

**Wydarzenie:** DECARUN  
**Organizator:** Decathlon Koszalin  
**Data:** 2017-08-15  
**Miejsce:** Koszalin  
**Dystans:** 5 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 2.5km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>GAWRON Piotr</b>	<b>20</b>		M-18	1	00:08:57	<b>00:17:46.80</b>		3:33	16.9 (100%)
2	<b>RYBACZEK Sebastian</b>	<b>252</b>	JW 1223-FORMA ROSNOWO	M-18	2	00:08:57	<b>00:18:03.70</b>	+00:00:16 (1.6%)	3:36	16.6 (98.2%)
3	<b>HOŁUB Kamil</b>	<b>90</b>	MLUKS TRZEBIATÓW	M-18	3	00:09:06	<b>00:18:10.40</b>	+00:00:23 (2.2%)	3:38	16.5 (97.6%)
4	<b>SZEWCZUK Paweł</b>	<b>294</b>		M-18	4	00:09:11	<b>00:18:29.40</b>	+00:00:42 (3.8%)	3:42	16.2 (95.9%)
5	<b>ŻMUDA Tomasz</b>	<b>343</b>	CW FANZA KOŁOBRZEG	M-40	1	00:09:19	<b>00:18:45.00</b>	+00:00:58 (5.2%)	3:45	16 (94.7%)
6	<b>KASZUBIAK Klaudiusz</b>	<b>118</b>		M-18	5	00:10:05	<b>00:19:38.40</b>	+00:01:51 (9.5%)	3:55	15.3 (90.5%)
7	<b>SZAMREJ Wojciech</b>	<b>292</b>		M-50	1	00:09:42	<b>00:19:44.45</b>	+00:01:57 (9.9%)	3:57	15.2 (89.9%)
8	<b>ZUKAL Piotr</b>	<b>341</b>		M-40	2	00:09:57	<b>00:19:52.05</b>	+00:02:05 (10.5%)	3:58	15.1 (89.3%)
9	<b>BARANOWSKI Piotr</b>	<b>7</b>	ROZBIEGANY KOSZALIN	M-40	3	00:09:42	<b>00:20:01.05</b>	+00:02:14 (11.2%)	4:00	15 (88.8%)
10	<b>MATUSZEWSKI Karol</b>	<b>177</b>	KS WILKI KOSZALIN	M-18	6	00:10:07	<b>00:20:01.20</b>	+00:02:14 (11.2%)	4:00	15 (88.8%)
11	<b>SZULC Arek</b>	<b>299</b>		M-40	4	00:10:27	<b>00:20:34.35</b>	+00:02:47 (13.6%)	4:06	14.6 (86.4%)
12	<b>FRONTCZAK Izabela</b>	<b>68</b>		K-18	1	00:10:13	<b>00:20:49.75</b>	+00:03:02 (14.6%)	4:10	14.4 (85.2%)
13	<b>HUBERT Łukasz</b>	<b>91</b>		M-18	7	00:10:17	<b>00:20:59.00</b>	+00:03:12 (15.3%)	4:11	14.3 (84.6%)
14	<b>BIENKOWSKI Tomasz</b>	<b>17</b>		M-18	8	00:10:15	<b>00:21:15.20</b>	+00:03:28 (16.3%)	4:15	14.1 (83.4%)
15	<b>OLCZAK Krzysztof</b>	<b>204</b>	KRZYSZTOF OLCZAK	M-18	9	00:10:43	<b>00:21:21.20</b>	+00:03:34 (16.7%)	4:16	14.1 (83.4%)
16	<b>WEBER Paweł</b>	<b>172</b>		M-18	10	00:10:38	<b>00:21:31.80</b>	+00:03:45 (17.4%)	4:18	13.9 (82.2%)
17	<b>IWANIEC Dariusz</b>	<b>92</b>	TKKF KOSZALIN	M-40	5	00:10:52	<b>00:21:35.40</b>	+00:03:48 (17.6%)	4:19	13.9 (82.2%)
18	<b>PASIEKA Agnieszka</b>	<b>212</b>	K.B. SPRINT ŚWIDWIN	K-18	2	00:10:34	<b>00:21:35.85</b>	+00:03:49 (17.7%)	4:19	13.9 (82.2%)
