



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

RUDAWY ZIMOWY FESTIWAL BIEGOWY  
Fundacja Szczyt za Szczytem  
2025-02-08  
Karpniki  
21 km

## DWUDZIESTKA

B4SPORT

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Punkt pomiarowy: 11,5 km

| Msc | Zawodnik             | Numer | Klub                                         | Kategoria | Szwajcarka<br>4.5km | Nad Mniszkowem<br>11.5km |
|-----|----------------------|-------|----------------------------------------------|-----------|---------------------|--------------------------|
| 1   | PAWLIK Paweł         | 482   | ALPIN SPORT TEAM                             | M30       | 00:24:49            | 00:58:22                 |
| 2   | KUKUŁA Waldemar      | 530   | WALKA KOSTRZYN/ JAŃCZAK TEAM                 | M40       | 00:27:14            | 01:03:44                 |
| 3   | KWIATKOWSKI Paweł    | 403   |                                              | M30       | 00:27:05            | 01:04:12                 |
| 4   | SADOWSKI Krzysztof   | 548   | OSP JANOWICE WIELKIE                         | M20       |                     | 01:04:39                 |
| 5   | KITA Michał          | 388   | PĘDZĄCY W MIEJSCU                            | M50       | 00:28:10            | 01:05:15                 |
| 6   | BIELECKI Tomasz      | 344   |                                              | M30       | 00:28:15            | 01:06:23                 |
| 7   | ŚMICHURSKI Krzysztof | 373   |                                              | M30       | 00:28:18            | 01:06:47                 |
| 8   | ZBOROWSKI Krzysztof  | 417   |                                              | M40       | 00:29:32            | 01:09:10                 |
| 9   | GAWRON Paweł         | 317   | WEPA PIECHOWICE                              | M40       | 00:28:48            | 01:10:15                 |
| 10  | BEDNARCZYK Magdalena | 495   | WKS OLEŚNICA OLEŚNICZANKA / TEAM KRUCZKOWSKI | K30       | 00:30:30            | 01:10:55                 |
| 11  | KAWCZAK Patryk       | 589   |                                              | M30       | 00:31:30            | 01:11:33                 |
| 12  | ŚWIERK Przemek       | 519   | ULTRA DIABŁY                                 | M40       | 00:30:55            | 01:12:10                 |
| 13  | CHODOROWSKI Damian   | 513   | BEZ BALASTU ACTIVE TEAM                      | M30       | 00:32:15            | 01:12:21                 |
| 14  | BIEGAŃSKI Marcin     | 566   |                                              | M30       | 00:31:32            | 01:12:25                 |
| 15  | GOŁDYN Dawid         | 445   |                                              | M30       | 00:30:28            | 01:12:42                 |
| 16  | MIKOLAJEWSKI Maciej  | 372   |                                              | M30       | 00:31:19            | 01:13:32                 |
| 17  | STĘSIK Tomasz        | 358   |                                              | M30       | 00:31:17            | 01:13:32                 |
| 18  | NOWORYTA Radosław    | 497   | ULTRA DIABŁY TEAM LUBRZA                     | M50       | 00:31:59            | 01:14:03                 |
| 19  | HOZAKOWSKI Kajetan   | 524   | JANICKI COACHING                             | M30       | 00:31:32            | 01:14:04                 |
| 20  | LATAŃSKI Eryk        | 572   | WOŁONTARIAT RUDAWY!!!                        | M20       | 00:32:05            | 01:15:47                 |
| 21  | SOKOŁOWSKI Tomasz    | 448   | KLINIKA TRIATHLONU                           | M30       | 00:32:10            | 01:16:06                 |
| 22  | POLIWOCZAK Patryk    | 562   |                                              | M30       | 00:31:56            | 01:16:20                 |
| 23  | BIAŁY Adam           | 368   |                                              | M50       | 00:33:22            | 01:16:51                 |
| 24  | MARSZAŁEK Kazimierz  | 384   | ŚWIERADÓW-ZDRÓJ GÓRSKIE UZDROWISKO           | M50       | 00:32:47            | 01:16:55                 |
| 25  | DŁUGOŁĘCKI Konrad    | 410   | BIEGOWA ŚWIDNICA                             | M40       | 00:33:07            | 01:16:58                 |
| 26  | SOTNYKOV Platon      | 533   |                                              | M40       | 00:33:03            | 01:16:59                 |
| 27  | SŁOBODZIAN Andrzej   | 553   |                                              | M40       | 00:33:39            | 01:17:04                 |
| 28  | JACHYMSKI Krzysztof  | 346   | VEGE RUNNERS                                 | M30       | 00:32:56            | 01:17:04                 |
| 29  | TOMASZEWSKI Michał   | 332   |                                              | M30       | 00:32:46            | 01:17:10                 |
