



# DOBRA PIĄTKA - BIEG

B4SPORT

**Wydarzenie:** Dobra Piątka  
**Organizator:** Stowarzyszenie BiegamBoLubię Team Police  
**Data:** 2019-04-27  
**Miejsce:** Dobra  
**Dystans:** 5 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Czas brutto 5km	Różn	Tempo min/km	Tempo km/h
1	<b>KRASKIEWICZ Tomasz</b>	<b>152</b>	BULK-CARGO PORT SZCZECIN	M50	1	<b>00:19:29.05</b>	<b>00:19:32.70</b>		3:53	15.4 (100%)
2	<b>ADAMSKI Janusz</b>	<b>5</b>	DUOLIFE TEAM	M50	2	<b>00:20:07.45</b>	<b>00:20:10.25</b>	+00:00:37 (3.1%)	4:01	14.9 (96.8%)
3	<b>GRYGORCEWICZ Jan</b>	<b>94</b>		M50	3	<b>00:20:28.15</b>	<b>00:20:30.35</b>	+00:00:57 (4.7%)	4:05	14.7 (95.5%)
4	<b>NAWROCKI Piotr</b>	<b>226</b>	KB PIONIER	M50	4	<b>00:20:41.70</b>	<b>00:20:44.45</b>	+00:01:11 (5.8%)	4:08	14.5 (94.2%)
5	<b>HAWRYLAK Marcin</b>	<b>102</b>	WOLNI W BIEGU/SOSW NR 1 DNR	M50	5	<b>00:21:47.50</b>	<b>00:21:49.80</b>	+00:02:17 (10.5%)	4:21	13.8 (89.6%)
6	<b>SZKUDLAREK Krzysztof</b>	<b>312</b>		M50	6	<b>00:22:29.60</b>	<b>00:22:34.10</b>	+00:03:01 (13.4%)	4:30	13.3 (86.4%)
7	<b>KURLEJ Mariusz</b>	<b>167</b>	KB HERMES GRYFINO	M50	7	<b>00:23:13.25</b>	<b>00:23:22.90</b>	+00:03:50 (16.4%)	4:38	12.9 (83.8%)
8	<b>CZERWIŃSKI Dariusz</b>	<b>48</b>	LOVELASY	M50	8	<b>00:23:32.30</b>	<b>00:23:33.70</b>	+00:04:01 (17.0%)	4:42	12.7 (82.5%)
9	<b>GRYGIELEWICZ Leszek</b>	<b>92</b>		M50	9	<b>00:23:35.25</b>	<b>00:23:40.75</b>	+00:04:08 (17.5%)	4:43	12.7 (82.5%)
10	<b>GOCAL Andrzej</b>	<b>85</b>	UKL ÓSEMKA POLICE	M50	10	<b>00:24:40.20</b>	<b>00:24:58.10</b>	+00:05:25 (21.7%)	4:56	12.2 (79.2%)
11	<b>ROMANOWICZ Marek</b>	<b>268</b>		M50	11	<b>00:26:45.75</b>	<b>00:26:48.25</b>	+00:07:15 (27.1%)	5:21	11.2 (72.7%)
12	<b>CEMBIK Artur</b>	<b>39</b>	EMEL ATHLETIC TEAM	M50	12	<b>00:26:42.15</b>	<b>00:26:56.20</b>	+00:07:23 (27.4%)	5:20	11.2 (72.7%)
13	<b>KAWKA Arkadiusz</b>	<b>131</b>		M50	13	<b>00:29:43.55</b>	<b>00:30:02.65</b>	+00:10:29 (34.9%)	5:56	10.1 (65.6%)
14	<b>OCHAŁ Artur</b>	<b>391</b>		M50	14	<b>00:30:18.10</b>	<b>00:30:33.60</b>	+00:11:00 (36.0%)	6:03	9.9 (64.3%)
15	<b>CORCUERA Carlos</b>	<b>47</b>		M50	15	<b>00:31:42.15</b>	<b>00:31:49.20</b>	+00:12:16 (38.6%)	6:20	9.5 (61.7%)
16	<b>ŚWISTAK Grzegorz</b>	<b>328</b>		M50	16	<b>00:31:44.30</b>	<b>00:31:53.95</b>	+00:12:21 (38.7%)	6:20	9.5 (61.7%)
17	<b>RADZISZEWICZ Tomasz</b>	<b>262</b>		M50	17	<b>00:31:53.05</b>	<b>00:32:10.95</b>	+00:12:38 (39.3%)	6:22	9.4 (61.0%)
18	<b>SZLARB Paweł</b>	<b>313</b>	RAZ SZCZECIN	M50	18	<b>00:33:02.25</b>	<b>00:33:17.20</b>	+00:13:44 (41.3%)	6:36	9.1 (59.1%)

Znaleziono 18 wynik(ów)