



ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 21.1 KM

B4SPORT
INTELEKTUALNE SERWISY SPORTOWE

Wydarzenie: ELBLĄG - PUCHAR POLSKI NORDIC WALKING
Organizator: PFNW
Data: 2017-06-24
Miejsce: Elbląg
Dystans: 21.1 km



Klasyfikacja: K40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Start_All 0.55km	Start_All 1.1km	Start_All 6.1km	Start_All 11.1km	Start_All 16.1km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	NIEDŹWIECKA Katarzyna	467	FACE NORDIC WALKING TEAM	K40-49	1	1		00:00:48	00:04:07	00:08:15	00:45:30	01:22:30	01:59:56	02:37:01.75	02:37:50.15		7:26	8.1 (100%)
2	SZULC Alicja	492	NW WERWA MŁAWA	K40-49	2			00:00:47	00:03:54	00:07:51	00:44:52	01:22:35	02:01:25	02:39:30.95	02:40:18.35	+00:02:29 (1.6%)	7:33	7.9 (97.5%)
3	OLSCHIMKE-MARMUROWICZ Barbara	468	UNIA MIAST	K40-49	3			00:00:48	00:03:59	00:07:56	00:45:40	01:23:48	02:02:07	02:40:30.00	02:41:18.95	+00:03:28 (2.2%)	7:36	7.9 (97.5%)
4	BADOCHA-DUDA Małgorzata	441	ELITE TEAM	K40-49	4			00:00:48	00:03:52	00:07:51	00:44:58	01:23:14	02:03:01	02:43:58.00	02:44:46.55	+00:06:56 (4.2%)	7:46	7.7 (95.1%)
5	WOLNIEWICZ Katarzyna	496	FABRIKANORDIKA	K40-49	5			00:00:47	00:03:58	00:07:56	00:46:10	01:24:49	02:04:02	02:44:09.40	02:44:57.30	+00:07:07 (4.3%)	7:46	7.7 (95.1%)
6	BANASZKIEWICZ Katarzyna	442	PILSCYMIŁOŚNICZY NW	K40-49	6			00:00:49	00:03:54	00:07:51	00:45:50	01:24:27	02:04:43	02:45:18.70	02:46:07.75	+00:08:16 (5.0%)	7:50	7.7 (95.1%)
7	ROSADA Jolanta	478		K40-49	7			00:00:49	00:04:12	00:08:23	00:46:35	01:25:35	02:05:24	02:45:44.80	02:46:34.15	+00:08:43 (5.3%)	7:51	7.6 (93.8%)
8	RESEMAN Sylwia	495	FACE NORDIC WALKING TEAM	K40-49	8			00:00:48	00:04:06	00:08:19	00:48:32	01:28:42	02:09:58	02:51:23.00	02:52:11.55	+00:14:21 (8.4%)	8:07	7.4 (91.4%)
9	RZECHOWSKA Ewa	482		K40-49	9			00:00:47	00:04:29	00:09:01	00:52:05	01:36:27	02:21:32	03:08:44.70	03:09:32.40	+00:31:42 (16.8%)	8:56	6.7 (82.7%)
10	RZATKOWSKA Joanna	481		K40-49	10			00:00:50	00:04:39	00:09:24	00:56:06	01:42:52	02:31:56	03:20:05.00	03:20:55.35	+00:43:03 (21.5%)	9:28	6.3 (77.8%)

Znaleziono 10 wynik(ów)