



Klasyfikacja: Wszyscy

E10 BIEG WSCHODZĄCEGO SŁOŃCA

B4SPORT

Wydarzenie: Festiwal Biegów Alpejskich 2019
Organizator: "Kozica" Fundacja Biegów Górskich
Data: 2019-08-04
Miejsce: Zawoja
Dystans: 4,7 km

B4SPORT
INTELEGNTE ZAWODY SPORTOWE

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 4.7km	Czas brutto 4.7km	Różn	Tempo min/km	Tempo km/h
1	JAWORSKI Zbigniew	161		Open M	1	00:35:34.85	00:35:35.75		7:34	7.9 (100%)
2	SKUPIEŃ Witold	220	KS OBIDOWIEC OBIDOWA	Open M	2	00:36:52.30	00:36:53.30	+00:01:17 (3.5%)	7:50	7.6 (96.2%)
3	SKUPIEŃ Tomasz	19	MUAY RUNNING TEAM	Open M	3	00:38:59.75	00:39:00.30	+00:03:24 (8.7%)	8:17	7.2 (91.1%)
4	KĄCKI Tomasz	8		Open M	4	00:39:29.40	00:39:31.50	+00:03:55 (9.9%)	8:24	7.1 (89.9%)
5	KOPIEC Przemek	192		Open M	5	00:41:08.35	00:41:11.05	+00:05:35 (13.6%)	8:45	6.9 (87.3%)
6	PODSIADŁO Mikołaj	28	GRIVEL-SCARPA-JULBO TEAM POLSKA	Open M	6	00:41:34.25	00:41:35.10	+00:05:59 (14.4%)	8:50	6.8 (86.1%)
7	PÓŁTORAK Sylwester	102	DOBCZYCKI KLUB BIEGACZA	Open M	7	00:41:33.60	00:41:35.60	+00:05:59 (14.4%)	8:50	6.8 (86.1%)
8	WARMUZ Bartłomiej	232	WOJSKOWA AKADEMIA TECHNICZNA/KW WARSZAWA	Open M	8	00:42:09.60	00:42:10.65	+00:06:34 (15.6%)	8:58	6.7 (84.8%)
9	SZALA Krzysztof	222	BIEGAMGDZIECHCE.PL	Open M	9	00:42:28.95	00:42:30.30	+00:06:54 (16.3%)	9:02	6.6 (83.5%)
10	LISICKI Kamil	13	JOHNNIE RUNNER TEAM	Open M	10	00:43:04.45	00:43:05.30	+00:07:29 (17.4%)	9:10	6.5 (82.3%)
11	STARZAK Paweł	20		Open M	11	00:43:04.80	00:43:06.50	+00:07:30 (17.4%)	9:10	6.5 (82.3%)
12	TWARDOSZ Paweł	29	PKS OLIMPIJCZYK GILOWICE	Open M	12	00:43:51.55	00:43:53.05	+00:08:17 (18.9%)	9:20	6.4 (81.0%)
13	ZAKOWICZ Paweł	26	PIECHOTĄ PO SCHODACH - ŁÓDŹ	Open M	13	00:44:31.95	00:44:34.75	+00:08:59 (20.2%)	9:28	6.3 (79.7%)
14	SZCZUREK Dominik	245	BIEGANIE TO MOJE PALIWO	Open M	14	00:44:51.00	00:44:54.00	+00:09:18 (20.7%)	9:32	6.3 (79.7%)
15	UBDA Łukasz	230	MDM NT TEAM	Open M	15	00:44:52.65	00:44:56.60	+00:09:20 (20.8%)	9:32	6.3 (79.7%)
16	MORAWA Mateusz	15	LACHO TEAM	Open M	16	00:44:57.45	00:45:00.25	+00:09:24 (20.9%)	9:34	6.3 (79.7%)
17	DZIERWA Marcin	2	NOWA HUTA TEAM	Open M	17	00:45:06.30	00:45:07.55	+00:09:31 (21.1%)	9:35	6.3 (79.7%)
