

DYCHA NA JELENI SKOK 2018

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

IV FESTIWAL BIEGU RZEŹNIKA
Fundacja Bieg Rzeźnika
2018-06-03
Cisna
11 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 11km	Czas brutto 11km	Różn	Tempo min/km	Tempo km/h
1	LISTOPAD Dariusz	4243		M40	1	00:49:55.65	00:49:57.00		4:32	13.2 (100%)
2	GIŻYŃSKI Damian	4292		M30	1	00:51:09.05	00:51:10.80	+00:01:13 (2.4%)	4:39	12.9 (97.7%)
3	DYŚ Paweł	4149	STAY INSANE	M30	2	00:53:05.50	00:53:05.50	+00:03:08 (5.9%)	4:49	12.4 (93.9%)
4	SKÓRA Tomasz	4208	SKÓRZEC BIEGA	M40	2	00:54:38.45	00:54:41.00	+00:04:44 (8.7%)	4:58	12.1 (91.7%)
5	WALASEK Grzegorz	4255		M40	3	00:54:42.90	00:54:45.70	+00:04:48 (8.8%)	4:58	12.1 (91.7%)
6	STRZESZYŃSKI Wojciech	4228	PAMIR TEAM	M30	3	00:55:16.25	00:55:20.60	+00:05:23 (9.7%)	5:01	11.9 (90.2%)
7	PUDŁO Mateusz	4276		M20	1	00:55:58.25	00:56:01.50	+00:06:04 (10.8%)	5:05	11.8 (89.4%)
8	KAPAON Andrzej	4262		M20	2	00:56:15.90	00:56:18.85	+00:06:21 (11.3%)	5:06	11.7 (88.6%)
9	BALWIERCZAK Piotr	4306		M20	3	00:56:15.75	00:56:26.35	+00:06:29 (11.5%)	5:06	11.7 (88.6%)
10	ŁUKASIK Paweł	4062	RAPY MASTERS	M20	4	00:56:36.20	00:56:46.35	+00:06:49 (12.0%)	5:08	11.7 (88.6%)
11	JENDRYCH Remigiusz	4147		M20	5	00:56:35.20	00:56:51.25	+00:06:54 (12.1%)	5:08	11.7 (88.6%)
12	ĆWIKŁA Krzysztof	4298		M50	1	00:57:02.50	00:57:02.50	+00:07:05 (12.4%)	5:11	11.6 (87.9%)
13	WITKOWSKI Piotr	4193	VEGE RUNNERS	M20	6	00:57:07.05	00:57:08.95	+00:07:11 (12.6%)	5:11	11.6 (87.9%)
14	STĘPNIAK Michał	4078	STAY INSANE	M30	4	00:57:55.50	00:57:59.35	+00:08:02 (13.9%)	5:16	11.4 (86.4%)
15	JAREMA Robert	4187	LOKOMOTIV MAJDAN	M40	4	00:58:03.65	00:58:05.70	+00:08:08 (14.0%)	5:16	11.4 (86.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 11km	Czas brutto 11km	Różn	Tempo min/km	Tempo km/h
16	KOZA Jan	4303	LOCOMOTIV MAJDAN	M20	7	00:58:24.10	00:58:26.00	+00:08:29 (14.5%)	5:18	11.3 (85.6%)
17	NOWAK Artur	4056	A&G CARP TEAM	M40	5	00:58:38.60	00:58:41.30	+00:08:44 (14.9%)	5:19	11.3 (85.6%)
18	SURDACKI Mateusz	4050		M30	5	00:58:58.95	00:59:05.15	+00:09:08 (15.5%)	5:21	11.2 (84.8%)
19	WETHACZ Mariusz	4304		M30	6	00:59:16.05	00:59:19.30	+00:09:22 (15.8%)	5:23	11.1 (84.1%)
