

DZIENNY MARATON RZEŹNIKA

B4SPORT

Wydarzenie: Festiwal Biegu Rzeźnika
Organizator: Fundacja Bieg Rzeźnika
Data: 2017-06-16
Miejsce: Bieszczady
Dystans: 40 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 0.01km	Radziejowa 17km	Czas netto 40km	Czas brutto 40km	Różn	Tempo min/km	Tempo km/h
1	MAZURKIEWICZ Tomasz	2787	SWIMRUN TEAM	M40	1	00:00:14	01:32:16	04:11:22.50	04:11:22.50		6:17	9.5 (100%)
2	CZYŻ Michał	2789	USHBA ADIN	M20	1	00:00:11	01:29:56	04:14:28.05	04:14:28.05	+00:03:05 (1.2%)	6:21	9.4 (98.9%)
3	SIEMIENIEC Marcin	2748	NOA	M20	2	00:00:20	01:38:54	04:15:22.65	04:15:22.65	+00:04:00 (1.6%)	6:23	9.4 (98.9%)
4	PIENIAŻEK Sławomir	2730		M30	1	00:00:20	01:28:24	04:16:49.75	04:16:49.75	+00:05:27 (2.1%)	6:25	9.3 (97.9%)
5	CAŁKA Bartłomiej	2598	NATIONALE NEDERLANDEN	M30	2	00:00:18	01:37:38	04:23:13.00	04:23:13.00	+00:11:50 (4.5%)	6:34	9.1 (95.8%)
6	LESZCZYŃSKI Andrzej	2571	BODY CLUB	M50	1	00:00:16	01:30:41	04:23:41.40	04:23:41.40	+00:12:18 (4.7%)	6:35	9.1 (95.8%)
7	JARZĄB Marcin	2555		M30	3	00:00:21	01:38:57	04:25:37.25	04:25:37.25	+00:14:14 (5.4%)	6:38	9 (94.7%)
8	BIENIEK Damian	2832	TRI AKTYWNI PIOTRKÓW	M30	4	00:00:09	01:37:30	04:27:38.65	04:27:38.65	+00:16:16 (6.1%)	6:41	9 (94.7%)
9	MORMUL Przemysław	2833	PANALPINA	M30	5	00:00:23	01:38:59	04:30:52.80	04:30:52.80	+00:19:30 (7.2%)	6:46	8.9 (93.7%)
10	MOĆKO Jacek	2316		M20	3	00:00:29	01:41:02	04:34:30.10	04:34:30.10	+00:23:07 (8.4%)	6:51	8.7 (91.6%)
11	SNARSKI Bogdan	2345	ALBATROSY	M30	6	00:00:12	01:41:23	04:34:30.30	04:34:30.30	+00:23:07 (8.4%)	6:51	8.7 (91.6%)
12	JAWORSKI Konrad	2616		M30	7	00:00:20	01:38:56	04:35:46.95	04:35:46.95	+00:24:24 (8.9%)	6:53	8.7 (91.6%)
13	THIER Dominik	2836	KS KANDAHAR	M30	8	00:01:11	01:44:12	04:44:10.90	04:44:10.90	+00:32:48 (11.5%)	7:06	8.4 (88.4%)
14	WASZCZUK Wiktor	2660	REDLIONCLUB	M30	9	00:00:18	01:41:14	04:45:36.60	04:45:36.60	+00:34:14 (12.0%)	7:08	8.4 (88.4%)
15	FILIPEK Wojciech	2554	OPTIM TRAVEL	M50	2	00:00:32	01:41:42	04:48:36.60	04:48:36.60	+00:37:14 (12.9%)	7:12	8.3 (87.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 0.01km	Radziejowa 17km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 40km	brutto 40km			
16	KOZAK Katarzyna	2502	FURIOUS RUNNERS	K40	1	00:00:30	01:49:01	04:49:47.55	04:49:47.55	+00:38:25 (13.3%)	7:14	8.3 (87.4%)
17	ROCHOWIAK Zbigniew	2801	FURIOUS RUNNERS	M30	10	00:00:31	01:49:01	04:49:47.70	04:49:47.70	+00:38:25 (13.3%)	7:14	8.3 (87.4%)
18	MADEJSKI Adam	2721	RKS HUWDU	M20	4	00:01:02	01:44:13	04:50:22.95	04:50:22.95	+00:39:00 (13.4%)	7:15	8.3 (87.4%)
19	DEMBNY Tomasz	2725		M40	2	00:00:25	01:44:43	04:52:51.80	04:52:51.80	+00:41:29 (14.2%)	7:19	8.2 (86.3%)
20	KRÓLIKOWSKI Igor	2632	RABBITS	M30	11	00:00:18	01:48:31	04:53:16.40	04:53:16.40	+00:41:53 (14.3%)	7:19	8.2 (86.3%)
21	KOT Klaudia	2694	NIGHT RUNNERS	K20	1	00:00:41	01:48:49	04:53:17.40	04:53:17.40	+00:41:54 (14.3%)	7:19	8.2 (86.3%)
22	ZIĘTEK Mariusz	2586		M40	3	00:00:31	01:46:06	04:53:17.70	04:53:17.70	+00:41:55 (14.3%)	7:19	8.2 (86.3%)
23	KAMIŃSKI Kamil	2708	RUNNERSCLUB.PL	M20	5	00:00:39	01:42:32	04:53:59.80	04:53:59.80	+00:42:37 (14.5%)	7:20	8.2 (86.3%)
24	MARCINIAK Andrzej	2658	W KÓŁKO BIEGAMY	M40	4	00:00:33	01:42:50	04:55:18.30	04:55:18.30	+00:43:55 (14.9%)	7:22	8.1 (85.3%)
25	PETRYNA Jagoda	2519	NOA	K20	2	00:00:19	01:55:29	04:56:48.30	04:56:48.30	+00:45:25 (15.3%)	7:25	8.1 (85.3%)
26	KACZMAREK Tomasz	2588	NIEPOŁOMICE BIEGAJĄ	M30	12	00:01:03	01:44:24	04:56:49.00	04:56:49.00	+00:45:26 (15.3%)	7:25	8.1 (85.3%)
27	RÓWNIAK Tomasz	2585		M30	13	00:01:21	01:47:50	04:57:54.85	04:57:54.85	+00:46:32 (15.6%)	7:26	8.1 (85.3%)
28	KOZARSKI Krzysztof	2532	RK LEGAL	M30	14	00:00:40	01:42:59	04:58:26.00	04:58:26.00	+00:47:03 (15.8%)	7:27	8 (84.2%)
29	ŚWIERK Przemysław	2644	ULTRA DIABŁY TEAM LUBRZA	M40	5	00:00:30	01:39:03	04:58:44.35	04:58:44.35	+00:47:21 (15.9%)	7:28	8 (84.2%)