19	<b>MICERSKI Tomasz</b>	<b>181</b>	TKKF KOSZALIN	M-40	6	00:10:59	<b>00:22:13.90</b>	+00:04:27 (20.0%)	4:26	13.5 (79.9%)
20	<b>WILK Bartłomiej</b>	<b>326</b>		M-18	11	00:11:16	<b>00:22:25.30</b>	+00:04:38 (20.7%)	4:29	13.4 (79.3%)
21	<b>KRÓL Michał</b>	<b>146</b>		M-18	12	00:11:04	<b>00:22:38.35</b>	+00:04:51 (21.5%)	4:31	13.2 (78.1%)
22	<b>RUTKOWSKI Ryszard</b>	<b>251</b>	RUTKOWSKI TEAM	M-50	2	00:11:06	<b>00:22:41.20</b>	+00:04:54 (21.6%)	4:32	13.2 (78.1%)
23	<b>JASIENIECKI Piotr</b>	<b>105</b>		M-40	7	00:11:29	<b>00:22:45.35</b>	+00:04:58 (21.9%)	4:33	13.2 (78.1%)
24	<b>WICHER Krzysztof</b>	<b>321</b>	ADWOKATURA	M-18	13	00:11:41	<b>00:22:51.10</b>	+00:05:04 (22.2%)	4:34	13.1 (77.5%)
25	<b>JAROSZ Konrad</b>	<b>102</b>	GIMNAZJUM NR 9 KOSZALIN	M-14	1	00:10:58	<b>00:22:52.80</b>	+00:05:06 (22.3%)	4:34	13.1 (77.5%)
26	<b>RÓG Michał</b>	<b>248</b>	JW1223	M-18	14	00:11:55	<b>00:23:01.45</b>	+00:05:14 (22.8%)	4:36	13 (76.9%)
27	<b>SKOWYRSKI Janusz</b>	<b>270</b>		M-50	3	00:11:24	<b>00:23:16.35</b>	+00:05:29 (23.6%)	4:39	12.9 (76.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All	Czas	Różn	Tempo	Tempo
						2.5km	netto 5km		min/km	km/h
28	<b>STRZYŻ Łukasz</b>	<b>286</b>	ARTE-IT	M-18	15	00:11:30	<b>00:23:29.10</b>	+00:05:42 (24.3%)	4:41	12.8 (75.7%)
29	<b>GARNCAREK Bolesław</b>	<b>71</b>	KS WILKI KOSZALIN	M-18	16	00:11:40	<b>00:23:35.60</b>	+00:05:48 (24.6%)	4:43	12.7 (75.1%)
30	<b>BASSEL Marcin</b>	<b>11</b>		M-18	17	00:11:36	<b>00:23:36.05</b>	+00:05:49 (24.7%)	4:43	12.7 (75.1%)
31	<b>WOŁOWIEC Przemek</b>	<b>334</b>		M-18	18	00:11:39	<b>00:23:42.70</b>	+00:05:55 (25.0%)	4:44	12.6 (74.6%)
32	<b>KOPCZEWSKI Dariusz</b>	<b>136</b>		M-50	4	00:11:35	<b>00:23:43.90</b>	+00:05:57 (25.1%)	4:44	12.6 (74.6%)
33	<b>SAMOŃ-KOWALSKA Irena</b>	<b>255</b>	TKKF KOSZALIN	K-40	1	00:11:32	<b>00:23:44.55</b>	+00:05:57 (25.1%)	4:45	12.6 (74.6%)
34	<b>MEJER Aleksandra</b>	<b>180</b>		K-14	1	00:12:30	<b>00:23:46.00</b>	+00:05:59 (25.2%)	4:45	12.6 (74.6%)
35	<b>MASTALERZ Konrad</b>	<b>176</b>	DECATHLON KOSZALIN	M-18	19	00:11:25	<b>00:23:56.10</b>	+00:06:09 (25.7%)	4:47	12.5 (74.0%)
36	<b>ANTKOWIAK Sebastian</b>	<b>3</b>		M-40	8	00:11:46	<b>00:24:00.45</b>	+00:06:13 (25.9%)	4:48	12.5 (74.0%)
37	<b>KULCZYK Katarzyna</b>	<b>157</b>	KB BRYZA POSTOMINO	K-18	3	00:12:21	<b>00:24:03.55</b>	+00:06:16 (26.1%)	4:48	12.5 (74.0%)