| 30  | BIELA Konrad         | 484   | ON / GOPR KARKONOSZE                         | M30       | 00:32:37            | 01:17:20                 |

| Msc | Zawodnik                 | Numer | Klub                                     | Kategoria | Szwajcarka<br>4.5km | Nad Mniszkowem<br>11.5km |
|-----|--------------------------|-------|------------------------------------------|-----------|---------------------|--------------------------|
| 31  | BOHAREWICZ Paweł         | 327   | STARSZA DZIKA MŁODZIEŻ                   | M40       | 00:32:59            | 01:17:20                 |
| 32  | KMEŤOVÁ Kristína         | 420   |                                          | K30       | 00:32:48            | 01:17:32                 |
| 33  | SZYMKOWIAK Damian        | 431   |                                          | M30       | 00:33:03            | 01:17:40                 |
| 34  | MORAWSKI Filip           | 523   | KRAKOWIAKULTRATEAM                       | M50       | 00:34:08            | 01:18:30                 |
| 35  | KUBAJEWSKI Paweł         | 343   |                                          | M30       | 00:34:41            | 01:19:16                 |
| 36  | LESZEK Grzegorz Robert   | 324   |                                          | M30       | 00:33:30            | 01:19:26                 |
| 37  | PĘCZAR Aneta             | 516   | MAD RUNNERS                              | K30       | 00:34:21            | 01:19:53                 |
| 38  | SZCZESZEK Lukasz         | 444   |                                          | M40       | 00:36:06            | 01:19:57                 |
| 39  | SZUMIŃSKI Artur          | 302   |                                          | M50       | 00:33:05            | 01:20:03                 |
| 40  | KULCZYCKI Emanuel        | 413   | #SOBASTEAM                               | M40       | 00:34:12            | 01:20:20                 |
| 41  | DYSARZ Przemysław        | 303   |                                          | M40       | 00:35:17            | 01:20:37                 |
| 42  | CIEMIEGA Roman           | 405   | KOWARY BIEGAJĄ                           | M50       | 00:34:19            | 01:20:42                 |
| 43  | TYŚ Radek                | 563   |                                          | M40       | 00:33:30            | 01:20:42                 |
| 44  | BUNIKOWSKI Michał        | 500   | TS REGLE SZKLARSKA PORĘBA                | M40       | 00:35:26            | 01:20:48                 |
| 45  | KUBICKI Mariusz          | 568   | DOBRAFORMA                               | M40       | 00:34:18            | 01:20:55                 |
| 46  | NOWACKA Marlena          | 546   | JAN-MAR                                  | K40       | 00:35:46            | 01:20:59                 |
| 47  | KNAPCZYK Bartosz         | 525   |                                          | M30       | 00:35:51            | 01:21:21                 |
| 48  | SKOPOWSKI Jan            | 345   |                                          | M40       | 00:33:17            | 01:21:45                 |
| 49  | BABIŃSKA-POPIŁKA Ewelina | 418   |                                          | K40       | 00:35:46            | 01:21:46                 |
| 50  | WASIK Robert             | 547   |                                          | M40       | 00:33:19            | 01:21:46                 |
| 51  | JODŁOWSKI Marek          | 322   |                                          | M40       | 00:35:41            | 01:21:48                 |
| 52  | STAWIŃSKI Michał         | 504   |                                          | M30       | 00:35:00            | 01:22:06                 |
| 53  | PARUCKI Michał           | 542   | MJP DRUK / VEGE RUNNERS                  | M40       | 00:35:33            | 01:22:06                 |
| 54  | ŚMIGIELSKI Kamil         | 487   |                                          | M20       | 00:35:59            | 01:22:10                 |
| 55  | NOWIK Kamil              | 544   | SECORUN                                  | M50       | 00:35:07            | 01:22:24                 |
| 56  | KOSZAREK Maciej          | 573   |                                          | M50       | 00:35:41            | 01:22:36                 |
| 57  | SZARAPANOWSKI Marcin     | 538   | ULTRA DIABŁY TEAM LUBRZA                 | M40       | 00:35:26            | 01:22:36                 |
| 58  | KORNALSKI Grzegorz       | 507   | TRAIL RUNNING ASSOCIATION                | M40       | 00:35:37            | 01:22:50                 |
| 59  | JANOSZ Kamil             | 433   |                                          | M20       | 00:36:33            | 01:22:58                 |
| 60  | WYPYCH Bartosz           | 489   |                                          | M40       | 00:38:13            | 01:23:06                 |