30	HENSLER Grzegorz	2683		M40	6	00:01:20	01:49:02	04:59:54.95	04:59:54.95	+00:48:32 (16.2%)	7:29	8 (84.2%)
31	DRABIK Jacek	2684		M30	15	00:01:20	01:49:34	04:59:55.30	04:59:55.30	+00:48:32 (16.2%)	7:29	8 (84.2%)
32	JĘCEK Maciej	2831		M30	16		01:43:17	05:02:05.00	05:02:05.00	+00:50:42 (16.8%)	7:33	7.9 (83.2%)
33	SKOMRA Krzysztof	2537	BANDA LULUSIA	M30	17	00:00:55	01:48:56	05:02:08.05	05:02:08.05	+00:50:45 (16.8%)	7:33	7.9 (83.2%)
34	GRZĄDKA Przemysław	2579	PZU SPORT TEAM	M30	18	00:01:02	01:48:59	05:02:18.55	05:02:18.55	+00:50:56 (16.8%)	7:33	7.9 (83.2%)
35	KWAŚNIEWSKI Rafał	2630		M30	19	00:00:30	01:44:27	05:02:29.50	05:02:29.50	+00:51:07 (16.9%)	7:33	7.9 (83.2%)
36	DĄBROWSKI Jarosław	2835	NH TEAM	M30	20	00:00:16	01:47:56	05:02:39.00	05:02:39.00	+00:51:16 (16.9%)	7:33	7.9 (83.2%)
37	KORBELA Bartosz	2566		M30	21	00:00:39	01:47:50	05:03:10.85	05:03:10.85	+00:51:48 (17.1%)	7:34	7.9 (83.2%)
38	WILCZAK Janusz	2687		M40	7	00:00:27	01:44:43	05:03:24.00	05:03:24.00	+00:52:01 (17.1%)	7:35	7.9 (83.2%)

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39	DZIADOWIEC Łukasz	2697		M20	6	00:00:31	01:48:26	05:03:27.50	05:03:27.50	+00:52:05 (17.2%)	7:35	7.9 (83.2%)
40	TWARDOWSKI Tomasz	2556		M30	22	00:00:54	01:50:35	05:05:56.65	05:05:56.65	+00:54:34 (17.8%)	7:38	7.8 (82.1%)
41	PACZKA Michał	2518	RUNONLINE.PL TEAM	M50	3	00:01:05	01:52:27	05:06:09.40	05:06:09.40	+00:54:46 (17.9%)	7:39	7.8 (82.1%)
42	LIB Tomasz	2727		M30	23	00:01:05	01:41:27	05:06:28.30	05:06:28.30	+00:55:05 (18.0%)	7:39	7.8 (82.1%)
43	POSADOWSKI Cyprian	2685		M30	24	00:00:39	01:49:46	05:07:04.55	05:07:04.55	+00:55:42 (18.1%)	7:40	7.8 (82.1%)
44	WĘGRZYN Emil	2620	DBS WARBUD RUNNING TEAM	M20	7	00:00:30	01:47:34	05:07:25.55	05:07:25.55	+00:56:03 (18.2%)	7:41	7.8 (82.1%)
45	STANIEK Anna	2731	PIERDZĄCE ZAJĄCE	K30	1	00:01:03	01:49:25	05:07:41.00	05:07:41.00	+00:56:18 (18.3%)	7:41	7.8 (82.1%)
46	REMIORZ Piotr	2791		M40	8	00:00:58	01:48:46	05:10:24.20	05:10:24.20	+00:59:01 (19.0%)	7:45	7.7 (81.1%)
47	KRAJEWSKI Rafał	2672		M30	25	00:00:54	01:46:15	05:10:47.20	05:10:47.20	+00:59:24 (19.1%)	7:46	7.7 (81.1%)
48	LUTEREK Michał	2544		M30	26	00:01:30	01:54:31	05:12:00.35	05:12:00.35	+01:00:37 (19.4%)	7:48	7.7 (81.1%)
49	CELEBUCKI Paweł	2549		M30	27	00:01:12	01:48:22	05:12:03.95	05:12:03.95	+01:00:41 (19.4%)	7:48	7.7 (81.1%)
50	CUDZICH Mirosław	2627	SYMPTOM	M30	28	00:00:35	01:51:41	05:12:27.90	05:12:27.90	+01:01:05 (19.6%)	7:48	7.7 (81.1%)
51	DULAWA Dawid	2712		M30	29	00:00:15	01:41:28	05:13:56.50	05:13:56.50	+01:02:34 (19.9%)	7:50	7.6 (80.0%)
52	ŻULEWSKI Radosław	2641		M30	30	00:01:06	01:49:07	05:14:22.10	05:14:22.10	+01:02:59 (20.0%)	7:51	7.6 (80.0%)
52	SPRINGER Szymon	2709		M30	31	00:00:49	01:54:39	05:14:22.10	05:14:22.10	+01:02:59 (20.0%)	7:51	7.6 (80.0%)
54	JAZŁOCKI Łukasz	2604		M30	32	00:00:46	01:59:37	05:15:47.35	05:15:47.35	+01:04:24 (20.4%)	7:53	7.6 (80.0%)
55	PUCHACZ Piotr	2734		M40	9	00:00:40	01:50:42	05:16:07.10	05:16:07.10	+01:04:44 (20.5%)	7:54	7.6 (80.0%)
56	DOMISZEWSKA Maria	2342		K50	1	00:00:14	01:55:43	05:16:07.15	05:16:07.15	+01:04:44 (20.5%)	7:54	7.6 (80.0%)
57	WILK Daniel	2796	KLUB BIEGACZA AKTYWNI KRZYŻ WLKP.	M40	10	00:00:37	02:04:03	05:17:32.25	05:17:32.25	+01:06:09 (20.8%)	7:56	7.6 (80.0%)
58	HOFMAŃSKI Rafał	2638		M20	8	00:01:14	01:59:30	05:17:49.30	05:17:49.30	+01:06:26 (20.9%)	7:56	7.6 (80.0%)
59	LUTY Paweł	2750	WWW.BUROWIANKA.PL	M30	33	00:00:30	01:42:41	05:19:29.65	05:19:29.65	+01:08:07 (21.3%)	7:59	7.5 (78.9%)
60	GRINIG Arkadiusz	2608		M30	34	00:00:52	01:51:03	05:19:38.30	05:19:38.30	+01:08:15 (21.4%)	7:59	7.5 (78.9%)
61	PUSKARCZYK Wojciech	2625	AKTYWNY.COM.PL	M30	35	00:00:32	01:55:01	05:19:38.65	05:19:38.65	+01:08:16 (21.4%)	7:59	7.5 (78.9%)

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								netto 40km	brutto 40km			
