



ELBLĄG - FINAŁ PUCHARU EUROPY / PUCHAR POLSKI NORDIC WALKING - 10KM

B4SPORT

Organizator: PFNW
Data: 2015-09-19
Miejsce: Elbląg
Dystans: 10 km



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	ROGALSKI Piotr	598	GDYNIA MOJE MIASTO	M 40-49	1			01:30:09	00:32:10	01:04:41.50	02:34:51.10		6:28	9.3 (100%)
2	BIŁEK Artur	512	NW LUBLINIEC	M 30-39	1			01:30:07	00:32:15	01:04:41.80	02:34:49.45	+00:00:00 (0.0%)	6:28	9.3 (100%)
3	STILLER Karol	613	REGATTA NORDIC TEAM CZĘSTOCHOWA	M 30-39	2			01:30:07	00:32:17	01:05:10.15	02:35:17.40	+00:00:28 (0.7%)	6:31	9.2 (98.9%)
4	SIWAK Piotr	601	KGHM METRACO POLKOWICE	M 50-59	1			01:33:01	00:32:28	01:05:48.15	02:38:49.30	+00:01:06 (1.7%)	6:34	9.1 (97.8%)
5	WOROCH Roman	640	KGHM METRACO POLKOWICE	M 50-59	2			01:33:00	00:32:30	01:05:52.45	02:38:53.05	+00:01:10 (1.8%)	6:35	9.1 (97.8%)
6	CYRUS Bogdan	523	SILESIA NORDIC TEAM	M 40-49	2			01:30:09	00:32:24	01:06:55.65	02:37:04.75	+00:02:14 (3.3%)	6:41	9 (96.8%)
7	ZACZYŃSKA Anna	571	KGHM METRACO POLKOWICE	K 30-39	1			01:35:42	00:33:12	01:07:32.40	02:43:15.15	+00:02:50 (4.2%)	6:45	8.9 (95.7%)
8	NIEDBAŁ Adam	580	SILESIA NORDIC TEAM	M 30-39	3			01:30:07	00:33:41	01:07:36.10	02:37:43.85	+00:02:54 (4.3%)	6:45	8.9 (95.7%)
9	PSUT Robert	591	FOREVER YOUNG ŁÓDŹ	M 18-29	1			01:30:05	00:34:26	01:09:00.95	02:39:06.85	+00:04:19 (6.3%)	6:54	8.7 (93.5%)
10	ĆWIKLIŃSKI Dawid	525	THE BEST - MY IDZIEMY I CZEŚĆ	M 18-29	2	1		01:30:11	00:34:42	01:09:09.75	02:39:21.45	+00:04:28 (6.5%)	6:55	8.7 (93.5%)
11	NOWROTEK Monika	581	WESOŁY BORSUK TEAM	K 18-29	1			01:35:41	00:34:07	01:09:11.80	02:44:53.05	+00:04:30 (6.5%)	6:55	8.7 (93.5%)
12	ANACZKOWSKI Mirosław	501	LKS ZANTYR SZTUM	M 50-59	3			01:33:01	00:33:34	01:09:22.40	02:42:23.80	+00:04:40 (6.7%)	6:56	8.6 (92.5%)
13	BARCIKOWSKI Łukasz	650		M 18-29	3			01:30:06	00:35:12	01:09:26.30	02:39:32.40	+00:04:44 (6.8%)	6:56	8.6 (92.5%)

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14	NIECHWIEJCZYK Piotr	579	OPEL ACTIVE TEAM	M 30-39	4			01:30:07	00:34:48	01:09:30.50	02:39:38.15	+00:04:49 (6.9%)	6:57	8.6 (92.5%)
15	DENCIKOWSKI Marek	529	KB BIAŁA BIEGA	M 40-49	3			01:30:12	00:34:44	01:09:50.90	02:40:03.55	+00:05:09 (7.4%)	6:59	8.6 (92.5%)
16	RACZYŃSKI Kazimierz	595	PTTK KOSZALIN	M 30-39	5			01:30:08	00:34:54	01:09:59.05	02:40:07.30	+00:05:17 (7.6%)	6:59	8.6 (92.5%)
