



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Dziki Weekend 2020
Stowarzyszenie Klub Biegowy Dzik
2020-08-23
Police
7.5 km

EKSTREMALNY DZIKOBIEG

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Open K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas startu	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	MARZEC Karolina	961	DZIKIE DZIKI GORZÓW	K3 40-49	1		DZIKIE DZIKI GORZÓW	00:32:59	00:59:59.10	01:32:58.25		7:59	7.5 (100%)
2	DYDEK Edyta	1159	SKB DZIK	K1 16-29	1		SKB Dzik	00:02:55	01:02:08.95	01:05:04.25	+00:02:09 (3.5%)	8:17	7.2 (96.0%)
3	JUSZCZAK Katarzyna	542	OŻW SZCZECIN	K2 30-39	1	OŻW Szczecin	OŻW Szczecin	01:47:54	01:03:53.30	02:51:47.60	+00:03:54 (6.1%)	8:31	7 (93.3%)
4	PILARCZYK Katarzyna	709	KLUB SPORTOWY FITNESS	K2 30-39	2		Klub Sportowy Fitness	00:03:48	01:04:50.05	01:08:38.55	+00:04:50 (7.5%)	8:38	6.9 (92.0%)
5	KRUSZCZYŃSKA Marzena	1165	SURVIVAL TEAM	K2 30-39	3			00:04:20	01:05:18.75	01:09:39.50	+00:05:19 (8.2%)	8:42	6.9 (92.0%)
6	MAJDAN-ADAMSKA Agnieszka	1246		K3 40-49	2			02:24:04	01:08:45.00	03:32:49.35	+00:08:45 (12.7%)	9:10	6.5 (86.7%)
7	CIELUCH Paulina	1252	GRUPA AZOTY POLICE	K2 30-39	4			00:06:19	01:09:55.40	01:16:14.75	+00:09:56 (14.2%)	9:19	6.4 (85.3%)
8	POGORZELSKA Aleksandra	602	DECATHLON PIŁA	K1 16-29	2		Wataha Walcz	00:16:43	01:16:00.45	01:32:43.55	+00:16:01 (21.1%)	10:08	5.9 (78.7%)
9	BERNACKA-SZYDLIK Karolina	573		K2 30-39	5			01:29:03	01:16:20.50	02:45:24.45	+00:16:21 (21.4%)	10:10	5.9 (78.7%)
10	DUBIEL Monika	405		K2 30-39	6			00:24:07	01:17:11.90	01:41:19.05	+00:17:12 (22.3%)	10:17	5.8 (77.3%)
11	KOMAKOWSKA Sylwia	413	PAN WĄSKI I JEGO MAFIA	K3 40-49	3		Pan Wąski i Jego Mafia	00:48:19	01:18:50.25	02:07:09.50	+00:18:51 (23.9%)	10:30	5.7 (76.0%)
12	GRYGORCEWICZ Emilia	541	POLE DANCE JUNGLE	K1 16-29	3		Pole Dance Jungle	01:39:21	01:18:51.05	02:58:12.50	+00:18:51 (23.9%)	10:30	5.7 (76.0%)
13	BRZOZOWSKA Mirela	567		K1 16-29	4			00:07:38	01:18:56.20	01:26:34.35	+00:18:57 (24.0%)	10:31	5.7 (76.0%)
14	KNIOŁA Agnieszka	606	PIŁA TEAM	K2 30-39	7			00:14:28	01:19:23.95	01:33:52.80	+00:19:24 (24.5%)	10:35	5.7 (76.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas startu	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
15	TROJANOWSKA- BARAN Aleksandra	715		K1 16-29	5	OŻW Szczecin	OŻW Szczecin	01:37:54	01:19:38.35	02:57:33.15	+00:19:39 (24.7%)	10:37	5.6 (74.7%)
16	KRZESIŃSKA Katarzyna	814	BOHAR PALETY RUNNERS	K2 30-39	8			00:05:06	01:20:21.25	01:25:27.80	+00:20:22 (25.3%)	10:42	5.6 (74.7%)
17	WANTUCH Marzena	917	DZIKI WEEKEND	K2 30-39	9			00:03:12	01:20:26.00	01:23:38.95	+00:20:26 (25.4%)	10:43	5.6 (74.7%)
18	SOBAŃSKA Karolina	916	SKB DZIK	K2 30-39	10	12 BZ Szczecin		00:03:09	01:20:29.85	01:23:39.45	+00:20:30 (25.5%)	10:44	5.6 (74.7%)
19	WILK Anna	1121		K1 16-29	6			01:55:54	01:20:47.80	03:16:42.75	+00:20:48 (25.8%)	10:46	5.6 (74.7%)
20	DORAWA-ZIOMEK Anna	622	DZIKIE ŻÓŁWIE	K2 30-39	11			00:45:19	01:21:14.15	02:06:33.95	+00:21:15 (26.2%)	10:49	5.5 (73.3%)
21	ROMANOWICZ Monika	623	DZIKIE ŻÓŁWIE	K2 30-39	12		Dzikie Żółwie	00:45:15	01:21:18.70	02:06:34.15	+00:21:19 (26.2%)	10:50	5.5 (73.3%)
22	TOMCZAK Joanna	897	DIRTY SPARROWS	K2 30-39	13			00:05:24	01:21:52.20	01:27:16.65	+00:21:53 (26.7%)	10:54	5.5 (73.3%)
23	MURAWSKA Wioletta	1061	SKB DZIK	K4 50-59	1			00:39:32	01:23:36.55	02:03:09.45	+00:23:37 (28.3%)	11:08	5.4 (72.0%)
24	PODOLAK Julia	908		K1 16-29	7			01:34:27	01:23:43.90	02:58:10.95	+00:23:44 (28.4%)	11:09	5.4 (72.0%)