62	MAKUCH Marcin	2575		M30	36	00:00:43	01:54:02	05:21:04.35	05:21:04.35	+01:09:41 (21.7%)	8:01	7.5 (78.9%)
63	PONIEWOZIK Irek	2619		M30	37	00:00:50	02:10:10	05:22:25.75	05:22:25.75	+01:11:03 (22.0%)	8:03	7.4 (77.9%)
64	SIEMASZKO Wojciech	2690	BIEGAM BO LUBIĘ PASŁĘK	M30	38	00:00:51	02:10:11	05:22:26.30	05:22:26.30	+01:11:03 (22.0%)	8:03	7.4 (77.9%)
65	DROŹDZIEL Mariusz	2728		M30	39		01:42:14	05:22:31.30	05:22:31.30	+01:11:08 (22.1%)	8:03	7.4 (77.9%)
66	KIJ Kinga	2741		K30	2	00:00:57	01:57:49	05:23:33.05	05:23:33.05	+01:12:10 (22.3%)	8:05	7.4 (77.9%)
67	CHUDA Aneta	2523		K30	3	00:00:58	02:02:57	05:24:00.70	05:24:00.70	+01:12:38 (22.4%)	8:06	7.4 (77.9%)
68	KUPTTEL Robert	2596	BIELSK PODLASKI	M40	11	00:00:39	01:52:56	05:25:46.70	05:25:46.70	+01:14:24 (22.8%)	8:08	7.4 (77.9%)
69	PROKOPIUK Robert	2615	-	M40	12	00:00:38	01:53:10	05:25:46.75	05:25:46.75	+01:14:24 (22.8%)	8:08	7.4 (77.9%)
70	KOPACKI Grzegorz	2674	FOLLOWME - ZMIENIAMYFINANSE.PL	M30	40	00:01:07	01:57:43	05:25:50.60	05:25:50.60	+01:14:28 (22.9%)	8:08	7.4 (77.9%)
71	KWAŚNIEWSKI Mariusz	2584		M30	41	00:00:29	01:54:11	05:27:27.80	05:27:27.80	+01:16:05 (23.2%)	8:11	7.3 (76.8%)
72	KOCHAJ Wojciech	2578		M30	42	00:00:22	01:50:39	05:27:38.35	05:27:38.35	+01:16:15 (23.3%)	8:11	7.3 (76.8%)
73	FAULHABER Szymon	2645	CASTORAMA ONE TEAM	M40	13		01:50:04	05:28:19.80	05:28:19.80	+01:16:57 (23.4%)	8:12	7.3 (76.8%)
74	SALWA Krzysztof	2562	SALCLAN-TEAM	M30	43	00:00:18	01:53:40	05:28:45.30	05:28:45.30	+01:17:22 (23.5%)	8:13	7.3 (76.8%)
75	KOZDRA Aleksandra	2838		K20	3	00:00:47	02:06:53	05:29:05.85	05:29:05.85	+01:17:43 (23.6%)	8:13	7.3 (76.8%)
76	MAŁECKI Michał	2624	EDC RUNNERS	M40	14	00:01:01	01:55:37	05:29:34.60	05:29:34.60	+01:18:12 (23.7%)	8:14	7.3 (76.8%)
77	ŚLIWIŃSKI Piotr	2795		M50	4	00:00:59	01:56:42	05:30:02.20	05:30:02.20	+01:18:39 (23.8%)	8:15	7.3 (76.8%)
78	KŁOSOWSKI Karol	2606	LOS TREPOS COMPANIEROS	M30	44	00:01:11	01:58:59	05:31:32.10	05:31:32.10	+01:20:09 (24.2%)	8:17	7.2 (75.8%)
79	SIKORA Bożena	2719	TKKF UKLEJNA MYŚLENICE	K30	4	00:00:20	01:57:08	05:33:29.50	05:33:29.50	+01:22:07 (24.6%)	8:20	7.2 (75.8%)
80	JEŻ Adam	2337	DREAM RUN	M30	45	00:00:19	01:54:39	05:34:55.80	05:34:55.80	+01:23:33 (24.9%)	8:22	7.2 (75.8%)
81	SZCZEPAŃSKA Edyta	2692		K20	4	00:00:45	02:03:26	05:35:23.55	05:35:23.55	+01:24:01 (25.1%)	8:23	7.2 (75.8%)
82	LICZNIERSKI Marek	2654	GRUNWALD TEAM POZNAŃ	M30	46	00:00:49	02:02:20	05:35:51.80	05:35:51.80	+01:24:29 (25.2%)	8:23	7.1 (74.7%)
83	MAĆKOWSKI Daniel	2642		M30	47	00:00:49	02:02:19	05:36:17.80	05:36:17.80	+01:24:55 (25.3%)	8:24	7.1 (74.7%)
84	SZYL Marek	2567	RUNNERS TEAM QUIBL	M30	48	00:01:10	01:58:53	05:36:37.95	05:36:37.95	+01:25:15 (25.3%)	8:24	7.1 (74.7%)

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85	ZATORSKI Paweł	2659	NIGHT DRINKERS	M30	49	00:00:19	01:47:41	05:36:52.90	05:36:52.90	+01:25:30 (25.4%)	8:25	7.1 (74.7%)
86	MUC Tomasz	2726		M40	15	00:00:43	01:55:20	05:37:01.80	05:37:01.80	+01:25:39 (25.4%)	8:25	7.1 (74.7%)
87	RYBCZYŃSKI Przemysław	2511	NIGHT RUNNERS	M50	5	00:01:03	02:04:06	05:37:03.90	05:37:03.90	+01:25:41 (25.4%)	8:25	7.1 (74.7%)
88	WRÓBEL Dariusz	2706	..BYLE DOBIEC...:-)	M40	16	00:00:31	01:59:14	05:40:12.30	05:40:12.30	+01:28:49 (26.1%)	8:30	7.1 (74.7%)
89	KOPP Rafał	2743		M20	9	00:00:32	01:53:05	05:40:47.70	05:40:47.70	+01:29:25 (26.2%)	8:31	7 (73.7%)
90	POSADZKI Paweł	2716	MPFOTO.COM.PL	M30	50	00:00:34	01:55:12	05:40:53.75	05:40:53.75	+01:29:31 (26.3%)	8:31	7 (73.7%)
91	DWORNICKI Michał	2669		M40	17	00:01:04	01:54:28	05:40:54.75	05:40:54.75	+01:29:32 (26.3%)	8:31	7 (73.7%)
92	KORF Tomasz	2602	JEŹDZCY APOKALIPSY	M30	51	00:00:55	02:02:43	05:40:57.75	05:40:57.75	+01:29:35 (26.3%)	8:31	7 (73.7%)
93	KOCIŃSKI Dominik	2341		M30	52	00:00:43	02:12:43	05:41:04.65	05:41:04.65	+01:29:42 (26.3%)	8:31	7 (73.7%)
