



ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 10 KM

B4SPORT

Organizator: PFNW
Data: 2016-08-27
Miejsce: Elbląg
Dystans: 10 km



Klasyfikacja: M50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Start_All 5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	DEPKA PRĄDZYŃSKI Olgiard	418	PENDOLINO	M50-59	1			00:13:42	00:32:18	01:05:12.15	01:18:54.75		6:31	9.2 (100%)
2	SIWAK Piotr	506	KS.METRACO POLKOWICE	M50-59	2			00:13:44	00:32:39	01:05:46.85	01:19:31.80	+00:00:34 (0.9%)	6:34	9.1 (98.9%)
3	RECZULSKI Mariusz	503	VIKING NORDIC TEAM CZĘSTOCHOWA	M50-59	3			00:13:44	00:32:44	01:05:51.65	01:19:36.50	+00:00:39 (1.0%)	6:35	9.1 (98.9%)
4	PUSZKIEL Leszek	500	GREEN TEAM ZIELONA GÓRA	M50-59	4			00:13:41	00:32:54	01:07:56.00	01:21:37.00	+00:02:43 (4.0%)	6:47	8.8 (95.7%)
5	ŚWISŁOCKI Bogdan	528	FACE NORDIC WALKING TEAM	M50-59	5			00:13:41	00:35:24	01:10:54.05	01:24:35.95	+00:05:41 (8.0%)	7:05	8.5 (92.4%)
6	CIEŚLAK Roman	414	EPOKA NORDICA ŁÓDŹ	M50-59	6			00:13:43	00:34:25	01:11:14.00	01:24:57.45	+00:06:01 (8.5%)	7:07	8.4 (91.3%)
7	KOWALSKI Marek	460	UNIA MIAST	M50-59	7			00:13:42	00:36:32	01:13:35.65	01:27:18.45	+00:08:23 (11.4%)	7:21	8.2 (89.1%)
8	BAJER Piotr	402	FACE NW TEAM	M50-59	8			00:13:40	00:36:49	01:13:45.65	01:27:26.30	+00:08:33 (11.6%)	7:22	8.1 (88.0%)
9	MIERNICKI Mariusz	482		M50-59	9			00:13:43	00:36:55	01:15:17.40	01:29:01.10	+00:10:05 (13.4%)	7:31	8 (87.0%)
10	KOWALCZUK Robert	625	FACE NORDIC WALKING TEAM	M50-59	10			00:13:41	00:36:10	01:15:35.75	01:29:16.75	+00:10:23 (13.7%)	7:33	7.9 (85.9%)
11	NETKOWSKI Wojciech	485	PASJA NORDIC WALKING	M50-59	11			00:13:41	00:37:50	01:17:07.75	01:30:49.35	+00:11:55 (15.5%)	7:42	7.8 (84.8%)
12	KULEWICZ Cezary	465		M50-59	12			00:13:41	00:39:03	01:18:50.50	01:32:32.10	+00:13:38 (17.3%)	7:53	7.6 (82.6%)
13	STEFAŃSKI Andrzej	514	FACE NORDIC WALKING TEAM	M50-59	13			00:13:42	00:41:44	01:24:39.90	01:38:22.40	+00:19:27 (23.0%)	8:28	7.1 (77.2%)
14	SYNAK Leszek	516		M50-59	14			00:13:45	00:43:18	01:28:50.90	01:42:36.80	+00:23:38 (26.6%)	8:53	6.8 (73.9%)

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15	KOSSOWSKI Marian	457	MARYSIN	M50-59	15			00:13:41	00:44:41	01:29:59.25	01:43:41.10	+00:24:47 (27.5%)	9:00	6.7 (72.8%)
16	FAJNAS Ryszard	425	FACE NORDIC WALKING TEAM	M50-59	16			00:13:42	00:43:45	01:30:50.70	01:44:33.50	+00:25:38 (28.2%)	9:05	6.6 (71.7%)
17	SZEWCZYK Marek	520	FACE NORDIC WALKING TEAM	M50-59	17			00:13:43	00:41:58	01:41:15.70	01:54:59.45	+00:36:03 (35.6%)	10:07	5.9 (64.1%)

Znaleziono 17 wynik(ów)