18	ZATORSKA Izabela	24	ALPIN SPORT HOKA ONE ONE TEAM	Open K	1	00:45:21.65	00:45:22.65	+00:09:46 (21.6%)	9:38	6.2 (78.5%)
19	NOWAK Łukasz	209	NOA	Open M	18	00:45:51.85	00:45:57.95	+00:10:22 (22.6%)	9:45	6.2 (78.5%)
20	ORKWISZEWSKA Ola	211	SCARPA TEAM POLSKA	Open K	2	00:46:03.75	00:46:06.15	+00:10:30 (22.8%)	9:48	6.1 (77.2%)
21	FIDELUS Jacek	3	WCHSZT	Open M	19	00:46:27.90	00:46:30.35	+00:10:54 (23.5%)	9:53	6.1 (77.2%)
22	MACIOŁ Sebastian	249	TTA BIERUŃ	Open M	20	00:46:33.10	00:46:37.85	+00:11:02 (23.7%)	9:54	6.1 (77.2%)
23	KUBICKI Darek	194	JUCON	Open M	21	00:47:45.20	00:47:50.35	+00:12:14 (25.6%)	10:09	5.9 (74.7%)
24	GOLA Radek	181	DROGA-DO-500K.BLOGSPOT.COM	Open M	22	00:48:15.10	00:48:20.00	+00:12:44 (26.4%)	10:16	5.8 (73.4%)
25	GRUSZKA Grzegorz	184	ENDURANCE TEAM	Open M	23	00:48:41.25	00:48:43.05	+00:13:07 (26.9%)	10:21	5.8 (73.4%)
26	ZACHARA Dawid	238		Open M	24	00:48:36.10	00:48:44.30	+00:13:08 (27.0%)	10:20	5.8 (73.4%)
27	MŁOCEK Krzysztof	204		Open M	25	00:48:39.80	00:48:46.90	+00:13:11 (27.0%)	10:21	5.8 (73.4%)
28	KLIMA Adam	191	RUNHOGS TYCHY	Open M	26	00:48:42.30	00:48:48.05	+00:13:12 (27.1%)	10:21	5.8 (73.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 4.7km	Czas brutto 4.7km	Różn	Tempo min/km	Tempo km/h
29	KORPALSKI Tomasz	11	AKADEMIA BIEGOWA GDYNIA	Open M	27	00:48:53.70	00:48:56.30	+00:13:20 (27.3%)	10:24	5.8 (73.4%)
30	WICHŁACZ Paweł	23	KB MANIC POZNAŃ	Open M	28	00:49:22.60	00:49:28.40	+00:13:52 (28.1%)	10:30	5.7 (72.2%)
31	MAREK Sławomir	201		Open M	29	00:49:27.55	00:49:40.95	+00:14:05 (28.4%)	10:31	5.7 (72.2%)
32	SZCZUREK Sławek	224		Open M	30	00:49:47.90	00:49:54.60	+00:14:18 (28.7%)	10:35	5.7 (72.2%)
33	SZCZEPANIK Renata	223	GECKO CLIMB, SWIM, BIKE & RUN	Open K	3	00:51:19.65	00:51:21.45	+00:15:45 (30.7%)	10:55	5.5 (69.6%)
34	JUREK Daniel	188		Open M	31	00:51:33.65	00:51:39.15	+00:16:03 (31.1%)	10:58	5.5 (69.6%)
35	MALEK Grzegorz	14		Open M	32	00:51:47.45	00:51:54.10	+00:16:18 (31.4%)	11:01	5.4 (68.4%)
36	KIJANKA Artur	9		Open M	33	00:51:56.05	00:52:00.10	+00:16:24 (31.5%)	11:02	5.4 (68.4%)
37	PACHURA Kinga	21		Open K	4	00:52:59.55	00:53:01.40	+00:17:25 (32.9%)	11:16	5.3 (67.1%)