94	STARZYK Michał	2542	BĄBLE I ODCISKI	M30	53	00:01:00	01:53:22	05:41:59.20	05:41:59.20	+01:30:36 (26.5%)	8:32	7 (73.7%)
95	GRYNFELDER Rafał	2618		M40	18	00:00:36	01:55:29	05:43:13.60	05:43:13.60	+01:31:51 (26.8%)	8:34	7 (73.7%)
96	POTERA Maciej	2594		M30	54	00:00:41	01:59:00	05:43:30.90	05:43:30.90	+01:32:08 (26.8%)	8:35	7 (73.7%)
97	JANKOWSKA Justyna	2647	PYZDRZANIE W BIEGU	K20	5	00:01:20	01:59:07	05:44:53.55	05:44:53.55	+01:33:31 (27.1%)	8:37	7 (73.7%)
98	KRĘCIELEWSKI Tomasz	2346	GWARDIA WARSZAWA / TEAM NUTRILITE	M30	55	00:11:33	02:24:32	05:47:47.00	05:47:47.00	+01:36:24 (27.7%)	8:41	6.9 (72.6%)
99	NAROŹNIK Piotr	2699		M30	56	00:00:42	01:55:10	05:47:51.85	05:47:51.85	+01:36:29 (27.7%)	8:41	6.9 (72.6%)
100	KOSTKA Jacek	2621	DAMAGE INC	M40	19	00:01:09	01:50:36	05:47:58.50	05:47:58.50	+01:36:36 (27.8%)	8:41	6.9 (72.6%)
101	HOROWIC Michał	2700		M20	10	00:00:42	01:55:10	05:48:01.90	05:48:01.90	+01:36:39 (27.8%)	8:42	6.9 (72.6%)
102	DREWUSZEWSKI Maciej	2834	4M	M30	57	00:00:22	02:04:20	05:48:12.35	05:48:12.35	+01:36:49 (27.8%)	8:42	6.9 (72.6%)
103	IWANICKI Piotr	2561	DAMAGE INC	M40	20	00:01:09	01:48:01	05:48:18.50	05:48:18.50	+01:36:56 (27.8%)	8:42	6.9 (72.6%)
104	PITAS Andrzej	2842	ZAPIERDZIELACZE	M40	21	00:00:13	02:07:51	05:48:47.35	05:48:47.35	+01:37:24 (27.9%)	8:43	6.9 (72.6%)
105	BANDER-PASZEK Katarzyna	2732		K30	5	00:01:14	02:14:44	05:48:56.70	05:48:56.70	+01:37:34 (28.0%)	8:43	6.9 (72.6%)
106	OSTAPIŃSKA Magda	2530	OSTRESROKI	K40	2	00:01:19	02:11:31	05:49:35.80	05:49:35.80	+01:38:13 (28.1%)	8:44	6.9 (72.6%)
107	OSTAPIŃSKI Wojtek	2318	OSTRESROKI	M40	22	00:01:19	02:11:30	05:49:37.70	05:49:37.70	+01:38:15 (28.1%)	8:44	6.9 (72.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 0.01km	Radziejowa 17km	Czas netto 40km	Czas brutto 40km	Różn	Tempo min/km	Tempo km/h
108	LITKA Andrzej	2662	W KÓŁKO BIEGAMY	M40	23	00:00:35	01:49:23	05:50:18.35	05:50:18.35	+01:38:55 (28.2%)	8:45	6.9 (72.6%)
109	KAMOLA Dawid	2742	PARTYZANT TARGOWISKA	M20	11	00:00:58	01:57:49	05:50:53.90	05:50:53.90	+01:39:31 (28.4%)	8:46	6.8 (71.6%)
110	SICIARZ Agnieszka	2587	BIEGNĘ, ŻEBY BARTEK MÓGL BIEGAĆ	K40	3	00:00:18	02:11:45	05:51:20.85	05:51:20.85	+01:39:58 (28.5%)	8:47	6.8 (71.6%)
111	PIOTRKOWSKI Rafael	2343		M30	58	00:00:53	02:13:07	05:51:24.25	05:51:24.25	+01:40:01 (28.5%)	8:47	6.8 (71.6%)
112	KACZMAREK Paweł	2603	JEŹDZCY APOKALIPSY	M30	59	00:00:56	02:02:48	05:52:11.00	05:52:11.00	+01:40:48 (28.6%)	8:48	6.8 (71.6%)
113	KOŁACZ Liliana	2744		K30	6	00:00:17	02:05:59	05:52:13.85	05:52:13.85	+01:40:51 (28.6%)	8:48	6.8 (71.6%)
114	KUROPATWIŃSKI Tomasz	2524		M30	60	00:01:12	02:04:00	05:52:14.35	05:52:14.35	+01:40:51 (28.6%)	8:48	6.8 (71.6%)
114	RADWAN Andrzej	2735	ITMBW KRAKÓW	M50	6	00:01:12	02:04:00	05:52:14.35	05:52:14.35	+01:40:51 (28.6%)	8:48	6.8 (71.6%)
114	BALCERZAK Tomasz	2792	MARATOŃCZYK POZNAŃ	M40	24	00:01:25	02:04:10	05:52:14.35	05:52:14.35	+01:40:51 (28.6%)	8:48	6.8 (71.6%)
117	GAWLIK Adam	2675	SILESIBOXING	M40	25	00:00:30	02:04:55	05:52:33.00	05:52:33.00	+01:41:10 (28.7%)	8:48	6.8 (71.6%)
118	JACHACZ Maciej	2327	INTER POLSKA RUNNING TEAM	M40	26	00:00:15	02:02:55	05:53:20.70	05:53:20.70	+01:41:58 (28.9%)	8:50	6.8 (71.6%)
119	HAJEC Damian	2652		M20	12	00:00:46	02:09:46	05:53:34.15	05:53:34.15	+01:42:11 (28.9%)	8:50	6.8 (71.6%)
120	DZIERŻYŃSKI Piotr	2799		M40	27	00:00:41	02:08:43	05:53:57.70	05:53:57.70	+01:42:35 (29.0%)	8:50	6.8 (71.6%)
121	KRUPA Jarosław	2629	BSAC MOKOBODY	M40	28	00:01:11	02:00:21	05:55:06.70	05:55:06.70	+01:43:44 (29.2%)	8:52	6.8 (71.6%)
122	STOLARZ Łukasz	2738	ALLIANZ RUNNING TEAM	M30	61	00:01:02	01:57:06	05:55:18.00	05:55:18.00	+01:43:55 (29.2%)	8:52	6.8 (71.6%)
123	WOJCICKI Bohdan	2739	ALLIANZ RUNNING TEAM	M30	62	00:01:02	01:56:51	05:55:18.30	05:55:18.30	+01:43:55 (29.3%)	8:52	6.8 (71.6%)
124	GURANOWSKI Mikołaj	2560	DAMAGE INC	M40	29	00:01:09	01:54:38	05:56:13.90	05:56:13.90	+01:44:51 (29.4%)	8:54	6.7 (70.5%)
