



DYCHA NA JELENI SKOK

B4SPORT

Wydarzenie: VII FESTIWAL BIEGU RZEŹNIKA
Organizator: Fundacja Bieg Rzeźnika
Data: 2021-05-28
Miejsce: Cisna
Dystans: 11 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K20

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Czas netto 11km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------------------------|-------------|---------------------------------|-----------|------|--------------------|-------------------|--------------|-------------|
| 1 | GŁOMBIOWSKA Zuzanna | 3245 | RUNPASSION.PL TEAM | K20 | 1 | 01:11:53.45 | | 6:32 | 9.2 (100%) |
| 2 | KOWALCZYK Ewelina | 3030 | | K20 | 2 | 01:25:35.20 | +00:13:41 (16.0%) | 7:46 | 7.7 (83.7%) |
| 3 | SZYMANIK Anna | 3076 | | K20 | 3 | 01:27:47.20 | +00:15:53 (18.1%) | 7:58 | 7.5 (81.5%) |
| 4 | RUDZIARCZYK Karolina | 3560 | | K20 | 4 | 01:33:16.85 | +00:21:23 (22.9%) | 8:28 | 7.1 (77.2%) |
| 5 | WALASZEK Karolina | 3420 | | K20 | 5 | 01:34:39.20 | +00:22:45 (24.0%) | 8:36 | 7 (76.1%) |
| 6 | KRÓL Pola | 3392 | WIRAN TEAM | K20 | 6 | 01:34:58.15 | +00:23:04 (24.3%) | 8:38 | 6.9 (75.0%) |
| 7 | KIELAR Aleksandra | 3253 | | K20 | 7 | 01:35:54.00 | +00:24:00 (25.0%) | 8:43 | 6.9 (75.0%) |
| 8 | MADEJ Weronika | 3493 | | K20 | 8 | 01:39:52.75 | +00:27:59 (28.0%) | 9:04 | 6.6 (71.7%) |
| 9 | HOŁOWATY Renia | 3019 | BIESZCZADZKA WATAHA | K20 | 9 | 01:40:15.45 | +00:28:22 (28.3%) | 9:06 | 6.6 (71.7%) |
| 10 | FIGEL Zuzanna | 3296 | | K20 | 10 | 01:41:31.10 | +00:29:37 (29.2%) | 9:13 | 6.5 (70.7%) |
| 11 | BECHTA Katarzyna | 3239 | BRACTWO BIEGOWE BGK | K20 | 11 | 01:44:35.65 | +00:32:42 (31.3%) | 9:30 | 6.3 (68.5%) |
| 12 | JAGIELSKA Zuzanna | 3021 | DZIKI Z ŁASINA | K20 | 12 | 01:46:04.50 | +00:34:11 (32.2%) | 9:38 | 6.2 (67.4%) |
| 13 | WALASZCZYK Paulina | 3278 | BRACTWO BIEGOWE BGK | K20 | 13 | 01:48:54.70 | +00:37:01 (34.0%) | 9:54 | 6.1 (66.3%) |
| 14 | OCHALIK Julia | 3051 | | K20 | 14 | 01:52:12.65 | +00:40:19 (35.9%) | 10:12 | 5.9 (64.1%) |
| 15 | WIERZBICKA Aleksandra | 3091 | | K20 | 15 | 01:56:37.45 | +00:44:44 (38.4%) | 10:36 | 5.7 (62.0%) |
| 16 | BRUSZEWSKA- GŁOMBIOWSKA Monika | 3365 | ULTRA ŻÓŁWIK | K20 | 16 | 01:56:52.40 | +00:44:58 (38.5%) | 10:37 | 5.6 (60.9%) |
| 17 | GRACZYK Dobrochna | 3247 | | K20 | 17 | 01:56:55.40 | +00:45:01 (38.5%) | 10:37 | 5.6 (60.9%) |
| 18 | CZECH Dominika | 3115 | | K20 | 18 | 01:56:57.00 | +00:45:03 (38.5%) | 10:37 | 5.6 (60.9%) |
| 19 | DĄBKOWSKA Edyta | 3370 | CROSS TRENING MAZOVIA CIECHANÓW | K20 | 19 | 01:57:30.20 | +00:45:36 (38.8%) | 10:40 | 5.6 (60.9%) |
| 20 | ZAŁĘSKA Aleksandra | 3102 | | K20 | 20 | 02:01:35.00 | +00:49:41 (40.9%) | 11:03 | 5.4 (58.7%) |
| 21 | WRÓBEL Barbara | 3359 | CISNA | K20 | 21 | 02:01:53.30 | +00:49:59 (41.0%) | 11:04 | 5.4 (58.7%) |
| 22 | PYZEL Anastazja | 3406 | KONDYCJA | K20 | 22 | 02:02:24.85 | +00:50:31 (41.3%) | 11:07 | 5.4 (58.7%) |
| 23 | RADYK Aleksandra | 3337 | PRZEMYSKI KLUB BIEGACZA | K20 | 23 | 02:03:06.85 | +00:51:13 (41.6%) | 11:11 | 5.4 (58.7%) |
| 24 | WIŚNIEWSKA Żaneta | 3421 | KIJKOWE TRZEMESZNO | K20 | 24 | 02:04:56.80 | +00:53:03 (42.5%) | 11:21 | 5.3 (57.6%) |
| 25 | KASPRZYK Katarzyna | 3027 | | K20 | 25 | 02:06:00.05 | +00:54:06 (42.9%) | 11:27 | 5.2 (56.5%) |
| 26 | BIENIEK Lena | 3287 | | K20 | 26 | 02:07:10.60 | +00:55:17 (43.5%) | 11:33 | 5.2 (56.5%) |
| 27 | MATEJCZUK Julia | 3038 | BIAŁYSTOK BIEGA TEAM | K20 | 27 | 02:08:51.35 | +00:56:57 (44.2%) | 11:42 | 5.1 (55.4%) |
| 28 | JAGODA Małgorzata | 3382 | FUCHS OIL TEAM | K20 | 28 | 02:11:19.60 | +00:59:26 (45.3%) | 11:56 | 5 (54.3%) |
| 29 | GRACZYK Dąbrówka | 3246 | | K20 | 29 | 02:15:00.25 | +01:03:06 (46.7%) | 12:16 | 4.9 (53.3%) |

