



# ELIMINATOR 2017 - ETAP I

B4SPORT

**Event:** Eliminator 2017  
**Organiser:** Fundacja Bieg Rzeźnika  
**Date:** 2017-11-25  
**Place:** Ustroń  
**Distance:** 1.7 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Classification: M 30

Place	Participant	Number	Club	Category	MCat	Polowka 0.9km	Net time 1.7km	Czas brutto 1.7km	Gap	Pace min/km	Pace km/h
1	GRZĄDZIEL Dominik	2007	ATTIQ	M 30	1	00:06:56	<b>00:15:14.80</b>	<b>00:15:14.80</b>		8:57	6.7 (100%)
2	KOŃ Piotr	2006	ALPIN SPORT TEAM	M 30	2	00:07:04	<b>00:15:29.95</b>	<b>00:15:29.95</b>	+00:00:15 (1.6%)	9:06	6.6 (98.5%)
3	FALKOWSKI Krzysztof	2041	WOODWARD RUNNERS	M 30	3	00:07:21	<b>00:16:50.50</b>	<b>00:16:50.50</b>	+00:01:35 (9.5%)	9:54	6.1 (91.0%)
4	MIŚKIEWCZ Mariusz	2334		M 30	4	00:07:33	<b>00:17:00.65</b>	<b>00:17:00.65</b>	+00:01:45 (10.4%)	10:00	6 (89.6%)
5	KASZYCA Paweł	2320	IGLOO BOCANIA	M 30	5	00:08:10	<b>00:17:49.30</b>	<b>00:17:49.30</b>	+00:02:34 (14.4%)	10:28	5.7 (85.1%)
6	ULFIK Rafał	2225	ALPIN SOPRT TEAM/SKB KRAŚNIK	M 30	6	00:07:59	<b>00:17:56.10</b>	<b>00:17:56.10</b>	+00:02:41 (15.0%)	10:32	5.7 (85.1%)
7	GAWLAS Dominik	2337		M 30	7	00:08:15	<b>00:18:26.00</b>	<b>00:18:26.00</b>	+00:03:11 (17.3%)	10:50	5.5 (82.1%)
8	DZIDOWSKI Aleksander	2187	TG SOKÓŁ ZAKOPANE	M 30	8	00:08:06	<b>00:18:29.25</b>	<b>00:18:29.25</b>	+00:03:14 (17.5%)	10:52	5.5 (82.1%)
9	KUBACZKA Grzegorz	2138	WWW.AG-ARCHITEKCI.PL	M 30	9	00:08:17	<b>00:18:33.85</b>	<b>00:18:33.85</b>	+00:03:19 (17.9%)	10:54	5.5 (82.1%)
10	STACHURA Damian	2037	ZAGŁĘBIE LUBIN	M 30	10	00:08:22	<b>00:18:54.65</b>	<b>00:18:54.65</b>	+00:03:39 (19.4%)	11:07	5.4 (80.6%)
11	FLOREK Sebastian	2019	NORAFSPORT	M 30	11	00:08:27	<b>00:19:08.55</b>	<b>00:19:08.55</b>	+00:03:53 (20.4%)	11:15	5.3 (79.1%)
12	MADEJCZYK Marek	2168		M 30	12	00:08:43	<b>00:19:13.30</b>	<b>00:19:13.30</b>	+00:03:58 (20.7%)	11:18	5.3 (79.1%)
13	DZIĘGIELOWSKI Paweł	2236	HRMAX ŻORY	M 30	13	00:08:34	<b>00:19:15.15</b>	<b>00:19:15.15</b>	+00:04:00 (20.8%)	11:19	5.3 (79.1%)
14	PUZOŃ Robert	2234	NUTREND TEAM	M 30	14	00:08:38	<b>00:19:22.75</b>	<b>00:19:22.75</b>	+00:04:07 (21.3%)	11:23	5.3 (79.1%)
15	KRASULAK Daniel	2229	WKS ŚLĄSK WROCŁAW	M 30	15	00:08:41	<b>00:19:37.55</b>	<b>00:19:37.55</b>	+00:04:22 (22.3%)	11:32	5.2 (77.6%)
