



BIEG RZEŹNIKA

DYNAFIT ANNAPURNA RUN

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: Festiwal Górski 2019
Organizator: Fundacja Bieg Rzeźnika
Data: 2019-09-21
Miejsce: Łądek Zdrój
Dystans: 8.091 km

Klasyfikacja: M36-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 8.091km	Czas brutto 8.091km	Różn	Tempo min/km	Tempo km/h
1	KITA Michał	27	PĘDZĄCY W MIEJSCU	M36-49	1	00:36:12.50	00:36:14.50		4:28	13.4 (100%)
2	SANIEWSKI Dariusz	51	UKL ÓSEMKA POLICE	M36-49	2	00:36:57.80	00:37:00.35	+00:00:45 (2.1%)	4:34	13.1 (97.8%)
3	KOWALIK Andrzej	32	BIEG OPOLSKI	M36-49	3	00:39:30.35	00:39:32.60	+00:03:18 (8.3%)	4:52	12.3 (91.8%)
4	WIŚNIEWSKI Marek	68	12TRI.PL	M36-49	4	00:40:21.70	00:40:24.00	+00:04:09 (10.3%)	4:59	12 (89.6%)
5	NARWOJSZ Arkadiusz	43		M36-49	5	00:41:28.90	00:41:31.90	+00:05:17 (12.7%)	5:07	11.7 (87.3%)
6	MAZURKIEWICZ Jakub	92		M36-49	6	00:42:11.00	00:42:19.40	+00:06:04 (14.4%)	5:12	11.5 (85.8%)
7	DERENCZ Michał	10		M36-49	7	00:42:19.20	00:42:28.90	+00:06:14 (14.7%)	5:13	11.5 (85.8%)
8	PAWŁOWSKI Tomasz	47		M36-49	8	00:42:54.35	00:42:57.65	+00:06:43 (15.6%)	5:18	11.3 (84.3%)
9	PIŁAT Michał	49		M36-49	9	00:43:06.70	00:43:08.80	+00:06:54 (16.0%)	5:19	11.3 (84.3%)
10	GRYGIEL Marek	19	JACEKBIEGA RUNNING TEAM	M36-49	10	00:43:59.30	00:44:03.50	+00:07:49 (17.7%)	5:26	11 (82.1%)
11	DZIEDZIC Krystian	13		M36-49	11	00:44:33.70	00:44:37.15	+00:08:22 (18.8%)	5:30	10.9 (81.3%)
12	MIECH Szymon	87	HUSARIA RACE TEAM	M36-49	12	00:44:58.15	00:45:01.50	+00:08:47 (19.5%)	5:33	10.8 (80.6%)
13	GODLEWSKI Tyberiusz	17		M36-49	13	00:45:44.10	00:45:49.10	+00:09:34 (20.9%)	5:39	10.6 (79.1%)
14	KRAJEWSKI Grzegorz	33	TNB	M36-49	14	00:45:49.30	00:45:57.75	+00:09:43 (21.1%)	5:39	10.6 (79.1%)
15	KALEMBKIEWICZ Piotr	24	MIROTRANS	M36-49	15	00:46:02.30	00:46:06.30	+00:09:51 (21.4%)	5:41	10.5 (78.4%)

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16	BOSEK Paweł	74		M36-49	16	00:48:57.10	00:49:04.55	+00:12:50 (26.2%)	6:03	9.9 (73.9%)
17	JASTRZEBSKI Michal	22	JASTRUN	M36-49	17	00:48:58.30	00:49:06.35	+00:12:51 (26.2%)	6:03	9.9 (73.9%)
18	MAŃKOWSKI Maciej	78		M36-49	18	00:49:56.10	00:50:00.20	+00:13:45 (27.5%)	6:10	9.7 (72.4%)
19	KIRKIEWICZ Ireneusz	26	KOLEGA MAĆKA OŁAWA	M36-49	19	00:52:43.75	00:52:55.20	+00:16:40 (31.5%)	6:31	9.2 (68.7%)
20	ŻUBRZAK Jacek	66		M36-49	20	00:52:59.70	00:53:11.60	+00:16:57 (31.9%)	6:33	9.2 (68.7%)
21	KAPAK Jarosław	82		M36-49	21	00:54:37.25	00:54:48.15	+00:18:33 (33.9%)	6:45	8.9 (66.4%)
22	MASZTALSKI Jan	41		M36-49	22	00:59:14.75	00:59:20.70	+00:23:06 (38.9%)	7:19	8.2 (61.2%)
23	JASTRZĘBSKI Rafał	93		M36-49	23	01:03:25.30	01:03:35.80	+00:27:21 (43.0%)	7:50	7.7 (57.5%)
24	MARCINIAK Marek	38	NADLEŚNICTWO LEGNICA	M36-49	24	01:04:06.10	01:04:13.60	+00:27:59 (43.6%)	7:55	7.6 (56.7%)
25	CHRÓŚCIAK Paweł Chróściak	12		M36-49	25	01:04:30.65	01:04:40.70	+00:28:26 (44.0%)	7:58	7.5 (56.0%)
26	NIEDZIAŁKOWSKI Arkadiusz	44		M36-49	26	01:08:03.60	01:08:09.90	+00:31:55 (46.8%)	8:24	7.1 (53.0%)
27	SROCZYŃSKI Jakub	53	INDYWIDUALNA SPECJALISTYCZNA PRAKTYKA LEKARSKA J. SROCZYŃSKI	M36-49	27	01:08:05.25	01:08:11.80	+00:31:57 (46.9%)	8:24	7.1 (53.0%)
28	KRUZEL Rafał	71		M36-49	28	01:27:53.50	01:28:02.60	+00:51:48 (58.8%)	10:51	5.5 (41.0%)

Znaleziono 28 wynik(ów)