

Wydarzenie: Europejski Festiwal Biegowy
Organizator: Fundacja Na Ratunek
Data: 2022-06-26
Miejsce: Krynica Zdrój
Dystans: 10 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5 km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	MARSZAŁEK Patryk	1121		Senior Mężczyzn	1	00:14:30	00:30:08.25	00:30:09.90		3:00	19.9 (100%)
2	PELCZAR Wojciech	1164		Senior Mężczyzn	2	00:14:27	00:30:45.00	00:30:46.90	+00:00:37 (2.0%)	3:04	19.5 (98.0%)
3	POCIECHA Tomasz	1115		Senior Mężczyzn	3	00:14:56	00:31:56.90	00:31:58.85	+00:01:48 (5.7%)	3:11	18.8 (94.5%)
4	JANUSZ Tomasz	8094		Senior Mężczyzn	4	00:15:48	00:34:15.75	00:34:17.20	+00:04:07 (12.0%)	3:25	17.5 (87.9%)
5	PASIK Tomasz	8048		Master Mężczyzn	1	00:16:11	00:34:35.35	00:34:37.10	+00:04:27 (12.9%)	3:27	17.3 (86.9%)
6	CZYŻ Grzegorz	1054		Weteran Mężczyzn	1	00:16:33	00:34:55.75	00:34:58.00	+00:04:48 (13.7%)	3:29	17.2 (86.4%)
7	POCIECHA Piotr	1185		Senior Mężczyzn	5	00:16:46	00:36:42.10	00:36:44.30	+00:06:34 (17.9%)	3:40	16.3 (81.9%)
8	CZYŻ Piotr	1103		Master Mężczyzn	2	00:17:12	00:37:05.25	00:37:08.50	+00:06:58 (18.8%)	3:42	16.2 (81.4%)
9	SIKOŃ Marek	8044		Master Mężczyzn	3	00:17:30	00:37:09.95	00:37:11.90	+00:07:02 (18.9%)	3:42	16.2 (81.4%)
10	RUTANA Mateusz	1089		Senior Mężczyzn	6	00:17:38	00:37:16.10	00:37:18.30	+00:07:08 (19.1%)	3:43	16.1 (80.9%)
11	MALEC Łukasz	1042		Master Mężczyzn	4	00:17:35	00:37:18.35	00:37:24.00	+00:07:14 (19.3%)	3:43	16.1 (80.9%)
12	TOMKIEWICZ Paweł	1053		Senior Mężczyzn	7	00:17:40	00:37:29.75	00:37:31.75	+00:07:21 (19.6%)	3:44	16 (80.4%)
13	SURÓWKA Paulina	8099		Senior Kobiet	1	00:17:36	00:37:36.80	00:37:39.60	+00:07:29 (19.9%)	3:45	16 (80.4%)
14	TARASEK Dariusz	8102		Master Mężczyzn	5	00:17:55	00:37:52.75	00:37:55.55	+00:07:45 (20.5%)	3:47	15.8 (79.4%)
15	HEJMO Adrian	1162		Master Mężczyzn	6	00:17:12	00:37:52.50	00:37:56.10	+00:07:46 (20.5%)	3:47	15.8 (79.4%)
16	KOŚCIÓŁEK Kamil	1169		Senior Mężczyzn	8	00:17:53	00:38:14.70	00:38:17.50	+00:08:07 (21.2%)	3:49	15.7 (78.9%)
17	KRASIŃSKI Marcin	8105		Master Mężczyzn	7	00:17:33	00:38:16.75	00:38:19.85	+00:08:09 (21.3%)	3:49	15.7 (78.9%)
18	PASTOROVÁ Petra	1001		Master Kobiet	1	00:18:01	00:38:25.10	00:38:27.50	+00:08:17 (21.6%)	3:50	15.6 (78.4%)
19	JACHYMIAK Robert	8011		Weteran Mężczyzn	2	00:17:41	00:38:28.70	00:38:31.55	+00:08:21 (21.7%)	3:50	15.6 (78.4%)
20	HAŁACZKIEWICZ Sylwia	1044		Master Kobiet	2	00:18:06	00:38:31.75	00:38:34.55	+00:08:24 (21.8%)	3:51	15.6 (78.4%)
21	JAROSZ Paweł	1118		Master Mężczyzn	8	00:17:25	00:38:42.15	00:38:44.70	+00:08:34 (22.1%)	3:52	15.5 (77.9%)
22	MUSZYŃSKI Piotr	1083		Weteran Mężczyzn	3	00:17:48	00:38:49.05	00:38:55.50	+00:08:45 (22.5%)	3:52	15.5 (77.9%)
23	BUŁDAK Krzysztof	1137		Master Mężczyzn	9	00:18:23	00:39:15.15	00:39:19.20	+00:09:09 (23.3%)	3:55	15.3 (76.9%)
