



## DUATHLON

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

**Event:** 3 BIEG KORCZAKA  
**Organiser:** Specjalny Ośrodek Szkolno-Wychowawczy nr 1 dla Dzieci Niepełnosprawnych Ruchowo w Policach im. Marii Grzegorzewskiej  
**Date:** 2022-04-09  
**Place:** Police  
**Distance:** 5+5 km

Classification: OPEN Mężczyźni

| Place | Participant         | Number | Club                                      | Category | MCat | Drużyna 1         | NW              | Bieg            | Net time 5km | Czas brutto 5km | Gap               | Pace min/km | Pace km/h    |
|-------|---------------------|--------|-------------------------------------------|----------|------|-------------------|-----------------|-----------------|--------------|-----------------|-------------------|-------------|--------------|
| 1     | WESOŁOWSKI Marcin   | 907    |                                           | M30      | 1    |                   | 00:34:41.00     | 00:21:58.00     | 00:56:33.00  | 00:56:39.00     |                   | 5:39        | 10.6 (100%)  |
| 2     | DOŁĘGOWSKI Marek    | 908    | GMINA WOLIN                               | M50      | 1    | King Maciuś Team  | 00:32:50.00     | 00:26:10.00     | 00:58:53.00  | 00:59:00.00     | +00:02:21 (4.0%)  | 5:53        | 10.2 (96.2%) |
| 3     | STRZELEC Tomasz     | 916    | KB HERMES GRYFINO                         | M40      | 1    |                   | 00:38:52.00     | 00:27:37.00     | 01:06:13.00  | 01:06:29.00     | +00:09:50 (14.8%) | 6:37        | 9.1 (85.8%)  |
| 4     | PARCHIMOWICZ Janusz | 915    |                                           | M60+     | 1    |                   | 00:41:32.00     | 00:43:15.00     | 01:24:31.00  | 01:24:47.00     | +00:28:08 (33.2%) | 8:27        | 7.1 (67.0%)  |
| 5     | HAWRYŁAK Marcin     | 1      | 14ZBOT/142 BLP TRZEBIATÓW / BIEG KORCZAKA | M50      | 2    | Wirtualny Bieg    | 00:49:44.00     | 00:53:01.00     | 01:32:55.00  | 01:42:45.00     | +00:46:06 (44.9%) | 9:17        | 6.5 (61.3%)  |
| 6     | BODNAR Zbigniew     | 901    | BIEG KORCZAKA                             | M60+     | 2    | Bieg Korczaka Raz | 00:58:43.00     | 00:47:05.00     | 01:45:19.00  | 01:45:48.00     | +00:49:09 (46.5%) | 10:31       | 5.7 (53.8%)  |
|       | NIEDŹWIECKI Paweł   | 914    |                                           | M40      |      |                   | 00:54:49.00 DNF | 00:00:00.00 DNF | DNF          | DNF             |                   | -           | - (0.0%)     |

Total 7 results.