38	<b>RUDZIŃSKI Bronisław</b>	<b>249</b>		M-60+	1	00:11:52	<b>00:24:06.75</b>	+00:06:19 (26.3%)	4:49	12.4 (73.4%)
39	<b>WERSOCKI Artur</b>	<b>319</b>		M-40	9	00:12:07	<b>00:24:19.00</b>	+00:06:32 (26.9%)	4:51	12.3 (72.8%)
40	<b>BLICHARZ Monika</b>	<b>18</b>		K-18	4	00:12:04	<b>00:24:31.80</b>	+00:06:45 (27.5%)	4:54	12.2 (72.2%)
41	<b>ADAMEF BIKE Ali</b>	<b>2</b>		K-18	5	00:12:17	<b>00:24:40.25</b>	+00:06:53 (27.9%)	4:56	12.2 (72.2%)
42	<b>SOLNICA Waldemar</b>	<b>275</b>	KOSZALIN	M-18	20	00:11:48	<b>00:24:47.65</b>	+00:07:00 (28.3%)	4:57	12.1 (71.6%)
43	<b>SZNYTER Hubert</b>	<b>349</b>		M-14	2	00:11:27	<b>00:24:49.60</b>	+00:07:02 (28.4%)	4:57	12.1 (71.6%)
44	<b>GAWIECKI Piotr</b>	<b>74</b>	ROZBIEGANY KOSZALIN	M-40	10	00:12:03	<b>00:24:53.70</b>	+00:07:06 (28.6%)	4:58	12 (71.0%)
45	<b>ANTOSIEWICZ Rafał</b>	<b>4</b>		M-18	21	00:13:10	<b>00:24:56.45</b>	+00:07:09 (28.7%)	4:59	12 (71.0%)
46	<b>FIRSIOF Konrad</b>	<b>65</b>		M-14	3	00:12:31	<b>00:25:00.40</b>	+00:07:13 (28.9%)	5:00	12 (71.0%)
47	<b>ŻMUDA Monika</b>	<b>344</b>	CW FANZA KOŁOBRZEG	K-40	2	00:12:50	<b>00:25:06.45</b>	+00:07:19 (29.2%)	5:01	12 (71.0%)
48	<b>NENKO Viktoria</b>	<b>200</b>		K-18	6	00:12:33	<b>00:25:11.75</b>	+00:07:24 (29.4%)	5:02	11.9 (70.4%)
49	<b>GOLEC Anna</b>	<b>78</b>		K-40	3	00:12:14	<b>00:25:15.30</b>	+00:07:28 (29.6%)	5:03	11.9 (70.4%)
50	<b>BUCZEK Karol</b>	<b>36</b>		M-18	22	00:13:10	<b>00:25:19.75</b>	+00:07:32 (29.8%)	5:04	11.8 (69.8%)
51	<b>BOGACKA Lucyna</b>	<b>23</b>	TKKF KOSZALIN	K-50	1	00:12:37	<b>00:25:20.65</b>	+00:07:33 (29.8%)	5:04	11.8 (69.8%)
52	<b>BOGACKI Tomasz</b>	<b>24</b>	TKKF KOSZALIN	M-50	5	00:12:37	<b>00:25:21.40</b>	+00:07:34 (29.9%)	5:04	11.8 (69.8%)
53	<b>PANCERZYŃSKI Łukasz</b>	<b>208</b>		M-18	23	00:12:37	<b>00:25:25.15</b>	+00:07:38 (30.1%)	5:05	11.8 (69.8%)
54	<b>KUŁAKOWSKI Dawid</b>	<b>158</b>	TKKF KOSZALIN	M-40	11	00:12:37	<b>00:25:25.30</b>	+00:07:38 (30.1%)	5:05	11.8 (69.8%)
55	<b>MRUGALSKI Stanisław</b>	<b>198</b>		M-50	6	00:12:49	<b>00:25:26.95</b>	+00:07:40 (30.1%)	5:05	11.8 (69.8%)
56	<b>MRUGALSKA Magdalena</b>	<b>196</b>	JW1223	K-18	7	00:12:33	<b>00:25:30.90</b>	+00:07:44 (30.3%)	5:06	11.8 (69.8%)
57	<b>SZNYTER Sabina</b>	<b>297</b>	DECATHLON KOSZALIN	K-18	8	00:12:38	<b>00:25:34.10</b>	+00:07:47 (30.5%)	5:06	11.7 (69.2%)
58	<b>KONKEL Joanna</b>	<b>133</b>	MKS 'ŚWIĘC SŁAWNO'	K-50	2	00:12:48	<b>00:25:36.30</b>	+00:07:49 (30.6%)	5:07	11.7 (69.2%)