17	LIPKO Adrianna	566	PENDOLINO	K 18-29	2			01:35:41	00:34:12	01:10:10.10	02:45:51.35	+00:05:28 (7.8%)	7:01	8.6 (92.5%)
18	BREWKA Joachim	517	NW LUBLINIEC	M 50-59	4			01:33:00	00:34:16	01:10:12.75	02:43:13.20	+00:05:31 (7.9%)	7:01	8.5 (91.4%)
19	STEFAŃSKI Andrzej	611	MARATOŃCZYK-ELBLĄG	M 50-59	5			01:33:03	00:34:52	01:10:13.15	02:43:16.40	+00:05:31 (7.9%)	7:01	8.5 (91.4%)
20	SPYCHAŁA Marzena	607	WESOŁY BORSUK TEAM	K 40-49	1			01:35:45	00:35:01	01:10:39.70	02:46:25.60	+00:05:58 (8.4%)	7:04	8.5 (91.4%)
21	FELIS Paweł	532		M 40-49	4			01:30:09	00:35:08	01:10:46.20	02:40:55.85	+00:06:04 (8.6%)	7:04	8.5 (91.4%)
22	JĘDRASIAK Renata	542	KGHM METRACO POLKOWICE	K 50-59	1			01:38:20	00:34:52	01:11:07.90	02:49:28.40	+00:06:26 (9.1%)	7:06	8.4 (90.3%)
23	PARAFINIUK Krzysztofa	585	LKS ZANTYR	K 30-39	2			01:35:43	00:35:49	01:11:31.50	02:47:14.95	+00:06:50 (9.6%)	7:09	8.4 (90.3%)
24	PANEWICZ- KOSNO Karolina	584	SILESIA NORDIC TEAM	K 30-39	3			01:35:44	00:35:12	01:11:32.55	02:47:17.45	+00:06:51 (9.6%)	7:09	8.4 (90.3%)
25	KULIG Henryk	560	ELBLĄSKIE WŁÓCZY-KIJE	M 60-69	1			01:33:03	00:35:33	01:11:40.10	02:44:43.50	+00:06:58 (9.7%)	7:10	8.4 (90.3%)
26	KOLENKIEWICZ Dariusz	551	ELBLĄSKIE WŁÓCZY-KIJE	M 50-59	6			01:33:01	00:35:13	01:11:42.15	02:44:44.00	+00:07:00 (9.8%)	7:10	8.4 (90.3%)
27	STATTMANN Peter	609	ASKÖ-VILLACH	M 50-59	7			01:30:13	00:35:32	01:11:52.60	02:42:06.15	+00:07:11 (10.0%)	7:11	8.3 (89.2%)
28	BOCZAR Beata	516	GREEN TEAM	K 50-59	2			01:38:20	00:35:31	01:12:15.45	02:50:35.95	+00:07:33 (10.5%)	7:13	8.3 (89.2%)
29	ANTOSZEWSKI Piotr	503	DĄBROWA NORDIC TEAM	M 40-49	5			01:30:09	00:35:59	01:12:19.75	02:42:29.05	+00:07:38 (10.6%)	7:14	8.3 (89.2%)
30	SMUL Andrzej	604	GREEN TEAM	M 50-59	8			01:33:02	00:35:35	01:12:23.35	02:45:26.00	+00:07:41 (10.6%)	7:14	8.3 (89.2%)
31	ŚWISŁOCKI Bogdan	631		M 50-59	9			01:33:02	00:36:02	01:12:24.30	02:45:26.90	+00:07:42 (10.7%)	7:14	8.3 (89.2%)
32	PUSZKIEL Adrian	599	GREEN TEAM	M 18-29	4			01:30:06	00:36:29	01:12:39.75	02:42:46.50	+00:07:58 (11.0%)	7:16	8.3 (89.2%)
33	BOJAN Miro	646		M 60-69	2			01:33:05	00:36:16	01:12:49.05	02:45:54.15	+00:08:07 (11.2%)	7:16	8.2 (88.2%)
34	GRUSZKA Michał	536	NW LUBLINIEC	M 40-49	6			01:30:10	00:35:57	01:12:52.45	02:43:02.65	+00:08:10 (11.2%)	7:17	8.2 (88.2%)