| 61  | KORZENIOWSKI Wojciech    | 446   |                                          | M50       | 00:35:28            | 01:23:09                 |
| 62  | KRUSZEWSKI Filip         | 476   | NOWAK.RUN                                | M30       | 00:37:29            | 01:23:19                 |
| 63  | POLAK Bartosz            | 558   |                                          | M30       | 00:36:42            | 01:23:22                 |
| 64  | JANOSZ Ewa               | 432   |                                          | K20       | 00:36:48            | 01:23:36                 |
| 65  | CEBULSKI Łukasz          | 545   | CEBULA TEAM                              | M30       | 00:36:26            | 01:23:41                 |
| 66  | ZBORALSKI Michał         | 467   |                                          | M50       | 00:35:29            | 01:24:12                 |
| 67  | MARGOL Paweł             | 437   |                                          | M40       | 00:36:59            | 01:24:22                 |
| 68  | KORZENIOWSKI Oskar       | 450   | INFINITY GYM ŁUKASZ SZAPORÓW / ACCENTURE | M30       | 00:35:42            | 01:24:25                 |
| 69  | JĘSIEK Artur             | 419   |                                          | M30       | 00:34:08            | 01:25:05                 |
| 70  | POLICHT Damian           | 379   |                                          | M20       | 00:36:10            | 01:25:20                 |
| 71  | RADKOWSKA Małgorzata     | 402   | TEAM PARSZCZYŃSKICH                      | K30       | 00:36:14            | 01:25:28                 |
| 72  | SANKOWSKI Bartosz        | 357   | OKI OKI TEAM                             | M30       | 00:36:22            | 01:25:28                 |
| 73  | CZAPLA Łukasz            | 443   |                                          | M40       | 00:36:37            | 01:26:46                 |
| 74  | MICHALCZYK Michał        | 333   | #SOBASTEAM                               | M40       | 00:36:36            | 01:26:49                 |
| 75  | KWIECIEŃ Monika          | 396   |                                          | K20       | 00:38:03            | 01:27:10                 |

| Msc | Zawodnik                             | Numer | Klub                         | Kategoria | Szwajcarka<br>4.5km | Nad Mniszkowem<br>11.5km |
|-----|--------------------------------------|-------|------------------------------|-----------|---------------------|--------------------------|
| 76  | GÓRNY Wojciech                       | 408   | OKI OKI TEAM                 | M30       | 00:36:33            | 01:27:25                 |
| 77  | MARSZAŁEK Sebastian                  | 424   |                              | M30       | 00:38:12            | 01:27:27                 |
| 78  | ŻOŁDAK Przemysław                    | 464   | #BIEGIEMWLAS / PNB           | M40       | 00:37:29            | 01:27:36                 |
| 79  | ZUGAJ Dawid                          | 367   | BEZ SENSU                    | M30       | 00:35:22            | 01:27:41                 |
| 80  | PIOTRÓW Łukasz                       | 371   |                              | M30       | 00:33:19            | 01:27:44                 |
| 81  | BELCZYK Łukasz                       | 554   | RATEL TEAM                   | M30       | 00:38:15            | 01:27:53                 |
| 82  | JURCZAK Agata                        | 496   |                              | K20       | 00:39:51            | 01:27:54                 |
| 83  | JÓŻWIAK Jędrzej                      | 329   | NETBOX BIEGA                 | M30       | 00:38:18            | 01:28:00                 |
| 84  | KĘSEK Mariusz                        | 502   | MKRUN                        | M30       | 00:36:45            | 01:28:28                 |
| 85  | MORAŃSKI Paweł                       | 397   |                              | M30       | 00:37:11            | 01:28:30                 |
| 86  | SZARADOWSKI Piotr                    | 441   | BIEGOWA ŚWIDNICA             | M50       | 00:37:48            | 01:28:54                 |
| 87  | SKORA Mateusz                        | 508   |                              | M40       | 00:39:15            | 01:28:56                 |
| 88  | DAJCZAK Mariusz                      | 439   |                              | M30       | 00:39:01            | 01:29:04                 |
| 89  | PILETSKI Maksim                      | 492   |                              | M30       | 00:36:37            | 01:29:15                 |
| 90  | BYLINA Bartosz                       | 335   | TRI FOR ME                   | M50       | 00:39:13            | 01:29:32                 |
| 91  | CHUDY Kamil                          | 564   | PRZEDWOJEWSKI TEAM           | M30       | 00:39:08            | 01:29:48                 |
