



ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 21.1 KM

B4SPORT
INTELEKTUALNE ŚRODKI OPIEKI

Wydarzenie: ELBLĄG - PUCHAR POLSKI NORDIC WALKING
Organizator: PFNW
Data: 2017-06-24
Miejsce: Elbląg
Dystans: 21.1 km



Klasyfikacja: M50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Start_All 0.55km	Start_All 1.1km	Start_All 6.1km	Start_All 11.1km	Start_All 16.1km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	DEPKA PRĄDZYŃSKI Olgierd	450	BIEGAMYRAZEM	M50-59	1			00:00:04	00:03:33	00:07:07	00:39:48	01:13:01	01:46:27	02:20:38.60	02:20:43.15		6:39	9 (100%)
2	BIK Stanisław	443	KS METRACO POLKOWICE	M50-59	2			00:00:04	00:03:39	00:07:23	00:42:47	01:18:25	01:54:45	02:31:56.00	02:32:00.75	+00:11:17 (7.4%)	7:12	8.3 (92.2%)
3	LESIŃSKI Grzegorz	335	KS METRACO POLKOWICE	M50-59	3			00:00:04	00:03:31	00:07:10	00:42:10	01:17:43	01:54:22	02:32:23.55	02:32:28.40	+00:11:44 (7.7%)	7:13	8.3 (92.2%)
4	MAKOWSKI Jan	438	RYBNICKI KLUB NORDIC WALKING	M50-59	4			00:00:04	00:03:41	00:07:27	00:43:35	01:20:12	01:57:52	02:34:44.85	02:34:49.00	+00:14:06 (9.1%)	7:20	8.2 (91.1%)
5	SMARSZCZ Wiesław	484	CHODZEKIJAMI- DWA KIJE LĘBORK	M50-59	5			00:00:05	00:03:45	00:07:38	00:43:46	01:20:37	01:58:52	02:38:38.25	02:38:43.40	+00:17:59 (11.3%)	7:31	8 (88.9%)
6	KOWALCZUK Robert	462	ELITE TEAM	M50-59	6			00:00:04	00:03:53	00:07:52	00:44:02	01:20:47	02:00:05	02:39:40.95	02:39:45.40	+00:19:02 (11.9%)	7:34	7.9 (87.8%)
7	KOWALCZYK Mariusz	463	GREEN TEAM ZIELONA GÓRA	M50-59	7			00:00:05	00:03:56	00:08:00	00:46:05	01:24:06	02:03:21	02:43:51.30	02:43:56.75	+00:23:12 (14.2%)	7:45	7.7 (85.6%)
8	SZCZODROWSKI Krzysztof	491	FACE NORDIC WALKING TEAM	M50-59	8			00:00:03	00:03:56	00:08:04	00:47:18	01:28:13	02:10:14	02:54:07.35	02:54:10.75	+00:33:28 (19.2%)	8:15	7.3 (81.1%)

Znaleziono 8 wynik(ów)