16	HATALA Mariusz	2218	BB RUNNERS HATI TEAM	M 30	16	00:09:21	<b>00:19:55.65</b>	<b>00:19:55.65</b>	+00:04:40 (23.5%)	11:42	5.1 (76.1%)
17	WANTUŁOK Mateusz	2267	UZDROWISKOWY TEAM	M 30	17	00:09:00	<b>00:20:05.40</b>	<b>00:20:05.40</b>	+00:04:50 (24.1%)	11:48	5.1 (76.1%)
18	PIĘTKA Tomasz	2330		M 30	18	00:09:13	<b>00:20:07.55</b>	<b>00:20:07.55</b>	+00:04:52 (24.2%)	11:50	5.1 (76.1%)
19	BADURA Adam	2017	FORMA WODZISŁAW ŚLĄSKI	M 30	19	00:09:20	<b>00:20:20.85</b>	<b>00:20:20.85</b>	+00:05:06 (25.1%)	11:57	5 (74.6%)
20	KOT Rafał	2067	GÓRAL Z MAZUR // KB JURUND SZCZYTNO	M 30	20	00:09:20	<b>00:20:21.75</b>	<b>00:20:21.75</b>	+00:05:06 (25.1%)	11:58	5 (74.6%)
21	KARGÓL Rafał	2295	LOGTECH TEAM RADZIONKÓW	M 30	21	00:09:00	<b>00:20:27.95</b>	<b>00:20:27.95</b>	+00:05:13 (25.5%)	12:01	5 (74.6%)
22	MURAWSKI Rafał	2317		M 30	22	00:09:25	<b>00:20:34.30</b>	<b>00:20:34.30</b>	+00:05:19 (25.9%)	12:05	5 (74.6%)
23	STAŃCZAK Grzegorz	2270		M 30	23	00:09:05	<b>00:20:37.65</b>	<b>00:20:37.65</b>	+00:05:22 (26.1%)	12:07	4.9 (73.1%)
24	CHRAPKIEWICZ Michał	2068	SBD ENERGETYK RYBNIK	M 30	24	00:09:22	<b>00:20:41.10</b>	<b>00:20:41.10</b>	+00:05:26 (26.3%)	12:10	4.9 (73.1%)
25	STOLECKI Grzegorz	2306	TRUCHTACZ MYSŁOWICE	M 30	25	00:09:09	<b>00:20:43.95</b>	<b>00:20:43.95</b>	+00:05:29 (26.5%)	12:11	4.9 (73.1%)
26	MATECKI Tomasz	2209		M 30	26	00:09:05	<b>00:20:45.70</b>	<b>00:20:45.70</b>	+00:05:30 (26.6%)	12:12	4.9 (73.1%)
27	KOS Tomasz	2262	PAŃSTWOWA STRAŻ POŻARNA BYTOM	M 30	27	00:09:33	<b>00:20:46.20</b>	<b>00:20:46.20</b>	+00:05:31 (26.6%)	12:12	4.9 (73.1%)
28	CIUPEK Remigiusz	2188	TAURUS30 CYCLING TEAM	M 30	28	00:09:30	<b>00:20:46.80</b>	<b>00:20:46.80</b>	+00:05:32 (26.6%)	12:12	4.9 (73.1%)
29	KOSTELA Piotr	2284	WATAHA	M 30	29	00:09:21	<b>00:20:47.75</b>	<b>00:20:47.75</b>	+00:05:32 (26.7%)	12:13	4.9 (73.1%)

Place	Participant	Number	Club	Category	MCat	Polowka 0.9km	Net	Czas	Gap	Pace	Pace
							time 1.7km	brutto 1.7km		min/km	km/h
30	<b>KOCHEL Paweł</b>	<b>2084</b>	KOWARY BIEGAJA	M 30	30	00:09:28	<b>00:20:51.10</b>	<b>00:20:51.10</b>	+00:05:36 (26.9%)	12:15	4.9 (73.1%)
31	<b>SZCZUREK Dominik</b>	<b>2178</b>	TKKF UKLEJNA MYŚLENICE	M 30	31	00:09:21	<b>00:20:52.15</b>	<b>00:20:52.15</b>	+00:05:37 (26.9%)	12:16	4.9 (73.1%)
32	<b>PETKIEWICZ Tomasz</b>	<b>2141</b>	STS BIEGATON MIKOŁÓW	M 30	32	00:09:37	<b>00:20:53.55</b>	<b>00:20:53.55</b>	+00:05:38 (27.0%)	12:17	4.9 (73.1%)