20	MAJER Damian	4248		M40	6	01:00:05.50	01:00:08.35	+00:10:11 (16.9%)	5:27	11 (83.3%)
21	ZAWADZKI Marcin	4297		M30	7	01:00:22.25	01:00:27.20	+00:10:30 (17.4%)	5:29	10.9 (82.6%)
22	CEGIEŁKO Maciej	4333		M14	1	01:00:32.30	01:00:33.90	+00:10:36 (17.5%)	5:30	10.9 (82.6%)
23	SZYBIAK Maciej	4049	AGONA W&M	M14	2	01:01:51.40	01:01:56.95	+00:11:59 (19.4%)	5:37	10.7 (81.1%)
24	ANTOSZ Bogdan	4285		M40	7	01:02:33.75	01:02:39.75	+00:12:42 (20.3%)	5:41	10.6 (80.3%)
25	PIĘTA Piotr	4141	OSTROBIEC	M30	8	01:03:03.00	01:03:03.00	+00:13:06 (20.8%)	5:43	10.5 (79.5%)
26	PYKA Dawid	4135	BRAK	M30	9	01:03:48.00	01:04:08.00	+00:14:11 (22.1%)	5:48	10.3 (78.0%)
27	KŁOSIŃSKI Rafał	4238		M40	8	01:04:01.40	01:04:16.25	+00:14:19 (22.3%)	5:49	10.3 (78.0%)
28	SIESS Jarosław	4155		M50	2	01:04:06.70	01:04:19.00	+00:14:22 (22.3%)	5:49	10.3 (78.0%)
29	KOŻUCH Grzegorz	4182		M30	10	01:04:07.20	01:04:22.15	+00:14:25 (22.4%)	5:49	10.3 (78.0%)
30	CYTACKI Dawid	4289		M40	9	01:04:36.65	01:04:41.60	+00:14:44 (22.8%)	5:52	10.2 (77.3%)
31	ZIELONKA Michał	4250		M14	3	01:04:57.05	01:05:01.10	+00:15:04 (23.2%)	5:54	10.2 (77.3%)
32	JAŁOCHA Michał	4133		M40	10	01:05:03.65	01:05:06.60	+00:15:09 (23.3%)	5:54	10.1 (76.5%)
33	JURKOWSKI Szczepan	4044	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	M30	11	01:05:04.25	01:05:09.50	+00:15:12 (23.3%)	5:54	10.1 (76.5%)
34	KUŻMA Krzysztof	4209		M40	11	01:04:56.25	01:05:10.45	+00:15:13 (23.4%)	5:54	10.2 (77.3%)
35	DACYK Sylwester	4183	SAINT-GOBAIN SQUAD	M30	12	01:05:23.55	01:05:38.70	+00:15:41 (23.9%)	5:56	10.1 (76.5%)
36	BORGOSZ Eryk	4231		M14	4	01:06:28.10	01:06:31.30	+00:16:34 (24.9%)	6:02	9.9 (75.0%)
37	MATUSIAK Oskar	4268		M14	5	01:06:47.05	01:06:50.55	+00:16:53 (25.3%)	6:04	9.9 (75.0%)
38	KAPRAL Mateusz	4196	MKS HALICZ	M14	6	01:06:43.00	01:06:51.45	+00:16:54 (25.3%)	6:03	9.9 (75.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 11km	Czas brutto 11km	Różn	Tempo min/km	Tempo km/h
39	WRÓBEL Bartłomiej	4200		M40	12	01:06:52.10	01:06:53.10	+00:16:56 (25.3%)	6:04	9.9 (75.0%)
40	NAWROCKI Marcin	4098	CROSSFIT Z16	M40	13	01:07:57.20	01:08:04.35	+00:18:07 (26.6%)	6:10	9.7 (73.5%)
41	KWIECIŃSKI Feliks	4263		M20	8	01:09:26.80	01:09:29.95	+00:19:32 (28.1%)	6:18	9.5 (72.0%)