59	<b>KONKEL Łukasz</b>	<b>134</b>		M-18	24	00:12:30	<b>00:25:44.00</b>	+00:07:57 (30.9%)	5:08	11.7 (69.2%)
60	<b>SŁOMSKI Zenon</b>	<b>272</b>	KORZYBSKIE REKINY	M-60+	2	00:12:37	<b>00:25:50.05</b>	+00:08:03 (31.2%)	5:10	11.6 (68.6%)
61	<b>MARZEC Łukasz</b>	<b>175</b>		M-18	25	00:12:33	<b>00:25:50.70</b>	+00:08:03 (31.2%)	5:10	11.6 (68.6%)
62	<b>BRZOZOWSKA Barbara</b>	<b>34</b>		K-18	9	00:13:00	<b>00:25:53.55</b>	+00:08:06 (31.3%)	5:10	11.6 (68.6%)
63	<b>MALINOWSKA-BURDA Aleksandra</b>	<b>169</b>		K-18	10	00:13:04	<b>00:25:53.90</b>	+00:08:07 (31.3%)	5:10	11.6 (68.6%)
64	<b>BURDA Bartosz</b>	<b>40</b>		M-18	26	00:13:03	<b>00:25:54.35</b>	+00:08:07 (31.4%)	5:10	11.6 (68.6%)
65	<b>OLSZEWSKI Przemysław</b>	<b>359</b>		M-18	27	00:12:38	<b>00:25:56.15</b>	+00:08:09 (31.4%)	5:11	11.6 (68.6%)
66	<b>KOZAK Monika</b>	<b>83</b>		K-18	11	00:12:22	<b>00:25:59.90</b>	+00:08:13 (31.6%)	5:12	11.5 (68.0%)
67	<b>SERWIS ROWEROWY Adamef Bike</b>	<b>257</b>		M-18	28	00:12:31	<b>00:26:06.45</b>	+00:08:19 (31.9%)	5:13	11.5 (68.0%)
68	<b>MARCISZEWICZ Marcin</b>	<b>171</b>	DECATHLON SŁUPSK	M-18	29	00:12:20	<b>00:26:12.60</b>	+00:08:25 (32.2%)	5:14	11.5 (68.0%)
69	<b>KOMAR Agnieszka</b>	<b>132</b>	SPOKO SŁAWNO	K-18	12	00:13:04	<b>00:26:15.60</b>	+00:08:28 (32.3%)	5:15	11.4 (67.5%)
70	<b>PIASK Filip</b>	<b>217</b>		M-18	30	00:13:06	<b>00:26:19.05</b>	+00:08:32 (32.4%)	5:15	11.4 (67.5%)
71	<b>RADOMSKI Michał</b>	<b>240</b>		M-18	31	00:12:31	<b>00:26:21.60</b>	+00:08:34 (32.5%)	5:16	11.4 (67.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All	Czas	Różn	Tempo min/km	Tempo km/h
						2.5km	netto 5km			
72	<b>BUCZEK Karolina</b>	<b>35</b>		K-18	13	00:13:11	<b>00:26:23.15</b>	+00:08:36 (32.6%)	5:16	11.4 (67.5%)
73	<b>ROBAKOWSKA Żaneta</b>	<b>245</b>		K-18	14	00:13:01	<b>00:26:27.40</b>	+00:08:40 (32.8%)	5:17	11.3 (66.9%)
74	<b>JUSZCZAK Karolina</b>	<b>112</b>		K-18	15	00:13:04	<b>00:26:35.50</b>	+00:08:48 (33.1%)	5:19	11.3 (66.9%)
75	<b>DWULIT Dominik</b>	<b>60</b>	KORZYBSKIE REKINY	M-18	32	00:13:32	<b>00:26:36.05</b>	+00:08:49 (33.2%)	5:19	11.3 (66.9%)
76	<b>CZEPIEL Iwona</b>	<b>48</b>	KORZYBSKIE REKINY	K-18	16	00:13:35	<b>00:26:36.70</b>	+00:08:49 (33.2%)	5:19	11.3 (66.9%)
77	<b>CZEPIEL Łukasz</b>	<b>49</b>	KORZYBSKIE REKINY	M-18	33	00:13:34	<b>00:26:38.25</b>	+00:08:51 (33.3%)	5:19	11.3 (66.9%)
