



# ELIMINATOR 2016 - ETAP II

B4SPORT

**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2016-11-26  
**Miejsce:** Ustroń  
**Dystans:** 1.7 km

**B4SPORT**  
INTELEKTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas netto 1.7km	Czas brutto 1.7km	Różn	Tempo min/km	Tempo km/h
1	<b>DLUGOSZ Andrzej</b>	<b>167</b>		M30	1	00:06:33	<b>00:14:35.90</b>	<b>00:14:35.90</b>		8:34	7 (100%)
2	<b>MALINA Dawid</b>		INŻYNIERIA BIEGANIA - TWÓJ BIEGOWY TRENER!	M20	1	00:06:53	<b>00:15:44.15</b>	<b>00:15:44.15</b>	+00:01:08 (7.2%)	9:15	6.5 (92.9%)
3	<b>GORCZYCA Bartosz</b>	<b>1</b>	SALCO SPORT TEAM	M20	2	00:07:18	<b>00:15:48.95</b>	<b>00:15:48.95</b>	+00:01:13 (7.7%)	9:17	6.5 (92.9%)
4	<b>RZESZÓTKO Marcin</b>	<b>186</b>	KW ZAKOPANE / TOPR	M20	3	00:07:18	<b>00:15:50.20</b>	<b>00:15:50.20</b>	+00:01:14 (7.8%)	9:18	6.4 (91.4%)
5	<b>JAWORSKI Zbigniew</b>	<b>56</b>		M30	2	00:07:30	<b>00:15:53.55</b>	<b>00:15:53.55</b>	+00:01:17 (8.1%)	9:20	6.4 (91.4%)
6	<b>SZCZEŚNIEWSKI Miłosz</b>	<b>2</b>	SALCO SPORT TEAM	M20	4	00:07:19	<b>00:15:58.00</b>	<b>00:15:58.00</b>	+00:01:22 (8.6%)	9:23	6.4 (91.4%)
7	<b>GAWROŃSKI Tomasz</b>	<b>6</b>	UMKS NADIR JĘDRZEJÓW	M20	5	00:07:26	<b>00:16:04.25</b>	<b>00:16:04.25</b>	+00:01:28 (9.2%)	9:27	6.3 (90.0%)
8	<b>KOŃ Piotr</b>	<b>4</b>	RMD MONTRAIL TEAM	M30	3	00:07:21	<b>00:16:16.45</b>	<b>00:16:16.45</b>	+00:01:40 (10.3%)	9:34	6.3 (90.0%)
9	<b>WĄSOWICZ Jan</b>	<b>9</b>		M40	1	00:07:29	<b>00:16:40.00</b>	<b>00:16:40.00</b>	+00:02:04 (12.4%)	9:48	6.1 (87.1%)
10	<b>BIERNAWSKI Piotr</b>	<b>10</b>	SLOW MOTION	M30	4	00:07:35	<b>00:16:48.65</b>	<b>00:16:48.65</b>	+00:02:12 (13.2%)	9:52	6.1 (87.1%)
11	<b>FARON Robert</b>	<b>3</b>	SALCO SPORT TEAM	M40	2	00:07:56	<b>00:17:08.65</b>	<b>00:17:08.65</b>	+00:02:32 (14.8%)	10:04	6 (85.7%)
12	<b>DOMISZEWSKI Ignacy</b>	<b>34</b>	MKS HALICZ	M20	6	00:07:57	<b>00:17:13.05</b>	<b>00:17:13.05</b>	+00:02:37 (15.2%)	10:07	5.9 (84.3%)
13	<b>MAREK Dariusz</b>	<b>185</b>	RMD MONTRAIL TEAM	M30	5	00:08:02	<b>00:17:17.40</b>	<b>00:17:17.40</b>	+00:02:41 (15.6%)	10:10	5.9 (84.3%)
14	<b>FALKOWSKI Krzysztof</b>	<b>39</b>	WOODWARD RUNNERS	M30	6	00:07:51	<b>00:17:26.55</b>	<b>00:17:26.55</b>	+00:02:50 (16.3%)	10:15	5.9 (84.3%)
15	<b>MISIAK Bartosz</b>	<b>97</b>	BRAT KUBA	M20	7	00:08:24	<b>00:17:36.90</b>	<b>00:17:36.90</b>	+00:03:01 (17.1%)	10:21	5.8 (82.9%)
16	<b>BIEL Andrzej</b>	<b>17</b>	CLARAHÜTTE	M30	7	00:08:14	<b>00:17:48.70</b>	<b>00:17:48.70</b>	+00:03:12 (18.0%)	10:28	5.7 (81.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas netto 1.7km	Czas brutto 1.7km	Różn	Tempo min/km	Tempo km/h
17	<b>MAGIERA Janusz</b>	<b>90</b>	FORMA WODZISŁAW ŚLĄSKI	M50	1	00:08:07	<b>00:17:50.50</b>	<b>00:17:50.50</b>	+00:03:14 (18.2%)	10:29	5.7 (81.4%)
18	<b>CZAPLA Piotr</b>	<b>8</b>	SULIS HOKO TEAM/UKS OLIMPIA ZABRZE	M20	8	00:08:09	<b>00:17:57.05</b>	<b>00:17:57.05</b>	+00:03:21 (18.7%)	10:33	5.7 (81.4%)