125	KULAS Łukasz	2749	SAMOTNIK	M30	63	00:00:33	02:03:02	05:56:25.45	05:56:25.45	+01:45:02 (29.5%)	8:54	6.7 (70.5%)
126	CHLEBIŃSKI Maciej	2745	RZESZOWSKIE GAZELE I GEPARDY	M30	64	00:01:00	01:51:47	05:58:11.50	05:58:11.50	+01:46:49 (29.8%)	8:57	6.7 (70.5%)
126	WIĄCEK Krzysztof	2693		M50	7	00:01:13	02:01:45	05:58:11.50	05:58:11.50	+01:46:49 (29.8%)	8:57	6.7 (70.5%)
128	DOCZEKALSKA Paulina	2589	RUN BYDGOSZCZ	K30	7	00:01:08	02:11:37	05:59:06.30	05:59:06.30	+01:47:43 (30.0%)	8:58	6.7 (70.5%)
129	WĘCŁAWSKI Łukasz	2648	LUWE	M30	65	00:01:01	02:09:15	06:02:50.65	06:02:50.65	+01:51:28 (30.7%)	9:04	6.6 (69.5%)
130	SZATKOWSKA Monika	2529	KOBIETYBIEGAJA/WOMEN'SRUNNING	K20	6	00:00:41	02:05:03	06:03:03.00	06:03:03.00	+01:51:40 (30.8%)	9:04	6.6 (69.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 0.01km	Radziejowa 17km	Czas netto 40km	Czas brutto 40km	Różn	Tempo min/km	Tempo km/h
131	ZAREMBA Michał	2788	SPORT TEAM BIEGA	M30	66	00:00:25	02:05:57	06:03:14.80	06:03:14.80	+01:51:52 (30.8%)	9:04	6.6 (69.5%)
132	BUDA Marzena	2740		K20	7	00:00:40	02:05:03	06:05:25.20	06:05:25.20	+01:54:02 (31.2%)	9:08	6.6 (69.5%)
133	PORTACHA Katarzyna	2633		K30	8	00:01:25	02:14:06	06:05:53.45	06:05:53.45	+01:54:30 (31.3%)	9:08	6.6 (69.5%)
133	KAMIŃSKI Marek	2331		M30	67	00:01:27	02:14:06	06:05:53.45	06:05:53.45	+01:54:30 (31.3%)	9:08	6.6 (69.5%)
135	DRWIĘGA Beata	2536	POZYTYWNE ZABIEGANI SANOK	K40	4	00:00:56	02:11:26	06:06:15.20	06:06:15.20	+01:54:52 (31.4%)	9:09	6.6 (69.5%)
136	WOJTACZKA Witold	2724	BOBOWSKA GRUPA BIEGOWA	M20	13	00:00:16	01:50:34	06:07:59.75	06:07:59.75	+01:56:37 (31.7%)	9:11	6.5 (68.4%)
137	PASZEK Tomasz	2733		M30	68	00:01:14	02:14:34	06:08:04.65	06:08:04.65	+01:56:42 (31.7%)	9:12	6.5 (68.4%)
138	MOĆKO Daniel	2526	AKTYWNY RELAKS	M40	30	00:00:44	02:09:53	06:08:54.95	06:08:54.95	+01:57:32 (31.9%)	9:13	6.5 (68.4%)
139	LULEWICZ Anna	2711		K30	9	00:00:17	02:11:39	06:09:07.20	06:09:07.20	+01:57:44 (31.9%)	9:13	6.5 (68.4%)
140	SROCZYŃSKI Marcin	2332	OSTRESROKI	M30	69	00:01:19	02:19:04	06:09:11.30	06:09:11.30	+01:57:48 (31.9%)	9:13	6.5 (68.4%)
141	KRZOS Piotr	2547		M30	70		02:08:06	06:10:36.40	06:10:36.40	+01:59:13 (32.2%)	9:15	6.5 (68.4%)
142	WYKUŻ Michał	2339	BIEGAM ZA KARĘ...	M30	71	00:00:20	02:05:14	06:11:31.65	06:11:31.65	+02:00:09 (32.3%)	9:17	6.5 (68.4%)
143	PIKIEWICZ Bartłomiej	2548	PZSF	M30	72	00:01:02	02:15:59	06:12:00.80	06:12:00.80	+02:00:38 (32.4%)	9:18	6.5 (68.4%)
144	GRISZCZENKO Ela	2705		K20	8	00:01:20	02:16:14	06:12:46.85	06:12:46.85	+02:01:24 (32.6%)	9:19	6.4 (67.4%)
145	ANDRZEJEWSKI Piotr	2790	FND	M30	73	00:00:40	01:57:04	06:13:31.85	06:13:31.85	+02:02:09 (32.7%)	9:20	6.4 (67.4%)
146	CZACHOWSKI Michal	2702		M40	31	00:01:27	02:13:48	06:13:39.10	06:13:39.10	+02:02:16 (32.7%)	9:20	6.4 (67.4%)
147	SKALSKI Tomasz	2800	SCANIA	M50	8	00:00:54	02:14:30	06:14:09.10	06:14:09.10	+02:02:46 (32.8%)	9:21	6.4 (67.4%)
148	SASIN Andrzej	2516		M40	32	00:00:44	02:09:52	06:16:49.00	06:16:49.00	+02:05:26 (33.3%)	9:25	6.4 (67.4%)
149	MALICKI Mateusz	2752		M20	14	00:00:38	02:09:15	06:20:37.70	06:20:37.70	+02:09:15 (34.0%)	9:30	6.3 (66.3%)
150	BEDNARSKI Paweł	2729		M30	74	00:00:31	02:07:59	06:21:07.45	06:21:07.45	+02:09:44 (34.0%)	9:31	6.3 (66.3%)
151	LESZEK-KRÓLIKOWSKA Patrycja	2631	RABBITS	K30	10	00:00:36	02:24:36	06:22:10.65	06:22:10.65	+02:10:48 (34.2%)	9:33	6.3 (66.3%)
152	PRANDZIOCH Karolina	2528		K30	11	00:01:03	02:17:33	06:23:03.85	06:23:03.85	+02:11:41 (34.4%)	9:34	6.3 (66.3%)
153	SZCZYPIÓR Marta	2670		K30	12	00:01:20	02:22:40	06:23:08.80	06:23:08.80	+02:11:46 (34.4%)	9:34	6.3 (66.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 0.01km	Radziejowa 17km	Czas netto 40km	Czas brutto 40km	Różn	Tempo min/km	Tempo km/h
154	KOWALCZUK Cezary	2673		M30	75	00:00:54	02:19:02	06:24:11.80	06:24:11.80	+02:12:49 (34.6%)	9:36	6.2 (65.3%)