38	STOPA Paweł	187		Open M	34	00:53:02.00	00:53:05.20	+00:17:29 (32.9%)	11:17	5.3 (67.1%)
39	HOLONA Maciek	243	FORMA WODZISLAW	Open M	35	00:53:07.85	00:53:11.60	+00:17:35 (33.1%)	11:18	5.3 (67.1%)
40	MŁYNARZ Kamil	25	1990	Open M	36	00:53:36.05	00:53:37.25	+00:18:01 (33.6%)	11:24	5.3 (67.1%)
41	MATEJUK Arkadiusz	202	BEZTLENOWI MALBORK	Open M	37	00:54:15.85	00:54:21.20	+00:18:45 (34.5%)	11:32	5.2 (65.8%)
42	HOŁUJ Andrzej	185		Open M	38	00:54:22.75	00:54:27.00	+00:18:51 (34.6%)	11:34	5.2 (65.8%)
43	BARAN Lucjan	173	KLUB BIEGOWY PERŁA	Open M	39	00:54:19.45	00:54:29.65	+00:18:53 (34.7%)	11:33	5.2 (65.8%)
44	MROWCA Joanna	16	SM KAMOS	Open K	5	00:54:28.70	00:54:31.15	+00:18:55 (34.7%)	11:35	5.2 (65.8%)
45	RYGIEL Janusz	216		Open M	40	00:54:29.30	00:54:32.10	+00:18:56 (34.7%)	11:35	5.2 (65.8%)
46	KUŚ Jakub	248		Open M	41	00:54:40.05	00:54:46.45	+00:19:10 (35.0%)	11:37	5.2 (65.8%)
47	BARON Łukasz	174		Open M	42	00:54:50.70	00:54:56.55	+00:19:20 (35.2%)	11:40	5.1 (64.6%)
48	LIGNAR Dominik	197		Open M	43	00:54:53.25	00:55:05.35	+00:19:29 (35.4%)	11:40	5.1 (64.6%)
49	DWORNIK Maciek	1	WARCZĄCE SZPRYCHY	Open M	44	00:55:17.20	00:55:20.40	+00:19:44 (35.7%)	11:45	5.1 (64.6%)
50	BAJDA Michał	171		Open M	45	00:55:40.25	00:55:43.75	+00:20:08 (36.1%)	11:50	5.1 (64.6%)
51	WŁODARZ Piotr	236		Open M	46	00:56:05.35	00:56:16.80	+00:20:41 (36.8%)	11:55	5 (63.3%)
52	WOŹNIAK Michał	237		Open M	47	00:56:12.45	00:56:18.35	+00:20:42 (36.8%)	11:57	5 (63.3%)
53	NIZIOŁEK Marek	208	ZADYSZKA OSWIECIM	Open M	48	00:56:13.20	00:56:24.00	+00:20:48 (36.9%)	11:57	5 (63.3%)
54	TRZCIELIŃSKI Roman	22	PSY WARSZAWA	Open M	49	00:56:31.50	00:56:39.40	+00:21:03 (37.2%)	12:01	5 (63.3%)
55	SZCZĘSNA Edyta	241	CARBON OCR RACING TEAM	Open K	6	00:57:13.50	00:57:25.45	+00:21:49 (38.0%)	12:10	4.9 (62.0%)
56	WIATR Wojciech	233	ENDURANCE TEAM	Open M	50	00:57:22.85	00:57:27.70	+00:21:51 (38.1%)	12:12	4.9 (62.0%)
57	TOMASZEWSKI Rafał	228		Open M	51	00:57:44.25	00:57:53.70	+00:22:17 (38.5%)	12:17	4.9 (62.0%)
58	GÓRKA Bogusław	182		Open M	52	00:57:59.05	00:58:06.85	+00:22:31 (38.7%)	12:20	4.9 (62.0%)
59	BUJOK Maria	175	KARLIK PRZEZCHLEBIE	Open K	7	00:58:19.55	00:58:25.00	+00:22:49 (39.1%)	12:24	4.8 (60.8%)