42	MARKOWSKI Marcin	4115	BRAVEHEARTS LEGIONOWO	M30	13	01:09:49.55	01:09:51.60	+00:19:54 (28.5%)	6:20	9.5 (72.0%)
43	ZUBA Rafał	4296		M20	9	01:09:52.20	01:09:57.75	+00:20:00 (28.6%)	6:21	9.4 (71.2%)
44	SKÓRA Michał	4081		M40	14	01:09:52.90	01:09:59.50	+00:20:02 (28.6%)	6:21	9.4 (71.2%)
45	ZAWADZKI Grzegorz	4025	KLUB SPORTOWY PRESTIGE	M30	14	01:09:56.55	01:10:01.20	+00:20:04 (28.7%)	6:21	9.4 (71.2%)
46	KAPRAL Adam	4195	MKS HALICZ	M40	15	01:09:54.80	01:10:04.10	+00:20:07 (28.7%)	6:21	9.4 (71.2%)
47	KOŁODZIEJCZYK Tomasz	4154	ADIDAS RUNNERS WARSAW	M40	16	01:10:47.85	01:11:04.60	+00:21:07 (29.7%)	6:26	9.3 (70.5%)
48	KUCHARSKI Piotr	4094	AMATOR - NIEZRZESZONY, CZYLI WSZYSTKO MOGĘ... NIC NIE MUSZĘ...!	M40	17	01:11:24.85	01:11:31.65	+00:21:34 (30.2%)	6:29	9.2 (69.7%)
49	KLOCEK Konrad	4165		M30	15	01:11:50.95	01:11:58.80	+00:22:01 (30.6%)	6:31	9.2 (69.7%)
50	KLESSA Paweł	4087	FITNESS24SEVEN	M20	10	01:12:10.30	01:12:30.35	+00:22:33 (31.1%)	6:33	9.1 (68.9%)
51	SOSZKA Piotr	4294		M20	11	01:12:14.90	01:12:33.05	+00:22:36 (31.2%)	6:34	9.1 (68.9%)
52	PIECH Krzysztof	4244		M40	18	01:12:42.30	01:13:09.00	+00:23:12 (31.7%)	6:36	9.1 (68.9%)
53	KORBUT Radosław	4245		M30	16	01:12:52.55	01:13:10.95	+00:23:13 (31.7%)	6:37	9.1 (68.9%)
54	MICZEK Wiesław	4107	NIEZRZESZONY	M50	3	01:13:03.55	01:13:16.65	+00:23:19 (31.8%)	6:38	9 (68.2%)
55	TOMKIEWICZ Jakub	4124		M20	12	01:13:09.25	01:13:20.40	+00:23:23 (31.9%)	6:39	9 (68.2%)
56	DROZD Krystian	4224		M40	19	01:13:13.60	01:13:27.50	+00:23:30 (32.0%)	6:39	9 (68.2%)
57	BIENIECKI Marek	4242		M20	13	01:13:28.50	01:13:34.40	+00:23:37 (32.1%)	6:40	9 (68.2%)
58	DĘBSKI Michał	4045	NIGHT RUNNERS GLIWICE	M20	14	01:13:33.65	01:13:51.80	+00:23:54 (32.4%)	6:41	9 (68.2%)
59	MOSÓR Mariusz	4159	LISY PUSTYNI	M40	20	01:13:38.15	01:13:52.40	+00:23:55 (32.4%)	6:41	9 (68.2%)
60	OSTRACH Michał	4091		M20	15	01:14:49.90	01:15:07.10	+00:25:10 (33.5%)	6:48	8.8 (66.7%)
61	KOCYŁA Maksymilian	4188		M14	7	01:15:08.45	01:15:17.40	+00:25:20 (33.7%)	6:49	8.8 (66.7%)

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62	ANDRASZ Paweł	4125		M20	16	01:15:07.10	01:15:20.35	+00:25:23 (33.7%)	6:49	8.8 (66.7%)
63	KAŁUŻNY Andrzej	4057		M40	21	01:15:21.45	01:15:24.95	+00:25:27 (33.8%)	6:51	8.8 (66.7%)