24	TOMERA Stanisław	1102		Master Mężczyzn	10	00:17:44	00:39:22.10	00:39:25.50	+00:09:15 (23.5%)	3:56	15.2 (76.4%)
25	ZARZYK Michał	8109		Senior Mężczyzn	9	00:18:19	00:39:30.15	00:39:33.25	+00:09:23 (23.7%)	3:57	15.2 (76.4%)
26	WILCZAK Grzegorz	4040	BORGWARNER RUNNING TEAM	Senior Mężczyzn	10	00:18:21	00:39:29.75	00:39:35.50	+00:09:25 (23.8%)	3:56	15.2 (76.4%)
27	TKACZYK Szymon	1140		Senior Mężczyzn	11	00:18:22	00:39:43.80	00:39:47.80	+00:09:37 (24.2%)	3:58	15.1 (75.9%)
28	JANUS Jacek	1059		Weteran Mężczyzn	4	00:18:20	00:39:42.80	00:39:47.95	+00:09:38 (24.2%)	3:58	15.1 (75.9%)
29	CIECIOROWSKA Aleksandra	8096		Senior Kobiet	2	00:18:39	00:39:58.50	00:40:01.60	+00:09:51 (24.6%)	3:59	15 (75.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5 km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
30	GŁÓWKA Michał	1159		Senior Mężczyzn	12	00:18:19	00:40:05.75	00:40:08.75	+00:09:58 (24.9%)	4:00	15 (75.4%)
31	WARECKI Radosław	1094		Master Mężczyzn	11	00:18:38	00:40:06.30	00:40:11.05	+00:10:01 (24.9%)	4:00	15 (75.4%)
32	MAZUR Mateusz	1098		Weteran Mężczyzn	5	00:18:41	00:41:26.70	00:41:29.50	+00:11:19 (27.3%)	4:08	14.5 (72.9%)
33	ŚWIRSZCZ Andrzej	1008		Master Mężczyzn	12	00:19:03	00:41:34.40	00:41:38.30	+00:11:28 (27.6%)	4:09	14.4 (72.4%)
34	MATŁĄG Kamil	8108		Master Mężczyzn	13	00:20:08	00:41:32.30	00:41:42.15	+00:11:32 (27.7%)	4:09	14.4 (72.4%)
35	POREMBA Paweł	1184		Senior Mężczyzn	13	00:19:16	00:41:47.50	00:41:51.80	+00:11:41 (27.9%)	4:10	14.4 (72.4%)
36	GLIŃSKI Jakub	8007		Senior Mężczyzn	14	00:20:01	00:42:07.70	00:42:11.50	+00:12:01 (28.5%)	4:12	14.2 (71.4%)
37	SZEWCZYK Rafał	1173		Master Mężczyzn	14	00:19:23	00:42:30.75	00:42:36.70	+00:12:26 (29.2%)	4:15	14.1 (70.9%)
38	ŚLEPIAK Adam	1085		Master Mężczyzn	15	00:19:05	00:42:47.85	00:42:54.00	+00:12:44 (29.7%)	4:16	14 (70.4%)
39	WYSOCKI Marcin	1010		Weteran Mężczyzn	6	00:19:50	00:42:50.35	00:42:55.50	+00:12:45 (29.7%)	4:17	14 (70.4%)
40	JAROSIŃSKI Łukasz	1061		Weteran Mężczyzn	7	00:19:25	00:43:40.30	00:43:45.55	+00:13:35 (31.1%)	4:22	13.7 (68.8%)
41	KISIEL Jarosław	8077		Senior Mężczyzn	15	00:20:36	00:43:40.35	00:43:51.10	+00:13:41 (31.2%)	4:22	13.7 (68.8%)
42	WIWATOWSKA Dagmara	8004		Master Kobiet	3	00:20:32	00:43:52.35	00:43:57.20	+00:13:47 (31.4%)	4:23	13.7 (68.8%)
43	WNĘK Łukasz	8091		Senior Mężczyzn	16	00:20:02	00:43:56.95	00:44:01.90	+00:13:52 (31.5%)	4:23	13.7 (68.8%)
44	ZBOROWSKI Józef	1050		Diament Mężczyzn	1	00:20:05	00:44:04.40	00:44:08.75	+00:13:58 (31.7%)	4:24	13.6 (68.3%)
45	ŁUCZAK Sławomir	1104		Diament Mężczyzn	2	00:20:55	00:44:08.60	00:44:15.50	+00:14:05 (31.8%)	4:24	13.6 (68.3%)
46	MOSKOWICZ Stefan	1031		Diament Mężczyzn	3	00:21:08	00:44:44.85	00:44:49.40	+00:14:39 (32.7%)	4:28	13.4 (67.3%)
47	ZATOR Janusz	1036		Weteran Mężczyzn	8	00:20:10	00:44:47.45	00:44:54.30	+00:14:44 (32.8%)	4:28	13.4 (67.3%)
