



## DOLINA ROMANA 10+

B4SPORT

**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

CHARYTATYWNY BIEG „POLIGON na START”  
WKS Poligon Drawski  
2024-10-05  
Drawsko Pomorskie  
10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mundurowi	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	<b>BORYCHOWSKI Mariusz</b>	<b>231</b>	7 BRYGADA OBRONY WYBRZEŻA SŁUPSK	Mundurowi M	1	Tak	<b>00:36:21.95</b>		3:38	16.5 (100%)
2	<b>BACHANEK Paweł</b>	<b>75</b>	2BZ	Mundurowi M	2	Tak	<b>00:37:50.37</b>	+00:01:28 (3.9%)	3:47	15.9 (96.4%)
3	<b>ZADROŻNY Jakub</b>	<b>186</b>	2 BRYGADA ZMECHANIZOWANA	Mundurowi M	3	Tak	<b>00:41:27.08</b>	+00:05:05 (12.3%)	4:08	14.5 (87.9%)
4	<b>BARAN Krzysztof</b>	<b>78</b>		Mundurowi M	4	Tak	<b>00:42:12.01</b>	+00:05:50 (13.8%)	4:13	14.2 (86.1%)
5	<b>WYRZYKOWSKI Tomasz</b>	<b>184</b>	PSP	Mundurowi M	5	Tak	<b>00:42:46.54</b>	+00:06:24 (15.0%)	4:16	14 (84.8%)
6	<b>KRACZKOWSKI Przemysław</b>	<b>113</b>	142BLP	Mundurowi M	6	Tak	<b>00:43:18.16</b>	+00:06:56 (16.0%)	4:19	13.9 (84.2%)
7	<b>KRUCZYK Michał</b>	<b>115</b>	PSP	Mundurowi M	7	Tak	<b>00:44:00.57</b>	+00:07:38 (17.4%)	4:24	13.6 (82.4%)
8	<b>MACIEJEWSKA Katarzyna</b>	<b>124</b>		OPEN -K	1		<b>00:44:38.10</b>	+00:08:16 (18.5%)	4:27	13.4 (81.2%)
9	<b>BOŃKOWSKI Jakub</b>	<b>81</b>		OPEN -M	1		<b>00:44:44.35</b>	+00:08:22 (18.7%)	4:28	13.4 (81.2%)
10	<b>KWIETNIEWSKI Daniel</b>	<b>120</b>		OPEN -M	2		<b>00:44:58.24</b>	+00:08:36 (19.1%)	4:29	13.3 (80.6%)
11	<b>REJMER Tomasz</b>	<b>155</b>		OPEN -M	3		<b>00:45:03.80</b>	+00:08:41 (19.3%)	4:30	13.3 (80.6%)
12	<b>ZIELIŃSKI Konrad</b>	<b>194</b>		OPEN -M	4		<b>00:46:04.33</b>	+00:09:42 (21.1%)	4:36	13 (78.8%)
13	<b>NOSEK Eliza</b>	<b>137</b>		OPEN -K	2		<b>00:46:13.37</b>	+00:09:51 (21.3%)	4:37	13 (78.8%)
14	<b>ZACHAREWICZ Piotr</b>	<b>185</b>		Mundurowi M	8	Tak	<b>00:46:40.04</b>	+00:10:18 (22.1%)	4:40	12.9 (78.2%)
15	<b>TWARDOWSKI Daniel</b>	<b>171</b>		OPEN -M	5		<b>00:47:07.68</b>	+00:10:45 (22.8%)	4:42	12.7 (77.0%)
16	<b>DZIETCZYK Kamil</b>	<b>92</b>	CSB DRAWSKO/ AKTYWNE CHOSZCZNO	Mundurowi M	9	Tak	<b>00:47:47.21</b>	+00:11:25 (23.9%)	4:46	12.6 (76.4%)