35	REJ Anna	597		K 30-39	4			01:35:43	00:35:56	01:13:17.55	02:49:00.95	+00:08:36 (11.7%)	7:19	8.2 (88.2%)
36	KURZAWSKA Jolanta	562	KGHM METRACO POLKOWICE	K 60-69	1			01:38:23	00:36:16	01:13:35.35	02:51:58.50	+00:08:53 (12.1%)	7:21	8.2 (88.2%)

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37	WARCZALSKA Teresa	635	STADION ŚLĄSKI	K 60-69	2			01:38:22	00:36:28	01:13:36.60	02:51:59.15	+00:08:55 (12.1%)	7:21	8.2 (88.2%)
38	SZCZEBAK Jacek	619	TARNÓW	M 40-49	7			01:30:10	00:36:33	01:13:45.55	02:43:56.40	+00:09:04 (12.3%)	7:22	8.1 (87.1%)
39	KALISZ Krzysztof	545	KGHM METRAKO P-CE	M 60-69	3			01:33:04	00:36:17	01:14:05.05	02:47:09.50	+00:09:23 (12.7%)	7:24	8.1 (87.1%)
40	KUBICKI Bernard	558	KGHM METRACO POLKOWICE	M 60-69	4			01:33:04	00:36:16	01:14:09.25	02:47:13.45	+00:09:27 (12.8%)	7:24	8.1 (87.1%)
41	KOSICKI Dariusz	555	NW KIEKRZ	M 40-49	8			01:30:12	00:37:22	01:14:54.15	02:45:06.80	+00:10:12 (13.6%)	7:29	8 (86.0%)
42	ŚLUSARCZYK Andrzej	628	WESOŁY BORSUK TEAM	M 60-69	5			01:33:03	00:37:06	01:15:00.65	02:48:04.45	+00:10:19 (13.8%)	7:30	8 (86.0%)
43	KOŁPAK Jan	552	LKS ZANTYR	M 60-69	6			01:33:04	00:36:19	01:15:10.15	02:48:14.60	+00:10:28 (13.9%)	7:31	8 (86.0%)
44	MOTOCZYŃSKI Krzysztof	575	GOSIR OSIELSKO	M 60-69	7			01:33:05	00:36:50	01:15:15.25	02:48:20.50	+00:10:33 (14.0%)	7:31	8 (86.0%)
45	KULEWICZ Cezary	559		M 50-59	10			01:33:00	00:36:51	01:15:23.15	02:48:23.90	+00:10:41 (14.2%)	7:32	8 (86.0%)
46	LEWANDOWSKI Robert	647	GOSIR OSIELSKO	M 30-39	6			01:30:13	00:37:06	01:15:48.35	02:46:01.90	+00:11:06 (14.7%)	7:34	7.9 (84.9%)
47	ŚLUSARCZYK Grzegorz	629	WESOŁY BORSUK TEAM	M 40-49	9			01:30:12	00:37:54	01:15:54.40	02:46:06.45	+00:11:12 (14.8%)	7:35	7.9 (84.9%)
48	WOŹNIAK Bartłomiej	642	PODWÓJNY UŚMIECH	M 30-39	7			01:30:08	00:37:32	01:15:56.35	02:46:04.70	+00:11:14 (14.8%)	7:35	7.9 (84.9%)
49	JANKOWSKI Marcin	539	ELBLĄSKIE WŁÓCZY-KIJE	M 30-39	8			01:30:08	00:37:27	01:16:32.00	02:46:40.45	+00:11:50 (15.5%)	7:39	7.8 (83.9%)
50	BALCERAK-KOLASA Joanna	505	FIZJO-PLUS TEAM	K 40-49	2			01:35:45	00:38:15	01:16:40.10	02:52:26.00	+00:11:58 (15.6%)	7:40	7.8 (83.9%)
51	PASIŃSKA - SKOWRON Sylwia	586	SILESIA NORDIC TEAM	K 30-39	5			01:35:42	00:38:03	01:16:42.65	02:52:25.55	+00:12:01 (15.7%)	7:40	7.8 (83.9%)