19	<b>KASZYCA Paweł</b>	<b>169</b>	IGLOO BOCHNIA / APLILKA	M30	8	00:08:22	<b>00:18:13.55</b>	<b>00:18:13.55</b>	+00:03:37 (19.9%)	10:42	5.6 (80.0%)
20	<b>HUZIOR Piotr</b>	<b>187</b>	FAKE RUNNERS	M40	3	00:08:32	<b>00:18:30.20</b>	<b>00:18:30.20</b>	+00:03:54 (21.1%)	10:52	5.5 (78.6%)
21	<b>SEDLAK Michał</b>	<b>122</b>	LUBIĘ TO BIEGANIE	M40	4	00:08:33	<b>00:18:36.90</b>	<b>00:18:36.90</b>	+00:04:01 (21.6%)	10:56	5.5 (78.6%)
22	<b>RAKUS Kornel</b>	<b>115</b>	KS KANDAHAR	M40	5	00:08:34	<b>00:18:40.15</b>	<b>00:18:40.15</b>	+00:04:04 (21.8%)	10:58	5.5 (78.6%)
23	<b>CELIŃSKI Robert</b>	<b>25</b>	BYLEDOBIEC ANIN	M30	9	00:09:14	<b>00:18:49.15</b>	<b>00:18:49.15</b>	+00:04:13 (22.4%)	11:04	5.4 (77.1%)
24	<b>CELIŃSKA Anna</b>	<b>300</b>	BYLEDOBIEC ANIN	K30	1	00:09:02	<b>00:18:51.95</b>	<b>00:18:51.95</b>	+00:04:16 (22.6%)	11:05	5.4 (77.1%)
25	<b>JANUSZYK Iwonka</b>	<b>303</b>		K20	1	00:09:03	<b>00:18:58.15</b>	<b>00:18:58.15</b>	+00:04:22 (23.0%)	11:09	5.4 (77.1%)
26	<b>LEŚNIAK Kamil</b>	<b>222</b>	INOV-8	M20	9	00:08:54	<b>00:19:01.05</b>	<b>00:19:01.05</b>	+00:04:25 (23.2%)	11:11	5.4 (77.1%)
27	<b>KOBRYŃ Dominik</b>	<b>66</b>	BYLEDOBIEC ANIN	M40	6	00:08:55	<b>00:19:03.75</b>	<b>00:19:03.75</b>	+00:04:27 (23.4%)	11:12	5.4 (77.1%)
28	<b>BROJ Marcel</b>	<b>20</b>	BROJ TEAM ZLINICE	M20	10	00:09:02	<b>00:19:05.40</b>	<b>00:19:05.40</b>	+00:04:29 (23.5%)	11:13	5.3 (75.7%)
29	<b>ULFIK Rafał</b>	<b>152</b>	RMD MONTRAIL TEAM/SKB KRAŚNIK	M20	11	00:08:40	<b>00:19:07.05</b>	<b>00:19:07.05</b>	+00:04:31 (23.6%)	11:14	5.3 (75.7%)
30	<b>MADEJCZYK Marek</b>			M30	10	00:08:59	<b>00:19:08.15</b>	<b>00:19:08.15</b>	+00:04:32 (23.7%)	11:15	5.3 (75.7%)
31	<b>GOLBA Kasia</b>	<b>344</b>	1 SECOND TEAM/ AZS AWF KATOWICE	K20	2	00:09:03	<b>00:19:15.20</b>	<b>00:19:15.20</b>	+00:04:39 (24.2%)	11:19	5.3 (75.7%)
32	<b>JANKOWSKI Łukasz</b>	<b>55</b>	TRAINING-CONNECTING PEOPLE	M30	11	00:09:01	<b>00:19:16.85</b>	<b>00:19:16.85</b>	+00:04:40 (24.3%)	11:20	5.3 (75.7%)
33	<b>STEC Jakub</b>	<b>134</b>	BRAK	M20	12	00:08:56	<b>00:19:19.90</b>	<b>00:19:19.90</b>	+00:04:44 (24.5%)	11:21	5.3 (75.7%)
34	<b>KOŹDOŃ Jarosław</b>	<b>77</b>	INŻYNIERIA BIEGANIA / NIEWYMIĘKACZE	M30	12	00:08:57	<b>00:19:26.15</b>	<b>00:19:26.15</b>	+00:04:50 (24.9%)	11:25	5.2 (74.3%)
35	<b>JENDRYSIK Karol</b>	<b>188</b>		M20	13	00:08:58	<b>00:19:36.10</b>	<b>00:19:36.10</b>	+00:05:00 (25.5%)	11:31	5.2 (74.3%)
36	<b>SZATANIK Zbigniew</b>	<b>141</b>		M40	7	00:08:44	<b>00:19:38.35</b>	<b>00:19:38.35</b>	+00:05:02 (25.7%)	11:32	5.2 (74.3%)
37	<b>SOKOŁOWSKI Marek</b>	<b>132</b>	RMD MONTRAIL TEAM	M40	8	00:09:11	<b>00:19:44.05</b>	<b>00:19:44.05</b>	+00:05:08 (26.0%)	11:36	5.2 (74.3%)
38	<b>FERENC Janusz</b>	<b>40</b>	USKS LUDWIKOWICE	M60	1	00:09:16	<b>00:19:51.25</b>	<b>00:19:51.25</b>	+00:05:15 (26.5%)	11:40	5.1 (72.9%)
