



Wydarzenie: RUDAWY ZIMOWY FESTIWAL BIEGOWY
Organizator: Fundacja Szczyt za Szczytem
Data: 2024-02-10
Miejsce: Karpniki
Dystans: 10.5 km

DZIESIĄTKA

B4SPORT

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: OPEN Kobiety

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szwajcarka 4.5km	Czas netto 10.5km	Czas brutto 10.5km	Różn	Tempo min/km	Tempo km/h
1	FICNER Anna	1064		K30	1	00:29:19	00:59:40.80	00:59:46.90		5:40	10.6 (100%)
2	NOWAKOWSKA Anna	1051	ZAWISZA BYDGOSZCZ	K30	2	00:29:53	01:01:52.80	01:01:57.80	+00:02:10 (3.5%)	5:53	10.2 (96.2%)
3	FLOREK Katarzyna	1011	AW-SZYBCIEJ-TEAM	K30	3	00:32:54	01:07:02.85	01:07:08.15	+00:07:21 (11.0%)	6:23	9.4 (88.7%)
4	LULIS Anna	1058	#SOBASTEAM	K40	1	00:35:13	01:12:28.45	01:12:33.45	+00:12:46 (17.6%)	6:54	8.7 (82.1%)
5	RABIEJ-OLSZEWSKA Hanna	1036	SOBASTEAM	K30	4	00:37:56	01:18:41.75	01:18:47.25	+00:19:00 (24.1%)	7:29	8 (75.5%)
6	FOGIEL-PAWŁOWSKA Agnieszka	974	PĘDZĄCY W MIEJSCU	K40	2	00:37:59	01:19:07.30	01:19:14.20	+00:19:27 (24.6%)	7:32	8 (75.5%)
7	HULALKA Anna	1013		K20	1	00:38:40	01:19:42.05	01:19:51.10	+00:20:04 (25.1%)	7:35	7.9 (74.5%)
8	ERBEL Paulina	979		K30	5	00:40:19	01:22:05.85	01:22:24.15	+00:22:37 (27.5%)	7:49	7.7 (72.6%)
9	WYTYKOWSKA Joanna	1021	ŁKW	K40	3	00:39:30	01:22:22.05	01:22:34.55	+00:22:47 (27.6%)	7:50	7.6 (71.7%)
10	JANIAK Magdalena	1000		K20	2	00:38:57	01:23:29.65	01:23:36.45	+00:23:49 (28.5%)	7:57	7.5 (70.8%)
11	RAKIEJ Magdalena	1034	ALOHA TEAM	K30	6	00:41:41	01:28:21.75	01:28:28.35	+00:28:41 (32.4%)	8:24	7.1 (67.0%)
12	SZAL Małgorzata	956	TENIS CENTRUM AS	K30	7	00:42:09	01:28:46.60	01:29:03.40	+00:29:16 (32.9%)	8:27	7.1 (67.0%)
13	PAWLIKOWSKA Anna	1031		K50	1	00:44:11	01:29:18.20	01:29:27.05	+00:29:40 (33.2%)	8:30	7.1 (67.0%)
14	STARCZEWSKA Izabela	968	ULTRA DIABŁY TEAM LUBRZA	K50	2	00:43:44	01:29:26.55	01:29:43.15	+00:29:56 (33.4%)	8:31	7 (66.0%)
15	ZAPART-CZASŁAWSKA Ewa	1004	AGAT ZŁOTORYJA	K40	4	00:44:31	01:29:45.15	01:30:05.85	+00:30:18 (33.6%)	8:32	7 (66.0%)
16	GRABARA Dorota	1002	ŚWIERADÓW-ZDRÓJ GÓRSKIE UZDROWISKO	K30	8	00:44:35	01:31:49.95	01:32:04.55	+00:32:17 (35.1%)	8:44	6.9 (65.1%)
17	BANACH Olga	1010		K20	3	00:48:10	01:35:28.40	01:35:40.70	+00:35:53 (37.5%)	9:05	6.6 (62.3%)
18	DACZKOWSKA Agata	1053		K30	9	00:46:06	01:35:47.65	01:35:54.30	+00:36:07 (37.7%)	9:07	6.6 (62.3%)
19	DANAJ Paulina	1054		K30	10	00:46:02	01:36:20.00	01:36:26.40	+00:36:39 (38.0%)	9:10	6.5 (61.3%)
20	WOJCIEROWSKA Weronika	995	RYSIE	K40	5	00:47:28	01:36:40.30	01:36:54.15	+00:37:07 (38.3%)	9:12	6.5 (61.3%)
21	MAZIARZ Jowita	998		K40	6	00:48:08	01:36:52.95	01:37:11.60	+00:37:24 (38.5%)	9:13	6.5 (61.3%)
22	FIERKOWICZ Teresa	1008	ŚWIERADÓW-ZDRÓJ GÓRSKIE UZDROWISKO	K50	3	00:49:25	01:40:33.10	01:40:48.90	+00:41:02 (40.7%)	9:34	6.3 (59.4%)
23	ORŁOWSKA Justyna	1033		K40	7	00:48:17	01:41:33.40	01:41:41.80	+00:41:54 (41.2%)	9:40	6.2 (58.5%)
24	MARCZAK Ola	1014	KB HARCOWNIK JELCZ-LASKOWICE	K30	11	00:50:40	01:43:06.65	01:43:17.25	+00:43:30 (42.1%)	9:49	6.1 (57.5%)
25	DREWNIAK Karolina	1067		K40	8	00:49:21	01:43:28.25	01:43:49.95	+00:44:03 (42.4%)	9:51	6.1 (57.5%)
