	<b>RUTKOWSKI Artur</b>	<b>351</b>		M-18	26	00:11:11	00:22:51	00:35:18	00:48:27	01:01:50	<b>01:15:45.95</b>	+00:19:12 (25.3%)	5:03	11.9 (74.8%)
27	<b>BANCEWICZ Tomasz</b>	<b>6</b>	SALON KOSMETYCZNY DIAMENT SŁUPSK	M-18	27	00:12:40	00:25:13	00:37:52	00:50:48	01:03:45	<b>01:16:22.45</b>	+00:19:48 (25.9%)	5:05	11.8 (74.2%)
28	<b>GUBAŃSKI Adam</b>	<b>87</b>	STUDIOSYNCHRO.PL	M-18	28	00:12:01	00:24:50	00:38:06	00:51:40	01:05:10	<b>01:18:37.70</b>	+00:22:03 (28.1%)	5:14	11.4 (71.7%)
29	<b>BŁASZCZYK Hubert</b>	<b>19</b>		M-18	29	00:12:18	00:25:38	00:39:35	00:54:04	01:08:31	<b>01:22:19.60</b>	+00:25:45 (31.3%)	5:29	10.9 (68.6%)
30	<b>BUDZIŃSKI Paweł</b>	<b>39</b>		M-18	30	00:12:44	00:26:37	00:41:19	00:56:14	01:10:52	<b>01:24:45.60</b>	+00:28:11 (33.3%)	5:39	10.6 (66.7%)
31	<b>ŚLIWA Rafał</b>	<b>271</b>	OGIEŃ W SZOPIE	M-18	31	00:12:37	00:26:22	00:40:30	00:55:23	01:10:32	<b>01:26:09.50</b>	+00:29:35 (34.3%)	5:44	10.4 (65.4%)
32	<b>CYRKLEWICZ Karol</b>	<b>47</b>	BEZ KLUBU	M-18	32	00:14:22	00:28:51	00:43:17	00:57:52	01:12:19	<b>01:26:27.45</b>	+00:29:53 (34.6%)	5:45	10.4 (65.4%)
33	<b>JAGODZIŃSKI Damian</b>	<b>95</b>		M-18	33	00:14:35	00:30:20	00:46:43	01:00:12	01:15:06	<b>01:28:42.20</b>	+00:32:08 (36.2%)	5:54	10.1 (63.5%)
34	<b>SZKATULSKI Tomasz</b>	<b>295</b>	RUNNERSWALDE DARŁOWO	M-18	34	00:14:38	00:29:44	00:45:26	01:01:21	01:17:15	<b>01:32:43.90</b>	+00:36:10 (39.0%)	6:10	9.7 (61.0%)
35	<b>BAK Zbigniew</b>	<b>13</b>	RUNNERSWALDE DARŁOWO	M-18	35	00:14:38	00:29:44	00:45:26	01:01:21	01:17:15	<b>01:32:54.05</b>	+00:36:20 (39.1%)	6:11	9.7 (61.0%)

Znaleziono 35 wynik(ów)