



EKSTREMALNY DZIKOBIEG

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dziki Weekend 2020
Stowarzyszenie Klub Biegowy Dzik
2020-08-23
Police
7.5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M2 30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas startu	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	PAWLISIAK Paweł	991	BBL POLICE/ STG SZCZECIN	M2 30-39	1		BBL Police / STG Szczecin	00:01:49	00:44:42.05	00:46:31.25		5:57	10.1 (100%)
2	NOWICKI Bartosz	1004	BNOW SPORTS	M2 30-39	2	12 BZ Szczecin	12 BZ Szczecin	00:01:13	00:45:56.20	00:47:09.95	+00:01:14 (2.7%)	6:07	9.8 (97.0%)
3	POKRZYWIŃSKI Zbigniew	574	BBL POLICE / STG SZCZECIN	M2 30-39	3	12 BZ Szczecin	BBL Police / STG Szczecin	00:01:51	00:48:58.20	00:50:50.15	+00:04:16 (8.7%)	6:31	9.2 (91.1%)
4	WOSZCZYŁO Adrian	452	ASGARD TEAM	M2 30-39	4	KP PSP Międzychód	Asgard Team	00:02:50	00:53:04.15	00:55:54.15	+00:08:22 (15.8%)	7:04	8.5 (84.2%)
5	DUCHNOWSKI Łukasz	952	15 GIZYCKA BRYGADA ZMECHANIZOWANA	M2 30-39	5	15Giżycka Brygada Zmechanizowana	15 Giżycka Brygada Zmechanizowana	00:01:03	00:54:29.55	00:55:32.75	+00:09:47 (18.0%)	7:15	8.3 (82.2%)
6	GRZEGORCZYK Marcin	994	BBL POLICE / STG SZCZECIN	M2 30-39	6	12 BZ Szczecin	BBL Police / STG Szczecin	00:02:19	00:55:34.90	00:57:54.50	+00:10:52 (19.6%)	7:24	8.1 (80.2%)
7	BURAS Radosław	1135	RAGNAROK SZCZECIN	M2 30-39	7		Ragnarok Szczecin	00:04:38	00:55:46.50	01:00:24.85	+00:11:04 (19.9%)	7:26	8.1 (80.2%)
8	SŁOWIK Jacek	635		M2 30-39	8			01:16:07	00:58:10.00	02:14:17.55	+00:13:27 (23.2%)	7:45	7.7 (76.2%)
9	MĄDROWSKI Tomasz	436	ASGARD TEAM	M2 30-39	9	KP PSP Międzychód	Asgard Team	00:03:45	00:59:30.30	01:03:15.45	+00:14:48 (24.9%)	7:56	7.6 (75.2%)
10	NOWICKI Maciej	426		M2 30-39	10			00:18:45	01:00:44.60	01:19:29.85	+00:16:02 (26.4%)	8:05	7.4 (73.3%)
11	STOLARCZUK Grzegorz	954		M2 30-39	11			00:23:04	01:00:44.70	01:23:49.25	+00:16:02 (26.4%)	8:06	7.4 (73.3%)
12	HOŁYŃSKI Leszek	679	KM PSP SZCZECIN	M2 30-39	12	KM PSP SZCZECIN		00:31:53	01:01:02.20	01:32:55.55	+00:16:20 (26.8%)	8:08	7.4 (73.3%)
13	TOMCZAK Artur	896	DIRTY SPARROWS	M2 30-39	13			00:05:28	01:02:09.35	01:07:38.10	+00:17:27 (28.1%)	8:17	7.2 (71.3%)

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14	KOCZKODAJ Kamil	805	OŻW SZCZECIN	M2 30-39	14	OŻW Szczecin	OŻW Szczecin	01:48:16	01:03:21.10	02:51:37.85	+00:18:39 (29.4%)	8:26	7.1 (70.3%)