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|-----|--------------------------------|-------------|-------------------------|-----------|------|--------------------|-------------------|--------------|-------------|
| 30 | WESOŁOWSKA Klaudia | 3496 | | K20 | 30 | 02:18:35.95 | +01:06:42 (48.1%) | 12:35 | 4.8 (52.2%) |
| 31 | NOWAK Martyna | 3399 | | K20 | 31 | 02:18:39.45 | +01:06:46 (48.2%) | 12:36 | 4.8 (52.2%) |
| 32 | ZEMŁA Dorota | 3107 | | K20 | 32 | 02:21:10.55 | +01:09:17 (49.1%) | 12:50 | 4.7 (51.1%) |
| 33 | ROCHOWIAK Karina | 3408 | | K20 | 33 | 02:21:57.95 | +01:10:04 (49.4%) | 12:54 | 4.6 (50.0%) |
| 34 | SZYMANEK Aleksandra | 3073 | ZWOLEŃNICY BIEGANIA | K20 | 34 | 02:23:50.25 | +01:11:56 (50.0%) | 13:04 | 4.6 (50.0%) |
| 35 | SOKOŁOWSKA Agnieszka | 3155 | | K20 | 35 | 02:24:03.55 | +01:12:10 (50.1%) | 13:05 | 4.6 (50.0%) |
| 36 | MICHALIK Wiktoria | 3322 | SŁOŃCA JURY | K20 | 36 | 02:24:09.95 | +01:12:16 (50.1%) | 13:06 | 4.6 (50.0%) |
| 37 | CICHOŃ Aleksandra | 3114 | DECATHLON RUMIA | K20 | 37 | 02:24:26.60 | +01:12:33 (50.2%) | 13:07 | 4.6 (50.0%) |
| 38 | NAZIMEK Małgorzata | 3502 | BLACK RIVER | K20 | 38 | 02:24:43.60 | +01:12:50 (50.3%) | 13:09 | 4.6 (50.0%) |
| 39 | SOCHACKA Katarzyna | 3592 | | K20 | 39 | 02:25:14.25 | +01:13:20 (50.5%) | 13:12 | 4.5 (48.9%) |
| 40 | KANIEWSKA Justyna | 3385 | DZIKI DZIK TEAM | K20 | 40 | 02:26:31.85 | +01:14:38 (50.9%) | 13:19 | 4.5 (48.9%) |
| 41 | STĘPIŃSKA Natalia | 3412 | DZIKI DZIK TEAM | K20 | 41 | 02:26:33.35 | +01:14:39 (50.9%) | 13:19 | 4.5 (48.9%) |
| 42 | KOJRUK Emilia | 3389 | | K20 | 42 | 02:29:29.70 | +01:17:36 (51.9%) | 13:35 | 4.4 (47.8%) |
| 43 | HERMAN Joanna | 3586 | | K20 | 43 | 02:43:57.30 | +01:32:03 (56.2%) | 14:54 | 4 (43.5%) |
| 44 | HERMAN Agata | 3668 | | K20 | 44 | 02:43:58.10 | +01:32:04 (56.2%) | 14:54 | 4 (43.5%) |
| 45 | GAJEWSKA Klaudia | 3012 | | K20 | 45 | 02:48:33.30 | +01:36:39 (57.3%) | 15:19 | 3.9 (42.4%) |
| 46 | MAŚLANA Maja | 3199 | | K20 | 46 | 02:53:42.75 | +01:41:49 (58.6%) | 15:47 | 3.8 (41.3%) |
| 47 | SZCZEPAŃSKA Natalia | 3211 | | K20 | 47 | 02:53:43.45 | +01:41:50 (58.6%) | 15:47 | 3.8 (41.3%) |
| 48 | KOSTECKA Karolina | 3133 | KMKRUN | K20 | 48 | 03:06:59.65 | +01:55:06 (61.6%) | 16:59 | 3.5 (38.0%) |
| 49 | WASILEWSKA Marta | 3556 | REZERWOWE PSY | K20 | 49 | 03:11:17.30 | +01:59:23 (62.4%) | 17:23 | 3.5 (38.0%) |
| 50 | KLIMEK Sonia | 3482 | | K20 | 50 | 03:21:25.45 | +02:09:32 (64.3%) | 18:18 | 3.3 (35.9%) |
| 51 | MIECZNIKOWSKA Olga | 3397 | | K20 | 51 | 03:22:49.40 | +02:10:55 (64.6%) | 18:26 | 3.3 (35.9%) |
| 52 | RADYK Anna | 3336 | PRZEMYSKI KLUB BIEGACZA | K20 | 52 | 03:23:11.00 | +02:11:17 (64.6%) | 18:28 | 3.2 (34.8%) |
| 53 | ŻYŁKA-PATRYLAK Patrycja | 3108 | GRUPA BIEGOWA ZARSZYN | K20 | 53 | 03:43:12.30 | +02:31:18 (67.8%) | 20:17 | 3 (32.6%) |
| 54 | PERLAK Ewa | 3531 | | K20 | 54 | 04:19:23.00 | +03:07:29 (72.3%) | 23:34 | 2.5 (27.2%) |

Znaleziono 54 wynik(ów)