

DYSTANS - 1 609 M - BIEG GŁÓWNY

B4SPORT
INTELEGENCIE ZAWODY SPORTOWE

Wydarzenie: Letnie Mile Biegowe 2023
Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2023-07-05
Miejsce: Koszalin
Dystans: 1.609 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria 1	Seria 2	0.009km	0.409km	0.809km	1.209km	Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
1	PROWANCKI Patryk	65	WILKI POMORSKIE	M18	1		Tak	00:00:02	00:01:14	00:02:31	00:03:47	00:04:53.30		3:02	19.8 (100%)
2	KOZAK Arkadiusz	52	TKKF KOSZALIN	M50	1		Tak	00:00:02	00:01:16	00:02:32	00:03:50	00:05:04.12	+00:00:10 (3.6%)	3:08	19.1 (96.5%)
3	FEDORCZAK Łukasz	46	BIEGOLAS KOSZALIN	M18	2		Tak	00:00:02	00:01:18	00:02:37	00:03:59	00:05:13.58	+00:00:20 (6.5%)	3:14	18.5 (93.4%)
4	HOŁUB Kamil	35		M40	1		Tak	00:00:02	00:01:16	00:02:38	00:04:01	00:05:17.46	+00:00:24 (7.6%)	3:17	18.3 (92.4%)
5	PICK Tomasz	63	BIEGOLAS / KORONA	M50	2		Tak	00:00:02	00:01:22	00:02:47	00:04:13	00:05:28.82	+00:00:35 (10.8%)	3:23	17.7 (89.4%)
6	KRZYSIEK Dawid	74		M18	3		Tak	00:00:02	00:01:23	00:02:49	00:04:15	00:05:33.02	+00:00:39 (11.9%)	3:26	17.4 (87.9%)
7	SMAGOWSKI Wojtek	67	OSP RĄBINO	M40	2		Tak	00:00:02	00:01:20	00:02:44	00:04:10	00:05:33.05	+00:00:39 (11.9%)	3:26	17.4 (87.9%)
8	KRYNICKA - GRZYB Małgorzata	16		K18	1	Tak		00:00:02	00:01:17	00:02:43	00:04:13	00:05:42.72	+00:00:49 (14.4%)	3:32	16.9 (85.4%)
9	MARCHLEWSKI Maciej	56		M14	1		Tak	00:00:03	00:01:31	00:03:03	00:04:28	00:05:47.43	+00:00:54 (15.6%)	3:35	16.7 (84.3%)
10	WALEŃSKI Michał	70	TKKF KOSZALIN	M40	3		Tak	00:00:03	00:01:25	00:02:56	00:04:29	00:05:49.00	+00:00:55 (16.0%)	3:36	16.6 (83.8%)
11	KONKEL Agnieszka	51		K18	2	Tak		00:00:02	00:01:19	00:02:47	00:04:20	00:05:53.93	+00:01:00 (17.1%)	3:39	16.4 (82.8%)
12	MILEWSKI Tomasz	58		M40	4	Tak		00:00:03	00:01:26	00:02:59	00:04:30	00:05:56.29	+00:01:02 (17.7%)	3:41	16.3 (82.3%)
13	MARTAU Julia	57	WILKI POMORSKIE	K14	1		Tak	00:00:03	00:01:32	00:03:03	00:04:35	00:06:02.16	+00:01:08 (19.0%)	3:44	16 (80.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Seria 1	Seria 2	0.009km	0.409km	0.809km	1.209km	Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
14	URBAŃSKI Tomasz	69	BIAŁOGARD BIEGA	M50	3		Tak	00:00:03	00:01:33	00:03:06	00:04:42	00:06:18.83	+00:01:25 (22.6%)	3:54	15.3 (77.3%)