26	GAJ Agnieszka	1030		K30	12	00:51:23	01:45:30.75	01:45:38.50	+00:45:51 (43.4%)	10:02	6 (56.6%)
27	KOŃ Aleksandra	996		K40	9	00:51:47	01:46:25.55	01:46:47.80	+00:47:00 (44.0%)	10:08	5.9 (55.7%)
28	MURAWSKA Joanna	952		K30	13	00:55:25	01:47:06.95	01:47:26.30	+00:47:39 (44.4%)	10:12	5.9 (55.7%)
29	ŚLIWKA Anna	958		K30	14	00:53:27	01:47:28.70	01:47:42.85	+00:47:55 (44.5%)	10:14	5.9 (55.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szwajcarka		Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
						4.5km	10.5km	10.5km				
30	BERNACKA Kinga	973		K30	15	00:51:07	01:48:30.70	01:48:39.75	+00:48:52 (45.0%)	10:20	5.8 (54.7%)	
31	GRZĄBA Magdalena	966		K20	4	00:56:30	01:50:39.15	01:50:48.85	+00:51:01 (46.1%)	10:32	5.7 (53.8%)	
32	RÓŻYCKA Joanna	999		K40	10	00:55:58	01:51:29.40	01:51:48.95	+00:52:02 (46.5%)	10:37	5.7 (53.8%)	
33	GRZEGORSKA Karolina	1039		K30	16	00:55:30	01:51:43.30	01:51:56.55	+00:52:09 (46.6%)	10:38	5.6 (52.8%)	
34	KUPKA Martyna	1073		K30	17	00:55:32	01:53:20.40	01:53:34.25	+00:53:47 (47.4%)	10:47	5.6 (52.8%)	
35	OLEJNIK Anna	1072		K30	18	00:55:32	01:53:21.85	01:53:34.85	+00:53:47 (47.4%)	10:47	5.6 (52.8%)	
36	ORLIK Małgorzata	997		K40	11	00:56:00	01:53:59.75	01:54:18.90	+00:54:32 (47.7%)	10:51	5.5 (51.9%)	
37	GRZĄBA Joanna	970		K50	4	00:56:52	01:56:52.00	01:57:02.60	+00:57:15 (48.9%)	11:07	5.4 (50.9%)	
38	SZOTT Magdalena	1029	ORTHOS TEAM	K30	19	00:59:14	01:58:11.00	01:58:35.00	+00:58:48 (49.6%)	11:15	5.3 (50.0%)	
39	SZELAĞIEWICZ Małgorzata	1026	CI OD RUDEGO KOTA	K40	12	00:59:24	01:58:40.65	01:58:52.05	+00:59:05 (49.7%)	11:18	5.3 (50.0%)	
40	BRELA Ewa	983		K30	20	01:02:03	02:04:59.45	02:05:09.35	+01:05:22 (52.2%)	11:54	5 (47.2%)	
41	BIAŁAS Elwira	954		K40	13	01:02:50	02:04:56.50	02:05:17.15	+01:05:30 (52.3%)	11:53	5 (47.2%)	
42	OBRYCKA Agnieszka	1063		K40	14	01:03:55	02:05:22.45	02:05:32.10	+01:05:45 (52.4%)	11:56	5 (47.2%)	
43	MATUSIAK Adriana	1017		K50	5	01:01:57	02:05:42.45	02:06:01.55	+01:06:14 (52.6%)	11:58	5 (47.2%)	
44	LUKASIK Katarzyna	971	KZS	K40	15	01:01:03	02:06:21.95	02:06:39.75	+01:06:52 (52.8%)	12:02	5 (47.2%)	
45	SZEWCZYK Anna	993		K40	16	01:03:55	02:07:05.40	02:07:16.80	+01:07:29 (53.0%)	12:06	5 (47.2%)	
46	TRĘBACZ Marianna	1038		K40	17	01:06:11	02:08:37.15	02:08:47.15	+01:09:00 (53.6%)	12:14	4.9 (46.2%)	
47	FRANKOWSKA Weronika	1001		K30	21	01:06:02	02:08:42.65	02:08:59.85	+01:09:12 (53.7%)	12:15	4.9 (46.2%)	
48	FRANKOWSKA Julia	1028		K20	5	01:06:17	02:09:14.35	02:09:30.70	+01:09:43 (53.8%)	12:18	4.9 (46.2%)	
49	KROPIELNICKA Katarzyna	964		K30	22	01:04:31	02:09:54.50	02:10:19.35	+01:10:32 (54.1%)	12:22	4.8 (45.3%)	
50	PARTYKA Agnieszka	1025	KB HARCOWNIK JELCZ-LASKOWICE	K40	18	01:04:57	02:17:19.35	02:17:32.95	+01:17:46 (56.5%)	13:04	4.6 (43.4%)	
	CIEŚLIK-KOT Aleksandra	992		K40		02:03:46 DNF	DNF	DNF	-	-	- (0.0%)	
	POZNIAK Maria	981		K20		DNF	DNF	DNF	-	-	- (0.0%)	
	WINNICKA Edyta	1044	ADIDAS RUNNERS WARSAW / SŁODKIE PĄCZKI	K30		DNF	DNF	DNF	-	-	- (0.0%)	
	ZACZYŃSKA-POZNIAK Jarka	980	OD JEZIORA DO JEZIORA	K50		DNF	DNF	DNF	-	-	- (0.0%)	

Znaleziono 54 wynik(ów)