52	SZNAJDER Zenon	623	DABROWA NORDIC TEAM	M 60-69	8			01:33:06	00:38:21	01:17:02.20	02:50:08.35	+00:12:20 (16.0%)	7:42	7.8 (83.9%)
53	KORDECKA Henryka	553	ELBLĄSKIE WŁÓCZY-KIJE	K 50-59	3			01:38:23	00:38:41	01:17:25.75	02:55:49.10	+00:12:44 (16.5%)	7:44	7.7 (82.8%)
54	BYTNIIEWSKI Mieczysław	518	BIAŁA BIEGA	M 70+	1			01:33:07	00:39:12	01:17:25.95	02:50:33.50	+00:12:44 (16.5%)	7:44	7.7 (82.8%)
55	RECZULSKI Mikołaj	596	REGATTA NORDIC TEAM CZĘSTOCHOWA	M 18-29	5			01:30:07	00:38:25	01:17:29.65	02:47:37.00	+00:12:48 (16.5%)	7:45	7.7 (82.8%)
56	KUREK Edward	561	MOSIR CZELADZ	M 70+	2			01:33:06	00:38:23	01:17:34.85	02:50:41.25	+00:12:53 (16.6%)	7:45	7.7 (82.8%)
57	PIERNICKA Krystyna	630		K 50-59	4			01:38:21	00:38:03	01:18:09.50	02:56:31.35	+00:13:28 (17.2%)	7:49	7.7 (82.8%)
58	OLECH Anna	582		K 30-39	6			01:35:44	00:38:43	01:18:15.50	02:53:59.50	+00:13:34 (17.3%)	7:49	7.7 (82.8%)
59	APPEL Jerzy	504	GOSIR OSIELSKO	M 60-69	9			01:33:05	00:38:30	01:18:22.00	02:51:27.05	+00:13:40 (17.5%)	7:50	7.7 (82.8%)

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60	NAMSOŁEK Feliks	576		M 70+	3			01:33:05	00:38:42	01:18:25.65	02:51:31.60	+00:13:44 (17.5%)	7:50	7.6 (81.7%)
61	MARONDEL Katarzyna	570	SILESIA NORDIC TEAM	K 18-29	3			01:35:42	00:38:27	01:18:44.00	02:54:26.15	+00:14:02 (17.8%)	7:52	7.6 (81.7%)
62	BARCIKOWSKA Wioletta	509		K 40-49	3			01:35:44	00:39:21	01:18:50.80	02:54:35.30	+00:14:09 (18.0%)	7:53	7.6 (81.7%)
63	WIŚNIEWSKA Iwona	636	SANTORINI TAWERNA GRECKA ELBLĄG	K 50-59	5			01:38:21	00:38:22	01:18:53.85	02:57:15.65	+00:14:12 (18.0%)	7:53	7.6 (81.7%)
64	JARZYŃSKA Małgorzata	540		K 50-59	6			01:38:21	00:38:59	01:19:24.05	02:57:45.25	+00:14:42 (18.5%)	7:56	7.6 (81.7%)
65	PLANKO Oton	506		M 60-69	10			01:33:07	00:38:57	01:20:13.35	02:53:21.15	+00:15:31 (19.4%)	8:01	7.5 (80.6%)
66	DAWIDCZYK Daria	528		K 18-29	4			01:35:44	00:39:39	01:20:51.80	02:56:36.10	+00:16:10 (20.0%)	8:05	7.4 (79.6%)
67	ŚCIBISZ Bogdan	627	TKKF SATURN CZELADZ	M 70+	4			01:33:07	00:38:30	01:21:10.80	02:54:18.00	+00:16:29 (20.3%)	8:07	7.4 (79.6%)
68	ADAMOWSKI Jacek	500	ZAKĄTEK GLIWICE21	M 30-39	9			01:30:09	00:40:34	01:21:37.75	02:51:47.15	+00:16:56 (20.7%)	8:09	7.3 (78.5%)
69	WAŁECKA Krystyna	634		K 60-69	3			01:38:23	00:39:48	01:21:55.75	03:00:19.00	+00:17:14 (21.0%)	8:11	7.3 (78.5%)