78	<b>MICHALAK Ania</b>	<b>182</b>		K-18	17	00:13:11	<b>00:26:39.55</b>	+00:08:52 (33.3%)	5:19	11.3 (66.9%)
79	<b>HAŁKA Ola</b>	<b>89</b>		K-18	18	00:13:10	<b>00:26:42.80</b>	+00:08:56 (33.4%)	5:20	11.2 (66.3%)
80	<b>PIETRZAK Mariola</b>	<b>223</b>	BABECZKI KOSZALIN	K-50	3	00:13:01	<b>00:26:45.15</b>	+00:08:58 (33.5%)	5:21	11.2 (66.3%)
81	<b>STRUKIEL Daniel</b>	<b>284</b>		M-18	34	00:13:17	<b>00:27:01.55</b>	+00:09:14 (34.2%)	5:24	11.1 (65.7%)
82	<b>KILJAN Sylwia</b>	<b>122</b>		K-18	19	00:13:16	<b>00:27:05.00</b>	+00:09:18 (34.4%)	5:25	11.1 (65.7%)
83	<b>BUTOWICZ Adam</b>	<b>354</b>		M-50	7	00:13:12	<b>00:27:16.10</b>	+00:09:29 (34.8%)	5:27	11 (65.1%)
84	<b>CHUDZIK Łukasz</b>	<b>355</b>		M-18	35	00:13:36	<b>00:27:16.60</b>	+00:09:29 (34.8%)	5:27	11 (65.1%)
85	<b>CHUDZIK Zbigniew</b>	<b>357</b>	TKKF KOSZALIN	M-50	8	00:13:38	<b>00:27:17.65</b>	+00:09:30 (34.9%)	5:27	11 (65.1%)
86	<b>BIAZIK Marta</b>	<b>14</b>		K-18	20	00:13:28	<b>00:27:20.35</b>	+00:09:33 (35.0%)	5:28	11 (65.1%)
87	<b>KOWALSKI Marek</b>	<b>140</b>		M-40	12	00:13:30	<b>00:27:25.15</b>	+00:09:38 (35.2%)	5:29	10.9 (64.5%)
88	<b>MARCZAK Małgorzata</b>	<b>173</b>	AMATOR	K-50	4	00:13:02	<b>00:27:29.55</b>	+00:09:42 (35.3%)	5:30	10.9 (64.5%)
89	<b>KACZMAREK Agnieszka</b>	<b>114</b>		K-40	4	00:13:32	<b>00:27:36.90</b>	+00:09:50 (35.6%)	5:31	10.9 (64.5%)
90	<b>KOMOROWSKA Beata</b>	<b>350</b>		K-18	21	00:13:41	<b>00:27:38.80</b>	+00:09:52 (35.7%)	5:31	10.8 (63.9%)
91	<b>SZYMAŃSKI Marcin</b>	<b>302</b>	TEAM BIEGOWY SZCZECINEK	M-18	36	00:13:36	<b>00:27:44.65</b>	+00:09:57 (35.9%)	5:33	10.8 (63.9%)
92	<b>PIŁAT Wiesław</b>	<b>226</b>	KOSZALIN	M-40	13	00:13:41	<b>00:27:50.40</b>	+00:10:03 (36.1%)	5:34	10.8 (63.9%)
93	<b>FALANA Robert</b>	<b>61</b>		M-40	14	00:14:21	<b>00:27:52.70</b>	+00:10:05 (36.2%)	5:34	10.8 (63.9%)
94	<b>JUREWICZ Aleksandra</b>	<b>111</b>		K-18	22	00:13:38	<b>00:27:56.55</b>	+00:10:09 (36.4%)	5:35	10.7 (63.3%)
95	<b>GAWIECKA Mariola</b>	<b>73</b>	BABECZKI KOSZALIN	K-40	5	00:13:49	<b>00:28:01.10</b>	+00:10:14 (36.5%)	5:36	10.7 (63.3%)
96	<b>GAWROŃSKI Paweł</b>	<b>76</b>	OGIEŃ W SZOPIE	M-18	37	00:14:00	<b>00:28:16.30</b>	+00:10:29 (37.1%)	5:39	10.6 (62.7%)
97	<b>JAROSZEWICZ Ania</b>	<b>103</b>	OGIEŃ W SZOPIE	K-18	23	00:14:00	<b>00:28:16.40</b>	+00:10:29 (37.1%)	5:39	10.6 (62.7%)
