



ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 10 KM

B4SPORT

Organizator: PFNW
Data: 2016-08-27
Miejsce: Elbląg
Dystans: 10 km



Klasyfikacja: K40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Start All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KŁACZYŃSKA Danuta	450		K40-49	1			00:16:18	00:34:08	01:08:53.65	01:25:12.45		6:53	8.7 (100%)
2	SPYCHAŁA Marzena	512	WESOŁY BORSUK TEAM	K40-49	2			00:16:18	00:35:20	01:11:24.45	01:27:42.60	+00:02:30 (3.5%)	7:08	8.4 (96.6%)
3	ŁUKASZEWICZ Joanna	476	GREEN TEAM ZIELONA GÓRA	K40-49	3			00:16:18	00:36:32	01:13:40.80	01:29:59.60	+00:04:47 (6.5%)	7:22	8.1 (93.1%)
4	MELZER Hanna	480		K40-49	4			00:16:21	00:36:29	01:13:46.85	01:30:08.15	+00:04:53 (6.6%)	7:22	8.1 (93.1%)
5	BALCERAK-KOLASA Joanna	403	EPOKA NORDICA ŁÓDŹ	K40-49	5			00:16:19	00:36:36	01:14:51.55	01:31:11.00	+00:05:57 (8.0%)	7:29	8 (92.0%)
6	KOŁODZIEJ Joanna	454	FABRIKANORDIKA	K40-49	6			00:16:19	00:37:16	01:15:04.25	01:31:23.75	+00:06:10 (8.2%)	7:30	8 (92.0%)
7	DUSIEL Ewa	422	VIKING NORDIC TEAM CZĘSTOCHOWA	K40-49	7			00:16:19	00:38:05	01:17:14.50	01:33:33.55	+00:08:20 (10.8%)	7:43	7.8 (89.7%)
8	KOWALCZYK Edyta	459	KS METRACO POLKOWICE	K40-49	8			00:16:19	00:38:55	01:17:31.80	01:33:51.60	+00:08:38 (11.1%)	7:45	7.7 (88.5%)
9	BOROWIK Bożena	408	GRUPA NORDIC WALKING-DOBRE MIASTO	K40-49	9			00:16:22	00:38:34	01:18:42.30	01:35:04.30	+00:09:48 (12.5%)	7:52	7.6 (87.4%)
10	OLECH Anna	488	CHODZEZKIJAMI.PL	K40-49	10			00:16:23	00:39:41	01:20:15.15	01:36:38.85	+00:11:21 (14.2%)	8:01	7.5 (86.2%)
11	KALINOWSKA Jolanta	444	WESOŁY BORSUK	K40-49	11			00:16:23	00:39:51	01:20:33.45	01:36:57.25	+00:11:39 (14.5%)	8:03	7.4 (85.1%)
12	HINC Iwona	435	FACE NORDIC WALKING TEAM	K40-49	12			00:16:23	00:40:36	01:20:51.20	01:37:14.70	+00:11:57 (14.8%)	8:05	7.4 (85.1%)
13	UHRYN Ewa	531	GRUPA NORDIC WALKING- DOBRE MIASTO	K40-49	13			00:16:24	00:39:41	01:21:14.40	01:37:38.90	+00:12:20 (15.2%)	8:07	7.4 (85.1%)
14	KOZŁOWSKA Agnieszka	621	FACE NORDIC WALKING TEAM	K40-49	14			00:16:21	00:41:25	01:22:09.95	01:38:31.65	+00:13:16 (16.2%)	8:13	7.3 (83.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Start_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
15	GLINIECKA Katarzyna	429		K40-49	15			00:16:25	00:40:41	01:23:39.45	01:40:04.75	+00:14:45 (17.6%)	8:21	7.2 (82.8%)
16	PIOTRKIEWICZ Anna	495		K40-49	16			00:16:21	00:42:03	01:24:03.00	01:40:24.80	+00:15:09 (18.0%)	8:24	7.1 (81.6%)
17	WROŃSKA Wiesława	542	BŁĘKITNI NW DZIEMIANY	K40-49	17			00:16:22	00:41:26	01:24:22.35	01:40:45.30	+00:15:28 (18.3%)	8:26	7.1 (81.6%)
18	OTTA Anna	490		K40-49	18			00:16:20	00:44:21	01:28:21.05	01:44:41.45	+00:19:27 (22.0%)	8:50	6.8 (78.2%)
19	LINKA Renata	472		K40-49	19			00:16:22	00:44:11	01:29:19.75	01:45:42.40	+00:20:26 (22.9%)	8:56	6.7 (77.0%)
20	WASIELA Beata	535	FACE NORDIC WALKING TEAM	K40-49	20			00:16:24	00:43:59	01:29:55.55	01:46:20.10	+00:21:01 (23.4%)	8:59	6.7 (77.0%)
21	SZEWCZYK Agnieszka	521	FACE NORDIC WALKING TEAM	K40-49	21			00:16:25	00:43:58	01:31:45.75	01:48:11.00	+00:22:52 (24.9%)	9:10	6.5 (74.7%)
22	KRZYŚCIN Mirosława	463	SANTANDER CONSUMER BANK	K40-49	22			00:16:20	00:45:43	01:33:28.10	01:49:48.90	+00:24:34 (26.3%)	9:20	6.4 (73.6%)
23	LEWANDOWSKA Małgorzata	471		K40-49	23			00:16:20	00:46:49	01:34:12.80	01:50:33.60	+00:25:19 (26.9%)	9:25	6.4 (73.6%)
24	PROKOP Anna	499		K40-49	24			00:16:22	00:49:14	01:38:58.70	01:55:21.65	+00:30:05 (30.4%)	9:53	6.1 (70.1%)
25	LIPIŃSKA Urszula	473	FACE NORDIC WALKING TEAM	K40-49	25			00:16:24	00:48:37	01:39:15.80	01:55:40.30	+00:30:22 (30.6%)	9:55	6 (69.0%)

Znaleziono 25 wynik(ów)