48	WÓJCIK Dawid	1165		Master Mężczyzn	16	00:20:35	00:45:03.65	00:45:08.95	+00:14:59 (33.2%)	4:30	13.3 (66.8%)
49	HOROSZKO Robert	1176		Weteran Mężczyzn	9	00:19:32	00:45:00.20	00:45:09.55	+00:14:59 (33.2%)	4:30	13.3 (66.8%)
50	GOLONKA Ela	1074		Senior Kobiet	3	00:21:28	00:45:06.80	00:45:13.35	+00:15:03 (33.3%)	4:30	13.3 (66.8%)
51	TRYJEFACZKA Sławomir	1093		Master Mężczyzn	17	00:20:58	00:45:01.40	00:45:14.20	+00:15:04 (33.3%)	4:30	13.3 (66.8%)
52	PERIER Konrad	8088		Master Mężczyzn	18	00:20:41	00:45:09.20	00:45:19.70	+00:15:09 (33.5%)	4:30	13.3 (66.8%)
53	MYJAK Paweł	1151		Master Mężczyzn	19	00:20:03	00:45:04.75	00:45:21.20	+00:15:11 (33.5%)	4:30	13.3 (66.8%)
54	KRUPA Kamil	1097		Master Mężczyzn	20		00:45:24.00	00:45:24.00	+00:15:14 (33.6%)	4:32	13.2 (66.3%)
55	ORLICKI Stanisław	8098		Diament Mężczyzn	4	00:21:21	00:45:40.20	00:45:44.00	+00:15:34 (34.0%)	4:34	13.1 (65.8%)
56	PILAS Witold	1125		Diament Mężczyzn	5	00:21:39	00:45:45.20	00:45:48.05	+00:15:38 (34.1%)	4:34	13.1 (65.8%)
57	KICZKA Kamil	1060		Senior Mężczyzn	17	00:21:27	00:45:41.40	00:45:51.55	+00:15:41 (34.2%)	4:34	13.1 (65.8%)
58	SKRABA Rafał	1171		Senior Mężczyzn	18	00:20:12	00:45:55.85	00:45:57.85	+00:15:47 (34.4%)	4:35	13.1 (65.8%)
59	TURK Michał	1100		Senior Mężczyzn	19	00:21:23	00:46:33.55	00:46:37.00	+00:16:27 (35.3%)	4:39	12.9 (64.8%)
60	DUDZIK Krzysztof	1157		Diament Mężczyzn	6	00:21:10	00:46:33.80	00:46:38.95	+00:16:29 (35.3%)	4:39	12.9 (64.8%)
61	STARZEC Małgorzata	1062		Master Kobiet	4	00:21:19	00:46:39.00	00:46:44.15	+00:16:34 (35.5%)	4:39	12.9 (64.8%)
62	KORZENIOWSKA Monika	8003		Senior Kobiet	4	00:20:33	00:46:45.25	00:46:49.90	+00:16:40 (35.6%)	4:40	12.8 (64.3%)
63	KĘDZIOR Tomasz	1112		Weteran Mężczyzn	10	00:21:04	00:46:39.50	00:46:53.00	+00:16:43 (35.7%)	4:39	12.9 (64.8%)
64	TYLUTKI Kamil	1035		Master Mężczyzn	21	00:21:35	00:46:46.25	00:47:08.70	+00:16:58 (36.0%)	4:40	12.8 (64.3%)
65	OGÓREK Dariusz	8090		Master Mężczyzn	22	00:20:27	00:47:44.35	00:47:49.05	+00:17:39 (36.9%)	4:46	12.6 (63.3%)
66	NOWOTNY Jarosław	1177		Master Mężczyzn	23	00:22:18	00:47:36.75	00:48:02.00	+00:17:52 (37.2%)	4:45	12.6 (63.3%)
67	MICHALAK Maciej	1116		Master Mężczyzn	24	00:20:43	00:48:02.40	00:48:19.60	+00:18:09 (37.6%)	4:48	12.5 (62.8%)
68	NIEMCZYK Tomek	1156		Weteran Mężczyzn	11	00:22:21	00:48:16.50	00:48:22.55	+00:18:12 (37.6%)	4:49	12.4 (62.3%)
69	BAŁAZIŃSKI Sebastian	1012		Master Mężczyzn	25	00:21:39	00:48:29.10	00:48:48.85	+00:18:38 (38.2%)	4:50	12.4 (62.3%)
70	KWIATKOWSKI Jakub	1033		Master Mężczyzn	26	00:23:16	00:48:44.75	00:48:52.00	+00:18:42 (38.3%)	4:52	12.3 (61.8%)
71	KUSION Anna	1017		Weteran Kobiet	1	00:22:19	00:48:57.10	00:49:03.45	+00:18:53 (38.5%)	4:53	12.3 (61.8%)
72	DOLAŚ Danuta	1113		Weteran Kobiet	2	00:22:49	00:49:32.45	00:49:47.50	+00:19:37 (39.4%)	4:57	12.1 (60.8%)