25	PIOTROWSKA Małgorzata	848		K1 16-29	8			03:12:24	01:24:18.95	04:36:43.55	+00:24:19 (28.9%)	11:14	5.3 (70.7%)
26	ŻURAWSKA Ania	548		K2 30-39	14			00:25:10	01:24:45.05	01:49:55.85	+00:24:45 (29.2%)	11:18	5.3 (70.7%)
27	KOMSTA Beata	669	PAN WĄSKI I JEGO MAFIA	K3 40-49	4		Pan Wąski i Jego Mafia	00:48:38	01:25:11.70	02:13:49.95	+00:25:12 (29.6%)	11:21	5.3 (70.7%)
28	WOLANSKA Anna	538	KSF	K2 30-39	15		Klub Sportowy Fitness	00:24:27	01:25:29.50	01:49:57.10	+00:25:30 (29.8%)	11:24	5.3 (70.7%)
29	KRUPIEŃCZYK Joanna	587		K2 30-39	16			01:44:22	01:26:02.25	03:10:24.45	+00:26:03 (30.3%)	11:28	5.2 (69.3%)
30	SYCHEL Magdalena	719		K3 40-49	5			00:09:03	01:26:10.05	01:35:13.60	+00:26:10 (30.4%)	11:29	5.2 (69.3%)
31	CIEŚLA Agnieszka	467		K2 30-39	17			01:19:59	01:26:34.65	02:46:34.00	+00:26:35 (30.7%)	11:32	5.2 (69.3%)
32	SAMPŁAWSKA Joanna	563		K2 30-39	18			02:06:08	01:26:45.80	03:32:54.00	+00:26:46 (30.9%)	11:34	5.2 (69.3%)
33	ŚWIETLIK Alicja	1172		K4 50-59	2			01:04:05	01:26:51.55	02:30:57.35	+00:26:52 (30.9%)	11:34	5.2 (69.3%)
34	FILIPOWICZ Klaudia	569		K1 16-29	9			00:18:56	01:27:04.20	01:46:00.35	+00:27:05 (31.1%)	11:36	5.2 (69.3%)
35	FILIPOWICZ Patrycja	570		K3 40-49	6			00:18:50	01:27:09.85	01:46:00.30	+00:27:10 (31.2%)	11:37	5.2 (69.3%)
36	NIKLAS Małgorzata	711	KSF	K2 30-39	19		Klub Sportowy Fitness	00:25:06	01:27:31.10	01:52:37.55	+00:27:32 (31.5%)	11:40	5.1 (68.0%)
37	NOWAK Marta	1064		K2 30-39	20			00:31:57	01:29:51.50	02:01:48.80	+00:29:52 (33.2%)	11:58	5 (66.7%)

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38	BĄCIK Aneta	545		K3 40-49	7			01:21:25	01:30:05.65	02:51:30.95	+00:30:06 (33.4%)	12:00	5 (66.7%)
39	ADAMSKA Barbara	957	VO2 MAX TEAM	K1 16-29	10		Vo2 Max Team	01:08:54	01:30:58.05	02:39:52.10	+00:30:58 (34.1%)	12:07	4.9 (65.3%)
40	POSZUMSKA Gabriela	903		K1 16-29	11			01:26:30	01:31:26.55	02:57:57.50	+00:31:27 (34.4%)	12:11	4.9 (65.3%)
41	KRZEMIEN Patrycja	627		K2 30-39	21			01:14:54	01:31:33.55	02:46:28.05	+00:31:34 (34.5%)	12:12	4.9 (65.3%)
42	LEWANDOWSKA Anna	747	HELL'S HEAVEN SZCZECIN	K3 40-49	8		Hell's Heaven Szczecin	00:21:12	01:31:42.45	01:52:54.85	+00:31:43 (34.6%)	12:13	4.9 (65.3%)
43	BEDNAREK Natalia	963	DECATHLON PIŁA	K1 16-29	12			00:16:47	01:31:45.50	01:48:33.15	+00:31:46 (34.6%)	12:14	4.9 (65.3%)
44	ŻYLUK-GADOWSKA Paulina	754	NIE PROWOKUJ LOCHY MIERZYN	K2 30-39	22		Nie prowokuj Lochy Mierzyn	02:52:36	01:31:55.65	04:24:32.50	+00:31:56 (34.7%)	12:15	4.9 (65.3%)
45	WÓJCICKA Anna	440	HELL'S HEAVEN SZCZECIN	K2 30-39	23		Hell's Heaven Szczecin	00:20:47	01:32:07.65	01:52:54.90	+00:32:08 (34.9%)	12:16	4.9 (65.3%)
46	BRZESKA Ewa	998	HELL'S HEAVEN SZCZECIN	K1 16-29	13			00:20:42	01:32:12.40	01:52:54.95	+00:32:13 (34.9%)	12:17	4.9 (65.3%)
47	ŁEMPKOWSKA Beata	980	DLL PARTNERS	K3 40-49	9		DLL Partners	01:30:25	01:32:13.45	03:02:38.80	+00:32:14 (35.0%)	12:17	4.9 (65.3%)
48	BIELSKA Ola	703		K2 30-39	24			00:57:56	01:32:22.80	02:30:18.85	+00:32:23 (35.1%)	12:18	4.9 (65.3%)
49	KAMIŃSKA Adrianna	403	BBL POLICE	K2 30-39	25		BBL Police	00:58:16	01:32:42.45	02:30:58.75	+00:32:43 (35.3%)	12:21	4.9 (65.3%)
50	KUSTRA Paulina	843	BBL POLICE	K2 30-39	26		BBL Police	00:58:13	01:32:45.45	02:30:59.15	+00:32:46 (35.3%)	12:22	4.9 (65.3%)
51	MAŁECKA Anna	772		K3 40-49	10			00:53:12	01:33:29.35	02:26:41.80	+00:33:30 (35.8%)	12:27	4.8 (64.0%)
52	PTAK Patrycja	476	LIFE4FIT	K2 30-39	27		Life4fit	02:12:24	01:33:34.25	03:45:58.85	+00:33:35 (35.9%)	12:28	4.8 (64.0%)
53	MIKICIUK Natalia	799		K1 16-29	14			01:08:59	01:33:53.20	02:42:52.70	+00:33:54 (36.1%)	12:31	4.8 (64.0%)