64	NORBERT Michał	4040		M30	17	01:15:00.20	01:15:27.80	+00:25:30 (33.8%)	6:49	8.8 (66.7%)
65	ŻARÓW Wojciech	4241		M30	18	01:15:21.95	01:15:39.90	+00:25:42 (34.0%)	6:51	8.8 (66.7%)
66	FALKIEWICZ Łukasz	4223		M30	19	01:16:02.25	01:16:27.00	+00:26:30 (34.7%)	6:54	8.7 (65.9%)
67	LORENC Wiktor	4119		M30	20	01:16:25.20	01:16:38.55	+00:26:41 (34.8%)	6:56	8.6 (65.2%)
68	PYRĆ Krzysztof	4251		M30	21	01:16:41.25	01:16:49.45	+00:26:52 (35.0%)	6:58	8.6 (65.2%)
69	DANAK Przemysław	4237		M40	22	01:17:45.10	01:17:48.55	+00:27:51 (35.8%)	7:04	8.5 (64.4%)
70	MAŁEK Piotr	4269		M40	23	01:17:49.25	01:17:53.50	+00:27:56 (35.9%)	7:04	8.5 (64.4%)
71	WOJCIECHOWSKI Andrzej	4270		M40	24	01:17:50.25	01:17:53.95	+00:27:56 (35.9%)	7:04	8.5 (64.4%)
72	STASIAK Włodzimierz	4083		M30	22	01:17:48.70	01:18:04.75	+00:28:07 (36.0%)	7:04	8.5 (64.4%)
73	SIWIEC Piotr	4019		M30	23	01:18:32.75	01:18:57.00	+00:29:00 (36.7%)	7:08	8.4 (63.6%)
74	RAPACZ Marcin	4101	FUNDACJA TYLKO BIESZCZADY	M50	4	01:18:49.15	01:18:58.60	+00:29:01 (36.8%)	7:09	8.4 (63.6%)
75	OSTROWSKI Paweł	4128		M30	24	01:19:20.65	01:19:32.05	+00:29:35 (37.2%)	7:12	8.3 (62.9%)
76	KUBISIAK Darek	4198		M50	5	01:19:29.70	01:19:41.25	+00:29:44 (37.3%)	7:13	8.3 (62.9%)
77	GOLEC Łukasz	4134	HUSARIA RACE TEAM	M30	25	01:19:46.75	01:19:57.90	+00:30:00 (37.5%)	7:15	8.3 (62.9%)
78	PATEREK Grzegorz	4084		M30	26	01:19:43.45	01:20:04.50	+00:30:07 (37.6%)	7:14	8.3 (62.9%)
79	CHMIELEWSKI Mateusz	4266		M30	27	01:20:19.20	01:20:22.80	+00:30:25 (37.9%)	7:18	8.2 (62.1%)
80	WITKOWSKI Mariusz	4274		M40	25	01:20:08.60	01:20:23.80	+00:30:26 (37.9%)	7:17	8.2 (62.1%)
81	ROSA Bartosz	4308		M30	28	01:21:02.90	01:21:28.95	+00:31:31 (38.7%)	7:22	8.1 (61.4%)
82	PIETRUCZANIS Paweł	4021	KS AKTYWNI WĘGRÓW	M40	26	01:21:20.15	01:21:45.70	+00:31:48 (38.9%)	7:23	8.1 (61.4%)
83	KUBASIEWICZ Artur	4100		M50	6	01:21:58.95	01:22:03.90	+00:32:06 (39.1%)	7:27	8.1 (61.4%)
84	WARZYŃSKI Beniamin	4055		M30	29	01:21:47.45	01:22:05.70	+00:32:08 (39.2%)	7:26	8.1 (61.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 11km	Czas brutto 11km	Różn	Tempo min/km	Tempo km/h
85	POKRYWKA Stefan	4261		M60	1	01:22:09.50	01:22:21.20	+00:32:24 (39.3%)	7:28	8 (60.6%)