73	URBASZEWSKI Sławomir	1154		Weteran Mężczyzn	12	00:22:40	00:49:58.15	00:50:04.75	+00:19:54 (39.8%)	4:59	12 (60.3%)

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74	BARTOSZEK Tadeusz	8107		Weteran Mężczyzn	13	00:21:42	00:50:05.20	00:50:07.90	+00:19:58 (39.8%)	5:00	12 (60.3%)
75	BOHDANOWICZ Krystian	1132		Master Mężczyzn	27	00:23:38	00:50:00.30	00:50:12.90	+00:20:03 (39.9%)	5:00	12 (60.3%)
76	BĄCOL Arkadiusz	1065		Master Mężczyzn	28	00:21:56	00:50:08.35	00:50:15.20	+00:20:05 (40.0%)	5:00	12 (60.3%)
77	ŁOPUCH Robert	1051		Weteran Mężczyzn	14	00:22:38	00:49:57.15	00:50:17.50	+00:20:07 (40.0%)	4:59	12 (60.3%)
78	MICHALAK Bryan	1117		Senior Mężczyzn	20	00:22:42	00:50:09.70	00:50:26.45	+00:20:16 (40.2%)	5:00	12 (60.3%)
79	MLEKO Roman	1015		Diament Mężczyzn	7	00:22:55	00:50:23.60	00:50:28.75	+00:20:18 (40.2%)	5:02	11.9 (59.8%)
80	TOMASZEK Eryk	1084		Senior Mężczyzn	21	00:22:55	00:50:37.85	00:50:51.10	+00:20:41 (40.7%)	5:03	11.9 (59.8%)
81	KICZKA Natalia	1058		Senior Kobiet	5	00:24:23	00:51:08.40	00:51:18.60	+00:21:08 (41.2%)	5:06	11.7 (58.8%)
82	NOWOTNY Marian	1155		Diament Mężczyzn	8	00:22:27	00:51:31.95	00:51:51.00	+00:21:41 (41.8%)	5:09	11.6 (58.3%)
83	WITOWSKI Jarosław	1124		Master Mężczyzn	29	00:22:40	00:52:08.70	00:52:14.25	+00:22:04 (42.3%)	5:12	11.5 (57.8%)
84	NAUKA Edyta	1047		Weteran Kobiet	3	00:24:55	00:52:00.55	00:52:15.60	+00:22:05 (42.3%)	5:12	11.5 (57.8%)
85	KĘDER Włodzimierz	1134		Weteran Mężczyzn	15	00:23:37	00:52:12.75	00:52:26.65	+00:22:16 (42.5%)	5:13	11.5 (57.8%)
86	DUŻY Karol	1041		Master Mężczyzn	30	00:24:19	00:52:38.35	00:52:48.85	+00:22:38 (42.9%)	5:15	11.4 (57.3%)
87	CZYŻ-CUPRYŚ Monika	1081		Senior Kobiet	6	00:24:15	00:52:45.30	00:52:58.05	+00:22:48 (43.0%)	5:16	11.4 (57.3%)
88	MAZUR Kinga	1055		Master Kobiet	5	00:25:00	00:52:49.85	00:53:05.20	+00:22:55 (43.2%)	5:16	11.4 (57.3%)
89	KORZENIOWSKI Damian	1056		Master Mężczyzn	31	00:24:22	00:53:14.25	00:53:18.90	+00:23:09 (43.4%)	5:19	11.3 (56.8%)
90	CYRAN Andrzej	1040		Weteran Mężczyzn	16	00:24:26	00:52:36.45	00:53:21.60	+00:23:11 (43.5%)	5:15	11.4 (57.3%)
91	MAZUR Ireneusz	1068		Master Mężczyzn	32	00:23:35	00:53:13.75	00:53:25.30	+00:23:15 (43.5%)	5:19	11.3 (56.8%)
92	WINIARCZYK Mirek	1088		Weteran Mężczyzn	17	00:24:37	00:53:22.10	00:53:30.25	+00:23:20 (43.6%)	5:20	11.2 (56.3%)
93	JUSZCZYK Andrzej	1049		Diament Mężczyzn	9	00:24:32	00:53:09.50	00:53:35.35	+00:23:25 (43.7%)	5:18	11.3 (56.8%)
94	SZUNKÓWKA Karolina	8103		Senior Kobiet	7	00:24:34	00:53:27.05	00:53:45.35	+00:23:35 (43.9%)	5:20	11.2 (56.3%)
95	SŁOWIK Daniel	8104		Senior Mężczyzn	22	00:24:34	00:53:27.15	00:53:45.85	+00:23:35 (43.9%)	5:20	11.2 (56.3%)
96	MATOFIJ Katarzyna	1126		Master Kobiet	6	00:24:54	00:54:16.40	00:54:16.40	+00:24:06 (44.4%)	5:25	11.1 (55.8%)