54	PRABUCKA Weronika	1129	UKL ÓSEMKA POLICE	K1 16-29	15			00:10:03	01:34:08.65	01:44:11.75	+00:34:09 (36.3%)	12:33	4.8 (64.0%)
55	POST Mariola	865		K3 40-49	11			00:52:26	01:34:16.10	02:26:42.15	+00:34:17 (36.4%)	12:34	4.8 (64.0%)
56	ZYGIEL- SZAKOŁA Aneta	863		K2 30-39	28			00:52:22	01:34:19.55	02:26:41.80	+00:34:20 (36.4%)	12:34	4.8 (64.0%)
57	RADCZUK Karolina	1056	KOMPAS TEAM	K2 30-39	29		Kompas Team	01:16:26	01:34:21.75	02:50:48.05	+00:34:22 (36.4%)	12:34	4.8 (64.0%)
58	RÓŻYCKA Karina	462		K2 30-39	30			01:16:12	01:34:35.85	02:50:48.30	+00:34:36 (36.6%)	12:36	4.8 (64.0%)
59	TUZ Gabriela	888	TEAM SPIRIT NOWA SÓL	K2 30-39	31			00:36:48	01:34:37.30	02:11:25.95	+00:34:38 (36.6%)	12:36	4.8 (64.0%)
60	KOWALKOWSKA Beata	913		K2 30-39	32			02:21:19	01:34:52.10	03:56:11.95	+00:34:53 (36.8%)	12:38	4.7 (62.7%)

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61	SAJNÓG Anna	515		K2 30-39	33			02:21:16	01:34:56.80	03:56:12.80	+00:34:57 (36.8%)	12:39	4.7 (62.7%)
62	CZUBA Emilia	508		K2 30-39	34		DZIKIE ZOŁZY	00:49:25	01:34:58.80	02:24:24.35	+00:34:59 (36.8%)	12:39	4.7 (62.7%)
63	Fijałkowska Agnieszka	417		K3 40-49	12			01:13:43	01:35:19.85	02:49:03.45	+00:35:20 (37.1%)	12:42	4.7 (62.7%)
64	SZCZEPAŃSKA Agata	540	KLUB SPORTOWY FITNESS	K1 16-29	16		Klub Sportowy Fitness	00:26:33	01:35:48.80	02:02:22.65	+00:35:49 (37.4%)	12:46	4.7 (62.7%)
65	JANUSZ-NADYBAŁ Agnieszka	539	KLUB SPORTOWY FITNESS	K3 40-49	13			00:26:29	01:35:53.05	02:02:22.85	+00:35:53 (37.4%)	12:47	4.7 (62.7%)
66	PŁOSAJ Kamila	442	HELL'S HEAVEN SZCZECIN	K2 30-39	35		Hell's Heaven Szczecin	00:21:59	01:35:54.50	01:57:53.75	+00:35:55 (37.5%)	12:47	4.7 (62.7%)
67	JEZIOREK Agnieszka	774		K3 40-49	14			00:40:10	01:36:05.85	02:16:16.45	+00:36:06 (37.6%)	12:48	4.7 (62.7%)
68	SIMONIDES Magdalena	411	PAN WĄSKI I JEGO MAFIA	K3 40-49	15		Pan Wąski i Jego Mafia	00:48:31	01:36:09.65	02:24:41.00	+00:36:10 (37.6%)	12:49	4.7 (62.7%)
69	ROSIŃSKA Kamila	948	BRIDGESTONE STARGARD RUNNERS	K2 30-39	36			01:11:38	01:37:14.30	02:48:52.65	+00:37:15 (38.3%)	12:57	4.6 (61.3%)
70	ORLON Barbara	699	FSD RUN DREZDENKO	K4 50-59	3			00:31:22	01:38:32.40	02:09:54.85	+00:38:33 (39.1%)	13:08	4.6 (61.3%)
71	TOMICZAK Marta	661		K3 40-49	16			00:41:01	01:39:02.50	02:20:03.50	+00:39:03 (39.4%)	13:12	4.5 (60.0%)
72	POŹNIAK Aleksandra	769	DZIKIE DZIKI GORZÓW	K2 30-39	37		DZIKIE DZIKI GORZÓW	00:15:18	01:39:13.15	01:54:31.35	+00:39:14 (39.5%)	13:13	4.5 (60.0%)
73	ZAKRZEWSKA Sylwia	700	FSD RUN DREZDENKO	K2 30-39	38			00:30:34	01:39:20.45	02:09:55.40	+00:39:21 (39.6%)	13:14	4.5 (60.0%)
74	JUSINSKA Anna	771		K3 40-49	17	21.BLT		00:30:32	01:39:30.30	02:10:02.30	+00:39:31 (39.7%)	13:16	4.5 (60.0%)
75	ULASS Patrycja	786		K1 16-29	17		Rodzinka&spółka	01:32:21	01:39:31.90	03:11:53.85	+00:39:32 (39.7%)	13:16	4.5 (60.0%)
76	DANILUK Małgorzata	809		K1 16-29	18		Rodzinka&spółka	01:32:18	01:39:35.30	03:11:53.60	+00:39:36 (39.8%)	13:16	4.5 (60.0%)
77	CZYŻEWSKA Mirosława	856	WKURW_TEAM	K2 30-39	39			00:46:55	01:39:41.90	02:26:37.15	+00:39:42 (39.8%)	13:17	4.5 (60.0%)
78	KOZŁOWSKA - PARUZEL Magdalena	470		K2 30-39	40			00:46:48	01:39:47.25	02:26:35.25	+00:39:48 (39.9%)	13:18	4.5 (60.0%)
79	PASIEKA Agnieszka	768	21. BAZA LOTNICTWA TAKTYCZNEGO	K2 30-39	41	21.BLT		00:30:07	01:39:54.00	02:10:01.55	+00:39:54 (40.0%)	13:19	4.5 (60.0%)
80	BACHORSKA Dorota	767	FITOSKI TEAM	K3 40-49	18			00:30:04	01:39:57.45	02:10:02.10	+00:39:58 (40.0%)	13:19	4.5 (60.0%)
