



Wydarzenie: RUDAWY ZIMOWY FESTIWAL BIEGOWY
Organizator: Fundacja Szczyt za Szczytem
Data: 2022-02-19
Miejsce: Karpniki
Dystans: 10.5 km

DZIESIĄTKA

B4SPORT

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: OPEN Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5km	Czas netto 10.5km	Czas brutto 10.5km	Różn	Tempo min/km	Tempo km/h
1	BIAŁOŁOCKA Alicja	971		K30	1	00:30:48	01:03:22.15	01:03:25.00		6:02	9.9 (100%)
2	WOLSKA Kasia	1057	OLEJ RUNNING TEAM	K30	2	00:32:27	01:06:14.15	01:06:17.20	+00:02:52 (4.3%)	6:18	9.5 (96.0%)
3	ZDEBSKA Magdalena	1011		K30	3	00:34:37	01:12:50.75	01:12:53.95	+00:09:28 (13.0%)	6:56	8.6 (86.9%)
4	KAWECKA Małgorzata	1075	DRÄXLMAIER	K40	1	00:36:01	01:12:58.85	01:13:01.60	+00:09:36 (13.2%)	6:56	8.6 (86.9%)
5	KUTSKO Oksana	1089		K20	1	00:35:44	01:14:46.45	01:14:51.85	+00:11:26 (15.3%)	7:07	8.4 (84.8%)
6	KRYSTYNA Grzybowska	1019	PROGRESJA	K40	2	00:35:46	01:16:57.85	01:17:03.45	+00:13:38 (17.7%)	7:19	8.2 (82.8%)
7	PĘCZAR Aneta	979	MAD RUNNERS	K20	2	00:37:31	01:17:38.20	01:17:41.80	+00:14:16 (18.4%)	7:23	8.1 (81.8%)
8	KOCHMAN Katarzyna	964	#SOBASTEAM	K30	4	00:38:16	01:19:54.80	01:20:00.00	+00:16:35 (20.7%)	7:36	7.9 (79.8%)
9	WASILEWSKA Małgorzata	992		K20	3	00:43:53	01:24:22.40	01:24:30.45	+00:21:05 (25.0%)	8:02	7.5 (75.8%)
10	UPTAS Ewa	1015	FITNESS I SQASCH	K40	3	00:44:59	01:26:07.90	01:26:15.95	+00:22:50 (26.5%)	8:12	7.3 (73.7%)
11	PAWLIKOWSKA Anna	1029		K40	4	00:43:54	01:27:22.15	01:27:30.25	+00:24:05 (27.5%)	8:19	7.2 (72.7%)
12	MYTKOWSKA Joanna	1087		K40	5	00:42:41	01:27:38.95	01:27:50.70	+00:24:25 (27.8%)	8:20	7.2 (72.7%)
13	BANACH Aleksandra	955		K20	4	00:44:48	01:29:19.70	01:29:34.50	+00:26:09 (29.2%)	8:30	7.1 (71.7%)
14	MACHNICKA Wiktoria	975	MOCZ, ŻÓŁĆ, SOKI ŻOŁĄDKA	K20	5	00:45:09	01:30:06.90	01:30:21.05	+00:26:56 (29.8%)	8:34	7 (70.7%)
15	WIRKIJOWSKA Aneta	987	NOA	K40	6	00:44:51	01:30:45.00	01:30:45.00	+00:27:20 (30.1%)	8:38	6.9 (69.7%)
16	KORCZYŃSKA-ZDĄBŁARZ Marta	1050		K30	5	00:45:42	01:31:58.25	01:32:02.35	+00:28:37 (31.1%)	8:45	6.9 (69.7%)
17	KALINOWSKA Kamila	1058	RUN BYDGOSZCZ	K50	1	00:44:52	01:32:27.50	01:32:37.20	+00:29:12 (31.5%)	8:48	6.8 (68.7%)
18	RENCZMIŃ Izabela	982		K40	7	00:45:28	01:33:53.05	01:34:00.50	+00:30:35 (32.5%)	8:56	6.7 (67.7%)
19	MODZELEWSKA Agnieszka	1012		K40	8	00:46:58	01:34:05.55	01:34:13.90	+00:30:48 (32.7%)	8:57	6.7 (67.7%)
20	LEDNICKA Lidia	1061		K40	9	00:48:38	01:36:17.20	01:36:35.80	+00:33:10 (34.3%)	9:10	6.5 (65.7%)
21	SOKOLSKA Marta	1020		K20	6	00:47:56	01:36:28.70	01:36:39.65	+00:33:14 (34.4%)	9:11	6.5 (65.7%)
22	STĘPIEŃ Patrycja	1042		K30	6	00:49:51	01:37:28.75	01:37:45.70	+00:34:20 (35.1%)	9:16	6.5 (65.7%)
23	GRYGLAK Adrianna	966		K20	7	00:49:12	01:37:38.20	01:37:52.15	+00:34:27 (35.2%)	9:17	6.5 (65.7%)
24	KASZEWSKA Agnieszka	1076	DRÄXLMAIER	K40	10	00:49:25	01:38:06.35	01:38:09.90	+00:34:44 (35.4%)	9:20	6.4 (64.6%)
25	MARTAN Iwona	1045		K40	11	00:50:33	01:38:26.55	01:38:38.10	+00:35:13 (35.7%)	9:22	6.4 (64.6%)
26	GAJEWSKA Weronika	1001	RYSIE	K40	12	00:49:01	01:39:31.25	01:39:44.85	+00:36:19 (36.4%)	9:28	6.3 (63.6%)
27	CIEKAŃSKA Joanna	1053		K40	13	00:50:22	01:39:37.45	01:39:48.35	+00:36:23 (36.5%)	9:29	6.3 (63.6%)
28	ANTONIAK Teresa	1056	BOLESŁAWIEC	K40	14	00:50:31	01:40:17.75	01:40:25.95	+00:37:00 (36.9%)	9:33	6.3 (63.6%)
29	KUCHCINSKA Diana	1052		K40	15	00:50:21	01:41:06.75	01:41:17.35	+00:37:52 (37.4%)	9:37	6.2 (62.6%)