15	PIESZAK Tomasz	1083	OŻW SZCZECIN	M2 30-39	15		OŻW Szczecin	01:47:56	01:04:58.30	02:52:55.20	+00:20:16 (31.2%)	8:39	6.9 (68.3%)
16	RUŚKIEWICZ Wojciech	943	DELOITTE ADVENTURE TEAM	M2 30-39	16			00:38:17	01:04:58.40	01:43:16.25	+00:20:16 (31.2%)	8:39	6.9 (68.3%)
17	MOTYL Wojciech	1087		M2 30-39	17			00:49:18	01:05:22.45	01:54:41.00	+00:20:40 (31.6%)	8:43	6.9 (68.3%)
18	LEWICKI Piotr	577	ŁOSOŚ TEAM	M2 30-39	18		ŁOSOŚ TEAM	01:20:26	01:05:32.85	02:25:59.45	+00:20:50 (31.8%)	8:44	6.9 (68.3%)
19	BLIZNA Rafał	1118		M2 30-39	19			00:42:11	01:05:33.80	01:47:45.35	+00:20:51 (31.8%)	8:44	6.9 (68.3%)
20	OLEJARZ Damian	636	POL-BUD POLICE	M2 30-39	20			00:02:00	01:07:09.85	01:09:10.70	+00:22:27 (33.4%)	8:57	6.7 (66.3%)
21	WOJDYŁA Michał	909	ROYAL RUNNERS TEAM	M2 30-39	21			02:21:23	01:08:11.85	03:29:34.95	+00:23:29 (34.5%)	9:05	6.6 (65.3%)
22	SIEDLER Martin	827		M2 30-39	22			01:35:25	01:08:29.25	02:43:55.05	+00:23:47 (34.7%)	9:08	6.6 (65.3%)
23	RYŻ Arkadiusz	973	DLL PARTNERS	M2 30-39	23		DLL Partners	01:35:01	01:08:32.40	02:43:33.45	+00:23:50 (34.8%)	9:08	6.6 (65.3%)
24	KRUK Bartosz	934		M2 30-39	24			01:37:38	01:09:20.70	02:46:59.25	+00:24:38 (35.5%)	9:14	6.5 (64.4%)
25	DZIADEK Krzysztof	901	BIEGOLAS KOSZALIN	M2 30-39	25		Biegolas Koszalin	00:39:06	01:09:23.10	01:48:29.50	+00:24:41 (35.6%)	9:15	6.5 (64.4%)
26	RYNKIEWICZ Jędrzej	985	15 GIŻYCKA BRYGADY ZMECHANIZOWANA	M2 30-39	26	15Giżycka Brygada Zmechanizowana	15 Giżycka Brygada Zmechanizowana	00:01:15	01:09:43.35	01:10:58.50	+00:25:01 (35.9%)	9:17	6.5 (64.4%)
27	BIEŃKOWSKI Tomasz	861	BIEGOLAS	M2 30-39	27		Biegolas Koszalin	00:38:35	01:09:53.70	01:48:28.70	+00:25:11 (36.0%)	9:19	6.4 (63.4%)
28	KRZYWIEC Grzegorz	874	BBL POLICE	M2 30-39	28			00:06:23	01:09:56.15	01:16:19.35	+00:25:14 (36.1%)	9:19	6.4 (63.4%)
29	WOŁK Marcin	712	KSF	M2 30-39	29		Klub Sportowy Fitness	00:03:52	01:10:08.45	01:14:00.55	+00:25:26 (36.3%)	9:21	6.4 (63.4%)
30	KARPIŃSKI Bartłomiej	530	RAGNAROK SZCZECIN	M2 30-39	30		Ragnarok Szczecin	00:04:32	01:10:46.10	01:15:18.85	+00:26:04 (36.8%)	9:26	6.4 (63.4%)
31	GARBACIAK Tomasz	1085		M2 30-39	31			02:50:59	01:12:01.85	04:03:01.60	+00:27:19 (37.9%)	9:36	6.2 (61.4%)
32	DROŹDZIŃSKI Konrad	945	RAZ SZCZECIN	M2 30-39	32			03:19:20	01:12:12.15	04:31:32.30	+00:27:30 (38.1%)	9:37	6.2 (61.4%)
33	ARLUKIEWICZ Grzegorz	705		M2 30-39	33			01:15:02	01:12:20.35	02:27:22.85	+00:27:38 (38.2%)	9:38	6.2 (61.4%)