39	<b>KANTOR Martyna</b>	<b>302</b>	HERCOG RUNNING TEAM	K20	3	00:09:03	<b>00:19:53.00</b>	<b>00:19:53.00</b>	+00:05:17 (26.6%)	11:41	5.1 (72.9%)

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40	<b>KOT Rafał</b>	<b>74</b>	WAY BEHIND HORIZON // KB JURUND SZCZYTNO	M30	13	00:09:14	<b>00:19:55.35</b>	<b>00:19:55.35</b>	+00:05:19 (26.7%)	11:42	5.1 (72.9%)
41	<b>WRZESZCZ Mariusz</b>	<b>161</b>	TRIATHLON MIETKÓW TEAM	M20	14	00:09:08	<b>00:19:56.90</b>	<b>00:19:56.90</b>	+00:05:21 (26.8%)	11:43	5.1 (72.9%)
42	<b>BADURA Adam</b>	<b>13</b>	FORMA WODZISŁAW SŁĄSKI	M30	14	00:08:56	<b>00:19:57.95</b>	<b>00:19:57.95</b>	+00:05:22 (26.9%)	11:44	5.1 (72.9%)
43	<b>KOŚNY Krzysztof</b>	<b>175</b>	WIELKOLUD TEAM / KS KANDAHAR	M40	9	00:09:21	<b>00:19:58.50</b>	<b>00:19:58.50</b>	+00:05:22 (26.9%)	11:44	5.1 (72.9%)
44	<b>KAŁUŻA Jerzy</b>			M30	15	00:09:17	<b>00:20:00.40</b>	<b>00:20:00.40</b>	+00:05:24 (27.0%)	11:45	5.1 (72.9%)
45	<b>PORĘBSKI Rafał</b>	<b>109</b>	PORANNY PATROL/EVIL TEAM	M40	10	00:08:59	<b>00:20:02.20</b>	<b>00:20:02.20</b>	+00:05:26 (27.1%)	11:47	5.1 (72.9%)
46	<b>BROL Marcin</b>	<b>22</b>	SPORT W WIELKIM MIESCIE	M30	16	00:09:02	<b>00:20:11.90</b>	<b>00:20:11.90</b>	+00:05:36 (27.7%)	11:52	5.1 (72.9%)
47	<b>RECLAW Arkadiusz</b>	<b>117</b>	VEGE RUNNERS	M30	17	00:09:20	<b>00:20:12.85</b>	<b>00:20:12.85</b>	+00:05:36 (27.8%)	11:52	5 (71.4%)
48	<b>BARYSZNIKOW Mikołaj</b>	<b>170</b>	KINGRUNNER	M30	18	00:09:20	<b>00:20:13.70</b>	<b>00:20:13.70</b>	+00:05:37 (27.8%)	11:53	5 (71.4%)
49	<b>GRYGO Paweł</b>	<b>47</b>	LŁKS PREFBET ŚNIADOWO-ŁOMŻA	M40	11	00:09:46	<b>00:20:14.70</b>	<b>00:20:14.70</b>	+00:05:38 (27.9%)	11:54	5 (71.4%)
50	<b>STYCZEŃ Piotr</b>	<b>139</b>	CKBABCIE	M30	19	00:09:15	<b>00:20:16.45</b>	<b>00:20:16.45</b>	+00:05:40 (28.0%)	11:55	5 (71.4%)
51	<b>SWOBODA Marek</b>	<b>140</b>	BYLEDOBIEC ANIN	M50	2	00:09:16	<b>00:20:16.80</b>	<b>00:20:16.80</b>	+00:05:40 (28.0%)	11:55	5 (71.4%)
52	<b>KNAP Mateusz</b>	<b>65</b>	KS KANDAHAR/TUTTU KATOWICE	M20	15	00:09:34	<b>00:20:17.45</b>	<b>00:20:17.45</b>	+00:05:41 (28.1%)	11:55	5 (71.4%)
53	<b>HATALA Mariusz</b>	<b>183</b>	BB RUNNERS	M30	20	00:09:31	<b>00:20:17.70</b>	<b>00:20:17.70</b>	+00:05:41 (28.1%)	11:55	5 (71.4%)
54	<b>SMOLIK Łukasz</b>	<b>130</b>	OLZA CIESZYN	M20	16	00:09:15	<b>00:20:18.70</b>	<b>00:20:18.70</b>	+00:05:42 (28.1%)	11:56	5 (71.4%)
55	<b>KIK Iwona</b>	<b>320</b>	KW KRAKÓW	K30	2	00:09:24	<b>00:20:20.00</b>	<b>00:20:20.00</b>	+00:05:44 (28.2%)	11:57	5 (71.4%)
56	<b>ŚCIESZKA Wojciech</b>	<b>149</b>	13 ELT KRAKÓW-BALICE	M40	12	00:09:21	<b>00:20:20.45</b>	<b>00:20:20.45</b>	+00:05:44 (28.2%)	11:57	5 (71.4%)
57	<b>KLONOWSKI Kamil</b>	<b>64</b>	MOSIR ŁAZISKA GÓRNE	M20	17	00:09:21	<b>00:20:20.60</b>	<b>00:20:20.60</b>	+00:05:44 (28.2%)	11:57	5 (71.4%)
58	<b>WITOWSKA Mirosława</b>	<b>338</b>	KW ZAKOPANE	K20	4	00:09:30	<b>00:20:22.75</b>	<b>00:20:22.75</b>	+00:05:46 (28.4%)	11:58	5 (71.4%)