97	WÓJCIK Robert	1022		Weteran Mężczyzn	18	00:24:14	00:54:05.75	00:54:17.20	+00:24:07 (44.4%)	5:24	11.1 (55.8%)
98	NIEMIEC Łukasz	1163		Senior Mężczyzn	23	00:25:47	00:54:15.35	00:54:27.70	+00:24:17 (44.6%)	5:25	11.1 (55.8%)
99	NOGA Zygmunt	1106		Diament Mężczyzn	10	00:24:50	00:54:32.10	00:54:40.70	+00:24:30 (44.8%)	5:27	11 (55.3%)
100	ZABRZAŃSKI Alfred	1168		Diament Mężczyzn	11	00:23:36	00:54:49.40	00:54:53.55	+00:24:43 (45.0%)	5:28	10.9 (54.8%)
101	PASTUCHA Anna	1007		Diament Kobiet	1	00:24:20	00:54:55.25	00:55:00.50	+00:24:50 (45.2%)	5:29	10.9 (54.8%)
102	ZALIŃSKA Małgorzata	8071		Master Kobiet	7	00:25:06	00:54:50.90	00:55:05.85	+00:24:55 (45.3%)	5:29	10.9 (54.8%)
103	WÓJKOWSKI Kamil	1131		Master Mężczyzn	33	00:23:59	00:55:05.05	00:55:17.80	+00:25:07 (45.4%)	5:30	10.9 (54.8%)
104	POPIELA-KAWA Sylwia	1182		Master Kobiet	8	00:26:08	00:55:32.15	00:55:45.35	+00:25:35 (45.9%)	5:33	10.8 (54.3%)
105	WYBRANIEC Wojciech	1183		Weteran Mężczyzn	19	00:26:09	00:55:32.30	00:55:45.55	+00:25:35 (45.9%)	5:33	10.8 (54.3%)
106	WAŚNIEWSKA Magdalena	1147		Senior Kobiet	8	00:23:21	00:55:30.80	00:55:48.90	+00:25:39 (46.0%)	5:33	10.8 (54.3%)
107	TALAGA Michał	1082		Master Mężczyzn	34	00:26:11	00:55:40.90	00:55:57.35	+00:25:47 (46.1%)	5:34	10.8 (54.3%)
108	ŁOPUSZYŃSKI Aleksander	5019		Senior Mężczyzn	24	00:26:11	00:55:41.15	00:55:57.60	+00:25:47 (46.1%)	5:34	10.8 (54.3%)
109	MICHALIK Zygmunt	1135		Weteran Mężczyzn	20	00:25:04	00:56:27.05	00:56:35.10	+00:26:25 (46.7%)	5:38	10.6 (53.3%)
110	LIS Damian	8065		Weteran Mężczyzn	21	00:25:46	00:56:28.30	00:56:42.00	+00:26:32 (46.8%)	5:38	10.6 (53.3%)
111	OLEARCZYK Bartłomiej	1034		Master Mężczyzn	35	00:25:44	00:56:26.55	00:56:42.30	+00:26:32 (46.8%)	5:38	10.6 (53.3%)
112	WIELIŃSKA-JACHYMIAK Olga	1179		Weteran Kobiet	4	00:24:46	00:56:40.15	00:56:47.60	+00:26:37 (46.9%)	5:40	10.6 (53.3%)
113	CHŁOPSKA-WASIELEWSKA Ewa	1133		Master Kobiet	9	00:25:35	00:56:40.55	00:56:59.90	+00:26:50 (47.1%)	5:40	10.6 (53.3%)
114	CUPRYŚ Dariusz	1075		Master Mężczyzn	36	00:25:01	00:56:46.20	00:57:00.05	+00:26:50 (47.1%)	5:40	10.6 (53.3%)
115	KRUK Dominika	1070		Senior Kobiet	9	00:25:22	00:57:20.55	00:57:31.00	+00:27:21 (47.6%)	5:44	10.5 (52.8%)
116	PASEK Janusz	8066		Weteran Mężczyzn	22	00:25:43	00:57:22.30	00:57:38.35	+00:27:28 (47.7%)	5:44	10.5 (52.8%)
117	KOPROWSKA Barbara	1037		Weteran Kobiet	5	00:25:26	00:57:39.05	00:57:42.65	+00:27:32 (47.7%)	5:45	10.4 (52.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5 km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
118	SYKUŁA Rafał	1130		Master Mężczyzn	37	00:26:27	00:57:32.05	00:57:45.70	+00:27:35 (47.8%)	5:45	10.4 (52.3%)
118	KAŁUZIŃSKI Bogdan	1141		Weteran Mężczyzn	23	00:26:12	00:57:33.55	00:57:45.70	+00:27:35 (47.8%)	5:45	10.4 (52.3%)
120	ISKRZYCKI Paweł	1142		Master Mężczyzn	38	00:26:13	00:57:34.15	00:57:45.80	+00:27:35 (47.8%)	5:45	10.4 (52.3%)