155	BIELICKA Daria	2501	NIGHT RUNNERS	K30	13	00:00:44	02:10:29	06:25:28.15	06:25:28.15	+02:14:05 (34.8%)	9:38	6.2 (65.3%)
156	SOBIESKA Katarzyna	2649	ŁĄCZKA TEAM LEGNICA	K40	5	00:00:24	02:18:59	06:26:01.80	06:26:01.80	+02:14:39 (34.9%)	9:39	6.2 (65.3%)
157	GEBKA Michał	2617	WEEKENDOWOWYPRAWOWO.PL	M40	33	00:00:36	02:04:13	06:26:09.75	06:26:09.75	+02:14:47 (34.9%)	9:39	6.2 (65.3%)
158	PODKÓWKA Zbigniew	2315	UTP BYDGOSZCZ	M50	9	00:00:46	02:14:45	06:26:41.85	06:26:41.85	+02:15:19 (35.0%)	9:40	6.2 (65.3%)
159	DUDEK Arkadiusz	2668		M50	10	00:00:37	02:11:47	06:26:45.70	06:26:45.70	+02:15:23 (35.0%)	9:40	6.2 (65.3%)
160	WILGAT Adam	2320	DZIKIE SKRZYDŁO	M40	34	00:00:28	02:19:49	06:27:37.80	06:27:37.80	+02:16:15 (35.2%)	9:41	6.2 (65.3%)
161	WOJDANOWSKI Jan	2336	KB HARCOWNIK JELCZ-LASKOWICE	M50	11	00:00:48	02:13:48	06:27:38.10	06:27:38.10	+02:16:15 (35.2%)	9:41	6.2 (65.3%)
162	NIEMIEC-DRWIĘGA Bernadeta	2551		K40	6	00:00:58	02:11:21	06:27:55.55	06:27:55.55	+02:16:33 (35.2%)	9:41	6.2 (65.3%)
163	DROBOT Piotr	2582	POZYTYWNE ZABIEGANI SANOK	M40	35	00:00:57	02:11:22	06:27:55.90	06:27:55.90	+02:16:33 (35.2%)	9:41	6.2 (65.3%)
164	KUBISIAK Dariusz	2747		M50	12	00:01:18	02:14:41	06:28:22.85	06:28:22.85	+02:17:00 (35.3%)	9:42	6.2 (65.3%)
165	GABRUK Michał	2656	JEŹDŹCY APOKALIPSY	M30	76	00:00:56	02:06:23	06:28:57.30	06:28:57.30	+02:17:34 (35.4%)	9:43	6.2 (65.3%)
166	KUREK Staszek	2707		M40	36	00:00:51	02:06:39	06:32:14.85	06:32:14.85	+02:20:52 (35.9%)	9:48	6.1 (64.2%)
167	KAMIŃSKI Robert	2323	12TRI.PL	M40	37	00:01:18	02:28:18	06:32:29.80	06:32:29.80	+02:21:07 (36.0%)	9:48	6.1 (64.2%)
168	PROCHWICZ Tomasz	2655		M30	77	00:01:06	02:20:02	06:33:49.85	06:33:49.85	+02:22:27 (36.2%)	9:50	6.1 (64.2%)
169	NOWAK Jarosław	2550		M40	38	00:00:51	02:12:03	06:33:56.90	06:33:56.90	+02:22:34 (36.2%)	9:50	6.1 (64.2%)
170	KORBUT Radosław	2344	KONIUCHY OCR	M30	78	00:00:49	02:25:02	06:34:31.15	06:34:31.15	+02:23:08 (36.3%)	9:51	6.1 (64.2%)
171	GRABOWICZ Paweł	2321		M40	39	00:00:50	02:24:54	06:34:48.30	06:34:48.30	+02:23:25 (36.3%)	9:52	6.1 (64.2%)
172	BRZOZOWSKA Katarzyna	2569	4K	K40	7	00:01:05	02:19:59	06:36:11.20	06:36:11.20	+02:24:48 (36.6%)	9:54	6.1 (64.2%)
173	KIJOWSKA Aldona	2568	MARKOWI BIEGACZE	K30	14	00:01:04	02:19:58	06:36:11.30	06:36:11.30	+02:24:48 (36.6%)	9:54	6.1 (64.2%)
174	STARCZYŃSKA Aneta	2643		K40	8	00:01:20	02:19:07	06:36:52.70	06:36:52.70	+02:25:30 (36.7%)	9:55	6 (63.2%)
175	WIŚNIEWSKA Dorota	2573	ESKADRA KRAKÓW	K30	15	00:01:17	02:28:05	06:37:59.95	06:37:59.95	+02:26:37 (36.8%)	9:56	6 (63.2%)
176	MISZTAŁ Rafał	2572	ESKADRA KRAKÓW	M40	40	00:01:16	02:28:05	06:38:00.30	06:38:00.30	+02:26:37 (36.8%)	9:57	6 (63.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 0.01km	Radziejowa 17km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 40km	brutto 40km			
177	ŚWITALSKA Jowita	2340	NIGHT RUNNERS +	K30	16	00:00:21	02:15:04	06:38:05.65	06:38:05.65	+02:26:43 (36.9%)	9:57	6 (63.2%)
178	MATYJA Adam	2334	NR+	M30	79	00:00:24	02:15:05	06:38:06.65	06:38:06.65	+02:26:44 (36.9%)	9:57	6 (63.2%)
179	WRONA Tomasz	2540	PARKRUN KONSTANCIN	M20	15	00:01:10	02:15:23	06:38:51.30	06:38:51.30	+02:27:28 (37.0%)	9:58	6 (63.2%)
180	CHUDECKI Andrzej	2681		M30	80	00:00:46	02:24:26	06:39:06.65	06:39:06.65	+02:27:44 (37.0%)	9:58	6 (63.2%)
181	DRWIĘGA Maciej	2666	POZYTYWNIIE ZABIEGANISANOK	M40	41	00:00:56	02:06:41	06:39:22.25	06:39:22.25	+02:27:59 (37.1%)	9:59	6 (63.2%)
182	JANUSZ Grzegorz	2517	UMCS BIEGA	M40	42	00:01:24	02:17:42	06:39:31.65	06:39:31.65	+02:28:09 (37.1%)	9:59	6 (63.2%)
183	GLINIANY Małgorzata	2736		K40	9	00:01:02	02:28:34	06:39:38.80	06:39:38.80	+02:28:16 (37.1%)	9:59	6 (63.2%)
184	SOSZYŃSKA Małgorzata	2837	CZŁAPACZE	K50	2	00:01:25	02:30:17	06:39:59.15	06:39:59.15	+02:28:36 (37.2%)	9:59	6 (63.2%)