17	<b>CZECH Piotr</b>	<b>84</b>	W TOSI SIŁA	OPEN -M	6		<b>00:48:25.86</b>	+00:12:03 (24.9%)	4:50	12.4 (75.2%)
18	<b>CHWALIŃSKI Paweł</b>	<b>83</b>		OPEN -M	7		<b>00:48:37.54</b>	+00:12:15 (25.2%)	4:51	12.3 (74.5%)
19	<b>PAŁKA Zbigniew</b>	<b>143</b>		OPEN -M	8		<b>00:48:38.52</b>	+00:12:16 (25.2%)	4:51	12.3 (74.5%)
20	<b>RADECKA Katarzyna</b>	<b>154</b>	BIEGNIECI TEAM	OPEN -K	3		<b>00:48:43.54</b>	+00:12:21 (25.4%)	4:52	12.3 (74.5%)
21	<b>KACZYŃSKI Artur</b>	<b>103</b>		OPEN -M	9		<b>00:49:42.24</b>	+00:13:20 (26.8%)	4:58	12.1 (73.3%)
22	<b>KONDELA Paweł</b>	<b>107</b>	AKTYWNE CHOSZCZNO	Mundurowi M	10	Tak	<b>00:50:10.62</b>	+00:13:48 (27.5%)	5:01	12 (72.7%)
23	<b>STACHURA Norbert</b>	<b>195</b>	WKS POLIGON DRAWSKI	Mundurowi M	11	Tak	<b>00:50:20.38</b>	+00:13:58 (27.8%)	5:02	11.9 (72.1%)
24	<b>GRZĄDZIEL Robert</b>	<b>99</b>		OPEN -M	10		<b>00:50:34.41</b>	+00:14:12 (28.1%)	5:03	11.9 (72.1%)
25	<b>PAWLAK Patrycja</b>	<b>145</b>		OPEN -K	4		<b>00:50:40.00</b>	+00:14:18 (28.2%)	5:04	11.8 (71.5%)
26	<b>SOLA Jędrzej</b>	<b>164</b>		OPEN -M	11		<b>00:50:58.50</b>	+00:14:36 (28.7%)	5:05	11.8 (71.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mundurowi	Czas netto		Tempo min/km	Tempo km/h
							10km	Różn		
27	<b>WALKOWIAK Daniel</b>	<b>174</b>	NADLEŚNICTWO	OPEN -M	12		<b>00:51:08.69</b>	+00:14:46 (28.9%)	5:06	11.7 (70.9%)
28	<b>WOLSKI Łukasz</b>	<b>181</b>		OPEN -M	13		<b>00:52:32.33</b>	+00:16:10 (30.8%)	5:15	11.4 (69.1%)
29	<b>KULIŃSKI Sebastian</b>	<b>118</b>		OPEN -M	14		<b>00:52:56.87</b>	+00:16:34 (31.3%)	5:17	11.3 (68.5%)
30	<b>WYPART Łukasz</b>	<b>183</b>		Mundurowi M	12	Tak	<b>00:53:20.52</b>	+00:16:58 (31.8%)	5:20	11.3 (68.5%)
31	<b>PIERZAK Jakub</b>	<b>150</b>		OPEN -M	15		<b>00:53:32.61</b>	+00:17:10 (32.1%)	5:21	11.2 (67.9%)
32	<b>GEMBIAK Tomasz</b>	<b>96</b>		OPEN -M	16		<b>00:53:44.95</b>	+00:17:22 (32.3%)	5:22	11.2 (67.9%)
33	<b>SZYMAŃSKI Aleksander</b>	<b>167</b>	OLEKSY BIEGA	OPEN -M	17		<b>00:54:34.83</b>	+00:18:12 (33.4%)	5:27	11 (66.7%)
34	<b>ZIELIŃSKA Monika</b>	<b>191</b>		OPEN -K	5		<b>00:55:00.77</b>	+00:18:38 (33.9%)	5:30	10.9 (66.1%)