70	BEDNAREK Krzysztof	510	ZAKĄTEK DANKOWO	M 30-39	10			01:30:10	00:40:52	01:21:56.95	02:52:07.80	+00:17:15 (21.1%)	8:11	7.3 (78.5%)
71	TRUCHAN-BAJER Bożena	632		K 50-59	7			01:38:22	00:40:34	01:22:03.20	03:00:25.65	+00:17:21 (21.2%)	8:12	7.3 (78.5%)
72	DĘBSKI Sławomir	530	FAMA	M 50-59	11			01:33:02	00:40:48	01:22:52.75	02:55:54.75	+00:18:11 (21.9%)	8:17	7.2 (77.4%)
73	MAKOWSKI Andrzej	569	ELBLĄSKIE WŁÓCZY-KIJE	M 50-59	12			01:33:01	00:40:41	01:23:17.45	02:56:18.90	+00:18:35 (22.3%)	8:19	7.2 (77.4%)
74	RACZYŃSKA Aleksandra	594	STADION ŚLĄSKI	K 70+	1			01:38:27	00:41:40	01:23:54.30	03:02:21.35	+00:19:12 (22.9%)	8:23	7.2 (77.4%)
75	PAWŁOW Dorota	587	SANTORINI TAWERNA GRECKA ELBLĄG	K 40-49	4			01:35:45	00:41:01	01:23:57.00	02:59:42.60	+00:19:15 (22.9%)	8:23	7.1 (76.3%)
76	TURZYŃSKA-STOPA Maria	633	BŁĘKITNI NW DZIEMIANY	K 50-59	8			01:38:21	00:41:51	01:24:16.55	03:02:38.40	+00:19:35 (23.2%)	8:25	7.1 (76.3%)
77	SZEWCZYK Marek	622		M 50-59	13			01:33:03	00:41:03	01:24:27.85	02:57:31.55	+00:19:46 (23.4%)	8:26	7.1 (76.3%)
78	NAZAREWICZ Barbara	578	ELBLĄSKIE WŁÓCZY-KIJE	K 60-69	4			01:38:24	00:42:13	01:24:39.60	03:03:03.75	+00:19:58 (23.6%)	8:27	7.1 (76.3%)
79	PUDLIK Karolina	592	ZAKĄTEK DANKOWO	K 40-49	5			01:35:46	00:42:07	01:24:42.20	03:00:28.95	+00:20:00 (23.6%)	8:28	7.1 (76.3%)
80	WORONKO - ZACZYŃSKA Janina	641	KGHM METRACO POLKOWICE	K 60-69	5			01:38:25	00:41:44	01:24:42.65	03:03:08.35	+00:20:01 (23.6%)	8:28	7.1 (76.3%)
81	SYNAK Leszek	617		M 50-59	14			01:33:02	00:41:56	01:25:17.40	02:58:19.40	+00:20:35 (24.2%)	8:31	7 (75.3%)
82	WYŁUPSKA Krystyna	643	PATYCZAKI	K 60-69	6			01:38:23	00:41:51	01:25:19.50	03:03:42.55	+00:20:38 (24.2%)	8:31	7 (75.3%)

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83	SZYMANOWSKA-PAWLAK Ewa	626	GOSIR OSIELSKO	K 40-49	6			01:35:47	00:42:18	01:25:25.55	03:01:12.65	+00:20:44 (24.3%)	8:32	7 (75.3%)
84	CYBULSKI Ryszard	522		M 60-69	11			01:33:06	00:42:15	01:25:31.25	02:58:37.85	+00:20:49 (24.4%)	8:33	7 (75.3%)
85	KIESZEK Karolina	548	ELBLĄSKIE WŁÓCZY-KIJE	K 70+	2			01:38:27	00:42:43	01:25:34.90	03:04:02.50	+00:20:53 (24.4%)	8:33	7 (75.3%)
86	ANTKOWIAK Remigiusz	502	FACE NW TEAM	M 30-39	11			01:30:11	00:42:38	01:25:35.40	02:55:46.65	+00:20:53 (24.4%)	8:33	7 (75.3%)