| 92  | LASKOWSKI Darek                      | 518   |                              | M40       | 00:40:21            | 01:30:02                 |
| 93  | KNAPP Janusz                         | 351   |                              | M40       | 00:39:22            | 01:30:05                 |
| 94  | GRAMALA Mateusz                      | 488   |                              | M30       | 00:36:44            | 01:30:07                 |
| 95  | POPKOWSKI Adam                       | 449   |                              | M30       | 00:38:43            | 01:30:07                 |
| 96  | KUCIAK Bartosz                       | 348   |                              | M30       | 00:38:45            | 01:30:07                 |
| 97  | MARSZAŁEK Julia                      | 423   |                              | K20       | 00:39:36            | 01:30:07                 |
| 98  | STEC Adam                            | 521   |                              | M40       | 00:37:27            | 01:30:13                 |
| 99  | DYSARZ Marcin                        | 306   |                              | M40       | 00:36:29            | 01:30:13                 |
| 100 | TASZYCKI Marcin                      | 354   |                              | M40       | 00:36:33            | 01:30:13                 |
| 101 | KRZYŻANOWSKA-KORZENIOWSKA Anna Maria | 451   | INFINITY GYM ŁUKASZ SZAPORÓW | K30       | 00:38:42            | 01:30:17                 |
| 102 | KRYCH Piotr                          | 557   | BIEGACZE STU MOSTÓW          | M40       | 00:38:51            | 01:30:30                 |
| 103 | MICHALSKA Agnieszka                  | 428   | NIGHT RUNNERS                | K50       | 00:39:27            | 01:30:41                 |
| 104 | GOLA Henryk                          | 559   |                              | M60       | 00:38:33            | 01:30:54                 |
| 105 | CHYSKI Grzegorz                      | 499   |                              | M40       | 00:39:52            | 01:31:04                 |
| 106 | BAUTA Dawid                          | 528   |                              | M30       | 00:38:45            | 01:31:49                 |
| 107 | BALUKIEWICZ Wojciech                 | 574   |                              | M40       | 00:38:18            | 01:32:05                 |
| 108 | JAGODZIŃSKI Arkadiusz                | 457   |                              | M30       | 00:41:12            | 01:33:13                 |
| 109 | PIĄTAS Paweł                         | 359   |                              | M30       | 00:41:26            | 01:33:22                 |
| 110 | GRZELAK Elżbieta                     | 362   | BYĆ PRZED MĘŻEM              | K40       | 00:40:13            | 01:33:27                 |
| 111 | MATYJASZCZUK Mateusz                 | 427   |                              | M30       | 00:40:24            | 01:33:34                 |
| 112 | GRZELAK Łukasz                       | 361   | WWW.GRZELAK-KANCELARIA.PL    | M40       | 00:40:11            | 01:33:35                 |
| 113 | BUGAJ Alan                           | 383   |                              | M30       | 00:39:58            | 01:33:40                 |
| 114 | BASZAK Tomasz                        | 575   |                              | M40       | 00:39:54            | 01:33:42                 |
| 115 | MANKIEWICZ Mariusz                   | 485   | PYSIE                        | M30       | 00:41:04            | 01:33:47                 |
| 116 | PUSZCZYŃSKI Krzysztof                | 462   |                              | M40       | 00:44:03            | 01:34:15                 |
| 117 | WYTYKOWSKA Joanna                    | 478   | ŁKW                          | K40       | 00:40:43            | 01:34:29                 |
| 118 | JASKOT Mariusz                       | 415   | W DREDACH PRZEZ ŚWIAT        | M30       | 00:40:19            | 01:34:37                 |
| 119 | WESOŁOWSKI Jakub                     | 395   | KLIMATYCZNA SFERA            | M30       | 00:39:59            | 01:34:38                 |
| 120 | KRYSIEWICZ Marcin                    | 385   |                              | M40       | 00:43:00            | 01:34:40                 |

| Msc | Zawodnik                | Numer | Klub                               | Kategoria | Szwajcarka<br>4.5km | Nad Mniszkowem<br>11.5km |
|-----|-------------------------|-------|------------------------------------|-----------|---------------------|--------------------------|
| 121 | FEUERSTAKE Aleksandra   | 490   |                                    | K30       | 00:44:09            | 01:35:22                 |
| 122 | MAZUR Michał            | 515   |                                    | M30       | 00:39:23            | 01:35:32                 |
| 123 | NIEDŹWIECKI Jakub       | 510   | BIEGACZE STU MOSTÓW                | M30       | 00:42:22            | 01:35:45                 |