98	<b>NOWAK Piotr</b>	<b>358</b>		M-18	38	00:13:14	<b>00:28:18.95</b>	+00:10:32 (37.2%)	5:39	10.6 (62.7%)
99	<b>BRYŁA Katarzyna</b>	<b>32</b>		K-40	6	00:13:50	<b>00:28:28.10</b>	+00:10:41 (37.5%)	5:41	10.5 (62.1%)
100	<b>BONISŁAWSKA Małgosia</b>	<b>25</b>	ZOSIA&ZUZIA	K-18	24	00:14:09	<b>00:28:44.00</b>	+00:10:57 (38.1%)	5:44	10.4 (61.5%)
101	<b>KISIEL Agnieszka</b>	<b>124</b>		K-18	25	00:14:26	<b>00:28:50.30</b>	+00:11:03 (38.3%)	5:46	10.4 (61.5%)
102	<b>SZORDYKOWSKI Adam</b>	<b>298</b>	ZABIEGANINOCA	M-18	39	00:14:26	<b>00:28:50.35</b>	+00:11:03 (38.3%)	5:46	10.4 (61.5%)
103	<b>MALINOWSKA Agnieszka</b>	<b>9</b>		K-18	26	00:14:33	<b>00:28:51.85</b>	+00:11:05 (38.4%)	5:46	10.4 (61.5%)
104	<b>KULCZYCKA Weronika</b>	<b>155</b>	KS WILKI KOSZALIN	K-18	27	00:14:04	<b>00:28:55.25</b>	+00:11:08 (38.5%)	5:47	10.4 (61.5%)
105	<b>KOT Aleksandra</b>	<b>139</b>		K-18	28	00:14:26	<b>00:28:55.50</b>	+00:11:08 (38.5%)	5:47	10.4 (61.5%)
106	<b>KISIEL Marcin</b>	<b>123</b>		M-18	40	00:14:27	<b>00:28:55.85</b>	+00:11:09 (38.5%)	5:47	10.4 (61.5%)
107	<b>KOŁTUN Łukasz</b>	<b>131</b>	REZERWOWE PSY	M-18	41	00:14:04	<b>00:28:57.65</b>	+00:11:10 (38.6%)	5:47	10.4 (61.5%)
108	<b>BORSUK Dorota</b>	<b>30</b>		K-40	7	00:14:23	<b>00:29:10.55</b>	+00:11:23 (39.1%)	5:50	10.3 (60.9%)
109	<b>PRADUŃ Michał</b>	<b>232</b>		M-18	42	00:14:23	<b>00:29:16.50</b>	+00:11:29 (39.3%)	5:51	10.2 (60.4%)
110	<b>OSIŃSKI Przemysław</b>	<b>207</b>		M-18	43	00:13:40	<b>00:29:20.15</b>	+00:11:33 (39.4%)	5:52	10.2 (60.4%)
111	<b>BORKOWSKI Radosław</b>	<b>29</b>		M-40	15	00:14:36	<b>00:29:22.85</b>	+00:11:36 (39.5%)	5:52	10.2 (60.4%)
112	<b>JABŁOŃSKI Franciszek</b>	<b>94</b>		M-14	4	00:14:35	<b>00:29:25.65</b>	+00:11:38 (39.6%)	5:53	10.2 (60.4%)
113	<b>DĄBROWSKA Joanna</b>	<b>53</b>		K-40	8	00:14:10	<b>00:29:31.15</b>	+00:11:44 (39.8%)	5:54	10.2 (60.4%)
114	<b>NIEWIADOWSKI Robert</b>	<b>201</b>	ARTE-IT	M-18	44	00:14:04	<b>00:29:36.50</b>	+00:11:49 (39.9%)	5:55	10.1 (59.8%)
115	<b>SIKORSKA Grażyna</b>	<b>264</b>		K-50	5	00:14:38	<b>00:29:44.75</b>	+00:11:57 (40.2%)	5:57	10.1 (59.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All	Czas	Różn	Tempo min/km	Tempo km/h
						2.5km	netto 5km			
116	<b>STASZYŃSKA Marianna</b>	<b>281</b>	BTC,,ORZEŁ"	K-60+	1	00:14:21	<b>00:29:45.90</b>	+00:11:59 (40.3%)	5:57	10.1 (59.8%)
