



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

RUDAWY ZIMOWY FESTIWAL BIEGOWY
Fundacja Szczyt za Szczytem
2022-02-19
Karpniki
10.5 km

DZIESIĄTKA

B4SPORT

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INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	Czas netto 10.5km	Czas brutto 10.5km	Różn	Tempo min/km	Tempo km/h
1	WITEK Andrzej	950	140MINUT.PL / DYNAFIT	M30	1	00:23:56	00:49:28.40	00:49:30.40		4:42	12.7 (100%)
2	LULIS Dawid	1064	ALTRA TEAM RED	M30	2	00:27:48	00:57:47.00	00:57:48.65	+00:08:18 (14.4%)	5:30	10.9 (85.8%)
3	PAWLIK Paweł	1002		M30	3	00:29:56	01:01:37.60	01:01:39.90	+00:12:09 (19.7%)	5:52	10.2 (80.3%)
4	BIELA Konrad	978	GOPR KARKONOSZE	M30	4	00:30:00	01:01:45.95	01:01:48.25	+00:12:17 (19.9%)	5:52	10.2 (80.3%)
5	STĘPIEŃ Paweł	957		M30	5	00:30:12	01:02:58.30	01:03:00.90	+00:13:30 (21.4%)	5:59	10 (78.7%)
6	PROKOP Mateusz	1051		M30	6	00:32:04	01:06:49.40	01:06:59.00	+00:17:28 (26.1%)	6:21	9.4 (74.0%)
7	STELMACH Szymon	1074	DRÄXLMAIER	M30	7	00:31:41	01:06:58.70	01:07:02.55	+00:17:32 (26.2%)	6:22	9.4 (74.0%)
8	ŚLIWIŃSKI Paweł	1082		M30	8	00:32:57	01:10:10.05	01:10:13.55	+00:20:43 (29.5%)	6:40	9 (70.9%)
9	BIELAWSKI Jakub	1077	DRÄXLMAIER	M30	9	00:35:04	01:12:46.60	01:12:48.75	+00:23:18 (32.0%)	6:55	8.7 (68.5%)
10	KRAKOWSKI Michał	1072		M30	10	00:35:08	01:16:27.55	01:16:30.25	+00:26:59 (35.3%)	7:16	8.2 (64.6%)
11	SZWARC Grzegorz	1063	S.C. REP	M30	11	00:38:17	01:17:08.55	01:17:29.45	+00:27:59 (36.1%)	7:20	8.2 (64.6%)
12	ZBOROWSKI Marcin	1013		M30	12	00:39:03	01:22:18.05	01:22:22.35	+00:32:51 (39.9%)	7:50	7.7 (60.6%)
13	ZIENTARA Krzysztof	1032		M30	13	00:38:38	01:22:23.40	01:22:34.00	+00:33:03 (40.0%)	7:50	7.6 (59.8%)
14	KLIMEK Wojciech	990	ORTHOS TEAM	M30	14	00:44:11	01:27:54.70	01:28:00.60	+00:38:30 (43.7%)	8:22	7.2 (56.7%)
15	SOWIŃSKI Konrad	956		M30	15	00:44:48	01:29:08.15	01:29:23.55	+00:39:53 (44.6%)	8:29	7.1 (55.9%)
16	BEMBENEK Karol	1043		M30	16	00:45:20	01:32:42.15	01:32:58.90	+00:43:28 (46.8%)	8:49	6.8 (53.5%)
17	SKOWRONEK Tomasz	951		M30	17	00:50:43	01:38:24.90	01:38:38.50	+00:49:08 (49.8%)	9:22	6.4 (50.4%)
18	SZPERNALOWSKI Grzegorz	989		M30	18	00:49:07	01:39:20.35	01:39:29.20	+00:49:58 (50.2%)	9:27	6.3 (49.6%)
19	MRÓWKA Mariusz	1003		M30	19	00:52:19	01:49:17.80	01:49:24.05	+00:59:53 (54.7%)	10:24	5.8 (45.7%)
20	KWIOTEK Grzegorz	1068		M30	20	01:00:37	02:01:13.20	02:01:31.75	+01:12:01 (59.3%)	11:32	5.2 (40.9%)
21	SOBOCIŃSKI Karol	778	PIĘKNI I BESTIE	M30	21	01:03:35	02:03:38.20	02:03:51.80	+01:14:21 (60.0%)	11:46	5.1 (40.2%)

Znaleziono 21 wynik(ów)