| 124 | STUDENNY Michał         | 501   |                                    | M40       | 00:40:35            | 01:35:56                 |
| 125 | CHODOROWSKA Ania        | 512   | BEZ BALASTU ACTIVE TEAM            | K30       | 00:40:32            | 01:35:57                 |
| 126 | WOLAK Michał            | 455   | BIEGNIJ OŁAWO                      | M50       | 00:41:14            | 01:35:58                 |
| 127 | PIOTROWIAK Angelika     | 425   |                                    | K30       | 00:43:23            | 01:36:12                 |
| 128 | ŁUKASZEWSKI Szymon      | 494   |                                    | M30       | 00:41:22            | 01:36:32                 |
| 129 | SZNURAWA Michał         | 393   |                                    | M30       | 00:42:55            | 01:36:47                 |
| 130 | MATYJASZCZUK Ela        | 414   |                                    | K30       | 00:42:57            | 01:36:55                 |
| 131 | GALASIAK Lukasz         | 452   |                                    | M40       | 00:37:06            | 01:37:17                 |
| 132 | MYNC Angelika           | 552   | HTF LUDWIK SIKORSKI                | K30       | 00:44:06            | 01:37:22                 |
| 133 | ZIELONKA Agnieszka      | 534   |                                    | K40       | 00:40:33            | 01:37:22                 |
| 134 | SIEJAK Wojciech         | 370   |                                    | M30       | 00:43:39            | 01:37:33                 |
| 135 | NOWAK Marta             | 477   |                                    | K40       | 00:43:32            | 01:38:02                 |
| 136 | DRZEWIŃSKI Grzegorz     | 412   |                                    | M30       | 00:40:53            | 01:38:02                 |
| 137 | MADEJ Anna              | 531   | VEGE RUNNERS                       | K40       | 00:40:56            | 01:38:04                 |
| 138 | DOMAGAŁA Andrzej        | 576   |                                    | M50       | 00:41:12            | 01:38:08                 |
| 139 | GRYGLAK Patryk          | 353   |                                    | M30       | 00:40:31            | 01:38:47                 |
| 140 | SAJ Marek               | 380   | DOMINTEAM                          | M40       | 00:43:38            | 01:39:36                 |
| 141 | SZKUDŁO Oskar           | 511   | BEZ BALASTU ACTIVE TEAM            | M40       | 00:41:07            | 01:39:50                 |
| 142 | KRUSZEWSKA Asia         | 369   | ADIDAS RUNNERS POZNAŃ              | K30       | 00:44:15            | 01:39:52                 |
| 143 | CHLUDZIŃSKI Patryk      | 529   | ARVATO S.C. REP                    | M40       | 00:41:45            | 01:40:05                 |
| 144 | PŁUSA Aneta             | 325   | BBC KROSNO ODRZAŃSKIE              | K40       | 00:42:24            | 01:40:23                 |
| 145 | JODLOWSKA Ewa           | 323   |                                    | K40       | 00:42:25            | 01:40:24                 |
| 146 | SKORUPSKI Szymon        | 560   | KURACJUSZE                         | M30       | 00:44:55            | 01:40:52                 |
| 147 | KUKOBNIKAVA Vitaliya    | 491   |                                    | K30       | 00:45:01            | 01:41:05                 |
| 148 | ŚMICHURSKA Malwina      | 401   | WLKP MOUNTAINS ULTRA               | K30       | 00:44:31            | 01:41:16                 |
| 149 | HUDZIAK Paweł           | 454   | LUBIAŃSKI&RUN                      | M40       | 00:44:00            | 01:41:20                 |
| 150 | WOJCIECHOWICZ Magdalena | 315   |                                    | K30       | 00:44:01            | 01:41:23                 |
| 151 | KROSZCZYŃSKA Jowita     | 390   |                                    | K20       | 00:43:52            | 01:41:42                 |
| 152 | STANIEWSKI Michał       | 440   |                                    | M30       | 00:40:30            | 01:42:12                 |
| 153 | WEWIÓR Krzysztof        | 567   |                                    | M50       | 00:42:24            | 01:42:25                 |
| 154 | KALINOWSKI Jakub        | 336   | NOGA DO GÓRY                       | M20       | 00:43:50            | 01:42:29                 |
| 155 | ZIÓŁEK Karolina         | 399   |                                    | K30       | 00:44:17            | 01:42:38                 |
| 156 | ZIÓŁEK Rafał            | 400   |                                    | M30       | 00:44:18            | 01:42:38                 |
| 157 | CZERNIEWICZ Anna        | 426   |                                    | K40       | 00:43:50            | 01:42:44                 |
| 158 | SZEWCZENKO Agnieszka    | 498   |                                    | K40       | 00:44:05            | 01:42:46                 |