121	MAĆKOWIAK Agnieszka	1029		Senior Kobiet	10	00:26:35	00:57:45.45	00:57:52.85	+00:27:42 (47.9%)	5:46	10.4 (52.3%)
122	TUREK Łukasz	1180		Master Mężczyzn	39	00:24:26	00:58:14.65	00:58:21.45	+00:28:11 (48.3%)	5:49	10.3 (51.8%)
123	GADOMSKI Piotr	3016		Weteran Mężczyzn	24	00:25:17	00:58:21.85	00:58:28.20	+00:28:18 (48.4%)	5:50	10.3 (51.8%)
124	BIEŚ Julia	1143		Senior Kobiet	11	00:26:57	00:58:22.15	00:58:34.45	+00:28:24 (48.5%)	5:50	10.3 (51.8%)
125	SZTABA Dariusz	1158		Master Mężczyzn	40	00:26:15	00:58:33.25	00:58:41.95	+00:28:32 (48.6%)	5:51	10.2 (51.3%)
126	WOŹNIAK Marcin	8110		Master Mężczyzn	41	00:25:48	00:58:40.65	00:58:52.95	+00:28:43 (48.8%)	5:52	10.2 (51.3%)
127	WOŹNIAK Dominik	8112		Master Mężczyzn	42		00:59:06.00	00:59:06.00	+00:28:56 (49.0%)	5:54	10.2 (51.3%)
128	BACHÓRZ Agnieszka	1052		Master Kobiet	10	00:26:12	00:58:57.35	00:59:08.70	+00:28:58 (49.0%)	5:53	10.2 (51.3%)
129	KOWALSKI Henryk	8062	HEŃ TEAM	Diament Mężczyzn	12	00:25:10	00:59:00.55	00:59:09.45	+00:28:59 (49.0%)	5:54	10.2 (51.3%)
130	... Przemek	8063	HEŃ TEAM	Master Mężczyzn	43	00:25:08	00:59:01.60	00:59:11.50	+00:29:01 (49.0%)	5:54	10.2 (51.3%)
131	ROLF Krzysztof	1090		Senior Mężczyzn	25	00:26:58	00:58:57.50	00:59:14.40	+00:29:04 (49.1%)	5:53	10.2 (51.3%)
132	FUKS Anna	1178		Senior Kobiet	12	00:26:17	00:59:09.05	00:59:23.35	+00:29:13 (49.2%)	5:54	10.1 (50.8%)
133	ŁASKARZEWSKI Paweł	1086		Master Mężczyzn	44	00:26:29	00:59:32.80	00:59:38.35	+00:29:28 (49.4%)	5:57	10.1 (50.8%)
134	MIKLUSIAK Iwona	1087		Master Kobiet	11	00:25:11	00:59:53.30	00:59:59.00	+00:29:49 (49.7%)	5:59	10 (50.3%)
135	MAZUR Agnieszka	1099		Weteran Kobiet	6	00:26:20	00:59:49.70	01:00:03.90	+00:29:54 (49.8%)	5:58	10 (50.3%)
136	KRAWCZYK-KRÓL Edyta	8101		Senior Kobiet	13	00:27:42	01:00:08.60	01:00:14.35	+00:30:04 (49.9%)	6:00	10 (50.3%)
137	ZIMICKI Dariusz	8049		Master Mężczyzn	45	00:25:32	01:00:19.40	01:00:26.55	+00:30:16 (50.1%)	6:01	9.9 (49.7%)
138	KOWALCZYK Joanna	1175		Weteran Kobiet	7	00:26:37	01:00:29.60	01:00:43.40	+00:30:33 (50.3%)	6:02	9.9 (49.7%)
139	TARNAWA-KACZOR Aneta	1069		Master Kobiet	12	00:29:04	01:00:41.05	01:00:53.65	+00:30:43 (50.5%)	6:04	9.9 (49.7%)
140	WILCZEK Magda	1064		Weteran Kobiet	8	00:26:20	01:00:52.00	01:01:08.45	+00:30:58 (50.7%)	6:05	9.9 (49.7%)
141	SKIBA Kamila	1119		Master Kobiet	13	00:26:47	01:01:11.35	01:01:20.40	+00:31:10 (50.8%)	6:07	9.8 (49.2%)
142	DRZEWI Tola	1096		Senior Kobiet	14	00:27:17	01:01:35.90	01:01:50.20	+00:31:40 (51.2%)	6:09	9.7 (48.7%)
143	SOKOŁOWSKI Jakub	8008		Senior Mężczyzn	26	00:23:27	01:02:01.80	01:02:10.80	+00:32:00 (51.5%)	6:12	9.7 (48.7%)
144	WIJAS Mariusz	1149		Weteran Mężczyzn	25	00:23:48	01:02:02.05	01:02:12.10	+00:32:02 (51.5%)	6:12	9.7 (48.7%)
145	ŻRÓŁKA Łucja	1146		Senior Kobiet	15	00:25:32	01:02:06.00	01:02:18.00	+00:32:08 (51.6%)	6:12	9.7 (48.7%)
