

DYCHA NA JELENI SKOK 2019

B4SPORT

Event: V FESTIWAL BIEGU RZEŹNIKA
Organiser: Fundacja Bieg Rzeźnika
Date: 2019-06-22
Place: Cisna
Distance: 10.8 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Classification: M50

Place	Participant	Number	Club	Category	MCat	Penalty/ bonus	Net time 11km	Czas brutto 11km	Gap	Pace min/km	Pace km/h
1	FOREMSKI Sławomir	5073		M50	1		01:06:38.60	01:06:42.15		6:03	9.9 (100%)
2	HRYSZKO Robert	5097	TRAIN FOR SKILLS	M50	2		01:06:38.55	01:06:53.90	+00:00:11 (0.3%)	6:03	9.9 (100%)
3	WOŹNIAK Janusz	5353	PORMAT JEDLICZE BIEGA	M50	3		01:10:27.45	01:10:34.70	+00:03:52 (5.5%)	6:24	9.4 (94.9%)
4	JAGODA Mateusz	4975		M50	4		01:11:13.10	01:11:28.45	+00:04:46 (6.7%)	6:28	9.3 (93.9%)
5	DOMISZEWSKI Wojciech	4968		M50	5		01:14:16.80	01:14:22.20	+00:07:40 (10.3%)	6:45	8.9 (89.9%)
6	KUBASIEWICZ Artur	5165		M50	6	00:01:00	01:18:13.75	01:18:23.65	+00:11:41 (14.9%)	7:01	8.5 (85.9%)
7	ABULEWICZ Wojciech	5456	TRENING STUDIO 17	M50	7		01:19:14.80	01:19:20.75	+00:12:38 (15.9%)	7:12	8.3 (83.8%)
8	GOŁĄBIEWSKI Jarek	5081	BIEGACZE ŚWINOUJŚCIE/ WKURW-TEAM	M50	8	00:00:30	01:25:44.55	01:26:17.10	+00:19:34 (22.7%)	7:45	7.7 (77.8%)
9	JAGODA Adam	4974		M50	9		01:26:26.05	01:27:01.00	+00:20:18 (23.3%)	7:51	7.6 (76.8%)
10	BUGAŁA Robert	5035	SOLID HOUSE LUBLIN	M50	10		01:26:33.00	01:27:02.85	+00:20:20 (23.4%)	7:52	7.6 (76.8%)
11	MARAS Ladislav	5457	MARAS TEAM	M50	11		01:26:31.00	01:27:05.65	+00:20:23 (23.4%)	7:51	7.6 (76.8%)
12	JAROSZ Grzegorz	4370		M50	12	00:00:30	01:38:23.05	01:38:46.50	+00:32:04 (32.5%)	8:53	6.7 (67.7%)
13	DUSRACALK Milan	5459	MARAS TEAM	M50	13		01:38:40.30	01:39:15.20	+00:32:33 (32.8%)	8:58	6.7 (67.7%)
14	MROZIŃSKI Andrzej	5427		M50	14	00:00:30	01:40:43.30	01:40:55.60	+00:34:13 (33.9%)	9:06	6.6 (66.7%)
15	PARADOWSKI Paweł	5227		M50	15		01:42:43.65	01:43:01.85	+00:36:19 (35.3%)	9:20	6.4 (64.6%)
16	BĘDŹKOWSKI Marek	5017	MORSY OSTROŁĘKA	M50	16		01:46:05.25	01:46:32.05	+00:39:49 (37.4%)	9:38	6.2 (62.6%)
17	MIKSZA Karol	5198	CROSSFITER BOX CHEŁM	M50	17	00:00:30	01:50:38.10	01:50:49.95	+00:44:07 (39.8%)	10:00	6 (60.6%)

Total 17 results.