59	<b>KUŚMIERSKI Michał</b>	<b>86</b>	BB RUNNERS	M30	21	00:09:40	<b>00:20:26.10</b>	<b>00:20:26.10</b>	+00:05:50 (28.6%)	12:01	5 (71.4%)
60	<b>KOKOT Krzysztof</b>	<b>70</b>	HRMAX ŻORY	M40	13	00:09:37	<b>00:20:27.95</b>	<b>00:20:27.95</b>	+00:05:52 (28.7%)	12:01	5 (71.4%)
61	<b>HOLLY Piotr</b>	<b>7</b>	SPORTFUEL.PL	M30	22	00:09:27	<b>00:20:29.00</b>	<b>00:20:29.00</b>	+00:05:53 (28.7%)	12:02	5 (71.4%)
62	<b>KOS Tomasz</b>	<b>72</b>	PAŃSTWOWA STRAŻ POŻARNA BYTOM	M30	23	00:09:37	<b>00:20:29.50</b>	<b>00:20:29.50</b>	+00:05:53 (28.8%)	12:02	5 (71.4%)

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63	<b>KUPIJAJ Marcin</b>	<b>82</b>	SOCIOS GÓRNIK	M20	18	00:09:45	<b>00:20:31.00</b>	<b>00:20:31.00</b>	+00:05:55 (28.8%)	12:04	5 (71.4%)
64	<b>URBAŃCZYK Karol</b>	<b>154</b>	NIGHT RUNNERS GLIWICE	M20	19	00:10:04	<b>00:20:35.70</b>	<b>00:20:35.70</b>	+00:05:59 (29.1%)	12:06	5 (71.4%)
65	<b>KROSNY Sebastian</b>	<b>78</b>	BIEGAMYZSERCEM.PL - BIEGATON	M30	24	00:09:31	<b>00:20:36.10</b>	<b>00:20:36.10</b>	+00:06:00 (29.1%)	12:07	5 (71.4%)
66	<b>RADZIWONOWICZ Michał</b>	<b>113</b>		M20	20	00:09:16	<b>00:20:37.65</b>	<b>00:20:37.65</b>	+00:06:01 (29.2%)	12:07	4.9 (70.0%)
67	<b>KORZENIOWSKI Robert</b>	<b>11</b>	RK ATHLETICS	M40	14	00:09:18	<b>00:20:47.00</b>	<b>00:20:47.00</b>	+00:06:11 (29.8%)	12:13	4.9 (70.0%)
68	<b>PIECHULA Katarzyna</b>	<b>328</b>	TEAM PAPRY 20	K40	1	00:09:37	<b>00:20:47.05</b>	<b>00:20:47.05</b>	+00:06:11 (29.8%)	12:13	4.9 (70.0%)
69	<b>GÓRAL Grzegorz</b>	<b>44</b>	GÓRAL BIEGA HEEEJ! / NIGHT RUNNERS +	M30	25	00:09:42	<b>00:20:48.00</b>	<b>00:20:48.00</b>	+00:06:12 (29.8%)	12:14	4.9 (70.0%)
70	<b>KOZIOŁ Kamil</b>	<b>75</b>	HUSARIA RACE TEAM	M20	21	00:09:35	<b>00:20:49.05</b>	<b>00:20:49.05</b>	+00:06:13 (29.9%)	12:14	4.9 (70.0%)
71	<b>RECZEK Sebastian</b>	<b>118</b>	KS ZIELONO-CZARNI	M30	26	00:09:49	<b>00:20:49.80</b>	<b>00:20:49.80</b>	+00:06:13 (29.9%)	12:14	4.9 (70.0%)
72	<b>GRZELAK Adrian</b>	<b>48</b>	DRUŻYNA SZPIKU	M20	22	00:09:43	<b>00:20:50.25</b>	<b>00:20:50.25</b>	+00:06:14 (29.9%)	12:15	4.9 (70.0%)
73	<b>KELLER Dariusz</b>	<b>62</b>	NIGHT RUNNERS	M20	23	00:09:17	<b>00:20:52.85</b>	<b>00:20:52.85</b>	+00:06:16 (30.1%)	12:16	4.9 (70.0%)
74	<b>CZYŻ Bartłomiej</b>	<b>32</b>	BIKEBROTHERS TEAM	M20	24	00:10:43	<b>00:20:53.45</b>	<b>00:20:53.45</b>	+00:06:17 (30.1%)	12:17	4.9 (70.0%)
75	<b>KUSZKA Michał</b>	<b>85</b>	BBL MIKOŁÓW	M30	27	00:09:44	<b>00:20:54.10</b>	<b>00:20:54.10</b>	+00:06:18 (30.2%)	12:17	4.9 (70.0%)
75	<b>KOSICKI Łukasz</b>	<b>73</b>	PHILIPS LIGHTING BIELSKO	M30	28	00:09:50	<b>00:20:54.10</b>	<b>00:20:54.10</b>	+00:06:18 (30.2%)	12:17	4.9 (70.0%)
77	<b>MAJCHER Piotr</b>	<b>91</b>	ESKADRA KRAKÓW	M40	15	00:10:43	<b>00:20:55.00</b>	<b>00:20:55.00</b>	+00:06:19 (30.2%)	12:18	4.9 (70.0%)
78	<b>BOGUCKI Jacek</b>	<b>19</b>		M20	25	00:09:18	<b>00:20:58.95</b>	<b>00:20:58.95</b>	+00:06:23 (30.4%)	12:20	4.9 (70.0%)