81	DYDEK Dorota	1162	SKB DZIK	K4 50-59	4		SKB Dzik	01:19:53	01:40:21.50	03:00:15.35	+00:40:22 (40.2%)	13:22	4.5 (60.0%)
82	KRUSZYNA Renata	760		K2 30-39	42			00:08:11	01:41:03.00	01:49:14.15	+00:41:03 (40.6%)	13:28	4.5 (60.0%)
83	LEWANDOWSKA Małgorzata	727	TG'SOKÓŁ GNIEWKOWO	K4 50-59	5			00:08:06	01:41:07.45	01:49:14.00	+00:41:08 (40.7%)	13:29	4.4 (58.7%)

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84	BOCHENEK Jadwiga	854	AFRO-FIT WATAHA CROSSFIT	K2 30-39	43			00:41:20	01:41:33.70	02:22:54.65	+00:41:34 (40.9%)	13:32	4.4 (58.7%)
85	BIENIAS Emilia	947	RAGNAROK SZCZECIN	K1 16-29	19		Ragnarok Szczecin	00:18:14	01:42:40.00	02:00:54.95	+00:42:40 (41.6%)	13:41	4.4 (58.7%)
86	BUDZIŃSKA Dominika	551	RAGNAROK SZCZECIN	K1 16-29	20			00:18:04	01:42:50.00	02:00:54.45	+00:42:50 (41.7%)	13:42	4.4 (58.7%)
87	SUCHODOLSKA Aleksandra	638	DZIKIE ŻÓŁWIE	K2 30-39	44			00:44:16	01:43:28.10	02:27:44.15	+00:43:29 (42.0%)	13:47	4.3 (57.3%)
88	MUSKAŁA Beata	831	WDŚ KMP	K4 50-59	6			02:06:50	01:43:31.70	03:50:22.55	+00:43:32 (42.1%)	13:48	4.3 (57.3%)
89	ZAKOŚCIELNA Katarzyna	626	DZIKIE ŻÓŁWIE	K2 30-39	45			00:44:07	01:43:36.60	02:27:44.45	+00:43:37 (42.1%)	13:48	4.3 (57.3%)
90	GRALEWICZ Magdalena	599		K3 40-49	19			00:19:28	01:44:03.25	02:03:31.85	+00:44:04 (42.4%)	13:52	4.3 (57.3%)
91	NIEWADZIK Ula	932		K3 40-49	20			00:39:42	01:44:19.75	02:24:01.75	+00:44:20 (42.5%)	13:54	4.3 (57.3%)
92	KLEJNANS Agnieszka	572		K2 30-39	46			00:05:34	01:44:30.75	01:50:04.85	+00:44:31 (42.6%)	13:56	4.3 (57.3%)
93	PIEPRZOWSKA Sylwia	877		K3 40-49	21			01:09:22	01:44:51.80	02:54:13.95	+00:44:52 (42.8%)	13:58	4.3 (57.3%)
94	WOJCIECHOWSKA Maja	1116		K1 16-29	21			00:06:47	01:44:53.40	01:51:40.55	+00:44:54 (42.8%)	13:59	4.3 (57.3%)
95	NOWAK Aneta	683	NORDICOWE LOVE POLICE	K3 40-49	22		NordicoweLove Police	01:09:18	01:44:55.10	02:54:13.55	+00:44:56 (42.8%)	13:59	4.3 (57.3%)
96	KULEWSKA Joanna	1097	NORDICOWE LOVE POLICE	K3 40-49	23			01:09:15	01:44:58.40	02:54:13.40	+00:44:59 (42.9%)	13:59	4.3 (57.3%)
97	SERKOWSKA Paulina	1101		K1 16-29	22			00:40:32	01:45:00.40	02:25:33.35	+00:45:01 (42.9%)	14:00	4.3 (57.3%)
98	NAJMARK Małgorzata	695	NORDICOVE LOVE POLICE	K3 40-49	24		NordicoweLove Police	01:09:12	01:45:01.80	02:54:13.85	+00:45:02 (42.9%)	14:00	4.3 (57.3%)
99	STACH Sara	959		K1 16-29	23			01:32:14	01:45:10.95	03:17:25.20	+00:45:11 (43.0%)	14:01	4.3 (57.3%)
100	WALENT Marta	870		K2 30-39	47			00:49:36	01:45:11.35	02:34:48.00	+00:45:12 (43.0%)	14:01	4.3 (57.3%)
101	BEDNARZ Katarzyna	702		K3 40-49	25			00:10:36	01:45:49.20	01:56:25.80	+00:45:50 (43.3%)	14:06	4.3 (57.3%)
102	ZARZECZAŃSKA-JANASIK Blanka	613		K2 30-39	48			00:10:28	01:45:51.20	01:56:19.30	+00:45:52 (43.3%)	14:06	4.3 (57.3%)
103	SAWICKA - WERS Urszula	707	SAR-BSR KOŁOBRZEG MARATON TEAM	K2 30-39	49			00:10:32	01:45:53.00	01:56:25.65	+00:45:53 (43.3%)	14:07	4.2 (56.0%)
104	LIASHENKO Liliia	752	TRIGYM	K1 16-29	24			00:50:22	01:46:29.45	02:36:52.05	+00:46:30 (43.7%)	14:12	4.2 (56.0%)
105	SAKOWSKA-CARŁO Magda	802	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	50			01:53:13	01:47:06.80	03:40:19.95	+00:47:07 (44.0%)	14:16	4.2 (56.0%)
106	SZPINDA Magda	533	POLE DANCE JUNGLE	K2 30-39	51		Pole Dance Jungle	01:39:31	01:47:28.80	03:27:00.55	+00:47:29 (44.2%)	14:19	4.2 (56.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas startu	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
107	MIELCZAREK-SWIĄDER Karolina	534		K2 30-39	52		Pole Dance Jungle	01:39:25	01:47:36.80	03:27:02.10	+00:47:37 (44.3%)	14:20	4.2 (56.0%)