146	KAPUSTA Anna	1079		Senior Kobiet	16	00:28:25	01:02:07.45	01:02:21.00	+00:32:11 (51.6%)	6:12	9.7 (48.7%)
147	DĄBROWSKA Agnieszka	1161		Master Kobiet	14	00:26:24	01:02:38.65	01:02:45.85	+00:32:35 (51.9%)	6:15	9.6 (48.2%)
148	KĘDER Urszula	1138		Weteran Kobiet	9	00:27:26	01:02:37.05	01:02:51.45	+00:32:41 (52.0%)	6:15	9.6 (48.2%)
149	SOKOŁOWSKI Piotr	8009		Weteran Mężczyzn	26	00:27:02	01:03:24.10	01:03:33.70	+00:33:23 (52.5%)	6:20	9.5 (47.7%)
150	BARTOSZEK Alicja	8106		Weteran Kobiet	10	00:27:18	01:04:19.35	01:04:23.50	+00:34:13 (53.2%)	6:25	9.3 (46.7%)
151	PONIEWIERSKI Krzysztof	8084		Master Mężczyzn	46	00:26:14	01:05:02.30	01:05:09.80	+00:34:59 (53.7%)	6:30	9.2 (46.2%)
152	SPYRKA Maria	1120		Senior Kobiet	17	00:29:05	01:05:22.65	01:05:32.90	+00:35:23 (54.0%)	6:32	9.2 (46.2%)
153	WIELICZKO Regina	1009		Master Kobiet	15	00:27:08	01:05:38.25	01:05:48.40	+00:35:38 (54.2%)	6:33	9.1 (45.7%)
154	HABEL Ewa	1152		Weteran Kobiet	11	00:29:00	01:06:01.10	01:06:12.45	+00:36:02 (54.4%)	6:36	9.1 (45.7%)
155	ISKRZYCKA Ewelina	1123		Master Kobiet	16	00:28:59	01:06:00.60	01:06:12.70	+00:36:02 (54.4%)	6:36	9.1 (45.7%)
156	JASTRZĘBSKA Barbara	8085		Weteran Kobiet	12	00:28:23	01:06:16.50	01:06:26.25	+00:36:16 (54.6%)	6:37	9.1 (45.7%)
157	SZYMAŁA Jan	1148		Diament Mężczyzn	13	00:30:29	01:06:25.30	01:06:33.80	+00:36:23 (54.7%)	6:38	9 (45.2%)
158	BAŁAZIŃSKA Anna	1011		Master Kobiet	17	00:30:32	01:06:42.05	01:06:51.25	+00:36:41 (54.9%)	6:40	9 (45.2%)
159	DUNAL Paweł	1020		Master Mężczyzn	47	00:30:32	01:06:42.15	01:06:51.70	+00:36:41 (54.9%)	6:40	9 (45.2%)
160	KHMYLOVETS Oleksandra	8061		Senior Kobiet	18	00:29:59	01:07:09.80	01:07:16.25	+00:37:06 (55.2%)	6:42	8.9 (44.7%)
161	FLOREK Beata	1006		Master Kobiet	18	00:28:52	01:07:22.95	01:07:34.00	+00:37:24 (55.4%)	6:44	8.9 (44.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	5 km 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
162	FLOREK Tomasz	1005		Master Mężczyzn	48	00:28:54	01:07:23.65	01:07:34.30	+00:37:24 (55.4%)	6:44	8.9 (44.7%)
163	BUGAJNA Ewa	1105		Senior Kobiet	19	00:29:20	01:08:09.75	01:08:17.15	+00:38:07 (55.8%)	6:48	8.8 (44.2%)
164	TRELA Roman	1129		Master Mężczyzn	49	00:30:28	01:08:06.90	01:08:20.00	+00:38:10 (55.9%)	6:48	8.8 (44.2%)
165	JASIŃSKI Ireneusz	1023		Master Mężczyzn	50	00:27:57	01:08:16.85	01:08:27.20	+00:38:17 (55.9%)	6:49	8.8 (44.2%)
166	PORĘBA Marzena	1110		Senior Kobiet	20	00:29:01	01:08:52.95	01:09:11.70	+00:39:01 (56.4%)	6:53	8.7 (43.7%)
167	RUMAN Paweł	1111		Senior Mężczyzn	27	00:29:01	01:08:52.85	01:09:11.85	+00:39:01 (56.4%)	6:53	8.7 (43.7%)
168	WOJTOWICZ Zdzisław	1107		Diament Mężczyzn	14	00:30:35	01:09:20.95	01:09:30.50	+00:39:20 (56.6%)	6:56	8.7 (43.7%)
169	EDIN Emma	1091		Senior Kobiet	21		01:09:23.50	01:09:40.50	+00:39:30 (56.7%)	6:56	8.6 (43.2%)
