

DWUDZIESTKA

B4SPORT



Event: RUDAWY ZIMOWY FESTIWAL BIEGOWY
Organiser: Fundacja Szczyt za Szczytem
Date: 2024-02-10
Place: Karpniki
Distance: 21 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Classification: K50

| Place | Participant | Number | Club | Category | MCat | Szwajcarka 4.5km | Net time 21km | Czas brutto 21km | Gap | Pace min/km | Pace km/h |
|-------|-------------------------------|------------|---------------------------|----------|------|---------------------|---------------------|------------------------|-------------------|----------------|--------------|
| 1 | KWIATKOWSKA Stanisława | 535 | | K50 | 1 | 00:42:06 | 02:46:06.85 | 02:46:20.40 | | 7:54 | 7.6 (100%) |
| 2 | BARTOSZAK Dorota | 402 | SZYNSZYLA GNIEZNO | K50 | 2 | 00:44:04 | 02:56:20.95 | 02:56:40.15 | +00:10:19 (5.8%) | 8:23 | 7.1 (93.4%) |
| 3 | HEJNA Małgorzata | 383 | | K50 | 3 | 00:43:17 | 02:58:14.70 | 02:58:28.80 | +00:12:08 (6.8%) | 8:29 | 7.1 (93.4%) |
| 4 | LACH Agnieszka | 485 | MOCNA GRUPA CEZARA | K50 | 4 | 00:48:02 | 03:12:05.25 | 03:12:10.80 | +00:25:50 (13.4%) | 9:08 | 6.6 (86.8%) |
| 5 | GÓRNA Amelia | 521 | KLUB BIEGACZA BOLESŁAWIEC | K50 | 5 | 00:43:11 | 03:17:31.20 | 03:17:41.85 | +00:31:21 (15.9%) | 9:24 | 6.4 (84.2%) |
| 6 | GRABOWIECKA Aldona | 307 | | K50 | 6 | 01:14:48 | 04:54:23.25 | 04:54:50.75 | +02:08:30 (43.6%) | 14:01 | 4.3 (56.6%) |

Total 6 results.