



ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 10 KM

B4SPORT

Organizator: PFNW
Data: 2016-08-27
Miejsce: Elbląg
Dystans: 10 km



Klasyfikacja: K50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Start All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	JĘDRASIAK Renata	440	KS METRACO POLKOWICE	K50-59	1			00:16:48	00:35:09	01:10:34.00	01:27:22.70		7:03	8.5 (100%)
2	BOCZAR Beata	407	GREEN TEAM ZIELONA GÓRA	K50-59	2			00:16:48	00:36:33	01:14:18.70	01:31:06.80	+00:03:44 (5.0%)	7:25	8.1 (95.3%)
3	GEMBALA Violetta	427	AMATOR	K50-59	3			00:16:49	00:38:01	01:16:48.90	01:33:38.60	+00:06:14 (8.1%)	7:40	7.8 (91.8%)
4	ZACHARCZUK Zofia	544	FACE NORDIC WALKING TEAM	K50-59	4			00:16:48	00:37:59	01:18:03.45	01:34:52.00	+00:07:29 (9.6%)	7:48	7.7 (90.6%)
5	ROSZMAN Joanna	504	PENDOLINO	K50-59	5			00:16:47	00:38:05	01:19:08.60	01:35:56.50	+00:08:34 (10.8%)	7:54	7.6 (89.4%)
6	KUPIBIDA Bogusława	467	SILESIA NORDIC TEAM	K50-59	6			00:16:48	00:39:25	01:19:45.65	01:36:33.85	+00:09:11 (11.5%)	7:58	7.5 (88.2%)
7	DOBROWOLSKA-ŚWIĄTEK Elżbieta	420		K50-59	7			00:16:49	00:40:30	01:20:25.75	01:37:15.15	+00:09:51 (12.3%)	8:02	7.5 (88.2%)
8	DOBROWOLSKA Anna	419		K50-59	8			00:16:49	00:40:31	01:20:30.55	01:37:19.80	+00:09:56 (12.3%)	8:03	7.5 (88.2%)
9	JARZYŃSKA Małgorzata	438	HIFI ARTE	K50-59	9			00:16:49	00:39:38	01:21:19.15	01:38:08.25	+00:10:45 (13.2%)	8:07	7.4 (87.1%)
10	ŻUCHOWICZ Elżbieta	545	DĄBROWA NORDIC TEAM	K50-59	10			00:16:49	00:41:18	01:21:26.30	01:38:15.95	+00:10:52 (13.3%)	8:08	7.4 (87.1%)
11	POSTEK Danuta	497	MARSZ PO ZDROWIE	K50-59	11			00:16:50	00:41:14	01:22:36.95	01:39:27.85	+00:12:02 (14.6%)	8:15	7.3 (85.9%)
12	TRUCHAN BAJER Bożena	529	FACE NW TEAM	K50-59	12			00:16:51	00:41:04	01:25:01.10	01:41:52.55	+00:14:27 (17.0%)	8:30	7.1 (83.5%)
13	OMARSKA Grazyna	489	PASJA NORDIC WALKING	K50-59	13			00:16:51	00:42:26	01:26:07.75	01:42:58.75	+00:15:33 (18.1%)	8:36	7 (82.4%)
14	BIAŁOWAŚ Iwona	405		K50-59	14			00:16:50	00:43:25	01:28:19.50	01:45:09.90	+00:17:45 (20.1%)	8:49	6.8 (80.0%)

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15	LEHMANN Teresa	470	BŁĘKITNI NW DZIEMIANY	K50-59	15			00:16:50	00:44:33	01:30:29.60	01:47:20.00	+00:19:55 (22.0%)	9:03	6.6 (77.6%)
16	SYNAK Mirosława	517		K50-59	16			00:16:51	00:44:53	01:32:10.35	01:49:02.25	+00:21:36 (23.4%)	9:13	6.5 (76.5%)
17	SZYMANOWSKA-PAWLAK Ewa	522	GOSIR OSIELSKO	K50-59	17			00:16:50	00:44:53	01:32:58.30	01:49:48.45	+00:22:24 (24.1%)	9:17	6.5 (76.5%)
18	SYNAK Maria	519		K50-59	18			00:16:52	00:48:45	01:39:09.45	01:56:01.80	+00:28:35 (28.8%)	9:54	6.1 (71.8%)

Znaleziono 18 wynik(ów)