



Organizator:
Data:
Miejsce:
Dystans:

ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 21.1KM

B4SPORT

PFNW
2016-08-27
Elbląg
21.1 km



Klasyfikacja: M 50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Żół. kartki	Czer. kartki	Czas startu	Start_All 0.55km	Start_All 1.1km	Start_All 6.1km	Start_All 11.1km	Start_All 16.1km	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	SKIBA Krzysztof	612	KS METRACO POLKOWICE	M 50-59	1			00:00:08	00:03:18	00:06:41	00:38:03	01:10:05	01:42:45	02:16:56.95	02:17:05.55		6:29	9.2 (100%)
2	WIŚNIEWSKI Jacek	599	FACE NORDIC WALKING TEAM / UKS SIEDLESZCZANY NORDIC WALKING	M 50-59	2			00:00:08	00:03:47	00:07:24	00:41:32	01:15:36	01:50:27	02:26:35.25	02:26:43.80	+00:09:38 (6.6%)	6:56	8.6 (93.5%)
3	BIK Stanisław	552	KS METRACO POLKOWICE	M 50-59	3			00:00:07	00:03:50	00:07:37	00:43:17	01:20:01	01:57:41	02:34:58.75	02:35:06.45	+00:18:01 (11.6%)	7:20	8.2 (89.1%)
4	LENZ Andrzej	574	ALTOM	M 50-59	4			00:00:06	00:04:01	00:08:00	00:45:00	01:21:42	01:58:20	02:35:39.00	02:35:45.55	+00:18:42 (12.0%)	7:22	8.1 (88.0%)
5	KOWALCZYK Mariusz	572	GREEN TEAM ZIELONA GÓRA	M 50-59	5			00:00:06	00:03:48	00:07:47	00:45:04	01:23:26	02:02:33	02:42:13.80	02:42:20.35	+00:25:16 (15.6%)	7:41	7.8 (84.8%)
6	SZCZODROWSKI Krzysztof	596	FACE NORDIC WALKING TEAM	M 50-59	6			00:00:06	00:04:04	00:08:08	00:47:49	01:29:10	02:11:24	02:54:50.25	02:54:56.60	+00:37:53 (21.7%)	8:17	7.2 (78.3%)
7	STĘPKOWSKI Andrzej	610		M 50-59	7			00:00:10	00:04:25	00:08:59	00:51:25	01:34:47	02:18:29	03:05:42.00	03:05:52.25	+00:48:45 (26.3%)	8:48	6.8 (73.9%)
8	DRÓŻDŹ Paweł	559	EPOKA NORDICA ŁÓDŹ	M 50-59	8			00:00:07	00:04:29	00:09:03	00:51:59	01:34:38	02:19:52	03:06:11.45	03:06:19.15	+00:49:14 (26.4%)	8:49	6.8 (73.9%)

Znaleziono 8 wynik(ów)