



ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 10 KM

B4SPORT

Event: ELBLĄG - PUCHAR POLSKI NORDIC WALKING
Organiser: PFNW
Date: 2017-06-24
Place: Elbląg
Distance: 10 km



Classification: K50-59

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	Start_All 5km	Net time 10km	Czas brutto 10km	Gap	Pace min/km	Pace km/h
1	JĘDRASIAK Renata	323	KS METRACO POLKOWICE	K50-59	1			00:04:15	00:34:55	01:09:56.65	01:14:12.10		6:59	8.6 (100%)
2	KUCHARSKA Ela	334		K50-59	2			00:04:15	00:36:15	01:13:41.30	01:17:57.15	+00:03:44 (5.1%)	7:22	8.1 (94.2%)
3	DUSIEL Ewa	313	VIKING NORDIC TEAM CZĘSTOCHOWA	K50-59	3			00:04:16	00:36:37	01:14:21.40	01:18:37.60	+00:04:24 (5.9%)	7:26	8.1 (94.2%)
4	KREFFT Barbara	332		K50-59	4	1		00:04:17	00:38:18	01:16:48.00	01:21:05.35	+00:06:51 (8.9%)	7:40	7.8 (90.7%)
5	DOBROWOLSKA Anna	311		K50-59	5			00:04:16	00:38:41	01:17:10.70	01:21:26.90	+00:07:14 (9.4%)	7:43	7.8 (90.7%)
6	DOBROWOLSKA-ŚWIĄTEK Elżbieta	312	KB HARCOWNIK JELCZ LASKOWICE	K50-59	6			00:04:15	00:38:42	01:17:12.15	01:21:27.60	+00:07:15 (9.4%)	7:43	7.8 (90.7%)
7	STENCEL Wanda	378		K50-59	7			00:04:16	00:38:54	01:19:09.45	01:23:26.10	+00:09:12 (11.6%)	7:55	7.6 (88.4%)
8	KRUSZKA Arleta	333	MARSZ PO ZDROWIE POZNAŃ	K50-59	8			00:04:17	00:39:53	01:19:50.65	01:24:07.90	+00:09:54 (12.4%)	7:59	7.5 (87.2%)
9	PANEK Elwira	346		K50-59	9			00:04:16	00:40:35	01:22:54.50	01:27:11.25	+00:12:57 (15.6%)	8:17	7.2 (83.7%)
10	OMARSKA Grażyna	344	PASJA NORDIC WALKING	K50-59	10			00:04:18	00:41:31	01:23:24.85	01:27:43.35	+00:13:28 (16.1%)	8:20	7.2 (83.7%)
11	KOPCZYK Bożena	383		K50-59	11			00:04:17	00:47:09	01:28:43.10	01:33:00.80	+00:18:46 (21.2%)	8:52	6.8 (79.1%)
12	STEFANIAK Bożena	359		K50-59	12			00:04:17	00:45:20	01:31:49.40	01:36:06.95	+00:21:52 (23.8%)	9:10	6.5 (75.6%)

Total 12 results.