34	GONTEK Łukasz	875	ŁOSOŚ TEAM	M2 30-39	34		ŁOSOŚ TEAM	00:46:21	01:15:07.35	02:01:28.70	+00:30:25 (40.5%)	10:00	6 (59.4%)
35	KOŁOMAŃSKI Hubert	1006		M2 30-39	35			01:24:32	01:15:35.05	02:40:07.80	+00:30:53 (40.9%)	10:04	6 (59.4%)
36	ARAMOWICZ Sławomir	749	OŻW SZCZECIN	M2 30-39	36	OŻW Szczecin	OŻW Szczecin	01:38:13	01:15:35.10	02:53:48.35	+00:30:53 (40.9%)	10:04	6 (59.4%)

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37	PASTERNAK Rafał	923	ODRA GRYFINO	M2 30-39	37		Odra Gryfino	00:19:15	01:15:35.70	01:34:50.75	+00:30:53 (40.9%)	10:04	6 (59.4%)
38	PANČZYK Tomasz	979		M2 30-39	38			00:17:31	01:15:37.05	01:33:09.00	+00:30:55 (40.9%)	10:05	5.9 (58.4%)
39	WASIELEWSKI Jakub	978		M2 30-39	39			01:37:26	01:15:55.40	02:53:21.40	+00:31:13 (41.1%)	10:07	5.9 (58.4%)
40	GĄGOL Marek	996	ZAMENA	M2 30-39	40			00:43:10	01:16:02.55	01:59:12.55	+00:31:20 (41.2%)	10:08	5.9 (58.4%)
41	STERNA Maciej	691	ZAMENA	M2 30-39	41			00:43:04	01:16:08.45	01:59:12.65	+00:31:26 (41.3%)	10:09	5.9 (58.4%)
42	SZOTA Robert	520	SMT SZCZECIN	M2 30-39	42			00:40:45	01:16:37.70	01:57:23.10	+00:31:55 (41.7%)	10:13	5.9 (58.4%)
43	KOWALSKI Piotr	444		M2 30-39	43			00:06:29	01:17:12.50	01:23:42.25	+00:32:30 (42.1%)	10:17	5.8 (57.4%)
44	ROJEWSKI Mateusz	855		M2 30-39	44	12 BZ Szczecin		00:17:28	01:17:54.50	01:35:22.55	+00:33:12 (42.6%)	10:23	5.8 (57.4%)
45	WIERBIL Dominik	546		M2 30-39	45			00:07:56	01:18:27.75	01:26:24.15	+00:33:45 (43.0%)	10:27	5.7 (56.4%)
46	ODRZYWOLSKI Michał	714	OŻW SZCZECIN	M2 30-39	46	OŻW Szczecin	OŻW Szczecin	01:38:10	01:18:54.00	02:57:04.45	+00:34:11 (43.3%)	10:31	5.7 (56.4%)
47	JĘDRZEJEK Dariusz	791		M2 30-39	47			00:07:50	01:18:56.00	01:26:46.65	+00:34:13 (43.4%)	10:31	5.7 (56.4%)
48	RAKOCZY Bartosz	995	DZIKIE DZIKI GORZÓW	M2 30-39	48		DZIKIE DZIKI GORZÓW	00:33:16	01:18:58.80	01:52:15.10	+00:34:16 (43.4%)	10:31	5.7 (56.4%)
49	ŻURAWSKI Marcin	549	KSF	M2 30-39	49			00:25:15	01:20:19.00	01:45:34.15	+00:35:36 (44.3%)	10:42	5.6 (55.4%)
50	HINDZIUK Artsiom	936	DZIKA SIGMA	M2 30-39	50		Dzika Sigma	00:09:18	01:20:31.65	01:29:50.05	+00:35:49 (44.5%)	10:44	5.6 (55.4%)
51	WEBER Patryk	566		M2 30-39	51			00:07:34	01:20:44.50	01:28:18.75	+00:36:02 (44.6%)	10:45	5.6 (55.4%)
52	DZIURŁAJ Rafał	578		M2 30-39	52			00:35:10	01:20:46.80	01:55:57.00	+00:36:04 (44.7%)	10:46	5.6 (55.4%)
