



# ELBLĄG - FINAŁ PUCHARU EUROPY / PUCHAR POLSKI NORDIC WALKING - 10KM

B4SPORT

Organiser: PFNW  
Date: 2015-09-19  
Place: Elbląg  
Distance: 10 km



Classification: K 30-39

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	5km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	ZACZYŃSKA Anna	571	KGHM METRACO POLKOWICE	K 30-39	1			01:35:42	00:33:12	<b>01:07:32.40</b>	<b>02:43:15.15</b>		6:45	8.9 (100%)
2	PARAFINIUK Krzysztofa	585	LKS ZANTYR	K 30-39	2			01:35:43	00:35:49	<b>01:11:31.50</b>	<b>02:47:14.95</b>	+00:03:59 (5.6%)	7:09	8.4 (94.4%)
3	PANEWICZ- KOSNO Karolina	584	SILESIA NORDIC TEAM	K 30-39	3			01:35:44	00:35:12	<b>01:11:32.55</b>	<b>02:47:17.45</b>	+00:04:00 (5.6%)	7:09	8.4 (94.4%)
4	REJ Anna	597		K 30-39	4			01:35:43	00:35:56	<b>01:13:17.55</b>	<b>02:49:00.95</b>	+00:05:45 (7.8%)	7:19	8.2 (92.1%)
5	PASIŃSKA - SKOWRON Sylwia	586	SILESIA NORDIC TEAM	K 30-39	5			01:35:42	00:38:03	<b>01:16:42.65</b>	<b>02:52:25.55</b>	+00:09:10 (12.0%)	7:40	7.8 (87.6%)
6	OLECH Anna	582		K 30-39	6			01:35:44	00:38:43	<b>01:18:15.50</b>	<b>02:53:59.50</b>	+00:10:43 (13.7%)	7:49	7.7 (86.5%)
7	DASZKIEWICZ Justyna	527	ELBLĄSKIE WŁÓCZY-KIJE	K 30-39	7			01:35:47	00:42:51	<b>01:27:31.65</b>	<b>03:03:18.90</b>	+00:19:59 (22.8%)	8:45	6.9 (77.5%)
8	OTTA Anna	583		K 30-39	8			01:35:44	00:46:47	<b>01:31:36.50</b>	<b>03:07:20.80</b>	+00:24:04 (26.3%)	9:09	6.6 (74.2%)
9	GRZESZCZUK Dorota	537		K 30-39	9			01:35:45	00:46:47	<b>01:34:06.45</b>	<b>03:09:51.85</b>	+00:26:34 (28.2%)	9:24	6.4 (71.9%)
10	WOJTASIŃSKA Agnieszka	638	REGATTA NORDIC TEAM CZĘSTOCHOWA	K 30-39	10			01:35:48	00:48:19	<b>01:41:49.25</b>	<b>03:17:37.65</b>	+00:34:16 (33.7%)	10:10	5.9 (66.3%)

Total 10 results.