| 159 | DROŃ Jakub              | 493   |                                    | M30       | 00:42:08            | 01:42:46                 |
| 160 | CHUDA Joanna            | 409   | MOUNTAIN RUNNING GUIDES            | K30       | 00:44:26            | 01:42:54                 |
| 161 | GNIZA Karolina          | 381   |                                    | K20       | 00:44:09            | 01:43:10                 |
| 162 | BŁASZKIEWICZ Marcin     | 387   | DALEKO DO METY                     | M30       | 00:44:29            | 01:43:14                 |
| 163 | STASZYŃSKA Karolina     | 461   |                                    | K40       | 00:44:20            | 01:43:41                 |
| 164 | GUZERA Magdalena        | 429   | ŚWIERADÓW-ZDRÓJ GÓRSKIE UZDROWISKO | K40       | 00:44:05            | 01:43:50                 |
| 165 | MILEWICZ Marcin         | 309   |                                    | M30       | 00:44:01            | 01:43:56                 |

| Msc | Zawodnik            | Numer | Klub                            | Kategoria | Szwajcarka<br>4.5km | Nad Mniszkowem<br>11.5km |
|-----|---------------------|-------|---------------------------------|-----------|---------------------|--------------------------|
| 166 | SIEMBIDA Witek      | 378   |                                 | M30       | 00:43:04            | 01:44:26                 |
| 167 | SZPACZEK Bogna      | 469   |                                 | K30       | 00:44:27            | 01:44:30                 |
| 168 | GAJEK Łukasz        | 570   | TENESO TEAM / LENIWCE BODYWORK  | M40       | 00:45:18            | 01:44:38                 |
| 169 | PLIS Jordan         | 514   |                                 | M30       | 00:44:14            | 01:44:47                 |
| 170 | NICIEJA Anna        | 474   |                                 | K40       | 00:44:24            | 01:44:47                 |
| 171 | KŁOPOTEK Nina       | 347   | EXTREME FAMILY                  | K20       | 00:46:04            | 01:45:06                 |
| 172 | GRUDNIEWSKI Jakub   | 561   | KURACJUSZE                      | M40       | 00:46:17            | 01:45:07                 |
| 173 | OLEJNIK Tomasz      | 334   |                                 | M50       | 00:46:29            | 01:45:11                 |
| 174 | WOLIŃSKI Błażej     | 549   | TATEL TEAM                      | M30       | 00:44:23            | 01:45:12                 |
| 175 | FURGAŁ Dawid        | 483   |                                 | M30       | 00:44:21            | 01:45:13                 |
| 176 | KUCHMECKI Maciej    | 376   |                                 | M40       | 00:46:05            | 01:46:08                 |
| 177 | KOPER Sebastian     | 565   | CARREFOUR RUNNING TEAM          | M40       | 00:45:52            | 01:46:14                 |
| 178 | KÓZKA Przem         | 539   | MJP TEAM                        | M50       | 00:44:15            | 01:46:46                 |
| 179 | POTERSKI Jakub      | 543   | MJPDRUK.PL / #BEZSENSU          | M40       | 00:45:31            | 01:47:01                 |
| 180 | SYNOWIEC-JUDA Agata | 590   |                                 | K40       | 00:46:58            | 01:48:37                 |
| 181 | MISIAK Paulina      | 430   | NETBOX BIEGA                    | K30       | 00:48:35            | 01:48:50                 |
| 182 | KOWALCZYK Paulina   | 377   | ZMĘCZENI NA STARCIE DOBIEGNIEW  | K40       | 00:50:16            | 01:49:14                 |
| 183 | PRZYSTUPA Michał    | 411   | BROWAR GWAREK                   | M30       | 00:48:56            | 01:49:15                 |
| 184 | GÓRNA Amelia        | 569   | KLUB BIEGACZA BOLESŁAWIEC       | K50       | 00:46:44            | 01:49:28                 |
| 185 | PTAK Ewa            | 465   |                                 | K40       | 00:46:49            | 01:49:28                 |
| 186 | SZUKAŁA Izabela     | 341   |                                 | K30       | 00:49:46            | 01:50:11                 |
| 187 | BONIARCZYK Łukasz   | 442   |                                 | M30       | 00:47:13            | 01:50:12                 |
| 188 | TWAROGOWSKI Marcin  | 481   |                                 | M40       | 00:47:25            | 01:50:16                 |
| 189 | GRZESIAK Maciej     | 505   |                                 | M50       | 00:46:58            | 01:50:32                 |
| 190 | KRÚPA Grzegorz      | 571   | KB SOBÓTKA                      | M50       | 00:44:59            | 01:51:00                 |
| 191 | GOŁUCH Arkadiusz    | 398   | WYBIEGANI ŁAGIEWNIKI            | M50       | 00:45:09            | 01:51:01                 |
| 192 | GOSTYŃSKA Beata     | 355   | BIEGAJĄCE KREJZOLE              | K40       | 00:46:51            | 01:51:10                 |