87	GLINIECKA Katarzyna	534		K 40-49	7			01:35:46	00:42:29	01:26:18.20	03:02:04.30	+00:21:36 (25.0%)	8:37	7 (75.3%)
88	GOJLIK Danuta	535		K 50-59	9			01:38:22	00:43:06	01:26:18.45	03:04:40.85	+00:21:36 (25.0%)	8:37	7 (75.3%)
89	KODYRA Kazimiera	550	ELBLĄSKIE WŁÓCZY-KIJE	K 60-69	7			01:38:25	00:42:47	01:26:26.05	03:04:51.45	+00:21:44 (25.2%)	8:38	6.9 (74.2%)
90	DASZKIEWICZ Justyna	527	ELBLĄSKIE WŁÓCZY-KIJE	K 30-39	7			01:35:47	00:42:51	01:27:31.65	03:03:18.90	+00:22:50 (26.1%)	8:45	6.9 (74.2%)
91	STRYJEWSKA Łucja	614		K 60-69	8			01:38:24	00:43:19	01:27:49.15	03:06:13.15	+00:23:07 (26.3%)	8:46	6.8 (73.1%)
92	KRUK Hanna	557	ELBLĄSKIE WŁÓCZY-KIJE	K 40-49	8			01:35:47	00:44:18	01:28:34.05	03:04:21.60	+00:23:52 (27.0%)	8:51	6.8 (73.1%)
93	MICHALAK Grzegorz	572		M 18-29	6			01:30:06	00:44:11	01:29:09.00	02:59:15.30	+00:24:27 (27.4%)	8:54	6.7 (72.0%)
94	LEHMANN Teresa	563	BŁĘKITNI NW DZIEMIANY	K 50-59	10			01:38:21	00:44:09	01:29:29.70	03:07:51.00	+00:24:48 (27.7%)	8:57	6.7 (72.0%)
95	PIEKARSKA Magdalena	588	GOSIR OSIELSKO	K 18-29	5			01:35:41	00:42:55	01:29:37.00	03:05:18.55	+00:24:55 (27.8%)	8:57	6.7 (72.0%)
96	SMARUJ - SADOWSKA Janina	603		K 60-69	9			01:38:24	00:43:35	01:29:44.05	03:08:08.85	+00:25:02 (27.9%)	8:58	6.7 (72.0%)
97	CHRAPEK Urszula	519	RUDZICA	K 18-29	6			01:35:42	00:44:08	01:30:35.05	03:06:17.20	+00:25:53 (28.6%)	9:03	6.6 (71.0%)
98	SZEWCZYK Agnieszka	620		K 40-49	9			01:35:46	00:44:07	01:30:39.65	03:06:26.30	+00:25:58 (28.6%)	9:04	6.6 (71.0%)
99	OTTA Anna	583		K 30-39	8			01:35:44	00:46:47	01:31:36.50	03:07:20.80	+00:26:55 (29.4%)	9:09	6.6 (71.0%)
100	SYNAK Mirosława	618		K 50-59	11			01:38:20	00:44:51	01:32:13.10	03:10:33.30	+00:27:31 (29.8%)	9:13	6.5 (69.9%)
101	BŁAJSZCZAK Lidia	514	ELBLĄSKIE WŁÓCZY-KIJE	K 60-69	10			01:38:26	00:44:57	01:32:26.70	03:10:53.30	+00:27:45 (30.0%)	9:14	6.5 (69.9%)
102	SYNAK Joanna	616		K 18-29	7			01:35:42	00:45:37	01:32:36.95	03:08:19.10	+00:27:55 (30.2%)	9:15	6.5 (69.9%)
103	JÓŹWIAK Dominik	543	WTW WŁOCLAWEK	M 18-29	7			01:30:07	00:46:01	01:33:44.00	03:03:51.05	+00:29:02 (31.0%)	9:22	6.4 (68.8%)
104	SZEWCZYK Bożena	621	ELBLĄSKIE WŁÓCZY-KIJE	K 60-69	11			01:38:26	00:45:40	01:33:47.75	03:12:14.05	+00:29:06 (31.0%)	9:22	6.4 (68.8%)