53	ZIELINSKI Arkadiusz	899		M2 30-39	53			02:45:06	01:21:39.35	04:06:45.80	+00:36:57 (45.3%)	10:53	5.5 (54.5%)
53	ZIELIŃSKI Bartosz	900		M2 30-39	53			02:45:06	01:21:39.35	04:06:46.10	+00:36:57 (45.3%)	10:53	5.5 (54.5%)
55	MEUSIAK Rafał	720		M2 30-39	55			01:04:02	01:21:41.70	02:25:43.75	+00:36:59 (45.3%)	10:53	5.5 (54.5%)
56	LISOWSKI Krzysztof	895	TKKF CHOCIWEL	M2 30-39	56			02:44:58	01:21:47.30	04:06:45.55	+00:37:05 (45.3%)	10:54	5.5 (54.5%)
57	KUŚ Maciej	1240	STRALCO	M2 30-39	57			00:35:05	01:21:57.65	01:57:03.50	+00:37:15 (45.5%)	10:55	5.5 (54.5%)
58	KRZESIŃSKI Damian	815		M2 30-39	58			00:05:09	01:22:00.10	01:27:10.00	+00:37:18 (45.5%)	10:56	5.5 (54.5%)
59	ŚLUSARCZYK Piotr	568		M2 30-39	59			00:45:53	01:22:19.55	02:08:13.05	+00:37:37 (45.7%)	10:58	5.5 (54.5%)

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60	BIAŁKO Artur	565	KLUB SPORTOWY FITNESS	M2 30-39	60		Klub Sportowy Fitness	00:27:27	01:22:32.65	01:49:59.85	+00:37:50 (45.8%)	11:00	5.5 (54.5%)
61	KAMIONKA Andrzej	724	WIECZORNE BIEGANIE W SZCZECINIE	M2 30-39	61		Wieczorne bieganie w Szczecinie ♥	00:01:17	01:22:39.45	01:23:57.15	+00:37:57 (45.9%)	11:01	5.4 (53.5%)
62	WÓJCIK Krzysztof	650	DĄBROWSKI TEAM	M2 30-39	62			00:23:01	01:22:45.15	01:45:46.85	+00:38:03 (46.0%)	11:02	5.4 (53.5%)
63	PĘTECKI Damian	1235	HELL'S HEAVEN SZCZECIN	M2 30-39	63			00:14:54	01:22:52.60	01:37:47.00	+00:38:10 (46.1%)	11:03	5.4 (53.5%)
64	RUTKOWSKI Konrad	529	RAGNAROK SZCZECIN	M2 30-39	64		Ragnarok Szczecin	00:04:35	01:22:59.60	01:27:34.80	+00:38:17 (46.1%)	11:03	5.4 (53.5%)
65	PALKA Jakub	1171		M2 30-39	65			00:36:42	01:23:09.15	01:59:51.70	+00:38:27 (46.2%)	11:05	5.4 (53.5%)
66	BRZEZIŃSKI Radosław	1170		M2 30-39	66			00:36:38	01:23:12.95	01:59:51.75	+00:38:30 (46.3%)	11:05	5.4 (53.5%)
67	HALECZKO Mateusz	475	DZIKIE DZIKI GORZÓW	M2 30-39	67		DZIKIE DZIKI GORZÓW	00:15:14	01:24:20.85	01:39:35.20	+00:39:38 (47.0%)	11:14	5.3 (52.5%)
68	JANECZEK Rafał	466		M2 30-39	68			02:10:10	01:25:12.45	03:35:22.45	+00:40:30 (47.5%)	11:21	5.3 (52.5%)
69	KRUPIEŃCZYK Michał	667		M2 30-39	69			01:44:25	01:26:01.45	03:10:26.90	+00:41:19 (48.0%)	11:28	5.2 (51.5%)
70	SZULC Marcin	817		M2 30-39	70		OCR TEAM ZIELONA GÓRA	00:09:07	01:26:04.25	01:35:12.20	+00:41:22 (48.1%)	11:28	5.2 (51.5%)
71	KOMSTA Rafał	668	PAN WĄSKI I JEGO MAFIA	M2 30-39	71		Pan Wąski i Jego Mafia	00:48:54	01:26:38.80	02:15:33.30	+00:41:56 (48.4%)	11:33	5.2 (51.5%)