60	SUŁKOWSKI Olek	221	WUJEK BIEGA	Open M	53	00:58:38.65	00:58:51.15	+00:23:15 (39.5%)	12:28	4.8 (60.8%)
61	MURZYN Krysia	206	DKB	Open K	8	00:58:49.25	00:58:55.90	+00:23:20 (39.6%)	12:30	4.8 (60.8%)
62	SZTANGA Michał	225		Open M	54	00:58:59.30	00:59:12.40	+00:23:36 (39.9%)	12:32	4.8 (60.8%)
63	DYREK Marcin	178		Open M	55	00:59:47.65	00:59:56.30	+00:24:20 (40.6%)	12:43	4.7 (59.5%)
64	ZACHURA Szymon	239		Open M	56	00:59:54.35	01:00:04.85	+00:24:29 (40.8%)	12:44	4.7 (59.5%)
65	KASTELIK Grzegorz	7	ADVENTURE MOUNTAINS	Open M	57	01:00:14.75	01:00:22.05	+00:24:46 (41.0%)	12:49	4.7 (59.5%)
66	RYNDZIEWICZ Marcin	217		Open M	58	01:01:26.80	01:01:36.25	+00:26:00 (42.2%)	13:04	4.6 (58.2%)
67	OLSZAK Jakub	210		Open M	59	01:01:27.75	01:01:36.95	+00:26:01 (42.2%)	13:04	4.6 (58.2%)
68	MYŚLICKA Natalia	207		Open K	9	01:01:30.50	01:01:40.05	+00:26:04 (42.3%)	13:05	4.6 (58.2%)
69	GRABIAS Aleksandra	6		Open K	10	01:01:40.60	01:01:42.75	+00:26:07 (42.3%)	13:07	4.6 (58.2%)
70	BARTOSZEWICZ Adam	31	OCR POLSKA	Open M	60	01:02:28.80	01:02:32.10	+00:26:56 (43.1%)	13:17	4.5 (57.0%)
71	KORBUT Radosław	10		Open M	61	01:02:29.35	01:02:34.35	+00:26:58 (43.1%)	13:17	4.5 (57.0%)
72	GIZA Radosław	180		Open M	62	01:02:31.20	01:02:42.65	+00:27:06 (43.2%)	13:18	4.5 (57.0%)

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73	WIECZOREK Patrycja	234	-	Open K	11	01:03:25.00	01:03:25.00	+00:27:49 (43.9%)	13:29	4.4 (55.7%)
73	MATEJUK Marcin	203	BEZTLENOWI MALBORK	Open M	63	01:03:20.40	01:03:25.00	+00:27:49 (43.9%)	13:28	4.5 (57.0%)
75	MARKIEWICZ Mateusz	244	BRAK	Open M	64	01:04:34.95	01:04:37.75	+00:29:02 (44.9%)	13:44	4.4 (55.7%)
76	TOMASZEWSKA Oktawia	227		Open K	12	01:04:48.85	01:04:59.25	+00:29:23 (45.2%)	13:47	4.4 (55.7%)
77	KRYSTOSIK Agata	193		Open K	13	01:05:21.00	01:05:26.00	+00:29:50 (45.6%)	13:54	4.3 (54.4%)
78	GAŚIOREK Kamila	5		Open K	14	01:05:37.55	01:05:41.65	+00:30:05 (45.8%)	13:57	4.3 (54.4%)
79	MURANTY Katarzyna	205		Open K	15	01:05:43.65	01:05:51.05	+00:30:15 (45.9%)	13:59	4.3 (54.4%)
80	SIERZCKI Hubert	218		Open M	65	01:05:45.15	01:05:53.25	+00:30:17 (46.0%)	13:59	4.3 (54.4%)