105	GRZESZCZUK Dorota	537		K 30-39	9			01:35:45	00:46:47	01:34:06.45	03:09:51.85	+00:29:24 (31.3%)	9:24	6.4 (68.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
106	CHERMANTOWICZ Hanna	639	ELBLĄSKIE WŁÓCZY-KIJE	K 60-69	12			01:38:26	00:47:47	01:35:23.45	03:13:49.45	+00:30:41 (32.2%)	9:32	6.3 (67.7%)
107	GĘBSKA Elżbieta	533	DĄBROWA NORDIC TEAM	K 50-59	12			01:38:21	00:47:05	01:36:03.30	03:14:24.70	+00:31:21 (32.7%)	9:36	6.2 (66.7%)
108	MLAKER Martina	513		K 40-49	10			01:35:49	00:46:40	01:36:36.45	03:12:26.25	+00:31:54 (33.0%)	9:39	6.2 (66.7%)
109	MERVAR Jozica	507		K 50-59	13			01:35:48	00:46:37	01:36:37.10	03:12:25.50	+00:31:55 (33.0%)	9:39	6.2 (66.7%)
110	KIWIAŁO Maria	549	ELBLĄSKIE WŁÓCZY-KIJE	K 70+	3			01:38:28	00:47:43	01:37:33.30	03:16:01.90	+00:32:51 (33.7%)	9:45	6.2 (66.7%)
111	LEWANDOWSKA Małgorzata	565		K 40-49	11			01:35:44	00:49:02	01:37:43.95	03:13:28.90	+00:33:02 (33.8%)	9:46	6.1 (65.6%)
112	GOTH Walter	648		M 70+	5			01:33:08	00:49:59	01:39:17.40	03:12:25.50	+00:34:35 (34.8%)	9:55	6 (64.5%)
113	JANEZ Lipec	649		M 60-69	12			01:33:09	00:49:58	01:39:17.45	03:12:26.55	+00:34:35 (34.8%)	9:55	6 (64.5%)
114	SMACZYŃSKA Krystyna	645		K 70+	4			01:38:26	00:50:06	01:40:14.40	03:18:40.85	+00:35:32 (35.5%)	10:01	6 (64.5%)
115	SOBKOWSKA Teresa	605		K 60-69	13			01:38:24	00:50:09	01:40:31.95	03:18:56.75	+00:35:50 (35.7%)	10:03	6 (64.5%)
116	WOJTASIŃSKA Agnieszka	638	REGATTA NORDIC TEAM CZĘSTOCHOWA	K 30-39	10			01:35:48	00:48:19	01:41:49.25	03:17:37.65	+00:37:07 (36.5%)	10:10	5.9 (63.4%)
117	ZIMOCH Regina	612		K 40-49	12			01:35:49	00:51:51	01:47:04.20	03:22:53.40	+00:42:22 (39.6%)	10:42	5.6 (60.2%)
118	KASPRZYK Tatiana	606		K 40-49	13			01:35:50	00:51:56	01:47:07.45	03:22:57.75	+00:42:25 (39.6%)	10:42	5.6 (60.2%)
119	BOBROWSKI Cezary	515	RUCH PO ZDROWIE WŁOCŁAWEK	M 40-49	10			01:30:10	00:51:30	01:47:22.70	03:17:33.05	+00:42:41 (39.8%)	10:44	5.6 (60.2%)
120	BARCIKOWSKA Agnieszka	508		K 18-29	8			01:35:42	00:52:01	01:48:23.00	03:24:05.85	+00:43:41 (40.3%)	10:50	5.5 (59.1%)
121	NAWROCKA Danuta	577	DĄBROWA NORDIC TEAM	K 70+	5			01:38:28	00:55:03	01:50:44.25	03:29:12.40	+00:46:02 (41.6%)	11:04	5.4 (58.1%)
122	MICHALAK Teresa	573		K 60-69	14			03:21:38						(0.0%)
DQ	CIEŚLAK Roman	521	FOREVER YOUNG ŁÓDŹ	M 50-59			1	DQ	00:34:26 DQ	2015-09-19 DQ	DQ		-	- (0.0%)

Znaleziono 123 wynik(ów)