



ELBLĄG - FINAŁ PUCHARU EUROPY / PUCHAR POLSKI NORDIC WALKING - 21.1KM

B4SPORT
WIELKOPOLSKIE ZWIĄZKI SPORTOWE

Organizator: PFNW
Data: 2015-09-19
Miejsce: Elbląg
Dystans: 21.1 km



Klasyfikacja: K 40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	0.55km	1.1km	6.1km	11.1km	16.1km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	KOŁODZIEJCZAK Beata	721	SOCHO TEAM	K 40-49	1			00:00:19	00:03:28	00:06:58	00:42:33	01:18:30	01:55:14	02:32:29.95	02:32:49.25		7:13	8.3 (100%)
2	MÓL Wioletta	730	SILESIA NORDIC TEAM	K 40-49	2			00:00:20	00:03:37	00:07:17	00:45:05	01:22:38	02:01:34	02:41:16.10	02:41:36.35	+00:08:46 (5.4%)	7:38	7.9 (95.2%)
3	KOWALSKA Amelia	726		K 40-49	3			00:00:19	00:03:48	00:07:34	00:45:12	01:24:04	02:03:26	02:43:22.05	02:43:41.90	+00:10:52 (6.7%)	7:44	7.7 (92.8%)
4	ÖSTERREICHER Christine	734	ASKÖ-VILLACH	K 40-49	4			00:00:20	00:03:41	00:07:19	00:44:57	01:23:31	02:03:22	02:43:47.35	02:44:08.10	+00:11:17 (6.9%)	7:45	7.7 (92.8%)
5	PALUSZEK-UFNALEWSKA Eugenia	771	ELBLĄSKIE WŁÓCZY-KIJE	K 40-49	5			00:00:22	00:04:16	00:08:26	00:50:05	01:30:58	02:12:52	02:55:25.15	02:55:47.80	+00:22:55 (13.1%)	8:18	7.2 (86.7%)
6	ZDRZAŁEK Małgorzata	767	STADION ŚLĄSKI	K 40-49	6			00:00:20	00:04:09	00:08:19	00:51:01	01:32:45	02:15:07	02:59:17.40	02:59:38.20	+00:26:47 (14.9%)	8:29	7.1 (85.5%)
7	KUCYPERA Dagmara	727	DĄBROWA NORDIC TEAM	K 40-49	7			00:00:21	00:04:04	00:08:14	00:50:58	01:33:06	02:15:59	02:59:46.00	03:00:07.85	+00:27:16 (15.2%)	8:31	7 (84.3%)
8	NESSEL Katarzyna	732	PATYCZAKI	K 40-49	8			00:00:21	00:04:17	00:08:26	00:51:16	01:33:07	02:16:00	03:02:49.65	03:03:11.10	+00:30:19 (16.6%)	8:39	6.9 (83.1%)
9	STUPNOWICZ Joanna	751	FOREVER YOUNG ŁÓDŹ	K 40-49	9			00:00:20	00:04:20	00:08:40	00:53:06	01:38:27	02:25:37	03:13:16.80	03:13:37.45	+00:40:46 (21.1%)	9:09	6.5 (78.3%)
10	KORDALSKA Agata	723	PATYCZAKI	K 40-49	10			00:00:22	00:04:17	00:08:37	00:54:03	01:40:26	02:28:03	03:15:12.65	03:15:34.70	+00:42:42 (21.9%)	9:15	6.5 (78.3%)

Znaleziono 10 wynik(ów)