



ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 5 KM

B4SPORT

Event: ELBLĄG - PUCHAR POLSKI NORDIC WALKING
Organiser: PFNW
Date: 2017-06-24
Place: Elbląg
Distance: 5 km



Classification: K40-44

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	ZAŃKO Katarzyna	265	KS METRACO POLKOWICE	K40-44	1	1		00:07:18	00:35:45.40	00:43:03.50		7:09	8.4 (100%)
2	JÓZWIAK Marianna	86	WTW WŁOCŁAWEK	K40-44	2			00:07:18	00:36:06.80	00:43:25.55	+00:00:21 (1.0%)	7:13	8.3 (98.8%)
3	DOMAŃSKA Beata	46	ELITE TEAM CHODZEMKIJAMI	K40-44	3			00:07:18	00:37:37.70	00:44:55.85	+00:01:52 (5.0%)	7:31	8 (95.2%)
4	SAKOWSKA Krystyna	191	PASJA NORDIC WALKING	K40-44	4			00:07:21	00:37:41.90	00:45:03.40	+00:01:56 (5.2%)	7:32	8 (95.2%)
5	SZYNKIEWICZ Katarzyna	227		K40-44	5			00:07:19	00:37:51.70	00:45:10.90	+00:02:06 (5.6%)	7:34	7.9 (94.0%)
6	MARCINIAK Aneta	138	FACE NORDIC WALKING TEAM	K40-44	6			00:07:19	00:38:39.45	00:45:58.65	+00:02:54 (7.5%)	7:43	7.8 (92.9%)
7	GIERSZEWSKA Magdalena	62	KSK ŻYJ AKTYWNIE KOŁCZYGŁOWY	K40-44	7			00:07:20	00:38:54.40	00:46:15.05	+00:03:09 (8.1%)	7:47	7.7 (91.7%)
8	MATLEWSKA Agnieszka	143	FACE NORDIC WALKING TEAM	K40-44	8			00:07:20	00:40:05.95	00:47:26.00	+00:04:20 (10.8%)	8:01	7.5 (89.3%)
9	LIPIŃSKA Iwona	128	ELITE TEAM	K40-44	9			00:07:19	00:40:46.90	00:48:06.40	+00:05:01 (12.3%)	8:09	7.4 (88.1%)
10	KĘDZIERSKA Edyta	97	PFNW	K40-44	10			00:01:20	00:40:53.25	00:42:14.00	+00:05:07 (12.5%)	8:10	7.3 (86.9%)
11	JANKOWSKA Beata	85	NORDIC WALKING PASŁĘK	K40-44	11			00:07:18	00:42:45.05	00:50:03.60	+00:06:59 (16.4%)	8:33	7 (83.3%)
12	CIEŚLIK-SZKLARSKA Agnieszka	36		K40-44	12			00:07:20	00:44:38.35	00:51:58.40	+00:08:52 (19.9%)	8:55	6.7 (79.8%)
13	DASZKIEWICZ Justyna	43	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	K40-44	13			00:07:18	00:44:59.45	00:52:18.15	+00:09:14 (20.5%)	9:00	6.7 (79.8%)
14	SAR Agnieszka	194	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	K40-44	14			00:07:20	00:45:07.40	00:52:27.80	+00:09:22 (20.8%)	9:01	6.6 (78.6%)

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15	WYSOCKA Monika	263	NORDIC WALKING PASŁĘK	K40-44	15			00:07:21	00:45:50.65	00:53:11.70	+00:10:05 (22.0%)	9:10	6.5 (77.4%)
16	ZAJĄCZKOWSKA Jadwiga	264	KS METRACO POLKOWICE	K40-44	16			00:07:19	00:47:12.50	00:54:32.45	+00:11:27 (24.3%)	9:26	6.4 (76.2%)
17	HOMONIEC Ewa	82	SANTANDER CONSUMER BANK S.A.	K40-44	17	1		00:07:21	00:47:35.60	00:54:56.75	+00:11:50 (24.9%)	9:31	6.3 (75.0%)

Total 17 results.