79	<b>BUCZYŃSKI Adam</b>	<b>23</b>	NOKIA KRAKÓW	M40	16	00:10:19	<b>00:20:59.40</b>	<b>00:20:59.40</b>	+00:06:23 (30.5%)	12:20	4.9 (70.0%)
80	<b>SROMEK Dawid</b>	<b>133</b>	BB RUNNERS	M20	26	00:09:21	<b>00:21:02.40</b>	<b>00:21:02.40</b>	+00:06:26 (30.6%)	12:22	4.8 (68.6%)
81	<b>DZIDOWSKI Aleksander</b>	<b>38</b>	BIEGAJ RAZEM Z NAMI	M30	29	00:09:47	<b>00:21:06.35</b>	<b>00:21:06.35</b>	+00:06:30 (30.8%)	12:24	4.8 (68.6%)
82	<b>MENDECKA Michalina</b>	<b>325</b>	MOSIR ŁAZISKA GÓRNE	K20	5	00:09:49	<b>00:21:10.95</b>	<b>00:21:10.95</b>	+00:06:35 (31.1%)	12:27	4.8 (68.6%)
83	<b>RADOMSKI Zbigniew</b>	<b>112</b>		M60	2	00:09:54	<b>00:21:11.45</b>	<b>00:21:11.45</b>	+00:06:35 (31.1%)	12:27	4.8 (68.6%)
84	<b>GIL Dominika</b>	<b>316</b>	ENDURANCE TEAM	K30	3	00:09:38	<b>00:21:18.15</b>	<b>00:21:18.15</b>	+00:06:42 (31.5%)	12:31	4.8 (68.6%)
85	<b>PASUTO Grzegorz</b>	<b>177</b>	IRONS	M30	30	00:09:47	<b>00:21:22.35</b>	<b>00:21:22.35</b>	+00:06:46 (31.7%)	12:34	4.8 (68.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
86	<b>WOJDASIEWICZ Tadeusz</b>	<b>157</b>		M30	31	00:09:48	<b>00:21:23.70</b>	<b>00:21:23.70</b>	+00:06:47 (31.8%)	12:34	4.8 (68.6%)
87	<b>KOCIOŁEK Ireneusz</b>	<b>68</b>	GRUPA MAX	M20	27	00:10:11	<b>00:21:24.30</b>	<b>00:21:24.30</b>	+00:06:48 (31.8%)	12:35	4.8 (68.6%)
88	<b>JAKUBIEC Mateusz</b>	<b>54</b>	BB RUNNERS	M20	28	00:10:00	<b>00:21:24.45</b>	<b>00:21:24.45</b>	+00:06:48 (31.8%)	12:35	4.8 (68.6%)
89	<b>SZKODA Dariusz</b>	<b>142</b>	SOCIOS GÓRNIK	M30	32	00:09:58	<b>00:21:26.80</b>	<b>00:21:26.80</b>	+00:06:50 (31.9%)	12:36	4.8 (68.6%)
90	<b>KOCHEL Paweł</b>	<b>67</b>		M30	33	00:10:00	<b>00:21:31.65</b>	<b>00:21:31.65</b>	+00:06:55 (32.2%)	12:39	4.7 (67.1%)
91	<b>STEFAŃSKI Jarosław</b>	<b>136</b>	W POGONI ZA DUCHEM	M50	3	00:10:04	<b>00:21:35.75</b>	<b>00:21:35.75</b>	+00:06:59 (32.4%)	12:41	4.7 (67.1%)
92	<b>ŻACZEK Szymon</b>	<b>189</b>	NIE PRZESTAWAJ MARZYĆ!	M20	29	00:09:56	<b>00:21:37.85</b>	<b>00:21:37.85</b>	+00:07:01 (32.5%)	12:42	4.7 (67.1%)
93	<b>MORAWIEC Marek</b>	<b>100</b>	SZAKAL TEAM	M30	34	00:09:48	<b>00:21:41.00</b>	<b>00:21:41.00</b>	+00:07:05 (32.7%)	12:45	4.7 (67.1%)
94	<b>MATYSIUK Jakub</b>	<b>93</b>	MOJA DUPECZKA	M20	30	00:10:15	<b>00:21:41.75</b>	<b>00:21:41.75</b>	+00:07:05 (32.7%)	12:45	4.7 (67.1%)
95	<b>GRZYB Kazimierz</b>	<b>49</b>	ESKADRA KRAKÓW	M40	17	00:10:30	<b>00:21:44.90</b>	<b>00:21:44.90</b>	+00:07:09 (32.9%)	12:47	4.7 (67.1%)
96	<b>GORAJ Agata</b>	<b>317</b>	TRAINING-CONNECTING PEOPLE	K20	6	00:09:58	<b>00:21:47.75</b>	<b>00:21:47.75</b>	+00:07:11 (33.0%)	12:48	4.7 (67.1%)
97	<b>ZBOŻNIAK Łukasz</b>	<b>164</b>	ABOVE2000	M30	35	00:10:02	<b>00:21:50.60</b>	<b>00:21:50.60</b>	+00:07:14 (33.2%)	12:50	4.7 (67.1%)
98	<b>BONDARA Sylwia</b>	<b>304</b>	JACEKBIEGA RUNNING TEAM	K20	7	00:10:24	<b>00:21:57.60</b>	<b>00:21:57.60</b>	+00:07:21 (33.5%)	12:54	4.6 (65.7%)