35	<b>ROSZKOWSKA Monika</b>	<b>157</b>		Mundurowi K	1	Tak	<b>00:55:06.43</b>	+00:18:44 (34.0%)	5:30	10.9 (66.1%)
36	<b>ZAMOJSKI Adrian</b>	<b>188</b>		OPEN -M	18		<b>00:55:09.15</b>	+00:18:47 (34.1%)	5:30	10.9 (66.1%)
37	<b>BIŁAS Damian</b>	<b>80</b>	KP PSP W DRAWSKU POMORSKIM	Mundurowi M	13	Tak	<b>00:55:09.54</b>	+00:18:47 (34.1%)	5:30	10.9 (66.1%)
38	<b>MARUSZEWSKI Robert</b>	<b>129</b>		Mundurowi M	14	Tak	<b>00:55:10.29</b>	+00:18:48 (34.1%)	5:31	10.9 (66.1%)
39	<b>SZYMAŃSKI Sławomir</b>	<b>166</b>		OPEN -M	19		<b>00:55:51.31</b>	+00:19:29 (34.9%)	5:35	10.7 (64.8%)
40	<b>BORKOWSKA Alicja</b>	<b>82</b>		OPEN -K	6		<b>00:55:58.52</b>	+00:19:36 (35.0%)	5:35	10.7 (64.8%)
41	<b>DEMBIŃSKI Jakub</b>	<b>86</b>		OPEN -M	20		<b>00:55:59.77</b>	+00:19:37 (35.1%)	5:35	10.7 (64.8%)
42	<b>DUDA Krzysztof</b>	<b>91</b>	CSB	OPEN -M	21		<b>00:56:04.62</b>	+00:19:42 (35.1%)	5:36	10.7 (64.8%)
43	<b>HEJŁASZ Katarzyna</b>	<b>100</b>	ZET / UNITED KINGS JIU-JITSU	OPEN -K	7		<b>00:56:19.24</b>	+00:19:57 (35.4%)	5:37	10.7 (64.8%)
44	<b>ZAWISTOWSKA Klaudia</b>	<b>189</b>		OPEN -K	8		<b>00:57:13.91</b>	+00:20:51 (36.5%)	5:43	10.5 (63.6%)
45	<b>ROGIŃSKA Anna</b>	<b>156</b>		OPEN -K	9		<b>00:57:14.45</b>	+00:20:52 (36.5%)	5:43	10.5 (63.6%)
46	<b>KORDJAREK Justyna</b>	<b>109</b>		OPEN -K	10		<b>00:57:24.32</b>	+00:21:02 (36.7%)	5:44	10.5 (63.6%)
47	<b>ŚWIĄTCZAK Patrycja</b>	<b>169</b>		OPEN -K	11		<b>00:57:42.96</b>	+00:21:21 (37.0%)	5:46	10.4 (63.0%)
48	<b>MACIEJEWSKI Andrzej</b>	<b>125</b>	CSB DRAWSKO	Mundurowi M	15	Tak	<b>00:57:45.21</b>	+00:21:23 (37.0%)	5:46	10.4 (63.0%)
49	<b>GAŁAN Joanna</b>	<b>95</b>		OPEN -K	12		<b>00:57:55.89</b>	+00:21:33 (37.2%)	5:47	10.4 (63.0%)
50	<b>KULAS Tomasz</b>	<b>117</b>		OPEN -M	22		<b>00:58:18.25</b>	+00:21:56 (37.6%)	5:49	10.3 (62.4%)
51	<b>WITEK Stanisław</b>	<b>200</b>		OPEN -M	23		<b>00:58:26.04</b>	+00:22:04 (37.8%)	5:50	10.3 (62.4%)
52	<b>ŚRÓDECKA Paulina</b>	<b>168</b>	NADLEŚNICTWO	OPEN -K	13		<b>00:58:57.63</b>	+00:22:35 (38.3%)	5:53	10.2 (61.8%)
53	<b>MACIEJEWSKA Lucyna</b>	<b>123</b>		OPEN -K	14		<b>00:59:20.65</b>	+00:22:58 (38.7%)	5:56	10.1 (61.2%)