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30	BANACH-SKOWRONEK Joanna	952		K30	7	00:50:22	01:42:15.85	01:42:28.70	+00:39:03 (38.1%)	9:44	6.2 (62.6%)
31	KUSZ Joanna	1016	CROSS STRACEŃCÓW TEAM	K30	8	00:53:29	01:44:32.45	01:44:39.90	+00:41:14 (39.4%)	9:57	6 (60.6%)
32	OLEJNICZAK Urszula	1048	CROSS STRACEŃCÓW TEAM	K20	8	00:53:29	01:44:32.35	01:44:40.40	+00:41:15 (39.4%)	9:57	6 (60.6%)
33	SZOTA Weronika	983		K30	9	00:53:26	01:45:13.35	01:45:25.55	+00:42:00 (39.8%)	10:01	6 (60.6%)
34	ZDUNEK Małgorzata	993		K40	16	00:52:18	01:45:59.45	01:46:02.60	+00:42:37 (40.2%)	10:05	5.9 (59.6%)
35	MENZEL Zofia	953	ULTRA DIABŁY TEAM LUBRZA	K60	1	00:53:45	01:46:20.75	01:46:26.50	+00:43:01 (40.4%)	10:07	5.9 (59.6%)
36	SOBKÓW Katarzyna	1039		K30	10	00:54:04	01:46:33.20	01:46:49.85	+00:43:24 (40.6%)	10:08	5.9 (59.6%)
37	ZAZULA Marlena	1055		K60	2	00:54:25	01:47:03.05	01:47:11.55	+00:43:46 (40.8%)	10:11	5.9 (59.6%)
38	SZCZURASZEK Izabela	1035		K30	11	00:53:00	01:47:34.40	01:47:40.45	+00:44:15 (41.1%)	10:14	5.9 (59.6%)
39	SYNDER-TAMBORSKA Katarzyna	1009	HTF LUDWIK SIKORSKI	K40	17	00:53:19	01:49:12.60	01:49:32.30	+00:46:07 (42.1%)	10:24	5.8 (58.6%)
40	GRZĄBA Joanna	1006		K40	18	00:53:22	01:50:32.65	01:50:39.35	+00:47:14 (42.7%)	10:31	5.7 (57.6%)
41	ADAMCZAK Sylwia	1067		K40	19	00:55:21	01:50:31.65	01:50:47.85	+00:47:22 (42.8%)	10:31	5.7 (57.6%)
42	BALCERZAK Agnieszka	981		K40	20	00:55:11	01:54:30.25	01:54:41.15	+00:51:16 (44.7%)	10:54	5.5 (55.6%)
43	SOBIERAJSKA Paulina	1017		K40	21	01:01:27	02:00:56.95	02:01:04.10	+00:57:39 (47.6%)	11:31	5.2 (52.5%)
44	BŁACHUT Natalia	1026		K30	12	01:01:25	02:02:17.35	02:02:37.40	+00:59:12 (48.3%)	11:38	5.2 (52.5%)
45	PLUSKOTA Ewa	1071		K30	13	01:03:37	02:03:38.65	02:03:51.90	+01:00:26 (48.8%)	11:46	5.1 (51.5%)