81	FORZPAŃCZYK Agnieszka	179		Open K	16	01:05:47.95	01:05:57.45	+00:30:21 (46.0%)	14:00	4.3 (54.4%)
82	KACPRZAK Bogumiła	189		Open K	17	01:05:49.00	01:05:58.55	+00:30:22 (46.0%)	14:00	4.3 (54.4%)
83	DROŻDŹ Michał	177	RYWAL GLIWICE	Open M	66	01:05:48.30	01:06:01.10	+00:30:25 (46.1%)	14:00	4.3 (54.4%)
84	WAKSMUNDZKA Kinga	231		Open K	18	01:06:16.85	01:06:21.85	+00:30:46 (46.4%)	14:05	4.3 (54.4%)
85	SKOCZYŁAS Piotr	219	ENDURANCE TEAM	Open M	67	01:07:31.05	01:07:39.65	+00:32:03 (47.4%)	14:21	4.2 (53.2%)
86	ZYCH Katarzyna	240	RMF4RT GLADIATORS	Open K	19	01:08:23.15	01:08:27.55	+00:32:51 (48.0%)	14:32	4.1 (51.9%)
87	KUBIAK Edyta	12		Open K	20	01:09:05.45	01:09:08.90	+00:33:33 (48.5%)	14:41	4.1 (51.9%)
88	KENDŹI Katarzyna	190	STOWARZYSZENIE KENDŹI	Open K	21	01:08:59.90	01:09:14.90	+00:33:39 (48.6%)	14:40	4.1 (51.9%)
89	BŁĄKAŁA Damian	242	RMF4 RT GLADIATORS	Open M	68	01:09:14.15	01:09:21.85	+00:33:46 (48.7%)	14:43	4.1 (51.9%)
90	JAGLARZ Magdalena	251		Open K	22	01:09:35.35	01:09:47.75	+00:34:12 (49.0%)	14:48	4.1 (51.9%)
91	LEBIEDZKI Jacek	196		Open M	69	01:10:03.60	01:10:03.60	+00:34:27 (49.2%)	14:54	4 (50.6%)
92	PIETROŃ Monika	215	LEMON TEAM	Open K	23	01:10:00.70	01:10:08.70	+00:34:32 (49.3%)	14:53	4 (50.6%)
93	MALINA-PACHACZ Małgorzata	200		Open K	24	01:10:07.60	01:10:12.45	+00:34:36 (49.3%)	14:55	4 (50.6%)
94	CZAPLIŃSKA Agata Walory	176		Open K	25	01:13:50.75	01:13:57.50	+00:38:21 (51.9%)	15:42	3.8 (48.1%)
95	PSZCZÓŁKA-BUSCH Aneta	104		Open K	26	01:13:52.45	01:13:58.90	+00:38:23 (51.9%)	15:42	3.8 (48.1%)
Przekroczony limit czasu: 01:15:00										
96	GÓRKA Jolanta	183		Open K	27	01:15:19.70	01:15:26.90	+00:39:51 (52.8%)	16:01	3.7 (46.8%)
97	PRYMAKOWSKA Barbara	247		Open K	28	01:16:05.15	01:16:13.95	+00:40:38 (53.3%)	16:11	3.7 (46.8%)
98	KACUGA Maria	246		Open K	29	01:16:21.95	01:16:32.30	+00:40:56 (53.5%)	16:14	3.7 (46.8%)
99	PACUŁA Anna	250		Open K	30	01:19:25.10	01:19:36.50	+00:44:00 (55.3%)	16:53	3.6 (45.6%)
100	BANACH Katarzyna	172		Open K	31	01:22:00.15	01:22:04.40	+00:46:28 (56.6%)	17:26	3.4 (43.0%)
101	IYER Roun	186		Open M	70	01:22:00.80	01:22:05.85	+00:46:30 (56.6%)	17:26	3.4 (43.0%)

Znaleziono 101 wynik(ów)