108	PUFF Agata	987	DLL PARTNERS	K2 30-39	53			01:30:21	01:48:25.35	03:18:46.85	+00:48:26 (44.7%)	14:27	4.2 (56.0%)
109	BANAŚ Anna	981	DLL PARTNERS	K2 30-39	54		DLL Partners	01:30:18	01:48:28.85	03:18:46.95	+00:48:29 (44.7%)	14:27	4.1 (54.7%)
110	GAWROŃSKA Maja	1168	EMELATHLETIC TEAM	K1 16-29	25			00:34:01	01:48:44.75	02:22:46.30	+00:48:45 (44.8%)	14:30	4.1 (54.7%)
111	MAJCHER Małgorzata	597	PIŁA TEAM	K3 40-49	26			00:14:49	01:49:13.50	02:04:02.90	+00:49:14 (45.1%)	14:33	4.1 (54.7%)
112	WIŚNIEWSKA Sandra	1003		K1 16-29	26			00:35:26	01:49:22.70	02:24:49.45	+00:49:23 (45.2%)	14:35	4.1 (54.7%)
113	SYCH Małgorzata	838	KB KAMIEŃ POMORSKI	K3 40-49	27			00:17:36	01:49:46.85	02:07:23.00	+00:49:47 (45.4%)	14:38	4.1 (54.7%)
114	LEWANIAK Elżbieta	451		K3 40-49	28			02:14:06	01:50:00.40	04:04:06.95	+00:50:01 (45.5%)	14:40	4.1 (54.7%)
115	CAŁKA Barbara	914		K3 40-49	29			02:14:02	01:50:04.70	04:04:07.35	+00:50:05 (45.5%)	14:40	4.1 (54.7%)
116	SUSZA Małgorzata	643		K3 40-49	30			02:13:58	01:50:09.50	04:04:07.50	+00:50:10 (45.5%)	14:41	4.1 (54.7%)
117	ULASS Agnieszka	788		K3 40-49	31		Rodzinka&spółka	01:33:10	01:50:43.75	03:23:54.10	+00:50:44 (45.8%)	14:45	4.1 (54.7%)
118	ZIELIŃSKA Beata	571		K2 30-39	55			01:21:14	01:51:01.90	03:12:16.85	+00:51:02 (46.0%)	14:48	4.1 (54.7%)
119	GAJEWSKA Ewelina	1164		K2 30-39	56			01:21:28	01:51:09.20	03:12:37.65	+00:51:10 (46.0%)	14:49	4 (53.3%)
120	MILER Dominika	554		K2 30-39	57			00:53:22	01:51:57.95	02:45:20.20	+00:51:58 (46.4%)	14:55	4 (53.3%)
121	ŁUKASZEWSKA Katarzyna	560	BRIDGESTONE STARGARD RUNNERS	K2 30-39	58		Bridgestone Stargard Runners	01:11:41	01:52:00.50	03:03:42.30	+00:52:01 (46.4%)	14:56	4 (53.3%)
122	KOZŁOWSKA-BANIAK Paulina	949	BRIDGESTONE STARGARD RUNNERS	K3 40-49	32			01:11:35	01:52:06.50	03:03:41.55	+00:52:07 (46.5%)	14:56	4 (53.3%)
123	MAKOWSKA Marzena	535	POLE DANCE JUNGLE	K2 30-39	59		Pole Dance Jungle	01:39:35	01:52:46.50	03:32:21.50	+00:52:47 (46.8%)	15:02	4 (53.3%)
124	BUCHAJCZYK Marta	536	POLE DANCE JUNGLE	K2 30-39	60		Pole Dance Jungle	01:39:28	01:52:52.50	03:32:21.45	+00:52:53 (46.9%)	15:03	4 (53.3%)
125	NANU Justyna	408	GRYFUS SZCZECIN	K2 30-39	61			00:11:09	01:53:20.50	02:04:29.55	+00:53:21 (47.1%)	15:06	4 (53.3%)
126	ZDRZENICKA Beata	423	KLUB SPORTOWY FITNESS	K3 40-49	33			00:26:11	01:53:36.40	02:19:47.45	+00:53:37 (47.2%)	15:08	4 (53.3%)
127	GUZOWSKA Marta	537	KSF	K2 30-39	62			00:25:52	01:53:55.20	02:19:47.25	+00:53:56 (47.3%)	15:11	4 (53.3%)
128	NOWACZYK Ewa	524		K2 30-39	63			00:42:01	01:53:57.60	02:35:59.35	+00:53:58 (47.4%)	15:11	3.9 (52.0%)
129	MISIUK Marta	618		K2 30-39	64			01:10:23	01:54:01.20	03:04:25.00	+00:54:02 (47.4%)	15:12	3.9 (52.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas startu	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
130	PIERZAKOWSKA Agnieszka	614	SZALONE MAMUŚKI	K2 30-39	65			01:10:19	01:54:05.50	03:04:25.10	+00:54:06 (47.4%)	15:12	3.9 (52.0%)
131	WIELGUS-ULATOWSKA Joanna	942	HELL’S HEAVEN SZCZECIN	K2 30-39	66			00:21:49	01:54:17.70	02:16:07.35	+00:54:18 (47.5%)	15:14	3.9 (52.0%)
132	PRABUCKA Karolina	1127	UKL ÓSEMKA POLICE	K3 40-49	34			00:09:59	01:54:28.20	02:04:28.15	+00:54:29 (47.6%)	15:15	3.9 (52.0%)
133	KWAŚNA Katarzyna	425	KLUB SPORTOWY FITNESS	K3 40-49	35		Klub Sportowy Fitness	00:25:41	01:54:43.80	02:20:25.10	+00:54:44 (47.7%)	15:17	3.9 (52.0%)
134	WIŚNIEWSKA Aleksandra	446		K3 40-49	36		Pędzące Żółwie	02:03:07	01:54:51.35	03:57:58.60	+00:54:52 (47.8%)	15:18	3.9 (52.0%)
