



Event: RUDAWY ZIMOWY FESTIWAL BIEGOWY
Organiser: Fundacja Szczyt za Szczytem
Date: 2023-02-18
Place: Karpniki
Distance: 21 km

DWUDZIESTKA

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

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Classification: M40

Split point: 4,5 km

Place	Participant	Number	Club	Category	Husyckie Skały 3.5km	4.4km	Szwajcarka 4.5km
1	KRASULAK Daniel	563	WKS ŚLĄSK WROCŁAW	M40	00:17:51	00:27:40	00:28:02
2	SZCZEPANIAK Witold	447		M40	00:19:18	00:29:11	00:29:32
3	RABENDA Marcin	601	OŁAWA ZŁOTORYJA	M40	00:19:22	00:29:34	00:29:54
4	NOWORYTA Radosław	489	ULTRA DIABŁY TEAM LUBRZA	M40	00:20:15	00:30:45	00:31:04
5	GRACZ Paweł	305	ULTRA DIABŁY TEAM LUBRZA	M40	00:20:31	00:31:12	00:31:33
6	PIETRUCHA Maciej	576		M40	00:20:41	00:32:35	00:32:58
7	SZCZOTKA Łukasz	557		M40	00:20:43	00:32:02	00:32:59
8	KUBICKI Mariusz	479	DOBRA FORMA	M40	00:21:08	00:32:40	00:33:01
9	OBUCHOWICZ Artur	406		M40	00:21:41	00:32:47	00:33:07
10	ŁUKAWSKI Tomasz	578	OPTYKOKULAR-ALCHIMOWICZBIKE	M40	00:21:40	00:32:59	00:33:23
11	LANDVOGT Christoph	366	LC 80 BAD KREUZNACH	M40	00:21:55	00:33:09	00:33:30
12	BOWSZYS Arkadiusz	559	KAMAR	M40	00:22:02	00:33:56	00:34:24
13	DUBAS Marek	468	WWW.SPRAWDZAMY-NIERUCHOMOSCI.PL	M40	00:22:38	00:34:22	00:34:43
14	MAJER Piotr	448	MITUTOYO AZS WRATISLAVIA WROCŁAW	M40	00:22:08	00:34:26	00:34:48
15	WOJCIECHOWSKI Dariusz	539	KRAKOWIAK ULTRA TEAM / GÓRAL Z MAZUR RUNNING TEAM	M40	00:22:50	00:34:58	00:35:21
16	JĘDRASIAK Adrian	590	ALL OR NOTHING ZIELONA GÓRA	M40	00:22:32	00:34:56	00:35:21
17	CHWALIŃSKI Michał	380		M40	00:23:14	00:35:21	00:35:44
18	RATYMIŃSKI Wojtek	449		M40	00:23:16	00:35:22	00:35:45
19	NASKRĘT Piotr	325	KOWARY BIEGAJĄ	M40	00:23:13	00:35:28	00:35:50
20	KATARZYŃSKI Marek	537		M40	00:23:23	00:35:29	00:35:55
21	NIŻEWSKI Paweł	440	KRAKOWIAK ULTRA TEAM	M40	00:23:31	00:35:30	00:35:56
22	PIWOWOŃSKI Paweł	567		M40	00:23:28	00:35:34	00:35:56
23	BIL Grzegorz	463	TATRALAND	M40	00:23:27	00:35:35	00:36:00
24	STROJEK Grzegorz	508		M40	00:23:13	00:35:42	00:36:06
25	NOWICKI Marcin	581		M40	00:23:26	00:35:51	00:36:17
26	PURCZYŃSKI Grzegorz	465		M40	00:22:48	00:35:48	00:36:24
27	MORAWSKI Filip	311	KRAKOWIAKULTRATEAM	M40	00:23:32	00:36:01	00:36:25
28	NOWIK Kamil	321	SECO RUN	M40	00:23:34	00:36:30	00:36:55
29	GALEK Zbigniew	304	ADIENŃ RUNNING TEAM	M40	00:24:24	00:36:53	00:37:15
30	RĘKOSIEWICZ Jakub	415		M40	00:24:15	00:37:07	00:37:33