185	WRÓBEL Radosław	2543	BĄBLE I ODCISKI	M30	81	00:01:01	02:06:37	06:40:42.80	06:40:42.80	+02:29:20 (37.3%)	10:01	6 (63.2%)
186	JASIŃSKI Rafał	2663	RAFAŁ JASIŃSKI	M30	82	00:01:07	02:01:47	06:40:57.95	06:40:57.95	+02:29:35 (37.3%)	10:01	6 (63.2%)
187	FIUK Krzysztof	2577		M50	13	00:00:19	02:11:35	06:41:53.00	06:41:53.00	+02:30:30 (37.5%)	10:02	6 (63.2%)
188	PIETRZAK Maciej	2678		M40	43	00:01:13	02:13:36	06:42:06.20	06:42:06.20	+02:30:43 (37.5%)	10:03	6 (63.2%)
189	ŚPIEWAK Aleksander	2677		M30	83	00:01:13	02:13:38	06:42:06.35	06:42:06.35	+02:30:43 (37.5%)	10:03	6 (63.2%)
190	KUŁAKOWSKI Piotr	2580	CZŁAPACZE	M60	1	00:01:26	02:24:55	06:42:33.15	06:42:33.15	+02:31:10 (37.6%)	10:03	6 (63.2%)
191	MAZERSKI Grzegorz	2335		M30	84	00:00:47	02:19:38	06:42:50.15	06:42:50.15	+02:31:27 (37.6%)	10:04	6 (63.2%)
192	MISZCZYK Marcin	2593	RONCHE QCYKI	M40	44	00:00:48	02:26:25	06:43:20.80	06:43:20.80	+02:31:58 (37.7%)	10:05	6 (63.2%)
193	KWAŚNIEWSKI Andrzej	2590	RONCHE QCYKI	M40	45	00:00:49	02:26:29	06:43:21.55	06:43:21.55	+02:31:59 (37.7%)	10:05	6 (63.2%)
194	PŁOTEK Tomasz	2520	DĄBROWA GÓRNICZA	M30	85	00:01:06	02:14:52	06:43:38.15	06:43:38.15	+02:32:15 (37.7%)	10:05	5.9 (62.1%)
195	RÓWNIAK Michał	2583		M40	46	00:01:22	02:11:03	06:43:59.70	06:43:59.70	+02:32:37 (37.8%)	10:05	5.9 (62.1%)
196	HARNIK Michał	2713	CKB TARNOBRZEG	M30	86	00:00:51	02:14:32	06:44:28.60	06:44:28.60	+02:33:06 (37.9%)	10:06	5.9 (62.1%)
197	MAJOR Sandra	2686		K20	9	00:00:54	02:19:02	06:44:36.40	06:44:36.40	+02:33:13 (37.9%)	10:06	5.9 (62.1%)
198	ADAMSKI Bartłomiej	2591	RONCHE QCYKI	M40	47	00:00:50	02:26:53	06:44:39.55	06:44:39.55	+02:33:17 (37.9%)	10:06	5.9 (62.1%)
199	ANGOWSKI Marcin	2650		M30	87	00:00:45	02:14:42	06:44:47.50	06:44:47.50	+02:33:25 (37.9%)	10:07	5.9 (62.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 0.01km	Radziejowa 17km	Czas netto 40km	Czas brutto 40km	Różn	Tempo min/km	Tempo km/h
200	RUSIN Krzysztof	2597		M30	88	00:00:15	01:30:41	06:44:53.70	06:44:53.70	+02:33:31 (37.9%)	10:07	5.9 (62.1%)
201	HANGIEL Urszula	2703		K30	17	00:01:26	02:30:14	06:44:58.20	06:44:58.20	+02:33:35 (37.9%)	10:07	5.9 (62.1%)
202	STYŚ - LITWIN Magdalena	2794		K30	18	00:01:15	02:29:47	06:45:01.10	06:45:01.10	+02:33:38 (37.9%)	10:07	5.9 (62.1%)
203	OGÓREK Monika	2521		K20	10	00:00:53	02:19:54	06:45:09.35	06:45:09.35	+02:33:46 (38.0%)	10:07	5.9 (62.1%)
204	WASIELEWSKI Włodek	2317	KLUB SPORTOWY ZDZIESZOWICE-BIKE TEAM	M40	48	00:00:51	02:22:37	06:45:09.90	06:45:09.90	+02:33:47 (38.0%)	10:07	5.9 (62.1%)
205	ROGOZIŃSKA Monika	2698	SS DRUŻYNA WIL	K30	19	00:01:04	02:09:17	06:45:36.50	06:45:36.50	+02:34:14 (38.0%)	10:08	5.9 (62.1%)
206	MIERZEJEWSKI Jacek	2534	AMATOR	M40	49	00:01:06	02:14:47	06:47:15.60	06:47:15.60	+02:35:53 (38.3%)	10:10	5.9 (62.1%)
207	CZYŻ Dorota	2691		K40	10	00:01:15	02:29:47	06:51:34.60	06:51:34.60	+02:40:12 (38.9%)	10:17	5.8 (61.1%)
208	KORNIŁOW Piotr	2500		M40	50	00:00:46	02:34:22	06:52:18.65	06:52:18.65	+02:40:56 (39.0%)	10:18	5.8 (61.1%)
209	STOPPA Marek	2651		M30	89	00:01:17	02:10:37	06:53:03.15	06:53:03.15	+02:41:40 (39.1%)	10:19	5.8 (61.1%)
210	MIŁKOWSKI Marcin	2661		M30	90	00:01:06	02:24:21	06:54:20.00	06:54:20.00	+02:42:57 (39.3%)	10:21	5.8 (61.1%)
211	PAWEŁCZUK Piotr	2563		M30	91	00:00:58	02:30:36	06:55:48.05	06:55:48.05	+02:44:25 (39.5%)	10:23	5.8 (61.1%)
212	PIELAK Marcin	2574	MARKOWI BIEGACZE	M40	51	00:01:05	02:29:30	06:56:38.95	06:56:38.95	+02:45:16 (39.7%)	10:24	5.8 (61.1%)
213	FIGURSKA Honorata	2557	MARKOWI BIEGACZE	K40	11	00:01:05	02:29:32	06:56:39.00	06:56:39.00	+02:45:16 (39.7%)	10:24	5.8 (61.1%)
214	LENARCZYK Michał	2664	MOROWY ROJBER	M20	16	00:01:19	02:21:20	06:57:44.80	06:57:44.80	+02:46:22 (39.8%)	10:26	5.7 (60.0%)
215	MALINOWSKI Kuba	2722	MOROWY ROJBER	M20	17	00:01:19	02:21:24	06:57:44.95	06:57:44.95	+02:46:22 (39.8%)	10:26	5.7 (60.0%)