72	NIEDBAŁA Łukasz	1245	EMELATHLETIC	M2 30-39	72			00:33:51	01:27:00.80	02:00:52.05	+00:42:18 (48.6%)	11:36	5.2 (51.5%)
73	PADUCH Piotr	905		M2 30-39	73			00:08:52	01:28:25.10	01:37:17.45	+00:43:43 (49.4%)	11:47	5.1 (50.5%)
74	PIEKARSKI Kamil	610		M2 30-39	74			02:28:16	01:31:33.20	03:59:50.15	+00:46:51 (51.2%)	12:12	4.9 (48.5%)
75	GADOWSKI Wojciech	753	NIE PROWOKUJ LOCHY MIERZYN	M2 30-39	75		Nie prowokuj Lochy Mierzyn	02:52:29	01:32:02.75	04:24:32.65	+00:47:20 (51.4%)	12:16	4.9 (48.5%)
76	DUDKA Robert	902		M2 30-39	76			01:26:28	01:32:04.45	02:58:32.50	+00:47:22 (51.5%)	12:16	4.9 (48.5%)
77	POŁOCHAŃSKI Piotr	811	SZWAGRY BIEGAJĄ	M2 30-39	77			00:24:24	01:32:41.70	01:57:06.15	+00:47:59 (51.8%)	12:21	4.9 (48.5%)
78	PTAK Daniel	477	LIFE4FIT	M2 30-39	78		Life4fit	02:12:27	01:33:31.60	03:45:59.30	+00:48:49 (52.2%)	12:28	4.8 (47.5%)
79	SZMYT Marcin	810	SZWAGRY BIEGAJĄ	M2 30-39	79			00:24:11	01:33:31.85	01:57:43.10	+00:48:49 (52.2%)	12:28	4.8 (47.5%)
80	SZYMAŃSKI Rafał	557	BRIDGESTONE STARGARD RUNNERS	M2 30-39	80		Bridgestone Stargard Runners	01:12:07	01:33:48.45	02:45:56.40	+00:49:06 (52.3%)	12:30	4.8 (47.5%)
81	POST Marcin	864		M2 30-39	81			00:52:33	01:34:09.50	02:26:42.50	+00:49:27 (52.5%)	12:33	4.8 (47.5%)
82	SZAKOLA Paweł	862		M2 30-39	82			00:52:29	01:34:11.55	02:26:41.05	+00:49:29 (52.5%)	12:33	4.8 (47.5%)

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83	TUZ Bartosz	882	TEAM SPIRIT NOWA SÓL	M2 30-39	83			00:37:12	01:34:14.10	02:11:26.65	+00:49:32 (52.6%)	12:33	4.8 (47.5%)
84	ZDUNEK Piotr	1000		M2 30-39	84			03:09:58	01:34:35.25	04:44:33.75	+00:49:53 (52.7%)	12:36	4.8 (47.5%)
85	TRUKAWKA Andrzej	750	DZIKI ZAKWAS	M2 30-39	85			03:09:55	01:34:36.50	04:44:31.95	+00:49:54 (52.8%)	12:36	4.8 (47.5%)
86	PŁOSAJ Przemysław	441	HELL'S HEAVEN SZCZECIN	M2 30-39	86		Hell's Heaven Szczecin	00:21:53	01:36:01.25	01:57:54.80	+00:51:19 (53.4%)	12:48	4.7 (46.5%)
87	ZEMANKIEWICZ Łukasz	825	KANAŁ 6 AM	M2 30-39	87			00:08:42	01:36:03.85	01:44:46.20	+00:51:21 (53.5%)	12:48	4.7 (46.5%)
88	STOMA Kamil	1065		M2 30-39	88			01:53:51	01:36:06.95	03:29:58.20	+00:51:24 (53.5%)	12:48	4.7 (46.5%)
89	ZIĘBA Tomasz	1066		M2 30-39	89			01:53:48	01:36:10.05	03:29:58.10	+00:51:28 (53.5%)	12:49	4.7 (46.5%)
90	WRZOCZOL Paweł	556	BRIDGESTONE STARGARD RUNNERS	M2 30-39	90		Bridgestone Stargard Runners	01:12:02	01:36:50.05	02:48:52.70	+00:52:08 (53.8%)	12:54	4.6 (45.5%)