86	KAWALEC Kamil	4038	7 PIWEK GÓRNIK LUBLIN	M30	30	01:22:01.35	01:22:23.15	+00:32:26 (39.4%)	7:27	8 (60.6%)
87	STEFANIAK Mirosław	4284		M50	7	01:22:27.30	01:22:33.65	+00:32:36 (39.5%)	7:29	8 (60.6%)
88	MAJKOWSKI Marcin	4142		M40	27	01:23:39.55	01:23:52.00	+00:33:55 (40.4%)	7:36	7.9 (59.8%)
89	MAJKOWSKI Wiktor	4143		M20	17	01:23:39.25	01:23:52.05	+00:33:55 (40.4%)	7:36	7.9 (59.8%)
90	PIECHOWICZ Jacek	4279		M30	31	01:24:30.35	01:25:15.10	+00:35:18 (41.4%)	7:41	7.8 (59.1%)
91	SCHILLER Fryderyk	4036	SCHODY HISZPAŃSKIE	M40	28	01:24:58.90	01:25:16.10	+00:35:19 (41.4%)	7:43	7.8 (59.1%)
92	BUSZKA Mateusz	4181		M20	18	01:25:14.80	01:25:30.55	+00:35:33 (41.6%)	7:45	7.7 (58.3%)
93	BIAŁEK Robert	4272		M40	29	01:25:58.45	01:26:14.50	+00:36:17 (42.1%)	7:48	7.7 (58.3%)
94	PRZYBYLSKI Marcin	4293		M40	30	01:26:04.85	01:26:20.60	+00:36:23 (42.1%)	7:49	7.7 (58.3%)
95	HECIAK Arkadiusz	4073	SAMOTNY WĘDROWIEC	M30	32	01:26:00.95	01:26:23.05	+00:36:26 (42.2%)	7:49	7.7 (58.3%)
96	KĘPKA Robert	4254		M30	33	01:27:23.10	01:27:34.80	+00:37:37 (43.0%)	7:56	7.6 (57.6%)
97	BOCEK Sławomir	4105		M40	31	01:27:11.95	01:27:34.95	+00:37:37 (43.0%)	7:55	7.6 (57.6%)
98	BORCZ Marcin	4109		M20	19	01:27:16.55	01:27:40.00	+00:37:43 (43.0%)	7:56	7.6 (57.6%)
99	STROMECKI Krzysztof	4116		M30	34	01:27:40.35	01:27:45.50	+00:37:48 (43.1%)	7:58	7.5 (56.8%)
100	MASZOTA Bartłomiej	4211		M30	35	01:28:18.50	01:28:36.20	+00:38:39 (43.6%)	8:01	7.5 (56.8%)
101	TKACZYK Wojciech	4216		M40	32	01:29:02.30	01:29:12.15	+00:39:15 (44.0%)	8:05	7.4 (56.1%)
102	ŁOPĄG Jerzy	4220		M40	33	01:29:07.80	01:29:18.15	+00:39:21 (44.1%)	8:06	7.4 (56.1%)
103	FUDALI Jacek	4069		M30	36	01:29:14.80	01:29:25.75	+00:39:28 (44.1%)	8:06	7.4 (56.1%)
104	UJMA Paweł	4034		M30	37	01:29:15.60	01:29:26.05	+00:39:29 (44.1%)	8:06	7.4 (56.1%)
105	KOTARSKI Krzysztof	4060	KOTARY	M40	34	01:29:14.15	01:29:29.00	+00:39:32 (44.2%)	8:06	7.4 (56.1%)
106	KŁOSIEWICZ Wojciech	4089		M40	35	01:29:40.85	01:30:02.70	+00:40:05 (44.5%)	8:09	7.4 (56.1%)
107	JĘCZMIŃSKI Adam	4063		M40	36	01:29:52.20	01:30:04.55	+00:40:07 (44.5%)	8:10	7.3 (55.3%)

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108	MARASEK Adam	4110		M40	37	01:29:51.50	01:30:04.75	+00:40:07 (44.5%)	8:10	7.3 (55.3%)
