



ELBLĄG - FINAŁ PUCHARU EUROPY / PUCHAR POLSKI NORDIC WALKING - 10KM

B4SPORT

Organizator: PFNW
Data: 2015-09-19
Miejsce: Elbląg
Dystans: 10 km



Klasyfikacja: K 40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	SPYCHAŁA Marzena	607	WESOŁY BORSUK TEAM	K 40-49	1			01:35:45	00:35:01	01:10:39.70	02:46:25.60		7:04	8.5 (100%)
2	BALCERAK-KOLASA Joanna	505	FIZJO-PLUS TEAM	K 40-49	2			01:35:45	00:38:15	01:16:40.10	02:52:26.00	+00:06:00 (7.8%)	7:40	7.8 (91.8%)
3	BARCIKOWSKA Wioletta	509		K 40-49	3			01:35:44	00:39:21	01:18:50.80	02:54:35.30	+00:08:11 (10.4%)	7:53	7.6 (89.4%)
4	PAWŁOW Dorota	587	SANTORINI TAWERNA GRECKA ELBLĄG	K 40-49	4			01:35:45	00:41:01	01:23:57.00	02:59:42.60	+00:13:17 (15.8%)	8:23	7.1 (83.5%)
5	PUDLIK Karolina	592	ZAKĄTEK DANKOWO	K 40-49	5			01:35:46	00:42:07	01:24:42.20	03:00:28.95	+00:14:02 (16.6%)	8:28	7.1 (83.5%)
6	SZYMANOWSKA-PAWLAK Ewa	626	GOSIR OSIELSKO	K 40-49	6			01:35:47	00:42:18	01:25:25.55	03:01:12.65	+00:14:45 (17.3%)	8:32	7 (82.4%)
7	GLINIECKA Katarzyna	534		K 40-49	7			01:35:46	00:42:29	01:26:18.20	03:02:04.30	+00:15:38 (18.1%)	8:37	7 (82.4%)
8	KRUK Hanna	557	ELBLĄSKIE WŁÓCZY-KIJE	K 40-49	8			01:35:47	00:44:18	01:28:34.05	03:04:21.60	+00:17:54 (20.2%)	8:51	6.8 (80.0%)
9	SZEWCZYK Agnieszka	620		K 40-49	9			01:35:46	00:44:07	01:30:39.65	03:06:26.30	+00:19:59 (22.1%)	9:04	6.6 (77.6%)
10	MLAKER Martina	513		K 40-49	10			01:35:49	00:46:40	01:36:36.45	03:12:26.25	+00:25:56 (26.9%)	9:39	6.2 (72.9%)
11	LEWANDOWSKA Małgorzata	565		K 40-49	11			01:35:44	00:49:02	01:37:43.95	03:13:28.90	+00:27:04 (27.7%)	9:46	6.1 (71.8%)
12	ZIMOCH Regina	612		K 40-49	12			01:35:49	00:51:51	01:47:04.20	03:22:53.40	+00:36:24 (34.0%)	10:42	5.6 (65.9%)
13	KASPRZYK Tatiana	606		K 40-49	13			01:35:50	00:51:56	01:47:07.45	03:22:57.75	+00:36:27 (34.0%)	10:42	5.6 (65.9%)

Znaleziono 13 wynik(ów)