54	<b>DRYCHTA Dariusz</b>	<b>90</b>		OPEN -M	24		<b>01:00:06.93</b>	+00:23:44 (39.5%)	6:00	10 (60.6%)
55	<b>SMITH Katarzyna</b>	<b>162</b>		OPEN -K	15		<b>01:00:40.24</b>	+00:24:18 (40.1%)	6:04	9.9 (60.0%)
56	<b>KSIĄŻEK Teresa</b>	<b>116</b>		OPEN -K	16		<b>01:00:51.54</b>	+00:24:29 (40.2%)	6:05	9.9 (60.0%)
57	<b>PIEZATOWSKA Ewelina</b>	<b>149</b>		OPEN -K	17		<b>01:01:51.75</b>	+00:25:29 (41.2%)	6:11	9.7 (58.8%)
58	<b>PRZYBYSZ Patrycja</b>	<b>152</b>		OPEN -K	18		<b>01:02:04.75</b>	+00:25:42 (41.4%)	6:12	9.7 (58.8%)
59	<b>BALIŃSKA Justyna</b>	<b>76</b>	ATOMÓWKI	OPEN -K	19		<b>01:02:20.81</b>	+00:25:58 (41.7%)	6:14	9.6 (58.2%)
60	<b>NOWICKA Marta</b>	<b>139</b>	BIEGNIĘCI TEAM	OPEN -K	20		<b>01:02:34.74</b>	+00:26:12 (41.9%)	6:15	9.6 (58.2%)
61	<b>KARSZNIA Marcin</b>	<b>105</b>	AMATOR	OPEN -M	25		<b>01:03:08.44</b>	+00:26:46 (42.4%)	6:18	9.5 (57.6%)
62	<b>MALICZEWSKI Paweł</b>	<b>126</b>		OPEN -M	26		<b>01:03:12.55</b>	+00:26:50 (42.5%)	6:19	9.5 (57.6%)
63	<b>TOMCZEWSKI Tomasz</b>	<b>198</b>	VALIWIRIA NOWOGARD	OPEN -M	27		<b>01:03:54.42</b>	+00:27:32 (43.1%)	6:23	9.4 (57.0%)
64	<b>PIĄTKOWSKA Urszula</b>	<b>148</b>	BIEGNIĘCI TEAM	OPEN -K	21		<b>01:04:12.28</b>	+00:27:50 (43.4%)	6:25	9.3 (56.4%)
65	<b>DRYCHTA Amelia</b>	<b>89</b>		OPEN -K	22		<b>01:04:12.97</b>	+00:27:51 (43.4%)	6:25	9.3 (56.4%)
66	<b>MATUSIAK Ilona</b>	<b>131</b>		OPEN -K	23		<b>01:04:21.30</b>	+00:27:59 (43.5%)	6:26	9.3 (56.4%)
67	<b>CZEREŚNIAK Iwona</b>	<b>85</b>	RUNDORFINA	OPEN -K	24		<b>01:04:28.44</b>	+00:28:06 (43.6%)	6:26	9.3 (56.4%)
68	<b>SOBCZAK Łukasz</b>	<b>163</b>		OPEN -M	28		<b>01:06:58.52</b>	+00:30:36 (45.7%)	6:41	9 (54.5%)
69	<b>PAWLIKOWSKA Dominika</b>	<b>147</b>		OPEN -K	25		<b>01:07:03.36</b>	+00:30:41 (45.8%)	6:42	8.9 (53.9%)
70	<b>RUTKOWSKI Grzegorz</b>	<b>159</b>		OPEN -M	29		<b>01:07:03.85</b>	+00:30:41 (45.8%)	6:42	8.9 (53.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mundurowi	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
71	<b>ZIELIŃSKI Jarosław</b>	<b>193</b>	AMATOR	OPEN -M	30		<b>01:07:07.14</b>	+00:30:45 (45.8%)	6:42	8.9 (53.9%)
72	<b>ORLIŃSKA Monika</b>	<b>142</b>		OPEN -K	26		<b>01:08:04.11</b>	+00:31:42 (46.6%)	6:48	8.8 (53.3%)
