



ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 5 KM

B4SPORT

Event: ELBLĄG - PUCHAR POLSKI NORDIC WALKING
Organiser: PFNW
Date: 2017-06-24
Place: Elbląg
Distance: 5 km



Classification: K45-49

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	WOJTACHNIO Edyta	259	FACE NORDIC WALKING TEAM	K45-49	1			00:07:52	00:35:51.40	00:43:43.50		7:10	8.4 (100%)
2	POLEWCZAK Aneta	178	CLLEO ZAWIERCIE	K45-49	2			00:07:52	00:35:58.35	00:43:51.30	+00:00:06 (0.3%)	7:11	8.3 (98.8%)
3	KANIOWSKA Beata	91	VIKING NORDIC TEAM CZĘSTOCHOWA	K45-49	3			00:07:54	00:37:34.35	00:45:28.85	+00:01:42 (4.6%)	7:30	8 (95.2%)
4	KOWALCZYK Edyta	106	KS METRACO POLKOWICE	K45-49	4			00:07:52	00:37:34.85	00:45:26.95	+00:01:43 (4.6%)	7:30	8 (95.2%)
5	GWAREK Anita	78	PASJA NORDIC WALKING	K45-49	5			00:07:52	00:39:06.30	00:46:58.45	+00:03:14 (8.3%)	7:49	7.7 (91.7%)
6	KOWALINA Izabela	107		K45-49	6			00:07:52	00:40:16.20	00:48:09.00	+00:04:24 (11.0%)	8:03	7.4 (88.1%)
7	KAMIŃSKA Iwona	90	FACE NORDIC WALKING TEAM	K45-49	7			00:07:53	00:42:28.55	00:50:22.30	+00:06:37 (15.6%)	8:29	7.1 (84.5%)
8	KRUK Hanna	115	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	K45-49	8			00:07:54	00:43:24.80	00:51:19.00	+00:07:33 (17.4%)	8:41	6.9 (82.1%)
9	STOLARSKA Magdalena	284	VIKING NORDIC TEAM CZĘSTOCHOWA	K45-49	9			00:07:52	00:43:26.65	00:51:19.40	+00:07:35 (17.5%)	8:41	6.9 (82.1%)
10	MILEWSKA Wiesława	151	RUCH PO ZDROWIE WŁOCŁAWEK	K45-49	10			00:07:53	00:44:26.20	00:52:19.25	+00:08:34 (19.3%)	8:53	6.8 (81.0%)
11	MIKITIUK Beata	149	KIJOWA PARA	K45-49	11			00:07:55	00:45:27.20	00:53:22.25	+00:09:35 (21.1%)	9:05	6.6 (78.6%)
12	ŚLIWIŃSKA Ewa	258	KLUB NW 'PATYCZAKI' GRUDZIĄDZ	K45-49	12			00:07:54	00:47:31.20	00:55:25.30	+00:11:39 (24.5%)	9:30	6.3 (75.0%)

Total 12 results.