91	MILANOWICZ Maciej	883	BRIDGESTONE STARGARD RUNNERS	M2 30-39	91		Bridgestone Stargard Runners	01:11:50	01:37:04.15	02:48:54.40	+00:52:22 (53.9%)	12:56	4.6 (45.5%)
92	ZABŁOCKI Paweł	1084	BRIDGESTONE RUNNERS	M2 30-39	92		Bridgestone Stargard Runners	01:11:57	01:37:08.45	02:49:06.20	+00:52:26 (54.0%)	12:57	4.6 (45.5%)
93	GODEK Cezary	500		M2 30-39	93			00:23:42	01:38:03.75	02:01:46.70	+00:53:21 (54.4%)	13:04	4.6 (45.5%)
94	WOSIAK Paweł	419	FSD RUN DREZDENKO	M2 30-39	94			00:31:29	01:38:28.50	02:09:58.05	+00:53:46 (54.6%)	13:07	4.6 (45.5%)
95	GŁOWACKI Grzegorz	461		M2 30-39	95			00:46:34	01:39:02.10	02:25:36.75	+00:54:20 (54.9%)	13:12	4.5 (44.6%)
96	CZYŻEWSKI Mateusz	857	WKURW_TEAM	M2 30-39	96			00:47:02	01:39:35.75	02:26:38.50	+00:54:53 (55.1%)	13:16	4.5 (44.6%)
97	WOŁYŃSKI Dominik	1054		M2 30-39	97			01:31:12	01:39:46.90	03:10:59.70	+00:55:04 (55.2%)	13:18	4.5 (44.6%)
98	LESZKIEWICZ Roman	471	CTF	M2 30-39	98			00:46:41	01:39:58.90	02:26:40.45	+00:55:16 (55.3%)	13:19	4.5 (44.6%)
99	PCIONEK Jacek	833		M2 30-39	99			00:10:20	01:40:08.15	01:50:28.20	+00:55:26 (55.4%)	13:21	4.5 (44.6%)
100	MAŁECKI Sebastian	773		M2 30-39	100			00:53:08	01:40:37.65	02:33:45.70	+00:55:55 (55.6%)	13:24	4.5 (44.6%)
101	ROSZAK Zbigniew	647	WATAHA ŁĄCZY NAS BIEGANIE	M2 30-39	101			00:08:25	01:40:48.65	01:49:13.85	+00:56:06 (55.7%)	13:26	4.5 (44.6%)
102	BOCHENEK Michał	853	AFRO-FIT WATAHA CROSSFIT	M2 30-39	102			00:41:15	01:41:39.20	02:22:54.35	+00:56:57 (56.0%)	13:33	4.4 (43.6%)
103	ŁYSEK Grzegorz	528		M2 30-39	103			00:05:42	01:42:47.50	01:48:29.80	+00:58:05 (56.5%)	13:42	4.4 (43.6%)
104	LIPKA Radosław	830	WDŚ KMP	M2 30-39	104			02:06:48	01:43:34.45	03:50:22.65	+00:58:52 (56.8%)	13:48	4.3 (42.6%)
105	OLĘDZKI Michał	832	WDŚ KMP	M2 30-39	105			02:06:45	01:43:37.55	03:50:22.65	+00:58:55 (56.9%)	13:48	4.3 (42.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas startu	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
106	LENCEWICZ Grzegorz	590	HUSARIA RACE TEAM SZCZECIN	M2 30-39	106			00:40:03	01:43:47.60	02:23:50.85	+00:59:05 (56.9%)	13:50	4.3 (42.6%)
107	CUPRYJAK Sebastian	1115		M2 30-39	107			00:06:51	01:44:49.75	01:51:41.50	+01:00:07 (57.4%)	13:58	4.3 (42.6%)
108	ŻARCZYŃSKI Błażej	1102	BIEGAM U KOLESI	M2 30-39	108			00:40:38	01:44:55.25	02:25:33.45	+01:00:13 (57.4%)	13:59	4.3 (42.6%)
