

# DWUDZIESTKA

B4SPORT



**Wydarzenie:** RUDAWY ZIMOWY FESTIWAL BIEGOWY  
**Organizator:** Fundacja Szczyt za Szczytem  
**Data:** 2024-02-10  
**Miejsce:** Karpniki  
**Dystans:** 21 km

**B4SPORT**  
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szwajcarka 4.5km	Czas netto 21km	Czas brutto 21km	Różn	Tempo min/km	Tempo km/h
1	<b>PERON Anita</b>	<b>302</b>		K30	1	00:33:30	<b>02:20:42.45</b>	<b>02:20:50.85</b>		6:42	9 (100%)
2	<b>RADKOWSKA Małgorzata</b>	<b>392</b>	TEAM PARSZCZYŃSKICH/ SŁODKIE PĄCZKI	K30	2	00:36:23	<b>02:28:59.20</b>	<b>02:29:05.30</b>	+00:08:14 (5.5%)	7:05	8.5 (94.4%)
3	<b>KRAKOWSKA Anna</b>	<b>306</b>		K30	3	00:36:41	<b>02:30:56.95</b>	<b>02:31:01.20</b>	+00:10:10 (6.7%)	7:11	8.3 (92.2%)
4	<b>ŚLIŹ Sylwia</b>	<b>416</b>		K30	4	00:39:26	<b>02:33:10.45</b>	<b>02:33:13.55</b>	+00:12:22 (8.1%)	7:17	8.2 (91.1%)
5	<b>BURSZTA-RYPEL Matylda</b>	<b>465</b>	WOSIEK TEAM	K30	5	00:38:53	<b>02:36:52.50</b>	<b>02:36:57.35</b>	+00:16:06 (10.3%)	7:28	8 (88.9%)
6	<b>SZUKAŁA Izabela</b>	<b>438</b>		K30	6	00:41:16	<b>02:50:29.00</b>	<b>02:50:42.00</b>	+00:29:51 (17.5%)	8:07	7.4 (82.2%)
7	<b>MATYJASZCZUK Ela</b>	<b>324</b>		K30	7	00:43:13	<b>03:00:29.90</b>	<b>03:00:39.35</b>	+00:39:48 (22.0%)	8:35	7 (77.8%)
8	<b>KRUSZEWSKA Asia</b>	<b>316</b>	ADIDAS RUNNERS POZNAŃ	K30	8	00:46:31	<b>03:03:26.70</b>	<b>03:03:34.15</b>	+00:42:43 (23.3%)	8:44	6.9 (76.7%)
9	<b>MILLER Agnieszka</b>	<b>344</b>	BIEGAM BO LUBIĘ LASY BOGDANIEC	K30	9	00:47:35	<b>03:11:42.95</b>	<b>03:12:14.90</b>	+00:51:24 (26.7%)	9:07	6.6 (73.3%)
10	<b>TROFIKOVA Victoria</b>	<b>495</b>	RUNNING RED SQUIRREL	K30	10	00:48:24	<b>03:17:03.50</b>	<b>03:17:17.25</b>	+00:56:26 (28.6%)	9:23	6.4 (71.1%)
11	<b>CHUDA Joanna</b>	<b>426</b>		K30	11	00:52:28	<b>03:18:18.10</b>	<b>03:18:23.25</b>	+00:57:32 (29.0%)	9:26	6.4 (71.1%)
12	<b>BENTKOWSKA Magdalena</b>	<b>491</b>	DIRTY SPARROWS	K30	12	00:46:06	<b>03:18:58.15</b>	<b>03:19:10.40</b>	+00:58:19 (29.3%)	9:28	6.3 (70.0%)
13	<b>NOWICKA Anna</b>	<b>354</b>		K30	13	00:51:34	<b>03:23:58.05</b>	<b>03:24:27.65</b>	+01:03:36 (31.1%)	9:42	6.2 (68.9%)
14	<b>KWIASOWSKA Martyna</b>	<b>425</b>		K30	14		<b>03:29:58.55</b>	<b>03:30:12.30</b>	+01:09:21 (33.0%)	9:59	6 (66.7%)
15	<b>KALIŃSKA Dorota</b>	<b>345</b>		K30	15		<b>03:41:08.55</b>	<b>03:41:27.60</b>	+01:20:36 (36.4%)	10:31	5.7 (63.3%)
16	<b>WOŁOWICZ Martyna</b>	<b>308</b>		K30	16		<b>03:44:28.85</b>	<b>03:44:54.65</b>	+01:24:03 (37.4%)	10:41	5.6 (62.2%)
17	<b>MORAŃSKA Małgorzata</b>	<b>394</b>		K30	17	00:53:32	<b>03:51:01.45</b>	<b>03:51:24.05</b>	+01:30:33 (39.1%)	11:00	5.5 (61.1%)
18	<b>ZIAJA Aleksandra</b>	<b>358</b>		K30	18	01:00:51	<b>03:55:12.10</b>	<b>03:55:34.85</b>	+01:34:44 (40.2%)	11:12	5.4 (60.0%)
19	<b>PAŁCZYŃSKA Marta</b>	<b>466</b>		K30	19	01:02:19	<b>04:16:36.60</b>	<b>04:16:54.30</b>	+01:56:03 (45.2%)	12:13	4.9 (54.4%)

Znaleziono 19 wynik(ów)