| 193 | HNATYSZAK Piotr     | 438   | KUCE                            | M30       | 00:49:42            | 01:51:42                 |
| 194 | STACHOWIAK Danuta   | 536   | ROKIETNICA BIEGA/OWOCBIEGA TEAM | K50       | 00:48:58            | 01:52:03                 |
| 195 | STACHOWIAK Marek    | 535   | ROKIETNICA BIEGA/OWOCBIEGA TEAM | M40       | 00:49:01            | 01:52:04                 |
| 196 | PANKOWIAK Sergiusz  | 486   |                                 | M30       | 00:48:14            | 01:52:09                 |
| 197 | LIBEREK Renata      | 356   |                                 | K50       | 00:45:50            | 01:52:16                 |
| 198 | KWIASOWSKA Martyna  | 468   |                                 | K30       | 00:48:27            | 01:53:17                 |
| 199 | ZAPIÓR Marek        | 556   | ZET RUNNERS                     | M60       | 00:48:37            | 01:53:21                 |
| 200 | KUBICKA Martyna     | 463   |                                 | K30       | 00:51:11            | 01:53:21                 |
| 201 | TOBOR Michał        | 350   |                                 | M40       | 00:46:16            | 01:54:35                 |
| 202 | NATKANIEC Grazyna   | 365   |                                 | K50       | 00:47:58            | 01:54:53                 |
| 203 | KOŃ Aleksandra      | 364   |                                 | K40       | 00:48:39            | 01:54:54                 |
| 204 | MROTEK Jolanta      | 470   |                                 | K30       | 00:47:32            | 01:55:28                 |
| 205 | GORZAN Mikołaj      | 434   |                                 | M40       | 00:48:28            | 01:56:01                 |
| 206 | ŻMIDZIŃSKA Anna     | 555   | RATEL TEAM                      | K40       | 00:52:51            | 01:56:01                 |
| 207 | ADAMCEWICZ Dawid    | 466   |                                 | M40       | 00:48:30            | 01:56:01                 |
| 208 | FALEŃSKI Przemysław | 435   |                                 | M50       | 00:48:30            | 01:56:02                 |
| 209 | POZNIAK Robert      | 421   | O JEZIORA DO JEZIORA            | M50       | 00:46:45            | 01:56:10                 |
| 210 | MAJDYŚ Wojciech     | 475   |                                 | M50       | 00:49:14            | 01:56:13                 |

| Msc | Zawodnik                             | Numer      | Klub                                   | Kategoria | Szwajcarka<br>4.5km | Nad Mniszkowem<br>11.5km |
|-----|--------------------------------------|------------|----------------------------------------|-----------|---------------------|--------------------------|
| 211 | <b>SZAL Małgorzata</b>               | <b>506</b> | TENIS CENTRUM AS                       | K30       | 00:49:45            | 01:56:51                 |
| 212 | <b>KAŻMIERCZAK-MOLIK Anna</b>        | <b>520</b> |                                        | K30       | 00:49:24            | 01:57:35                 |
| 213 | <b>OKONIEWSKA Agnieszka</b>          | <b>537</b> |                                        | K40       | 00:50:30            | 01:58:20                 |
| 214 | <b>STRUGAŁA Krzysztof Struś</b>      | <b>526</b> | BIEGAM WOLNO, ALE DOKŁADNIE / VR       | M50       | 00:53:58            | 02:00:01                 |
| 215 | <b>KORMAN Mariola</b>                | <b>422</b> |                                        | K40       | 00:53:53            | 02:00:07                 |
| 216 | <b>FIERKOWICZ Teresa</b>             | <b>392</b> | ŚWIERADÓW-ZDRÓJ GÓRSKIE UZDROWISKO     | K60       | 00:53:23            | 02:00:14                 |
| 217 | <b>MAZIJ Aleksander</b>              | <b>453</b> | SPARTA ŚWIDNICA                        | M40       | 00:50:56            | 02:00:40                 |
| 218 | <b>BARTECKI Tomasz</b>               | <b>541</b> |                                        | M40       | 00:53:53            | 02:00:45                 |
| 219 | <b>NIEWIADOMSKI Marek</b>            | <b>532</b> | SOBASTEAM                              | M40       | 00:53:52            | 02:01:19                 |
| 220 | <b>PAKIET Waldemar</b>               | <b>404</b> | ŚWIERADÓW-ZDRÓJ GÓRSKIE UZDROWISKO     | M60       | 00:51:52            | 02:01:57                 |
| 221 | <b>PIETRZAK Agnieszka</b>            | <b>522</b> | BANICI ULTRA                           | K50       | 00:52:08            | 02:02:02                 |
| 222 | <b>WOJCIEROWSKA Weronika</b>         | <b>447</b> |                                        | K40       | 00:53:11            | 02:02:52                 |
| 223 | <b>KOWACZ Agata</b>                  | <b>551</b> | SPEEDBAR                               | K40       | 00:49:20            | 02:03:34                 |