99	<b>GÓRNY Mirosław</b>	<b>45</b>	MODELARNIA BIEGA	M50	4	00:10:01	<b>00:22:04.35</b>	<b>00:22:04.35</b>	+00:07:28 (33.9%)	12:58	4.6 (65.7%)
100	<b>SZTĄBER Adam</b>	<b>147</b>	RYTM	M30	36	00:10:29	<b>00:22:07.70</b>	<b>00:22:07.70</b>	+00:07:31 (34.0%)	13:00	4.6 (65.7%)
101	<b>GWÓZDŹ Michał</b>	<b>50</b>	#CZELADZBIEGA	M40	18	00:10:29	<b>00:22:11.80</b>	<b>00:22:11.80</b>	+00:07:35 (34.2%)	13:02	4.6 (65.7%)
102	<b>PYTLARZ Wojtek</b>	<b>111</b>	NEVERLAND TEAM	M30	37	00:10:03	<b>00:22:21.30</b>	<b>00:22:21.30</b>	+00:07:45 (34.7%)	13:08	4.6 (65.7%)
103	<b>WOJNO Arkadiusz</b>	<b>158</b>	ŁÓDŹ KOCHA SPORT	M30	38	00:10:07	<b>00:22:22.50</b>	<b>00:22:22.50</b>	+00:07:46 (34.8%)	13:09	4.6 (65.7%)
104	<b>KIEŁTYKA Zbigniew</b>	<b>63</b>	KW GLIWICE	M40	19	00:10:40	<b>00:22:23.65</b>	<b>00:22:23.65</b>	+00:07:47 (34.8%)	13:10	4.6 (65.7%)
105	<b>KANCLERZ-JANUSZEWSKA Katarzyna</b>	<b>341</b>		K50	1	00:10:14	<b>00:22:29.15</b>	<b>00:22:29.15</b>	+00:07:53 (35.1%)	13:13	4.5 (64.3%)
106	<b>MŁYŃCZAK Piotr</b>	<b>99</b>		M40	20	00:09:56	<b>00:22:29.45</b>	<b>00:22:29.45</b>	+00:07:53 (35.1%)	13:13	4.5 (64.3%)
107	<b>CIENIAWSKI Piotr</b>	<b>30</b>	WĘGLOKOKS KRAJ KWK PIEKARY	M30	39	00:10:46	<b>00:22:31.25</b>	<b>00:22:31.25</b>	+00:07:55 (35.2%)	13:14	4.5 (64.3%)
108	<b>ŁAGOŻNY Łukasz</b>	<b>89</b>	BRUBECK TEAM	M30	40	00:10:42	<b>00:22:41.35</b>	<b>00:22:41.35</b>	+00:08:05 (35.7%)	13:20	4.5 (64.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
109	<b>WILCZEK Rafał</b>	<b>156</b>	WAY BEHIND HORIZON	M30	41	00:10:05	<b>00:22:46.45</b>	<b>00:22:46.45</b>	+00:08:10 (35.9%)	13:23	4.5 (64.3%)
110	<b>STEFAŃSKI Zbigniew</b>	<b>135</b>	LIBIĄŻ JANINA	M40	21	00:10:31	<b>00:22:49.20</b>	<b>00:22:49.20</b>	+00:08:13 (36.0%)	13:25	4.5 (64.3%)
111	<b>SNARSKI Bogdan</b>	<b>131</b>	ALBATROSY	M30	42	00:10:28	<b>00:22:53.90</b>	<b>00:22:53.90</b>	+00:08:18 (36.2%)	13:27	4.5 (64.3%)
112	<b>BOLECHOWSKA Dominika</b>	<b>315</b>	ATTIQ TEAM ZAKOPANE	K40	2	00:10:45	<b>00:22:55.45</b>	<b>00:22:55.45</b>	+00:08:19 (36.3%)	13:28	4.5 (64.3%)
113	<b>ZASADA Tomasz</b>	<b>163</b>		M40	22	00:10:39	<b>00:22:58.60</b>	<b>00:22:58.60</b>	+00:08:22 (36.5%)	13:30	4.4 (62.9%)
114	<b>PIETRYJA Łukasz</b>	<b>105</b>		M30	43	00:10:31	<b>00:23:04.05</b>	<b>00:23:04.05</b>	+00:08:28 (36.7%)	13:34	4.4 (62.9%)
115	<b>KORDIAK Rafał</b>	<b>71</b>		M30	44	00:10:31	<b>00:23:05.20</b>	<b>00:23:05.20</b>	+00:08:29 (36.8%)	13:34	4.4 (62.9%)
116	<b>KUSZ Janusz</b>	<b>84</b>		M30	45	00:11:05	<b>00:23:09.80</b>	<b>00:23:09.80</b>	+00:08:33 (37.0%)	13:37	4.4 (62.9%)
117	<b>KOZOWICZ Paweł</b>	<b>76</b>	WECAN COACHING / KS KANDAHAR / GJ GOPR	M30	46	00:10:15	<b>00:23:11.75</b>	<b>00:23:11.75</b>	+00:08:35 (37.1%)	13:38	4.4 (62.9%)
118	<b>JAKUBCZYK Dariusz</b>	<b>53</b>	CKBABCIE	M40	23	00:10:50	<b>00:23:13.35</b>	<b>00:23:13.35</b>	+00:08:37 (37.1%)	13:39	4.4 (62.9%)