215	LENARCZYK Marcin	2665	MOROWY ROJBER	M30	92	00:01:20	02:21:30	06:57:44.95	06:57:44.95	+02:46:22 (39.8%)	10:26	5.7 (60.0%)
217	HORBACZEWSKI Marek	2545		M50	14	00:01:22	02:19:51	06:58:37.95	06:58:37.95	+02:47:15 (40.0%)	10:27	5.7 (60.0%)
218	WYRWAŁ Krzysztof	2695		M40	52	00:00:57	02:20:24	06:58:38.05	06:58:38.05	+02:47:15 (40.0%)	10:27	5.7 (60.0%)
219	KOJDER Grzegorz	2688		M20	18	00:00:59	02:22:31	06:59:28.30	06:59:28.30	+02:48:05 (40.1%)	10:29	5.7 (60.0%)
220	KOJDER Iwona	2515		K20	11	00:00:59	02:22:42	06:59:28.40	06:59:28.40	+02:48:05 (40.1%)	10:29	5.7 (60.0%)
221	RATAJCZAK Tomasz	2653	TERAZ ALBO NIGDY	M30	93	00:01:23	02:16:39	07:04:01.70	07:04:01.70	+02:52:39 (40.7%)	10:36	5.7 (60.0%)
222	MISZCZUK Andrzej	2646	CASTORAMA ONE-TEAM	M30	94	00:01:16	02:14:04	07:08:01.90	07:08:01.90	+02:56:39 (41.3%)	10:42	5.6 (58.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 0.01km	Radziejowa 17km	Czas netto 40km	Czas brutto 40km	Różn	Tempo min/km	Tempo km/h
223	KUCIŃSKA Magdalena	2600	MAGDALENA KUCIŃSKA	K30	20	00:00:47	02:29:50	07:08:24.95	07:08:24.95	+02:57:02 (41.3%)	10:42	5.6 (58.9%)
224	GAWĘDA Arkadiusz	2610		M30	95	00:00:39	02:10:45	07:20:51.20	07:20:51.20	+03:09:28 (43.0%)	11:01	5.4 (56.8%)
225	WEGIERA Andrzej	2328	LUBELSKA GRUPA TRIATHLONU	M40	53	00:00:53	02:27:56	07:26:16.10	07:26:16.10	+03:14:53 (43.7%)	11:09	5.4 (56.8%)
226	KNUREK Jakub	2626		M20	19	00:01:24	02:34:13	07:26:18.95	07:26:18.95	+03:14:56 (43.7%)	11:09	5.4 (56.8%)
227	NIEMCZYK Pablo	2676		M40	54	00:01:12	02:40:53	07:27:23.75	07:27:23.75	+03:16:01 (43.8%)	11:11	5.4 (56.8%)
228	ZABOROWSKA-SOŁTYS Małgorzata	2753		K40	12	00:00:52	02:35:38	07:36:14.70	07:36:14.70	+03:24:52 (44.9%)	11:24	5.3 (55.8%)
229	SOŁTYS Krzysztof	2754		M40	55	00:00:52	02:35:39	07:36:15.10	07:36:15.10	+03:24:52 (44.9%)	11:24	5.3 (55.8%)
230	PĘKAL Artur	2324	SADLINKI	M40	56	00:01:14	02:27:30	07:37:19.85	07:37:19.85	+03:25:57 (45.0%)	11:25	5.2 (54.7%)
231	SKURSKA Monika	2552		K40	13	00:00:35	02:35:40	07:40:33.70	07:40:33.70	+03:29:11 (45.4%)	11:30	5.2 (54.7%)
232	KWIECIEŃ Jacek	2564	MARKOWI BIEGACZE	M60	2	00:01:09	02:29:44	07:40:41.05	07:40:41.05	+03:29:18 (45.4%)	11:31	5.2 (54.7%)
233	PIOTROWSKI Marek	2553	KB LEW LEGNICA	M50	15	00:00:35	02:26:41	07:40:44.30	07:40:44.30	+03:29:21 (45.4%)	11:31	5.2 (54.7%)
234	NITA Małgorzata	2319		K40	14	00:00:50	02:44:58	07:41:57.00	07:41:57.00	+03:30:34 (45.6%)	11:32	5.2 (54.7%)
235	MAZUR-RUDNICKA Marlena	2347		K30	21	00:01:08	02:55:17	07:46:19.35	07:46:19.35	+03:34:56 (46.1%)	11:39	5.1 (53.7%)
236	ŚWIERGUŁA Mariusz Michał	2797		M30	96	00:01:09	02:30:08	07:48:16.80	07:48:16.80	+03:36:54 (46.3%)	11:42	5.1 (53.7%)
237	ŚWIERGUŁA Michał	2798		M30	97	00:01:08	02:29:39	07:49:29.90	07:49:29.90	+03:38:07 (46.5%)	11:44	5.1 (53.7%)
238	FRANCUZ Mariusz	2326		M40	57	00:00:26	02:22:30	07:51:52.10	07:51:52.10	+03:40:29 (46.7%)	11:47	5.1 (53.7%)
239	GLINIANY Adam	2737	ZABIEGANA RODZINKA	M40	58	00:01:02	02:47:04	08:01:56.35	08:01:56.35	+03:50:33 (47.8%)	12:02	5 (52.6%)
240	MARIAŃCZYK Beata	2704		K30	22		02:47:09	08:03:55.55	08:03:55.55	+03:52:33 (48.1%)	12:05	5 (52.6%)
241	DĄBROWSKA Danuta	2689		K50	3	00:01:15	02:59:46	08:16:46.15	08:16:46.15	+04:05:23 (49.4%)	12:25	4.8 (50.5%)
242	RUTKOWSKA Małgorzata	2313		K40	15	00:00:49	02:51:21	08:40:59.45	08:40:59.45	+04:29:36 (51.8%)	13:01	4.6 (48.4%)
	WÓJCIK Robert	2639	WOJCIKALA.BLOGSPOT.COM	M30		00:00:26 DNF	01:37:24 DNF	DNF	DNF		-	- (0.0%)
	CZERWIECKI Marcin	2330		M30		00:00:23 DNF	01:58:40 DNF	DNF	DNF		-	- (0.0%)
	NASKRĘT Bartłomiej	2338	BIEGAM BO LUBIĘ:)	M30		00:00:19 DNF	DNF	DNF	DNF		-	- (0.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 0.01km	Radziejowa 17km	Czas netto 40km	Czas brutto 40km	Różn	Tempo min/km	Tempo km/h
	KUCZMENDA Katarzyna	2793		K30		00:01:15 DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 246 wynik(ów)