| 224 | <b>HETMAŃCZYK Katarzyna</b>          | <b>375</b> |                                        | K40       | 00:55:21            | 02:03:35                 |
| 225 | <b>FRYSIAK Agata</b>                 | <b>349</b> |                                        | K30       | 00:53:33            | 02:03:37                 |
| 226 | <b>BEDNARZ Piotr</b>                 | <b>311</b> |                                        | M30       | 00:54:29            | 02:03:39                 |
| 227 | <b>ROKITA-MATYKA Martyna</b>         | <b>460</b> |                                        | K30       | 00:53:05            | 02:04:24                 |
|     | <b>CZECH Dorota</b>                  | <b>458</b> | ASICS FRONTRUNNER POLAND               | K40       | 00:53:17 DNF        | 02:04:36 DNF             |
| 229 | <b>WALIGÓRA-MILEWICZ Aneta</b>       | <b>310</b> |                                        | K30       | 00:57:06            | 02:04:54                 |
| 230 | <b>MURAWSKA Joanna</b>               | <b>313</b> | ZGZB                                   | K30       | 00:55:09            | 02:05:22                 |
| 231 | <b>GORGON Agata</b>                  | <b>320</b> | POBIEDZISKA RUNNING TEAM               | K40       | 00:52:13            | 02:05:23                 |
| 232 | <b>LIS Anna</b>                      | <b>339</b> | BBL LASY BOGDANIEC                     | K40       | 00:55:28            | 02:05:39                 |
| 233 | <b>GRONOWSKA-KAROLCZAK Agnieszka</b> | <b>360</b> | MARATOŃCZYK POZNAŃ/ BIEGAJĄCE KREJZOLE | K30       | 00:53:43            | 02:09:47                 |
| 234 | <b>KOZŁOWSKA Magdalena</b>           | <b>394</b> | RUNNERS KONIN                          | K40       | 00:56:22            | 02:10:47                 |
| 235 | <b>KOZANECKI Adam</b>                | <b>330</b> | OSZOŁOMTEAM                            | M50       | 00:55:46            | 02:11:07                 |
| 236 | <b>SREBRO Kacper</b>                 | <b>386</b> | DZIKI Z CYTADELI                       | M20       | 00:56:20            | 02:11:45                 |
| 237 | <b>BIRECKA Kamilla</b>               | <b>331</b> | ŻÓŁTA STRZAŁA                          | K50       | 00:57:22            | 02:11:52                 |
| 238 | <b>HIBNER Zbigniew</b>               | <b>479</b> |                                        | M50       | 00:55:58            | 02:12:12                 |
| 239 | <b>HIBNER Waldemar</b>               | <b>480</b> |                                        | M40       | 00:56:07            | 02:12:14                 |
| 240 | <b>ROSIŃSKA Agnieszka</b>            | <b>337</b> | ŚWIERCZEWO RUN                         | K40       | 00:56:09            | 02:13:04                 |
| 241 | <b>CHĘĆ Michalina</b>                | <b>550</b> | RATEL TEAM                             | K30       | 00:59:50            | 02:15:35                 |
| 242 | <b>STĘPIEŃ Maria</b>                 | <b>307</b> | OPALENICKI KLUB BIEGACZA               | K60       | 00:58:17            | 02:15:36                 |
| 243 | <b>BIGORA Piotr</b>                  | <b>326</b> | ZWARIOWANY WARIAT                      | M50       | 00:57:02            | 02:16:12                 |
| 244 | <b>KUBAJEWSKA Emilia</b>             | <b>342</b> |                                        | K30       | 00:58:32            | 02:16:27                 |
| 245 | <b>PAWŁOWSKA Kinga</b>               | <b>389</b> | IZABELIN NA START                      | K50       | 00:59:58            | 02:16:42                 |
| 246 | <b>OBRYCKA Agnieszka</b>             | <b>382</b> |                                        | K40       | 00:59:32            | 02:23:36                 |
| 247 | <b>MORAŃSKA Małgorzata</b>           | <b>374</b> |                                        | K30       | 00:59:33            | 02:23:38                 |
| 248 | <b>RADECKI Wojciech</b>              | <b>321</b> | DZIKI Z CYTADELI                       | M40       | 01:01:08            | 02:24:51                 |
| 249 | <b>MILLER Paweł</b>                  | <b>308</b> | BBL LASY BOGDANIEC                     | M30       | 01:00:41            | 02:25:02                 |
| 250 | <b>CHAJEC Patrycja</b>               | <b>517</b> | DIRTY SPARROWS                         | K40       | 01:02:13            | 02:25:15                 |
| 251 | <b>WOJTULEWSKI Darek</b>             | <b>527</b> |                                        | M50       |                     |                          |
|     | <b>UMIASTOWSKI Mateusz</b>           | <b>471</b> |                                        | M30       | DNF                 | DNF                      |
|     | <b>KOBYŁKA Małgorzata</b>            | <b>366</b> | SUPERMARATON KALISZ                    | K50       | 01:09:09 DNF        | DNF                      |