73	<b>MAŁKOWSKA Edyta</b>	<b>127</b>		OPEN -K	27		<b>01:10:05.39</b>	+00:33:43 (48.1%)	7:00	8.6 (52.1%)
74	<b>FRANCZUK Ludmiła</b>	<b>93</b>	ATOMÓWKI	OPEN -K	28		<b>01:10:40.25</b>	+00:34:18 (48.5%)	7:04	8.5 (51.5%)
75	<b>ZIELIŃSKA Malwina</b>	<b>192</b>	ATOMÓWKI	OPEN -K	29		<b>01:10:40.94</b>	+00:34:18 (48.6%)	7:04	8.5 (51.5%)
76	<b>MARKIEWICZ Dariusz</b>	<b>128</b>		OPEN -M	31		<b>01:12:36.44</b>	+00:36:14 (49.9%)	7:15	8.3 (50.3%)
77	<b>PIEŚLAK Agnieszka</b>	<b>199</b>		OPEN -K	30		<b>01:12:37.41</b>	+00:36:15 (49.9%)	7:15	8.3 (50.3%)
78	<b>NIEDŹWIEDŹ Ewa</b>	<b>136</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	OPEN -K	31		<b>01:27:08.00</b>	+00:50:46 (58.3%)	8:42	6.9 (41.8%)
79	<b>WITCZAK Dorota</b>	<b>178</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	OPEN -K	32		<b>01:27:08.50</b>	+00:50:46 (58.3%)	8:42	6.9 (41.8%)
80	<b>FURMAN Bożena</b>	<b>94</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	OPEN -K	33		<b>01:27:08.56</b>	+00:50:46 (58.3%)	8:42	6.9 (41.8%)
81	<b>KOWALSKA Grażyna</b>	<b>110</b>	BŁYSKAWICE N.W TEAM	OPEN -K	34		<b>01:27:09.08</b>	+00:50:47 (58.3%)	8:42	6.9 (41.8%)
82	<b>DOMAŃSKA Bogumiła</b>	<b>88</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	OPEN -K	35		<b>01:27:09.37</b>	+00:50:47 (58.3%)	8:42	6.9 (41.8%)
83	<b>ZIARNIK Danuta</b>	<b>190</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	OPEN -K	36		<b>01:27:09.73</b>	+00:50:47 (58.3%)	8:42	6.9 (41.8%)
84	<b>ILCZYSZYN Magdalena</b>	<b>101</b>	BŁYSKAWICZNE N.W TEAM KALISZ POMORSKI	OPEN -K	37		<b>01:27:09.80</b>	+00:50:47 (58.3%)	8:42	6.9 (41.8%)
85	<b>PONIECKA Elwira</b>	<b>151</b>	BŁYSKAWICE N.W TEAM KALISZ POMORSKI	OPEN -K	38		<b>01:27:09.91</b>	+00:50:47 (58.3%)	8:42	6.9 (41.8%)
86	<b>WILCZEWSKA Sylwia</b>	<b>176</b>		Mundurowi K	2	Tak	<b>01:36:12.53</b>	+00:59:50 (62.2%)	9:37	6.2 (37.6%)
87	<b>KULIŃSKI Juliusz</b>	<b>197</b>		OPEN -M	32		<b>01:40:24.84</b>	+01:04:02 (63.8%)	10:02	6 (36.4%)
88	<b>MARKIEWICZ Adam</b>	<b>196</b>		OPEN -M	33		<b>01:40:25.93</b>	+01:04:03 (63.8%)	10:02	6 (36.4%)

Znaleziono 88 wynik(ów)