



# ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 10 KM

B4SPORT

**Event:** ELBLĄG - PUCHAR POLSKI NORDIC WALKING  
**Organiser:** PFNW  
**Date:** 2017-06-24  
**Place:** Elbląg  
**Distance:** 10 km



Classification: K30-39

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	Start All 5km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	<b>PARAFINIUK Krzysia</b>	<b>347</b>	LKS ZANTYR SZTUM	K30-39	1			00:02:52	00:34:50	<b>01:10:19.20</b>	<b>01:13:11.60</b>		7:01	8.5 (100%)
2	<b>KOLARSKA Agnieszka</b>	<b>326</b>	VIKING NORDIC TEAM CZĘSTOCHOWA	K30-39	2			00:02:51	00:35:20	<b>01:11:37.65</b>	<b>01:14:29.25</b>	+00:01:18 (1.8%)	7:09	8.4 (98.8%)
3	<b>KORYTOWSKA Agnieszka</b>	<b>329</b>		K30-39	3			00:02:53	00:35:53	<b>01:13:08.90</b>	<b>01:16:02.05</b>	+00:02:49 (3.9%)	7:18	8.2 (96.5%)
4	<b>SZARSZUNOWICZ Anna</b>	<b>365</b>	NORDIC WALKING PASŁĘK	K30-39	4			00:02:52	00:37:04	<b>01:14:24.60</b>	<b>01:17:17.30</b>	+00:04:05 (5.5%)	7:26	8.1 (95.3%)
5	<b>BERTEL Alicja</b>	<b>302</b>	GRUPA NORDIC WALKING - DOBRE MIASTO	K30-39	5	1		00:02:52	00:37:37	<b>01:15:20.25</b>	<b>01:18:12.45</b>	+00:05:01 (6.7%)	7:32	8 (94.1%)
6	<b>STĘPCZYŃSKA Angelika</b>	<b>362</b>	GOSIR OSIELSKO	K30-39	6			00:02:52	00:38:22	<b>01:17:29.00</b>	<b>01:20:21.20</b>	+00:07:09 (9.2%)	7:44	7.7 (90.6%)
7	<b>MAJEWSKA Agnieszka</b>	<b>338</b>	STOKROTKI	K30-39	7			00:03:26	00:48:31	<b>01:37:44.30</b>	<b>01:41:10.95</b>	+00:27:25 (28.1%)	9:46	6.1 (71.8%)

Total 7 results.