



ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 5 KM

B4SPORT

Organiser: PFNW
Date: 2016-08-27
Place: Elbląg
Distance: 5 km



Classification: K30-39

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	WALĘDZIAK Alicja	358	POCHODZĘ Z MALBORKA	K30-39	1			00:24:51	00:35:54.85	01:00:45.90		7:10	8.4 (100%)
2	MALCZYK Anna	147	DĄBROWA NORDIC TEAM	K30-39	2			00:24:50	00:36:16.50	01:01:06.55	+00:00:21 (1.0%)	7:15	8.3 (98.8%)
3	PAWŁOSKA-WOŹNIAK Małgorzata	328	UNIA MIASTO	K30-39	3			00:24:49	00:37:43.85	01:02:33.45	+00:01:49 (4.8%)	7:32	8 (95.2%)
4	GIBAS Joanna	69	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	K30-39	4			00:24:51	00:39:54.00	01:04:45.50	+00:03:59 (10.0%)	7:58	7.5 (89.3%)
5	SOBOL Paulina	218	WŁÓCZYKIJE	K30-39	5			00:24:49	00:40:01.95	01:04:51.45	+00:04:07 (10.3%)	8:00	7.5 (89.3%)
6	BERTEL Alicja	16	FACE NORDIC WALKING TEAM	K30-39	6			00:24:54	00:40:11.75	01:05:06.50	+00:04:16 (10.7%)	8:02	7.5 (89.3%)
7	LABUDDA Katarzyna	137		K30-39	7			00:24:51	00:41:23.30	01:06:14.70	+00:05:28 (13.2%)	8:16	7.2 (85.7%)
8	SELWA Milena	211	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	K30-39	8			00:24:54	00:41:51.80	01:06:45.90	+00:05:56 (14.2%)	8:22	7.2 (85.7%)
9	WIESZOŁEK Ewelina	275	N/Z	K30-39	9			00:24:53	00:41:55.55	01:06:48.90	+00:06:00 (14.3%)	8:23	7.2 (85.7%)
10	MIELEWCZYK Justyna	156		K30-39	10			00:24:54	00:42:51.15	01:07:45.90	+00:06:56 (16.2%)	8:34	7 (83.3%)
11	BURY Liliana	31		K30-39	11			00:24:54	00:42:51.95	01:07:46.15	+00:06:57 (16.2%)	8:34	7 (83.3%)
12	BOHUSZEWICZ Mariola	20	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	K30-39	12			00:24:53	00:43:45.40	01:08:38.60	+00:07:50 (17.9%)	8:45	6.9 (82.1%)
13	BANACH-MAZUR Paulina	8	ELITE TEAM	K30-39	13			00:24:50	00:43:54.30	01:08:45.10	+00:07:59 (18.2%)	8:47	6.8 (81.0%)
14	SŁOMCZYŃSKA GUSTEK Aleksandra	214	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	K30-39	14			00:24:50	00:44:15.75	01:09:06.55	+00:08:20 (18.9%)	8:51	6.8 (81.0%)

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15	BOMBAŁA Katarzyna	323		K30-39	15			00:24:52	00:45:33.60	01:10:25.80	+00:09:38 (21.2%)	9:06	6.6 (78.6%)
16	ĆWIKLIŃSKA Joanna	359		K30-39	16			00:24:55	00:46:51.15	01:11:46.40	+00:10:56 (23.3%)	9:22	6.4 (76.2%)
17	WAŚOWSKA Monika	274		K30-39	17			00:24:53	00:47:54.00	01:12:47.80	+00:11:59 (25.0%)	9:34	6.3 (75.0%)
18	TOKARSKA Joanna	354	KLUB NW ' PATY CZAKI ' GRUDZIĄDZ	K30-39	18			00:24:52	00:50:13.70	01:15:06.20	+00:14:18 (28.5%)	10:02	6 (71.4%)
19	BLUM Dorota	18	DZIARSKIE TEAM	K30-39	19			00:26:04	00:53:17.05	01:19:21.55	+00:17:22 (32.6%)	10:39	5.6 (66.7%)

Total 19 results.