117	<b>PETRECHENKO Natalia</b>	<b>256</b>	TKKF KOSZALIN	K-18	29	00:14:16	<b>00:29:47.55</b>	+00:12:00 (40.3%)	5:57	10.1 (59.8%)
118	<b>BORKOWSKA Natalia</b>	<b>27</b>	MKS TOMASZÓW MAZOWIECKI	K-14	2	00:13:32	<b>00:29:56.60</b>	+00:12:09 (40.6%)	5:59	10 (59.2%)
119	<b>DOMAŃSKI Krzysztof</b>	<b>56</b>		M-14	5	00:15:01	<b>00:29:58.80</b>	+00:12:12 (40.7%)	5:59	10 (59.2%)
120	<b>REGENT Katarzyna</b>	<b>244</b>		K-18	30	00:14:39	<b>00:30:01.80</b>	+00:12:15 (40.8%)	6:00	10 (59.2%)
121	<b>KAROLCZUK Emilia</b>	<b>117</b>		K-18	31	00:15:11	<b>00:30:07.10</b>	+00:12:20 (41.0%)	6:01	10 (59.2%)
122	<b>CHWIAŁKOWSKI Cyprian</b>	<b>45</b>		M-18	45	00:15:11	<b>00:30:07.50</b>	+00:12:20 (41.0%)	6:01	10 (59.2%)
123	<b>PERLIKOWSKA Joanna</b>	<b>215</b>	WŁ SŁUPSK	K-40	9	00:15:20	<b>00:30:07.75</b>	+00:12:20 (41.0%)	6:01	10 (59.2%)
124	<b>KOROL Elżbieta</b>	<b>137</b>	BABECZKI KOSZALIN	K-40	10	00:15:12	<b>00:30:08.30</b>	+00:12:21 (41.0%)	6:01	10 (59.2%)
125	<b>ZAKONEK Anna</b>	<b>337</b>	DECATHLON KOSZALIN	K-18	32	00:14:39	<b>00:30:08.50</b>	+00:12:21 (41.0%)	6:01	10 (59.2%)
126	<b>KURCZ Barbara</b>	<b>159</b>	BABECZKI KOSZALIN	K-40	11	00:15:12	<b>00:30:11.40</b>	+00:12:24 (41.1%)	6:02	9.9 (58.6%)
127	<b>TYBORA Joanna</b>	<b>315</b>		K-18	33	00:14:34	<b>00:30:13.40</b>	+00:12:26 (41.2%)	6:02	9.9 (58.6%)
128	<b>GAWLIK Artur</b>	<b>75</b>	BIEGNIJMY.PL	M-18	46	00:15:08	<b>00:30:31.55</b>	+00:12:44 (41.8%)	6:06	9.8 (58.0%)
129	<b>SADOSKA Mirosława</b>	<b>254</b>		K-18	34	00:15:04	<b>00:30:52.70</b>	+00:13:05 (42.4%)	6:10	9.7 (57.4%)
130	<b>WYSOCKI Krystian</b>	<b>336</b>		M-18	47	00:15:05	<b>00:30:53.05</b>	+00:13:06 (42.4%)	6:10	9.7 (57.4%)
131	<b>PROTASEWICZ Renata</b>	<b>233</b>	SŁAWNO	K-18	35	00:14:51	<b>00:30:54.20</b>	+00:13:07 (42.5%)	6:11	9.7 (57.4%)
132	<b>GRZYWAŁA Angelika</b>	<b>333</b>		K-40	12	00:15:16	<b>00:30:55.60</b>	+00:13:08 (42.5%)	6:11	9.7 (57.4%)
133	<b>RULEWICZ Anna</b>	<b>329</b>		K-18	36	00:15:14	<b>00:30:56.50</b>	+00:13:09 (42.5%)	6:11	9.7 (57.4%)
134	<b>MIKLAŚSKA-KAMELSKA Monika</b>	<b>189</b>	OLSZEWSKI I SYNOWIE	K-18	37	00:15:19	<b>00:31:07.05</b>	+00:13:20 (42.9%)	6:13	9.6 (56.8%)
135	<b>PIETRZYCKI Adrian</b>	<b>224</b>		M-40	16	00:15:43	<b>00:31:11.20</b>	+00:13:24 (43.0%)	6:14	9.6 (56.8%)
136	<b>STEFANOWICZ Jola</b>	<b>282</b>	-	K-18	38	00:15:43	<b>00:31:11.25</b>	+00:13:24 (43.0%)	6:14	9.6 (56.8%)
