



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

RUDAWY ZIMOWY FESTIWAL BIEGOWY  
Fundacja Szczyt za Szczytem  
2023-02-18  
Karpniki  
10.5 km

## DZIESIĄTKA

B4SPORT

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INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K50

| Msc | Zawodnik                    | Numer | Klub              | Kategoria | Mkat | Husyckie<br>Skały<br>3.5km | 4.4km    | Szwajcarka<br>4.5km | Czas<br>netto<br>10.5km | Czas<br>brutto<br>10.5km | Różn                 | Tempo<br>min/km | Tempo<br>km/h  |
|-----|-----------------------------|-------|-------------------|-----------|------|----------------------------|----------|---------------------|-------------------------|--------------------------|----------------------|-----------------|----------------|
| 1   | WOCH Agnieszka              | 1027  |                   | K50       | 1    | 00:23:31                   | 00:36:46 | 00:37:20            | 01:15:51.65             | 01:15:55.60              |                      | 7:13            | 8.3 (100%)     |
| 2   | BARTOSZAK Dorota            | 979   | SZYNSZYLA GNIEZNO | K50       | 2    | 00:29:13                   | 00:45:16 | 00:45:43            | 01:33:39.05             | 01:33:50.90              | +00:17:55<br>(19.1%) | 8:55            | 6.7<br>(80.7%) |
| 3   | LESAK- JAŚKOWSKA Sylwia     | 1060  |                   | K50       | 3    | 00:33:29                   | 00:52:24 | 00:53:01            | 01:51:10.15             | 01:51:16.15              | +00:35:20<br>(31.8%) | 10:35           | 5.7<br>(68.7%) |
| 4   | GRACZYK Magdalena           | 1025  |                   | K50       | 4    | 00:36:43                   | 00:56:18 | 00:57:25            | 01:56:53.15             | 01:57:21.20              | +00:41:25<br>(35.3%) | 11:07           | 5.4<br>(65.1%) |
| 5   | BASTA Joanna                | 950   | BASTA TEAM        | K50       | 5    | 00:35:06                   | 00:55:53 | 00:57:23            | 02:00:00.55             | 02:00:03.30              | +00:44:07<br>(36.8%) | 11:25           | 5.3<br>(63.9%) |
| 6   | BARYŁA Dorota               | 1002  |                   | K50       | 6    | 00:42:17                   | 01:06:19 | 01:08:13            | 02:18:25.95             | 02:18:52.55              | +01:02:56<br>(45.3%) | 13:10           | 4.6<br>(55.4%) |
| 7   | SZYDŁOWSKA-JAROSZ Agnieszka | 976   | POBIEROWO BIEGA   | K50       | 7    | 00:43:55                   | 01:05:09 | 01:07:02            | 02:18:28.30             | 02:18:53.15              | +01:02:57<br>(45.3%) | 13:11           | 4.5<br>(54.2%) |
| 8   | BIELASZEWSKA Arleta         | 960   | POBIEROWO BIEGA   | K50       | 8    | 00:45:43                   | 01:11:21 | 01:12:38            | 02:22:03.40             | 02:22:10.95              | +01:06:15<br>(46.6%) | 13:31           | 4.4<br>(53.0%) |
| 9   | JUDKIEWICZ Halina           | 974   |                   | K50       | 9    | 00:53:04                   | 01:22:49 | 01:23:56            | 02:37:37.55             | 02:38:03.40              | +01:22:07<br>(52.0%) | 15:00           | 4 (48.2%)      |

Znaleziono 9 wynik(ów)