109	JAROSZ Grzegorz	4102		M40	38	01:30:28.80	01:30:43.05	+00:40:46 (44.9%)	8:13	7.3 (55.3%)
110	FIGURA Radosław	4229		M30	38	01:30:34.55	01:30:50.70	+00:40:53 (45.0%)	8:14	7.3 (55.3%)
111	KACZKIEWICZ Damian	4281		M40	39	01:30:42.40	01:31:07.25	+00:41:10 (45.2%)	8:14	7.3 (55.3%)
112	ADAMOWSKI Jacek	4290		M40	40	01:30:43.65	01:31:07.40	+00:41:10 (45.2%)	8:14	7.3 (55.3%)
113	JEŻEWSKI Adam	4186	ETISOFT RUNNING TEAM	M30	39	01:31:11.45	01:31:32.75	+00:41:35 (45.4%)	8:17	7.2 (54.5%)
114	FRANKOWSKI Dariusz	4113		M40	41	01:33:44.40	01:33:52.70	+00:43:55 (46.8%)	8:31	7 (53.0%)
115	BRZEZIŃSKI Andrzej	4015		M40	42	01:34:30.85	01:34:35.70	+00:44:38 (47.2%)	8:35	7 (53.0%)
116	MĄCZKA Bronisław	4545		M60	2	01:35:25.60	01:35:48.50	+00:45:51 (47.9%)	8:40	6.9 (52.3%)
117	JAWOREK Dariusz	4271	OTK RZEŹNIK	M40	43	01:35:25.55	01:35:48.60	+00:45:51 (47.9%)	8:40	6.9 (52.3%)
118	SANCHEZ Jordi	4260		M40	44	01:35:46.30	01:35:58.30	+00:46:01 (48.0%)	8:42	6.9 (52.3%)
119	PAKOSIŃSKI Krzysztof	4162	RUN TEAM CHMIELNIK	M40	45	01:38:11.15	01:38:22.85	+00:48:25 (49.2%)	8:55	6.7 (50.8%)
120	KORZENIOWSKI Robert	4225	R K ATHLETICS	M50	8	01:40:43.90	01:40:46.00	+00:50:49 (50.4%)	9:09	6.6 (50.0%)
121	KOCHNOWSKI Marek	4236		M40	46	01:41:25.60	01:41:52.40	+00:51:55 (51.0%)	9:13	6.5 (49.2%)
122	MATUZIK Mateusz	4053	NIGHT RUNNERS	M30	40	01:43:05.00	01:43:24.85	+00:53:27 (51.7%)	9:22	6.4 (48.5%)
123	BŁACH Piotr	4035	TY I JA	M30	41	01:43:11.35	01:43:34.80	+00:53:37 (51.8%)	9:22	6.4 (48.5%)
124	SIĘNCZYK Marcin	4265		M40	47	01:45:15.35	01:45:25.80	+00:55:28 (52.6%)	9:34	6.3 (47.7%)
125	WĄS Arkadiusz	4219		M50	9	01:47:04.70	01:47:24.10	+00:57:27 (53.5%)	9:44	6.2 (47.0%)
126	SKRZYŃSKI Piotr	4120	OLIMPIA LATOWICZ	M30	42	01:50:15.35	01:50:42.95	+01:00:45 (54.9%)	10:01	6 (45.5%)
127	KĘDZIOŁA Jan	4300		M50	10	01:50:47.55	01:50:54.95	+01:00:57 (55.0%)	10:04	6 (45.5%)
128	SZCZETKOWSKI Adrian	4442		M20	20	01:52:44.20	01:53:07.50	+01:03:10 (55.8%)	10:14	5.9 (44.7%)
129	JAKÓBCZYK Andrzej	4076		M40	48	01:56:26.75	01:56:35.40	+01:06:38 (57.2%)	10:35	5.7 (43.2%)
130	KOLASA Andrzej	4006	KLUB J.SŁOWACKIEGO	M60	3	02:00:50.45	02:00:52.95	+01:10:55 (58.7%)	10:59	5.5 (41.7%)
	DRZEWIECKI Robert	4174		M50		DNF	DNF	-	-	- (0.0%)

Znaleziono 131 wynik(ów)