109	GORCZYCA Mateusz	485		M2 30-39	109			00:49:49	01:45:01.25	02:34:51.05	+01:00:19 (57.4%)	14:00	4.3 (42.6%)
110	NOWOTNIK Wojciech	960		M2 30-39	110			01:32:10	01:45:11.90	03:17:22.45	+01:00:29 (57.5%)	14:01	4.3 (42.6%)
111	MACHOLA Bartłomiej	1114		M2 30-39	111			00:42:25	01:45:23.70	02:27:48.95	+01:00:41 (57.6%)	14:03	4.3 (42.6%)
112	FAFEREK Piotr	879		M2 30-39	112			00:50:17	01:46:35.30	02:36:53.05	+01:01:53 (58.1%)	14:12	4.2 (41.6%)
113	RADZI Kamil	496		M2 30-39	113			00:50:03	01:46:48.75	02:36:52.15	+01:02:06 (58.2%)	14:14	4.2 (41.6%)
114	STASIUK Robert	867		M2 30-39	114			00:52:41	01:47:00.90	02:39:42.25	+01:02:18 (58.2%)	14:16	4.2 (41.6%)
115	BIEGANSKI Tomasz	876		M2 30-39	115			00:48:10	01:47:41.75	02:35:52.10	+01:02:59 (58.5%)	14:21	4.2 (41.6%)
116	LICHT Michał	1169	EATHLETIC TEAM	M2 30-39	116			00:34:04	01:48:41.40	02:22:46.35	+01:03:59 (58.9%)	14:29	4.1 (40.6%)
117	TRZMIELEWSKI Grzegorz	501		M2 30-39	117			01:37:14	01:48:44.25	03:25:58.60	+01:04:02 (58.9%)	14:29	4.1 (40.6%)
118	TRYBUŁA Artur	555		M2 30-39	118			00:53:26	01:51:55.00	02:45:21.65	+01:07:12 (60.1%)	14:55	4 (39.6%)
119	GUMIELA Adam	828	MELVITRUN	M2 30-39	119			01:04:41	01:52:44.90	02:57:26.15	+01:08:02 (60.4%)	15:02	4 (39.6%)
120	JACHIRA Krzysztof	562	GRYF TEAM	M2 30-39	120			01:04:45	01:53:25.95	02:58:11.15	+01:08:43 (60.6%)	15:07	4 (39.6%)
121	ARCZYŃSKI Jakub	808		M2 30-39	121			01:15:17	01:53:43.90	03:09:01.85	+01:09:01 (60.7%)	15:09	4 (39.6%)
122	TRZECIAK Piotr	807		M2 30-39	122			01:15:10	01:53:51.65	03:09:02.25	+01:09:09 (60.7%)	15:10	4 (39.6%)
123	NOWACZYK Wojciech	523		M2 30-39	123			00:41:52	01:54:06.70	02:35:59.25	+01:09:24 (60.8%)	15:12	3.9 (38.6%)
124	KARPIŃSKI Łukasz	447		M2 30-39	124		Pędzące żółwie	02:03:12	01:54:45.05	03:57:57.55	+01:10:03 (61.0%)	15:18	3.9 (38.6%)
125	SCHMIDT Thomas	756	BRAUNSCHWEIG HASH HOUSE HARRIERS	M2 30-39	125			00:29:19	01:56:57.35	02:26:17.15	+01:12:15 (61.8%)	15:35	3.8 (37.6%)
126	PITURA Mariusz	474		M2 30-39	126			02:10:06	01:57:29.65	04:07:36.05	+01:12:47 (62.0%)	15:40	3.8 (37.6%)
127	SOWA Krzysztof	969		M2 30-39	127			00:45:47	02:00:21.85	02:46:09.00	+01:15:39 (62.9%)	16:02	3.7 (36.6%)
128	SZYMAŃSKI Piotr	777		M2 30-39	128			01:22:48	02:01:04.60	03:23:52.95	+01:16:22 (63.1%)	16:08	3.7 (36.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas startu	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