135	KARPIŃSKA Anita	445		K2 30-39	67		Pędzące żółwie	02:03:04	01:54:52.75	03:57:57.20	+00:54:53 (47.8%)	15:19	3.9 (52.0%)
136	DZIEDZINA Roksana	708	KLUB SPORTOWY FITNESS	K2 30-39	68		Klub Sportowy Fitness	00:26:07	01:54:57.40	02:21:04.75	+00:54:58 (47.8%)	15:19	3.9 (52.0%)
137	MATAJ Justyna	531		K1 16-29	27			00:35:37	01:56:17.75	02:31:54.80	+00:56:18 (48.4%)	15:30	3.9 (52.0%)
138	WALCZAK Dominika	550		K1 16-29	28			00:35:33	01:56:21.30	02:31:54.80	+00:56:22 (48.4%)	15:30	3.9 (52.0%)
139	CHARKOT Magda	514		K1 16-29	29			00:35:29	01:56:24.95	02:31:54.75	+00:56:25 (48.5%)	15:31	3.9 (52.0%)
140	STEMPNIAK Katarzyna	674	REBELS LEGION TEAM	K2 30-39	69			00:37:32	01:56:51.05	02:34:23.80	+00:56:51 (48.7%)	15:34	3.9 (52.0%)
141	BORODZIUK Magdalena	776	WOT	K3 40-49	37			00:59:32	01:56:54.55	02:56:26.60	+00:56:55 (48.7%)	15:35	3.8 (50.7%)
142	MÜLLER Kathrin	757	BRAUNSCHWEIG HASH HOUSE HARRIERS	K4 50-59	7			00:29:15	01:56:59.15	02:26:14.60	+00:57:00 (48.7%)	15:35	3.8 (50.7%)
143	GEILICH Katja	733	BRAUNSCHWEIG HASH HOUSE HARRIERS	K2 30-39	70			00:29:06	01:57:20.80	02:26:27.75	+00:57:21 (48.9%)	15:38	3.8 (50.7%)
144	PATZKE Petra	737	BRAUNSCHWEIG HASH HOUSE HARRIERS	K4 50-59	8			00:28:45	01:57:36.00	02:26:21.20	+00:57:36 (49.0%)	15:40	3.8 (50.7%)
145	BOCK Agnieszka	728	BRAUNSCHWEIG HASH HOUSE HARRIERS	K2 30-39	71			00:28:29	01:57:36.10	02:26:05.55	+00:57:37 (49.0%)	15:40	3.8 (50.7%)
146	PAŃSKA Beata	486		K4 50-59	9			01:26:34	01:57:53.60	03:24:27.85	+00:57:54 (49.1%)	15:43	3.8 (50.7%)
147	KOSMAL-BRZYCHCY Agnieszka	946		K3 40-49	38			00:41:44	01:58:10.80	02:39:54.95	+00:58:11 (49.2%)	15:45	3.8 (50.7%)
148	JAKUBOWSKA Angelika	564	MUSTANGI KOBYLANKA	K1 16-29	30			01:23:31	01:58:55.10	03:22:27.00	+00:58:56 (49.6%)	15:51	3.8 (50.7%)
149	KUCHARCZYK Paulina	782		K1 16-29	31			00:58:18	01:59:46.45	02:58:05.15	+00:59:47 (49.9%)	15:58	3.8 (50.7%)
150	GŁUSZYK Małgorzata	844		K2 30-39	72			01:18:18	02:01:08.90	03:19:27.70	+01:01:09 (50.5%)	16:09	3.7 (49.3%)
151	PARYPA Hanna	849		K2 30-39	73			01:18:15	02:01:13.55	03:19:29.45	+01:01:14 (50.5%)	16:09	3.7 (49.3%)
152	KUCHARCZYK Elżbieta	763	RUN GRYF	K3 40-49	39		RunGryf	00:56:05	02:02:23.20	02:58:28.55	+01:02:24 (51.0%)	16:19	3.7 (49.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas startu	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
153	KAROLCZAK Magdalena	584	IHUHU TEAM	K3 40-49	40			00:47:36	02:03:40.85	02:51:17.40	+01:03:41 (51.5%)	16:29	3.6 (48.0%)
154	WIŚNIEWSKA Marta	585	IHUHU TEAM	K1 16-29	32		IHUHU Team	00:47:28	02:03:47.95	02:51:16.80	+01:03:48 (51.5%)	16:30	3.6 (48.0%)
155	KUNIKOWSKA Patrycja	672	STARGARD JA SIĘ NIE ŚCIGAM	K2 30-39	74			01:14:15	02:05:19.65	03:19:35.05	+01:05:20 (52.1%)	16:42	3.6 (48.0%)
156	CHROBOCIŃSKA Elżbieta	820		K4 50-59	10			02:05:40	02:06:49.45	04:12:29.80	+01:06:50 (52.7%)	16:54	3.5 (46.7%)
157	SZYDŁOWSKA Alina	1077	DZIKIE ZOŁZY	K2 30-39	75		DZIKIE ZOŁZY	01:28:59	02:07:12.00	03:36:11.95	+01:07:12 (52.8%)	16:57	3.5 (46.7%)
158	MICHALIK Agnieszka	489	DZIKIE ZOŁZY	K2 30-39	76		DZIKIE ZOŁZY	01:28:56	02:07:15.00	03:36:11.70	+01:07:15 (52.9%)	16:58	3.5 (46.7%)
159	ROMAŃSKA Katarzyna	487	DZIKIE ZOŁZY	K2 30-39	77		DZIKIE ZOŁZY	01:28:54	02:07:17.65	03:36:11.80	+01:07:18 (52.9%)	16:58	3.5 (46.7%)
160	ŁÓJ Ania	488	DZIKIE ZOŁZY	K3 40-49	41		DZIKIE ZOŁZY	01:28:48	02:07:23.00	03:36:11.70	+01:07:23 (52.9%)	16:59	3.5 (46.7%)
161	ZIELIŃSKA-MACIĄG Agnieszka	1076	DZIKIE ZOŁZY	K3 40-49	42		DZIKIE ZOŁZY	01:28:45	02:07:25.95	03:36:11.65	+01:07:26 (52.9%)	16:59	3.5 (46.7%)