119	<b>ADAMUS-KOWALSKA Justyna</b>	<b>309</b>	AZS UNIWERSYTET ŚLĄSKI	K30	4	00:10:50	<b>00:23:14.45</b>	<b>00:23:14.45</b>	+00:08:38 (37.2%)	13:40	4.4 (62.9%)
120	<b>SZPIŁA Daniel</b>	<b>146</b>		M40	24	00:10:37	<b>00:23:20.80</b>	<b>00:23:20.80</b>	+00:08:44 (37.5%)	13:43	4.4 (62.9%)
121	<b>JACHOWICZ Malwina</b>	<b>319</b>	SALCO SPORT TEAM	K30	5	00:11:01	<b>00:23:22.30</b>	<b>00:23:22.30</b>	+00:08:46 (37.5%)	13:44	4.4 (62.9%)
122	<b>SIKORA Stefan</b>	<b>126</b>	SIKORA TEAM	M60	3	00:10:48	<b>00:23:24.55</b>	<b>00:23:24.55</b>	+00:08:48 (37.6%)	13:45	4.4 (62.9%)
123	<b>SZARUGA Małgorzata</b>	<b>333</b>	SOCIOS GÓRNIK	K20	8	00:11:12	<b>00:23:25.70</b>	<b>00:23:25.70</b>	+00:08:49 (37.7%)	13:46	4.4 (62.9%)
124	<b>KRÓL Elżbieta</b>	<b>343</b>	ESKADRA KRAKÓW	K40	3	00:11:12	<b>00:23:34.65</b>	<b>00:23:34.65</b>	+00:08:58 (38.1%)	13:51	4.3 (61.4%)
125	<b>SIEWKO Piotr</b>	<b>125</b>	SZWAGRY TEAM	M40	25	00:10:40	<b>00:23:44.75</b>	<b>00:23:44.75</b>	+00:09:08 (38.5%)	13:57	4.3 (61.4%)
126	<b>RENCZ Małgorzata</b>	<b>329</b>		K40	4	00:10:58	<b>00:23:48.00</b>	<b>00:23:48.00</b>	+00:09:12 (38.7%)	14:00	4.3 (61.4%)
127	<b>ZBIJOWSKA HATALA Ewelina</b>	<b>339</b>	BB RUNNERS	K30	6	00:11:11	<b>00:24:00.45</b>	<b>00:24:00.45</b>	+00:09:24 (39.2%)	14:07	4.3 (61.4%)
128	<b>SMIECINSKI Dominik</b>	<b>129</b>	XRUNNERSTEAM/WWW.BIEGI Z PRZESZKODAMI.SKLEP.PL	M30	47	00:10:45	<b>00:24:13.75</b>	<b>00:24:13.75</b>	+00:09:37 (39.7%)	14:14	4.2 (60.0%)
129	<b>GRYCKO Konrad</b>	<b>46</b>	KS FURION	M20	31	00:11:15	<b>00:24:17.65</b>	<b>00:24:17.65</b>	+00:09:41 (39.9%)	14:17	4.2 (60.0%)
130	<b>SIKORA Alicja</b>	<b>330</b>	SIKORA TEAM	K60	1	00:11:13	<b>00:24:19.00</b>	<b>00:24:19.00</b>	+00:09:43 (40.0%)	14:18	4.2 (60.0%)
131	<b>CHAMIELEC Bogusław</b>	<b>26</b>	A EMERYT BIEGA	M40	26	00:11:29	<b>00:24:23.75</b>	<b>00:24:23.75</b>	+00:09:47 (40.2%)	14:20	4.2 (60.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas netto 1.7km	Czas brutto 1.7km	Różn	Tempo min/km	Tempo km/h
132	<b>MATYSIAK Marcin</b>	<b>92</b>	GAPMONT RUNNING TEAM	M30	48	00:11:16	<b>00:24:32.05</b>	<b>00:24:32.05</b>	+00:09:56 (40.5%)	14:25	4.2 (60.0%)
133	<b>ŁABUDA Dominika</b>	<b>306</b>	KAMIENNOGÓRSKA GRUPA BIEGOWA	K20	9	00:11:24	<b>00:24:41.50</b>	<b>00:24:41.50</b>	+00:10:05 (40.9%)	14:31	4.1 (58.6%)
134	<b>STRZELECKI Andrzej</b>	<b>138</b>	STS BIEGATON MIKOŁÓW	M40	27	00:11:47	<b>00:24:42.00</b>	<b>00:24:42.00</b>	+00:10:06 (40.9%)	14:31	4.1 (58.6%)
135	<b>BOCZKOWSKA Justyna</b>	<b>310</b>		K50	2	00:11:10	<b>00:24:53.05</b>	<b>00:24:53.05</b>	+00:10:17 (41.3%)	14:38	4.1 (58.6%)
136	<b>SZOPA Piotr</b>	<b>144</b>	ESKADRA KRAKÓW	M30	49	00:11:57	<b>00:25:10.55</b>	<b>00:25:10.55</b>	+00:10:34 (42.0%)	14:48	4.1 (58.6%)
137	<b>WALCZAK Maciej</b>	<b>155</b>	QUAY POZNAŃ	M30	50	00:11:28	<b>00:25:17.70</b>	<b>00:25:17.70</b>	+00:10:41 (42.3%)	14:52	4 (57.1%)
138	<b>PACHURA Kinga</b>	<b>327</b>	CENERIA.PL/GORYONLINE.COM	K40	5	00:11:28	<b>00:25:27.95</b>	<b>00:25:27.95</b>	+00:10:52 (42.7%)	14:58	4 (57.1%)