129	SZYPLOWSKI Dorian	778		M2 30-39	129			01:22:41	02:01:13.00	03:23:54.30	+01:16:30 (63.1%)	16:09	3.7 (36.6%)
130	KOZŁOWSKI Piotr	611	NIECH KTOŚ WEZWIE KARETKĘ	M2 30-39	130			01:22:51	02:01:24.25	03:24:16.15	+01:16:42 (63.2%)	16:11	3.7 (36.6%)
131	KOGUT Karol	723		M2 30-39	131			01:22:44	02:01:34.65	03:24:18.85	+01:16:52 (63.2%)	16:12	3.7 (36.6%)
132	GOWORSKI Jerzy	842	WIECZORNE BIEGANIE W SZCZECINIE	M2 30-39	132			01:04:36	02:02:55.50	03:07:32.25	+01:18:13 (63.6%)	16:23	3.7 (36.6%)
133	WOŹNIAK Rafał	582	IHUUH TEAM	M2 30-39	133		IHUUH Team	00:47:15	02:04:01.65	02:51:16.90	+01:19:19 (64.0%)	16:32	3.6 (35.6%)
134	WIŚNIEWSKI Mariusz	581	IHUUH TEAM	M2 30-39	134			00:47:09	02:04:07.80	02:51:16.90	+01:19:25 (64.0%)	16:32	3.6 (35.6%)
135	STAŃCZYK Sławomir	906	STARGARD. JA SIĘ NIE ŚCIGAM	M2 30-39	135			01:14:46	02:04:48.95	03:19:35.85	+01:20:06 (64.2%)	16:38	3.6 (35.6%)
136	WROŃSKI Julian	990	STARGARD. JA SIĘ NIE ŚCIGAM	M2 30-39	136			01:14:32	02:05:04.05	03:19:36.70	+01:20:22 (64.3%)	16:40	3.6 (35.6%)
137	KUNIKOWSKI Patryk	671	STARGARD JA SIĘ NIE ŚCIGAM	M2 30-39	137			01:14:20	02:05:16.05	03:19:36.15	+01:20:34 (64.3%)	16:42	3.6 (35.6%)
138	CHENON Guillaume	796		M2 30-39	138			01:14:09	02:05:25.35	03:19:34.55	+01:20:43 (64.4%)	16:43	3.6 (35.6%)
139	OGRODZIŃSKI Przemysław	641		M2 30-39	139			00:36:29	02:08:51.40	02:45:20.75	+01:24:09 (65.3%)	17:10	3.5 (34.7%)
140	ŻOŁNACZ Radek	892		M2 30-39	140			01:24:17	02:08:53.25	03:33:10.75	+01:24:11 (65.3%)	17:11	3.5 (34.7%)
141	ANIELSKI Michał	858		M2 30-39	141			01:24:20	02:08:54.40	03:33:14.80	+01:24:12 (65.3%)	17:11	3.5 (34.7%)
142	ELLMANN Filip	868	PIJANEGO MISTRZA STYL	M2 30-39	142			00:47:50	02:09:03.05	02:56:54.00	+01:24:21 (65.4%)	17:12	3.5 (34.7%)
143	PIESYK Damian	1161	LOSZKI I WARCHLAKI	M2 30-39	143		LOSZKI I WARCHLAKI	01:34:07	02:09:06.35	03:43:13.60	+01:24:24 (65.4%)	17:12	3.5 (34.7%)
144	GAC Krystian	507		M2 30-39	144			03:27:56	02:14:10.00	05:42:06.10	+01:29:27 (66.7%)	17:53	3.4 (33.7%)
145	PITURA Piotr	465		M2 30-39	145			02:10:03	02:17:36.30	04:27:39.65	+01:32:54 (67.5%)	18:20	3.3 (32.7%)
146	SZUBCZYŃSKI Marcin	984	DLL PARTNERS	M2 30-39	146		DLL Partners	01:30:45	02:27:34.40	03:58:19.80	+01:42:52 (69.7%)	19:40	3 (29.7%)
147	PŁAWSKI Łukasz	482		M2 30-39	147			00:00:00	03:19:04.25	03:19:04.25	+02:34:22 (77.5%)	26:32	2.3 (22.8%)

Znaleziono 147 wynik(ów)