Place	Participant	Number	Club	Category	Husyckie Skały		Szwajcarka
					3.5km	4.4km	4.5km
31	JODŁOWSKI Marek	445	BIEGAMY BO CHCEMY	M40	00:24:30	00:37:06	00:37:38
32	SZKÓDLIŃSKI Bartosz	318	NARAMOWICE BIEGAJĄ	M40		00:37:16	00:37:41
33	MACYSZYN Łukasz	363		M40	00:25:02	00:38:28	00:38:58
34	ŚWIERK Przemysław	312	ULTRA DIABŁY TEAM	M40	00:25:03	00:38:39	00:39:05
35	KOPCZYŃSKI Łukasz	322	K-TEAM	M40	00:25:47	00:38:42	00:39:05
36	WYPYCH Bartosz	398		M40	00:25:54	00:38:48	00:39:12
37	WOJCIECHOWSKI Marek	473		M40	00:25:38	00:39:30	00:39:56
38	PAWŁUSIÓW Andrzej	416		M40	00:26:12	00:39:32	00:40:05
39	CHUDY Ariel	361	RUN TEAM RYDZYNA	M40	00:26:16	00:40:19	00:40:46
40	TYRALSKI Dominik	500	POLSAT BIEGA	M40	00:26:53	00:40:46	00:41:10
41	MICHALAK Wojciech	491		M40	00:27:32	00:41:14	00:41:39
42	STASIAK Łukasz	547		M40	00:26:28	00:40:56	00:41:45
43	KAŃDUŁA Grzegorz	317		M40	00:26:32	00:41:19	00:41:48
44	ZIOMBKA Kuba	405	WAWRZYNTTEAM	M40	00:27:04	00:41:20	00:41:48
45	LEŚNIAK Grzegorz	464		M40	00:26:11	00:40:26	00:41:55
46	ŁACNY Łukasz	612	FORZA CHYNÓW	M40	00:27:21	00:41:23	00:42:15
47	GARBACZ Jan	510		M40	00:27:27	00:42:16	00:43:04
48	LISIAKIEWICZ Bartosz	616		M40	00:27:52	00:41:55	00:43:06
49	KUTA Łukasz	515	ADDICTED TO MOUNTAINS OLSZYNA	M40	00:27:58	00:42:39	00:43:06
50	CUKROWSKI Andrzej	349	OLAWS ZŁOTORYJA	M40	00:27:15	00:42:40	00:43:07
51	KRYŃSKI Grzegorz	506		M40	00:27:38	00:42:42	00:43:11
52	KRAWCZYK Mateusz	618		M40	00:27:12	00:42:44	00:43:23
53	UPTAS Tomasz	327	CROSS STRACEŃCÓW TEAM	M40	00:28:15	00:43:34	00:43:57
54	NOWAKOWSKI Rafał	546	#BIEGIEMWLAS	M40	00:28:32	00:43:05	00:44:01
55	ŚLIWKA Radosław	402		M40	00:28:28	00:43:34	00:44:02
56	PASTERNAK Marcin	589		M40	00:29:45	00:45:40	00:46:07
57	PISKORSKI Łukasz	458		M40	00:29:20	00:44:49	00:46:25
58	MIŚTA Grzegorz	481	DTR BIEGA / MARIO TEAM	M40	00:29:31	00:45:53	00:46:26
59	LIS Wojciech	356	WIERZBICKI RUNNING PROJECT	M40	00:29:30	00:45:09	00:46:35
60	BORKOWSKI Krzysztof	329		M40	00:29:53	00:46:29	00:46:59
61	SERAFIN Michał	497	HWBC	M40	00:30:19	00:46:34	00:47:23
62	SAMPIR Mariusz	381	WWW.ARNEON.COM	M40	00:28:58	00:44:14	00:47:50
63	GRZELAK Łukasz	383	WWW.GRZELAK-KANCELARIA.PL	M40	00:29:13	00:45:12	00:47:54
64	MARCINKIEWICZ Marek	520		M40	00:31:10	00:47:56	00:48:23
65	KOSTYK Grzegorz	410		M40	00:30:39	00:47:47	00:48:35
66	ZASOWSKI Rafał	409		M40	00:28:54	00:46:38	00:48:42
67	ŁUPKOWSKI Paweł	543	VEGE RUNNERS	M40	00:31:21	00:48:15	00:49:22
68	LEŚNIAK Grzegorz	585	LUŻNE PIĄTKI	M40	00:30:33	00:48:05	00:49:27
69	LIPIŃSKI Jacek	324		M40	00:32:06	00:48:52	00:50:02
70	KOJDER Grezgorz	574		M40	00:32:26	00:50:32	00:53:13
71	AWIŻEŃ Łukasz	577		M40	00:33:22	00:51:42	00:54:27
72	KUCHARSKI Adam	494		M40	00:33:14	00:51:35	00:54:53
73	CHAJDYS Maciej	593	SKOSZEWY RUNNERS	M40	00:34:28	00:54:24	00:55:26
74	DRELINKIEWICZ Michał	522	MISIE BIEGAJĄ	M40	00:38:41	00:58:15	00:59:08
75	PĘKAŁA Dawid	457	DZIKI Z AFRYKI	M40	00:37:13	00:57:05	01:01:18

Place	Participant	Number	Club	Category	Husyckie Skały 3.5km	4.4km	Szwajcarka 4.5km
76	WIŚNIEWSKI Adam	596	GR3MIASTO	M40	00:42:02	01:03:42	01:08:16
77	NOWAK Maciej	582	SPEED FEET 16	M40	00:47:46	01:15:19	01:18:03
78	MATKOWSKI Wiktor	418	RENA WYKROTY	M40			

Total 78 results.