170	RUSNARCZYK Paulina	8010		Senior Kobiet	22	00:31:45	01:10:07.40	01:10:15.55	+00:40:05 (57.1%)	7:00	8.6 (43.2%)
171	NIEMIEC Marta	1160		Diament Kobiet	2	00:30:45	01:10:06.85	01:10:21.90	+00:40:12 (57.1%)	7:00	8.6 (43.2%)
172	ZIMNICKA Agnieszka	1166		Master Kobiet	19	00:30:48	01:10:18.60	01:10:26.45	+00:40:16 (57.2%)	7:01	8.5 (42.7%)
173	PAWLIK-FARON Agnieszka	1153		Master Kobiet	20	00:30:41	01:10:25.55	01:10:42.10	+00:40:32 (57.3%)	7:02	8.5 (42.7%)
174	MALEC Marta	1043		Master Kobiet	21	00:32:12	01:10:36.10	01:10:46.35	+00:40:36 (57.4%)	7:03	8.5 (42.7%)
175	ZABRZAŃSKA Barbara	1172		Diament Kobiet	3	00:31:44	01:10:50.30	01:10:55.00	+00:40:45 (57.5%)	7:05	8.5 (42.7%)
176	MUSZ Adam	8089		Diament Mężczyzn	15	00:31:25	01:11:15.75	01:11:19.50	+00:41:09 (57.7%)	7:07	8.4 (42.2%)
177	SZCZECIŃSKA Kalina	1109		Master Kobiet	22	00:31:12	01:11:14.20	01:11:21.90	+00:41:12 (57.7%)	7:07	8.4 (42.2%)
178	WRONICZ Zygmunt	1167		Diament Mężczyzn	16	00:32:12	01:11:11.10	01:11:27.35	+00:41:17 (57.8%)	7:07	8.4 (42.2%)
179	PAZIN Joanna	8097		Master Kobiet	23	00:30:43	01:11:22.30	01:11:37.55	+00:41:27 (57.9%)	7:08	8.4 (42.2%)
180	TWARDY Urszula	8005		Diament Kobiet	4	00:31:20	01:11:31.85	01:11:46.15	+00:41:36 (58.0%)	7:09	8.4 (42.2%)
181	URBANIK Anna	1027		Weteran Kobiet	13	00:30:34	01:11:33.55	01:11:48.90	+00:41:39 (58.0%)	7:09	8.4 (42.2%)
182	KAMIŃSKA Halina	1181		Diament Kobiet	5	00:31:58	01:11:54.95	01:11:58.50	+00:41:48 (58.1%)	7:11	8.3 (41.7%)
183	BANASIK Magdalena	1024		Master Kobiet	24	00:32:36	01:12:21.75	01:12:33.40	+00:42:23 (58.4%)	7:14	8.3 (41.7%)
184	BĄDZIUL Dorota	8006		Master Kobiet	25		01:13:10.00	01:13:10.00	+00:43:00 (58.8%)	7:19	8.2 (41.2%)
185	GIELCZYŃSKA Maria	1080		Master Kobiet	26	00:33:43	01:13:01.00	01:13:11.50	+00:43:01 (58.8%)	7:18	8.2 (41.2%)
186	MIELCZAREK Halina	1039		Weteran Kobiet	14	00:31:50	01:14:26.15	01:14:34.15	+00:44:24 (59.5%)	7:26	8.1 (40.7%)
187	BAREŁA Andrzej	1026		Weteran Mężczyzn	27	00:34:19	01:16:02.95	01:16:14.20	+00:46:04 (60.4%)	7:36	7.9 (39.7%)
188	KOLASA Barbara	1021		Diament Kobiet	6	00:34:13	01:17:04.05	01:17:10.70	+00:47:00 (60.9%)	7:42	7.8 (39.2%)
189	KAMIŃSKA Joanna	1139		Diament Kobiet	7	00:33:36	01:19:58.85	01:20:13.60	+00:50:03 (62.4%)	7:59	7.5 (37.7%)
190	ŚLIWA Maciej	1030		Weteran Mężczyzn	28	00:36:11	01:20:52.10	01:21:06.10	+00:50:56 (62.8%)	8:05	7.4 (37.2%)
191	WODZIEŃ Dorota	1018		Weteran Kobiet	15	00:36:42	01:21:26.40	01:21:42.65	+00:51:32 (63.1%)	8:08	7.4 (37.2%)
192	WODZIEŃ Martyna	1019		Senior Kobiet	23	00:36:42	01:21:27.60	01:21:43.85	+00:51:33 (63.1%)	8:08	7.4 (37.2%)
	SIERPOWSKI Mieczysław	8041		Weteran Mężczyzn		00:22:59 DNF	DNF	DNF	-	-	- (0.0%)
	PERLIŃSKI Jacek	1016		Diament Mężczyzn		DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 194 wynik(ów)