139	<b>BROL Piotr</b>	<b>21</b>	ENDURANCETEAM	M30	51	00:11:07	<b>00:25:29.30</b>	<b>00:25:29.30</b>	+00:10:53 (42.7%)	14:59	4 (57.1%)
140	<b>PODSADNIUK Mateusz</b>	<b>108</b>	EASY RUN KRAKÓW	M30	52	00:11:29	<b>00:25:30.75</b>	<b>00:25:30.75</b>	+00:10:54 (42.8%)	15:00	4 (57.1%)
141	<b>DWORNICKI Tomasz</b>	<b>37</b>	RYBNICKA GRUPA BIEGOWA	M40	28	00:11:43	<b>00:25:41.50</b>	<b>00:25:41.50</b>	+00:11:05 (43.2%)	15:06	4 (57.1%)
142	<b>HELLER Karina</b>	<b>318</b>	RUDA SZALONA	K30	7	00:11:46	<b>00:25:51.85</b>	<b>00:25:51.85</b>	+00:11:15 (43.6%)	15:12	3.9 (55.7%)
143	<b>KANIEWSKI Ireneusz</b>	<b>59</b>		M30	53	00:11:33	<b>00:25:52.20</b>	<b>00:25:52.20</b>	+00:11:16 (43.6%)	15:12	3.9 (55.7%)
144	<b>KOHUT Ivan</b>	<b>69</b>	HUSARIA RACE TEAM	M20	32	00:11:33	<b>00:25:53.05</b>	<b>00:25:53.05</b>	+00:11:17 (43.6%)	15:13	3.9 (55.7%)
145	<b>FLAGA Iwona</b>	<b>314</b>	ESKADRA KRAKÓW	K30	8	00:12:05	<b>00:26:19.10</b>	<b>00:26:19.10</b>	+00:11:43 (44.5%)	15:28	3.9 (55.7%)
146	<b>BANDER-PASZEK Katarzyna</b>	<b>342</b>		K30	9	00:11:50	<b>00:26:24.15</b>	<b>00:26:24.15</b>	+00:11:48 (44.7%)	15:31	3.9 (55.7%)
147	<b>JACHYMEK Bartłomiej</b>	<b>52</b>	JACEKBIEGA RUNNING TEAM	M40	29	00:11:41	<b>00:26:27.30</b>	<b>00:26:27.30</b>	+00:11:51 (44.8%)	15:33	3.9 (55.7%)
148	<b>RUSZCZYK Paweł</b>	<b>120</b>		M20	33	00:11:28	<b>00:26:33.40</b>	<b>00:26:33.40</b>	+00:11:57 (45.0%)	15:37	3.8 (54.3%)
149	<b>KURASIŃSKI Konrad</b>	<b>83</b>		M20	34	00:12:15	<b>00:26:39.85</b>	<b>00:26:39.85</b>	+00:12:03 (45.3%)	15:40	3.8 (54.3%)
150	<b>BUSZ Rafał</b>	<b>24</b>	UZDROWISKOWY TEAM	M30	54	00:12:42	<b>00:26:45.35</b>	<b>00:26:45.35</b>	+00:12:09 (45.4%)	15:44	3.8 (54.3%)
151	<b>SREBRNY Mirosław</b>	<b>166</b>		M40	30	00:12:41	<b>00:26:57.55</b>	<b>00:26:57.55</b>	+00:12:21 (45.9%)	15:51	3.8 (54.3%)
152	<b>KAPICA Dominik</b>	<b>60</b>		M20	35	00:12:01	<b>00:26:58.50</b>	<b>00:26:58.50</b>	+00:12:22 (45.9%)	15:51	3.8 (54.3%)
153	<b>SŁOBODA Elżbieta</b>	<b>331</b>	USTRZYKI DOLNE	K30	10	00:12:50	<b>00:29:20.30</b>	<b>00:29:20.30</b>	+00:14:44 (50.2%)	17:15	3.5 (50.0%)
154	<b>KONDRACIUK Katarzyna</b>	<b>321</b>	PIASECZYŃSKA FUNDACJA EKOLOGICZNA	K40	6	00:13:38	<b>00:30:55.05</b>	<b>00:30:55.05</b>	+00:16:19 (52.8%)	18:11	3.3 (47.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas netto 1.7km	Czas brutto 1.7km	Różn	Tempo min/km	Tempo km/h
155	<b>MAJCHER Beata</b>	<b>301</b>	ESKADRA KRAKÓW	K40	7	00:13:39	<b>00:30:55.60</b>	<b>00:30:55.60</b>	+00:16:19 (52.8%)	18:11	3.3 (47.1%)
156	<b>FARON Agnieszka</b>	<b>313</b>	NORAFSPORT	K30	11	00:13:40	<b>00:30:56.05</b>	<b>00:30:56.05</b>	+00:16:20 (52.8%)	18:11	3.3 (47.1%)
157	<b>DOMARADZKA Violetta</b>	<b>399</b>	RUN VEGAN TEAM	K30	12	00:14:07	<b>00:30:56.35</b>	<b>00:30:56.35</b>	+00:16:20 (52.8%)	18:11	3.3 (47.1%)

Znaleziono 157 wynik(ów)