162	SEŃ Agata	859		K2 30-39	78			01:24:26	02:08:44.95	03:33:11.85	+01:08:45 (53.4%)	17:10	3.5 (46.7%)
163	ANIELSKA Anna	893		K2 30-39	79			01:24:24	02:08:46.80	03:33:10.85	+01:08:47 (53.4%)	17:10	3.5 (46.7%)
164	KAROL Monika	794	LOSZKI I WARCHLAKI	K1 16-29	33		LOSZKI I WARCHLAKI	01:34:17	02:08:56.55	03:43:13.80	+01:08:57 (53.5%)	17:11	3.5 (46.7%)
165	KAROL Agnieszka	795	LOSZKI I WARCHLAKI	K3 40-49	43		LOSZKI I WARCHLAKI	01:34:14	02:08:58.95	03:43:13.50	+01:08:59 (53.5%)	17:11	3.5 (46.7%)
166	HAŁAS Renata	704	SZYBCIEJ NIE MOGE	K4 50-59	11			00:06:03	02:09:03.55	02:15:07.10	+01:09:04 (53.5%)	17:12	3.5 (46.7%)
167	REBELKA Małgorzata	869		K1 16-29	34			00:47:43	02:09:08.50	02:56:52.15	+01:09:09 (53.6%)	17:13	3.5 (46.7%)
168	GŁADZIK Anna	401	KOMPAS TEAM	K2 30-39	80		Kompas Team	02:17:17	02:10:27.60	04:27:45.05	+01:10:28 (54.0%)	17:23	3.4 (45.3%)
169	KUPNIEWSKA Aleksandra	620	KOMPAS TEAM	K2 30-39	81		Kompas Team	02:17:12	02:10:31.50	04:27:44.15	+01:10:32 (54.0%)	17:24	3.4 (45.3%)
170	DROZDEK Joanna	608	KOMPAS TEAM	K3 40-49	44		Kompas Team	02:17:08	02:10:35.90	04:27:44.35	+01:10:36 (54.1%)	17:24	3.4 (45.3%)
171	MICHALSKA Karolina	588	KOMPAS TEAM	K1 16-29	35		Kompas Team	02:17:03	02:10:41.50	04:27:45.05	+01:10:42 (54.1%)	17:25	3.4 (45.3%)
172	KOŁACZYŃSKA Monika	625		K3 40-49	45			00:15:49	02:10:52.80	02:26:42.40	+01:10:53 (54.2%)	17:27	3.4 (45.3%)
173	WIŚNIEWSKA Alicja	1175	SKB DZIK	K1 16-29	36		SKB Dzik	03:42:45	02:10:57.15	05:53:42.20	+01:10:58 (54.2%)	17:27	3.4 (45.3%)
174	MASYS Agnieszka	617	GRUPA MALBORK	K3 40-49	46			00:15:44	02:10:58.05	02:26:42.70	+01:10:58 (54.2%)	17:27	3.4 (45.3%)
175	LOBA Zuzanna	873	DZIK	K1 16-29	37			03:42:42	02:10:58.90	05:53:41.55	+01:10:59 (54.2%)	17:27	3.4 (45.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas startu	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
176	KUŹMIŃSKA Weronika	696		K1 16-29	38			03:42:40	02:11:04.10	05:53:44.35	+01:11:05 (54.2%)	17:28	3.4 (45.3%)
177	BOBROWSKA Maja	1141		K1 16-29	39			03:42:34	02:11:08.05	05:53:42.20	+01:11:08 (54.3%)	17:29	3.4 (45.3%)
178	LAMPKA Karolina	1167		K1 16-29	40			00:10:53	02:11:49.80	02:22:43.70	+01:11:50 (54.5%)	17:34	3.4 (45.3%)
179	LEDRO Barbara	1166		K1 16-29	41			00:10:44	02:11:57.10	02:22:41.40	+01:11:58 (54.5%)	17:35	3.4 (45.3%)
180	WYSOCKA Izabela	455		K3 40-49	47			01:01:23	02:13:18.00	03:14:41.45	+01:13:18 (55.0%)	17:46	3.4 (45.3%)
181	MISIASZEK Beata	1037		K4 50-59	12			01:01:14	02:13:26.05	03:14:40.95	+01:13:26 (55.0%)	17:47	3.4 (45.3%)
182	WIECZOREK Magdalena	656		K3 40-49	48			01:01:07	02:13:33.20	03:14:40.60	+01:13:34 (55.1%)	17:48	3.4 (45.3%)
183	WŁODARCZYK Anna	506		K1 16-29	42			03:27:51	02:14:15.85	05:42:06.85	+01:14:16 (55.3%)	17:54	3.4 (45.3%)
184	BUJEWICZ Amanda	505		K1 16-29	43			03:27:46	02:14:16.15	05:42:02.55	+01:14:17 (55.3%)	17:54	3.4 (45.3%)
185	ŚWIATŁY Magdalena	544	MAGDALENA ŚWIATŁY	K2 30-39	82			03:27:41	02:14:23.35	05:42:04.75	+01:14:24 (55.4%)	17:55	3.3 (44.0%)
186	JAKUBIK Anna	1241	HELL'S HEAVEN SZCZECIN	K1 16-29	44			00:22:30	02:17:21.20	02:39:51.75	+01:17:22 (56.3%)	18:18	3.3 (44.0%)
187	HAŁACZKIEWICZ Katarzyna	944		K3 40-49	49			00:22:28	02:17:23.20	02:39:51.35	+01:17:24 (56.3%)	18:19	3.3 (44.0%)
188	SZOPIŃSKA Kasia	1239	HELL'S HEAVEN SZCZECIN	K2 30-39	83			00:22:25	02:17:26.40	02:39:51.45	+01:17:27 (56.4%)	18:19	3.3 (44.0%)
189	KRUGLAK Anna	1236	HELL'S HEAVEN SZCZECIN	K3 40-49	50			00:22:21	02:17:30.00	02:39:51.75	+01:17:30 (56.4%)	18:20	3.3 (44.0%)
