



# ELBLĄG - PUCHAR POLSKI NORDIC WALKING - 5 KM

B4SPORT

**Organiser:** PFNW  
**Date:** 2016-08-27  
**Place:** Elbląg  
**Distance:** 5 km



Classification: K50-54

Place	Participant	Number	Club	Category	MCat	Żół. kartki	Czer. kartki	Start time	Net time 5km	Czas brutto 5km	Gap	Pace min/km	Pace km/h
1	<b>LESINSKA Marzenna</b>	<b>140</b>	KS METRACO POLKOWICE	K50-54	1			00:27:09	<b>00:37:04.80</b>	<b>01:04:13.80</b>		7:24	8.1 (100%)
2	<b>WIŚNIEWSKA Iwona</b>	<b>282</b>	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	K50-54	2			00:27:08	<b>00:39:42.20</b>	<b>01:06:51.00</b>	+00:02:37 (6.6%)	7:56	7.6 (93.8%)
3	<b>PAKMUR Anna</b>	<b>179</b>		K50-54	3			00:27:10	<b>00:40:18.10</b>	<b>01:07:28.25</b>	+00:03:13 (8.0%)	8:03	7.4 (91.4%)
4	<b>MICHALAK Elżbieta</b>	<b>154</b>	CHODZĘ Z SERCEM	K50-54	4			00:27:08	<b>00:40:33.75</b>	<b>01:07:41.90</b>	+00:03:28 (8.6%)	8:06	7.4 (91.4%)
5	<b>PIATCZYC Barbara</b>	<b>185</b>		K50-54	5			00:27:09	<b>00:40:50.40</b>	<b>01:07:59.50</b>	+00:03:45 (9.2%)	8:10	7.3 (90.1%)
6	<b>JASIUKIEWICZ Weronika</b>	<b>98</b>	GRUPA NORDIC WALKING-DOBRE MIASTO	K50-54	6			00:27:10	<b>00:42:51.05</b>	<b>01:10:01.80</b>	+00:05:46 (13.5%)	8:34	7 (86.4%)
7	<b>WINCZEWSKA Anna</b>	<b>280</b>	RUCH PO ZDROWIE WŁOCLAWEK	K50-54	7			00:27:08	<b>00:42:56.35</b>	<b>01:10:04.55</b>	+00:05:51 (13.6%)	8:35	7 (86.4%)
8	<b>SUDOŁ Irena</b>	<b>233</b>	WŁÓCZYKIJE SKOCZÓW	K50-54	8			00:27:10	<b>00:43:44.30</b>	<b>01:10:55.15</b>	+00:06:39 (15.2%)	8:45	6.9 (85.2%)
9	<b>NOWROTEK Urszula</b>	<b>171</b>	WESOŁY BORSUK TEAM	K50-54	9			00:27:08	<b>00:43:46.75</b>	<b>01:10:54.95</b>	+00:06:41 (15.3%)	8:45	6.9 (85.2%)
10	<b>MICHALSKA Ewa</b>	<b>155</b>	KLUB SPORTOWY 'ELBLĄSKIE WŁÓCZY-KIJE'	K50-54	10			00:27:11	<b>00:46:05.45</b>	<b>01:13:16.90</b>	+00:09:00 (19.6%)	9:13	6.5 (80.2%)
11	<b>OGONOWSKA Edyta</b>	<b>173</b>	KLUB NW 'PATCZAKI' GRUDZIĄDZ	K50-54	11			00:27:10	<b>00:48:04.95</b>	<b>01:15:14.95</b>	+00:11:00 (22.9%)	9:36	6.2 (76.5%)
12	<b>BORZESZKOWSKA Małgorzata</b>	<b>23</b>		K50-54	12			00:27:11	<b>00:50:43.70</b>	<b>01:17:55.20</b>	+00:13:38 (26.9%)	10:08	5.9 (72.8%)

Total 12 results.