15	BARUTOWICZ Grzegorz	41		M40	5	Tak		00:00:03	00:01:24	00:03:01	00:04:42	00:06:21.79	+00:01:28 (23.2%)	3:56	15.2 (76.8%)
16	DENISIUK Bartosz	44		M40	6	Tak		00:00:03	00:01:38	00:03:19	00:04:58	00:06:24.23	+00:01:30 (23.7%)	3:58	15.1 (76.3%)
17	OWCZARZ Marcin	62	FIGA TEAM	M18	4	Tak		00:00:03	00:01:35	00:03:16	00:04:55	00:06:27.92	+00:01:34 (24.4%)	4:00	15 (75.8%)
18	KRUPIŃSKI Krzysztof	54	E-UROLOG.EU	M50	4	Tak		00:00:02	00:01:35	00:03:15	00:04:54	00:06:33.94	+00:01:40 (25.5%)	4:04	14.7 (74.2%)
19	OLSZEWSKI Wojciech	60	SĄ WOLNIEJSI	M40	7		Tak	00:00:03	00:01:30	00:03:10	00:04:55	00:06:36.00	+00:01:42 (25.9%)	4:06	14.6 (73.7%)
20	FEDORCZAK Joanna	47	BIEGOLAS KOSZALIN	K40	1	Tak		00:00:02	00:01:35	00:03:18	00:05:03	00:06:39.07	+00:01:45 (26.5%)	4:07	14.5 (73.2%)
21	ORLIKOWSKI Robert	61	POŁCZYN BIEGA ♥	M18	5		Tak	00:00:03	00:01:33	00:03:14	00:04:59	00:06:42.24	+00:01:48 (27.1%)	4:09	14.4 (72.7%)
22	STRZELECKI Grzegorz	68	FIGA TEAM	M40	8	Tak		00:00:03	00:01:34	00:03:21	00:05:12	00:06:55.25	+00:02:01 (29.4%)	4:17	14 (70.7%)
23	MONGIAŁO Marcin	59		M40	9	Tak		00:00:04	00:01:44	00:03:29	00:05:16	00:07:02.63	+00:02:09 (30.6%)	4:22	13.7 (69.2%)
24	DRABKOWSKA Agnieszka	45	KRÓLOWA WŁASNEJ BAJKI	K40	2	Tak		00:00:03	00:01:36	00:03:22	00:05:12	00:07:05.92	+00:02:12 (31.1%)	4:24	13.6 (68.7%)
25	BRATKOWSKI Łukasz	43		M40	10	Tak		00:00:03	00:01:45	00:03:42	00:05:41	00:07:32.50	+00:02:39 (35.2%)	4:40	12.8 (64.6%)
26	KLENIEWSKI Piotr	50		M60	1	Tak		00:00:03	00:01:55	00:03:54	00:05:50	00:07:33.56	+00:02:40 (35.3%)	4:41	12.8 (64.6%)
27	GÓRALSKA Monika	49	BIAŁOGARD BIEGA	K40	3	Tak		00:00:02	00:01:43	00:03:43	00:05:45	00:07:41.88	+00:02:48 (36.5%)	4:46	12.6 (63.6%)
28	POŁANIECKA Agnieszka	64	AZS	K50	1	Tak		00:00:02	00:02:02	00:04:14	00:06:20	00:08:14.59	+00:03:21 (40.7%)	5:07	11.7 (59.1%)
29	KRZYSZTOFIK Katarzyna	75		K18	3	Tak		00:00:03	00:02:06	00:04:24	00:06:38	00:08:45.00	+00:03:51 (44.1%)	5:26	11 (55.6%)
30	ZIELIŃSKA Katarzyna	79		K40	4	Tak		00:00:03	00:02:06	00:04:24	00:06:42	00:08:52.16	+00:03:58 (44.9%)	5:30	10.9 (55.1%)
31	WALKOWIAK Daria	78		K18	4	Tak		00:00:03	00:02:06	00:04:25	00:06:42	00:08:52.87	+00:03:59 (45.0%)	5:30	10.9 (55.1%)

Znaleziono 31 wynik(ów)