33	<b>KROSNY Sebastian</b>	<b>2020</b>	BODYDRY TEAM	M 30	33	00:09:31	<b>00:20:56.75</b>	<b>00:20:56.75</b>	+00:05:41 (27.2%)	12:18	4.9 (73.1%)
34	<b>WALCZYŃSKI Mariusz</b>	<b>2329</b>	HRMAX ŻORY	M 30	34	00:09:27	<b>00:20:59.20</b>	<b>00:20:59.20</b>	+00:05:44 (27.4%)	12:20	4.9 (73.1%)
35	<b>OLMA Przemysław</b>	<b>2169</b>	GONIACKA TEAM/ KS KANDAHAR	M 30	35		<b>00:21:00.45</b>	<b>00:21:00.45</b>	+00:05:45 (27.4%)	12:21	4.9 (73.1%)
36	<b>AGIEJCZYK Wojciech</b>	<b>2305</b>	APTIV RUNNING TEAM	M 30	36	00:09:25	<b>00:21:02.40</b>	<b>00:21:02.40</b>	+00:05:47 (27.5%)	12:22	4.8 (71.6%)
37	<b>BROL Marcin</b>	<b>2151</b>	MK TEAM	M 30	37	00:09:25	<b>00:21:15.30</b>	<b>00:21:15.30</b>	+00:06:00 (28.3%)	12:30	4.8 (71.6%)
38	<b>KOZIARSKI Michał</b>	<b>2309</b>	LKS SIERAKÓW ŚLĄSKI	M 30	38	00:09:25	<b>00:21:16.35</b>	<b>00:21:16.35</b>	+00:06:01 (28.3%)	12:30	4.8 (71.6%)
39	<b>RECZEK Sebastian</b>	<b>2102</b>	KS ZIELONO-CZARNI	M 30	39	00:09:24	<b>00:21:21.10</b>	<b>00:21:21.10</b>	+00:06:06 (28.6%)	12:33	4.8 (71.6%)
40	<b>KUŚMIERSKI Michał</b>	<b>2050</b>	ULTRA BESKID SPORT	M 30	40	00:09:58	<b>00:21:28.60</b>	<b>00:21:28.60</b>	+00:06:13 (29.0%)	12:37	4.8 (71.6%)
41	<b>MADEJA Piotr</b>	<b>2156</b>		M 30	41	00:09:35	<b>00:21:29.60</b>	<b>00:21:29.60</b>	+00:06:14 (29.1%)	12:38	4.7 (70.1%)
42	<b>CHMIEŁOWSKI Michał</b>	<b>2065</b>	GÓRSKIE PĘDZIWIATRY	M 30	42	00:09:36	<b>00:21:32.80</b>	<b>00:21:32.80</b>	+00:06:18 (29.2%)	12:40	4.7 (70.1%)
43	<b>THIER Dominik</b>	<b>2212</b>	JACEKBIEGA RUNNING TEAM / KS KANDAHAR	M 30	43	00:09:42	<b>00:21:36.35</b>	<b>00:21:36.35</b>	+00:06:21 (29.4%)	12:42	4.7 (70.1%)
43	<b>SZYDŁOWSKI Łukasz</b>	<b>2282</b>		M 30	44	00:09:44	<b>00:21:36.35</b>	<b>00:21:36.35</b>	+00:06:21 (29.4%)	12:42	4.7 (70.1%)
45	<b>KUSZELA Mateusz</b>	<b>2325</b>	ATAK LEWEJ ŁYDY	M 30	45	00:09:19	<b>00:21:36.95</b>	<b>00:21:36.95</b>	+00:06:22 (29.5%)	12:42	4.7 (70.1%)
46	<b>TOKAREWICZ Damian</b>	<b>2052</b>	ZEBRY	M 30	46	00:09:39	<b>00:21:38.80</b>	<b>00:21:38.80</b>	+00:06:24 (29.6%)	12:43	4.7 (70.1%)
47	<b>JASEK Piotr</b>	<b>2311</b>	-	M 30	47	00:09:47	<b>00:21:43.10</b>	<b>00:21:43.10</b>	+00:06:28 (29.8%)	12:46	4.7 (70.1%)
48	<b>KANIA Damian</b>	<b>2105</b>	MYSŁOWICKI KLUB BIEGACZA NO.I	M 30	48	00:09:47	<b>00:21:55.30</b>	<b>00:21:55.30</b>	+00:06:40 (30.4%)	12:53	4.7 (70.1%)