137	<b>JAKUBOWSKA Anna</b>	<b>96</b>		K-18	39	00:15:53	<b>00:31:53.30</b>	+00:14:06 (44.2%)	6:22	9.4 (55.6%)
138	<b>STAŃCZYK Franciszek</b>	<b>279</b>	NIEZRZESZONY	M-60+	3	00:15:58	<b>00:31:58.15</b>	+00:14:11 (44.4%)	6:23	9.4 (55.6%)
139	<b>JASIUCHNA Aleksandra</b>	<b>106</b>	PIECZARKOWE ŁAPKI	K-18	40	00:15:06	<b>00:31:58.45</b>	+00:14:11 (44.4%)	6:23	9.4 (55.6%)
140	<b>KMITA Gabriela</b>	<b>129</b>		K-18	41	00:15:28	<b>00:32:11.35</b>	+00:14:24 (44.8%)	6:26	9.3 (55.0%)
141	<b>KLAUDIA Okupska</b>	<b>125</b>	DECATHLON KOSZALIN	K-18	42	00:14:50	<b>00:32:13.15</b>	+00:14:26 (44.8%)	6:26	9.3 (55.0%)
142	<b>ZUKAL Aleksandra</b>	<b>340</b>		K-40	13	00:15:53	<b>00:32:27.35</b>	+00:14:40 (45.2%)	6:29	9.2 (54.4%)
143	<b>BATYŃSKA Magdalena</b>	<b>12</b>		K-18	43	00:15:48	<b>00:32:29.55</b>	+00:14:42 (45.3%)	6:29	9.2 (54.4%)
144	<b>RADOMSKA Asiek</b>	<b>238</b>		K-18	44	00:15:27	<b>00:32:42.05</b>	+00:14:55 (45.6%)	6:32	9.2 (54.4%)
145	<b>DOMALEWSKA Dominika</b>	<b>54</b>		K-18	45	00:15:25	<b>00:32:49.20</b>	+00:15:02 (45.8%)	6:33	9.1 (53.8%)
146	<b>FALANA Monika</b>	<b>62</b>		K-18	46	00:16:16	<b>00:32:53.95</b>	+00:15:07 (46.0%)	6:34	9.1 (53.8%)
147	<b>BAGIŃSKA Agnieszka</b>	<b>5</b>		K-18	47	00:15:54	<b>00:33:12.45</b>	+00:15:25 (46.5%)	6:38	9 (53.3%)
148	<b>SETNIK Piotr</b>	<b>259</b>	DECATHLON SŁUPSK	M-14	6	00:16:39	<b>00:34:42.50</b>	+00:16:55 (48.8%)	6:56	8.6 (50.9%)
149	<b>SETNIK Monika</b>	<b>258</b>	DECATHLON SŁUPSK	K-40	14	00:16:40	<b>00:34:44.10</b>	+00:16:57 (48.8%)	6:56	8.6 (50.9%)
150	<b>STANKIEWICZ Anna</b>	<b>278</b>		K-18	48	00:17:34	<b>00:34:45.70</b>	+00:16:58 (48.9%)	6:57	8.6 (50.9%)
151	<b>CHMIELOWICZ Ewa</b>	<b>41</b>		K-18	49	00:17:33	<b>00:34:54.45</b>	+00:17:07 (49.1%)	6:58	8.6 (50.9%)
152	<b>ŚLĘZAK Rafał</b>	<b>304</b>	CASTORAMA	M-40	17	00:17:26	<b>00:35:26.30</b>	+00:17:39 (49.8%)	7:05	8.5 (50.3%)
153	<b>TRACZ Jadwiga</b>	<b>311</b>	CASTORAMA	K-18	50	00:17:26	<b>00:35:26.55</b>	+00:17:39 (49.8%)	7:05	8.5 (50.3%)
154	<b>GÓRSKA Dorota</b>	<b>81</b>		K-50	6	00:17:46	<b>00:36:53.00</b>	+00:19:06 (51.8%)	7:22	8.1 (47.9%)
155	<b>JARZĘBSKA Ewelina</b>	<b>104</b>		K-18	51	00:17:31	<b>00:37:16.70</b>	+00:19:29 (52.3%)	7:27	8.1 (47.9%)
156	<b>BARTNIK Marian</b>	<b>342</b>	TKKF KOSZALIN	M-60+	4	00:19:33	<b>00:40:53.55</b>	+00:23:06 (56.5%)	8:10	7.3 (43.2%)

Znaleziono 156 wynik(ów)