46	JARMUŁO Agnieszka	1014		K40	22	01:01:28	02:06:09.65	02:06:17.45	+01:02:52 (49.8%)	12:00	5 (50.5%)
47	KACZMAREK Anna	1018		K30	14	01:02:43	02:07:07.25	02:07:14.55	+01:03:49 (50.2%)	12:06	5 (50.5%)
48	POKORNY Joanna	999		K50	2	01:00:19	02:08:11.55	02:08:16.25	+01:04:51 (50.6%)	12:12	4.9 (49.5%)
49	DZIERGAS-KARCZMIT Paulina	994		K30	15	01:07:08	02:10:45.05	02:10:54.35	+01:07:29 (51.6%)	12:27	4.8 (48.5%)
50	PODSIEDLIK Viola	1037		K40	23	01:04:57	02:13:05.85	02:13:19.25	+01:09:54 (52.4%)	12:40	4.7 (47.5%)
51	PARTYKA Agnieszka	1090	KB HARCOWNIK	K40	24	01:06:39	02:13:55.60	02:14:07.40	+01:10:42 (52.7%)	12:45	4.7 (47.5%)
52	KOZIEŁ Natalia	1049	TOUR DE RUN	K40	25	01:12:53	02:17:53.60	02:18:06.75	+01:14:41 (54.1%)	13:07	4.6 (46.5%)
53	LAKWA Karina	1062	ORTHOS TEAM	K40	26	01:13:26	02:28:11.80	02:28:35.90	+01:25:10 (57.3%)	14:06	4.3 (43.4%)
54	GÓRSKA-KRZESŁOWSKA Sylwia	1059	ORTHOS TEAM	K40	27	01:13:27	02:28:18.30	02:28:42.05	+01:25:17 (57.4%)	14:07	4.2 (42.4%)
55	PODSIEDLIK Alicja	1038		K20	9	01:16:15	02:29:36.80	02:29:50.70	+01:26:25 (57.7%)	14:14	4.2 (42.4%)
56	BIELASZEWSKA Arleta	958	POBIEROWO BIEGA	K50	3	01:25:17	02:34:47.90	02:35:03.80	+01:31:38 (59.1%)	14:44	4.1 (41.4%)
57	BARYŁA Dorota	972		K50	4	01:17:34	02:36:01.90	02:36:18.55	+01:32:53 (59.4%)	14:51	4 (40.4%)
58	SZYDŁOWSKA-JAROSZ Agnieszka	965	POBIEROWO BIEGA	K50	5	01:25:47	02:39:24.90	02:39:40.40	+01:36:15 (60.3%)	15:10	4 (40.4%)
59	TAŃSKA Katarzyna	997		K30	16	01:35:02	02:56:41.60	02:56:51.80	+01:53:26 (64.1%)	16:49	3.6 (36.4%)
60	MIKSA Emilia	998		K30	17	01:35:05	02:57:26.45	02:57:36.65	+01:54:11 (64.3%)	16:53	3.6 (36.4%)
Przekroczony limit czasu: 03:00:00											
61	JUDKIEWICZ Halina	986		K50	6	01:31:34	03:05:12.20	03:05:28.55	+02:02:03 (65.8%)	17:38	3.4 (34.3%)
	BOROŃ-KOSIK Magda	969		K40		DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 62 wynik(ów)