190	SZLACHTEWICZ- PITURA Joanna	463		K3 40-49	51			02:09:59	02:17:40.25	04:27:39.55	+01:17:41 (56.4%)	18:21	3.3 (44.0%)
191	ZWYRBLIS KŁAPOUCH Wioletta	927		K3 40-49	52			00:05:02	02:18:09.90	02:23:12.15	+01:18:10 (56.6%)	18:25	3.3 (44.0%)
192	HAJDUKIEWICZ Anna	928		K3 40-49	53			00:04:58	02:18:15.20	02:23:13.35	+01:18:16 (56.6%)	18:26	3.3 (44.0%)
193	PIERŚCIŃSKA Marzena	920		K3 40-49	54			00:43:51	02:19:26.30	03:03:18.25	+01:19:27 (57.0%)	18:35	3.2 (42.7%)
194	DOBROWOLSKA Anna	1059		K2 30-39	84			00:43:45	02:19:31.75	03:03:17.60	+01:19:32 (57.0%)	18:36	3.2 (42.7%)
195	GÓRSKA Agnieszka	685	NORDICOWELOVE POLICE	K3 40-49	55		NordicoweLove Police	00:43:39	02:19:37.80	03:03:17.05	+01:19:38 (57.0%)	18:37	3.2 (42.7%)
196	RUBAJ Anna	684		K2 30-39	85			00:43:30	02:19:44.35	03:03:14.70	+01:19:45 (57.1%)	18:37	3.2 (42.7%)
197	TOMASZEWSKA Beata	851		K2 30-39	86			00:43:23	02:19:49.25	03:03:12.90	+01:19:50 (57.1%)	18:38	3.2 (42.7%)
198	DZIECIOL Alina	1058		K2 30-39	87			00:43:17	02:19:58.25	03:03:15.55	+01:19:59 (57.1%)	18:39	3.2 (42.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna Mundurowi	Drużyna Kluby	Czas startu	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
199	NASIADEK Izabella	433		K3 40-49	56			01:47:59	02:20:40.20	04:08:40.15	+01:20:41 (57.4%)	18:45	3.2 (42.7%)
200	NASIADEK Agnieszka	432		K1 16-29	45			01:48:02	02:20:40.25	04:08:42.90	+01:20:41 (57.4%)	18:45	3.2 (42.7%)
201	CHUDZIŃSKA Dorota	430		K3 40-49	57			01:47:51	02:20:46.00	04:08:37.25	+01:20:46 (57.4%)	18:46	3.2 (42.7%)
202	MAŁKOWSKA Ewa	878		K3 40-49	58			01:19:11	02:23:35.15	03:42:46.20	+01:23:36 (58.2%)	19:08	3.1 (41.3%)
203	GŁOWACKA Aleksandra	499		K3 40-49	59			01:19:06	02:23:40.40	03:42:46.95	+01:23:41 (58.2%)	19:09	3.1 (41.3%)
204	LEBIODA Alicja	880		K3 40-49	60			01:19:02	02:23:45.20	03:42:48.05	+01:23:46 (58.3%)	19:10	3.1 (41.3%)
205	PERROT Magdalena	688	WILKI Z CIECHOCINKA	K3 40-49	61			01:18:58	02:23:49.55	03:42:48.20	+01:23:50 (58.3%)	19:10	3.1 (41.3%)
206	PUPEK Małgorzata	687	WILKI Z CIECHOCINKA	K2 30-39	88			01:18:40	02:24:05.45	03:42:45.90	+01:24:06 (58.4%)	19:12	3.1 (41.3%)
207	GORYŃSKA Daria	950		K1 16-29	46			00:01:57	02:24:46.30	02:26:43.70	+01:24:47 (58.6%)	19:18	3.1 (41.3%)
208	ADAM Kamila	972	DLL PARTNERS	K2 30-39	89		DLL Partners	01:30:37	02:25:22.40	03:56:00.20	+01:25:23 (58.7%)	19:23	3.1 (41.3%)
209	ZIELIŃSKA-RYŻ Katarzyna	970	DLL PARTNERS	K2 30-39	90			01:30:34	02:27:29.80	03:58:04.15	+01:27:30 (59.3%)	19:40	3.1 (41.3%)
210	STACHOWIAK Monika	992		K3 40-49	62		DLL Partners	01:30:42	02:27:33.85	03:58:16.50	+01:27:34 (59.3%)	19:40	3 (40.0%)
211	ŁATCZAK Katarzyna	437		K1 16-29	47			00:59:38	02:28:24.30	03:28:03.05	+01:28:25 (59.6%)	19:47	3 (40.0%)
212	RYCHEL Kinga	459		K2 30-39	91			00:59:43	02:28:25.10	03:28:08.70	+01:28:26 (59.6%)	19:47	3 (40.0%)
213	DĄBROWSKA Paulina	744		K1 16-29	48			00:59:34	02:28:28.70	03:28:03.50	+01:28:29 (59.6%)	19:47	3 (40.0%)
214	KIELISZEK Anna	824	WIECZORNE BIEGANIE W SZCZECINIE	K2 30-39	92			01:34:49	02:32:43.10	04:07:32.70	+01:32:44 (60.7%)	20:21	2.9 (38.7%)
215	KRÓL Magdalena	922		K2 30-39	93			01:34:53	02:32:47.85	04:07:41.80	+01:32:48 (60.7%)	20:22	2.9 (38.7%)
216	BIAŁOWĄS Alicja	785		K2 30-39	94			01:20:38	02:38:02.45	03:58:41.40	+01:38:03 (62.0%)	21:04	2.8 (37.3%)
217	PUZIO Joanna	784		K2 30-39	95			01:20:35	02:38:08.20	03:58:43.55	+01:38:09 (62.1%)	21:05	2.8 (37.3%)
218	PUZIO Hanna	783		K2 30-39	96			01:20:30	02:38:12.05	03:58:42.85	+01:38:12 (62.1%)	21:05	2.8 (37.3%)
219	KARLIN-GRAŻEWICZ Katarzyna	516		K3 40-49	63			01:09:49					(0.0%)