49	<b>GOLF Krystian</b>	<b>2072</b>	NEZRZESZONY	M 30	49	00:09:51	<b>00:21:58.85</b>	<b>00:21:58.85</b>	+00:06:44 (30.6%)	12:55	4.6 (68.7%)
50	<b>MOSTOWIK Marcin</b>	<b>2227</b>		M 30	50	00:09:34	<b>00:22:01.10</b>	<b>00:22:01.10</b>	+00:06:46 (30.8%)	12:57	4.6 (68.7%)
51	<b>BRÓG Wojciech</b>	<b>2048</b>		M 30	51	00:09:36	<b>00:22:01.20</b>	<b>00:22:01.20</b>	+00:06:46 (30.8%)	12:57	4.6 (68.7%)
52	<b>RADZIK Piotr</b>	<b>2021</b>		M 30	52	00:09:40	<b>00:22:02.45</b>	<b>00:22:02.45</b>	+00:06:47 (30.8%)	12:57	4.6 (68.7%)
53	<b>LISAK Wojciech</b>	<b>2201</b>		M 30	53	00:09:46	<b>00:22:06.00</b>	<b>00:22:06.00</b>	+00:06:51 (31.0%)	13:00	4.6 (68.7%)
54	<b>PYTLARZ Wojtek</b>	<b>2110</b>	NEVERLAND TEAM	M 30	54	00:09:51	<b>00:22:07.00</b>	<b>00:22:07.00</b>	+00:06:52 (31.1%)	13:00	4.6 (68.7%)
55	<b>KOZIEŁ Krzysztof</b>	<b>2314</b>	NIGHT RUNNERS GLIWICE	M 30	55	00:09:53	<b>00:22:07.70</b>	<b>00:22:07.70</b>	+00:06:52 (31.1%)	13:00	4.6 (68.7%)
56	<b>ŻABA Igor</b>	<b>2333</b>		M 30	56	00:10:10	<b>00:22:07.95</b>	<b>00:22:07.95</b>	+00:06:53 (31.1%)	13:00	4.6 (68.7%)
57	<b>RAJA Paweł</b>	<b>2264</b>	SKYRUNNING POLAND	M 30	57	00:09:43	<b>00:22:08.90</b>	<b>00:22:08.90</b>	+00:06:54 (31.2%)	13:01	4.6 (68.7%)
58	<b>SZKODA Dariusz</b>	<b>2171</b>	SOCIOS GÓRNIK	M 30	58	00:10:08	<b>00:22:10.60</b>	<b>00:22:10.60</b>	+00:06:55 (31.2%)	13:02	4.6 (68.7%)
59	<b>BASZAK Tomasz</b>	<b>2288</b>	SIŁAOGRA.PL	M 30	59	00:09:57	<b>00:22:11.50</b>	<b>00:22:11.50</b>	+00:06:56 (31.3%)	13:02	4.6 (68.7%)
60	<b>KROTLA Piotr</b>	<b>2126</b>		M 30	60	00:09:42	<b>00:22:12.20</b>	<b>00:22:12.20</b>	+00:06:57 (31.3%)	13:03	4.6 (68.7%)
61	<b>ŚWIŃCZYK Marcin</b>	<b>2184</b>		M 30	61	00:10:07	<b>00:22:18.55</b>	<b>00:22:18.55</b>	+00:07:03 (31.7%)	13:07	4.6 (68.7%)
62	<b>PODSADNIUK Mateusz</b>	<b>2031</b>	EASY RUN KRAKÓW	M 30	62	00:10:04	<b>00:22:21.00</b>	<b>00:22:21.00</b>	+00:07:06 (31.8%)	13:08	4.6 (68.7%)
63	<b>MIKULSKI Michał</b>	<b>2239</b>	GREMI BOCHNIA	M 30	63	00:09:56	<b>00:22:21.95</b>	<b>00:22:21.95</b>	+00:07:07 (31.8%)	13:08	4.6 (68.7%)
64	<b>HEDA Sebastian</b>	<b>2231</b>		M 30	64	00:10:17	<b>00:22:33.40</b>	<b>00:22:33.40</b>	+00:07:18 (32.4%)	13:15	4.5 (67.2%)
65	<b>WOJNO Arkadiusz</b>	<b>2115</b>	HUSARIA RACE TEAM	M 30	65	00:10:22	<b>00:22:35.05</b>	<b>00:22:35.05</b>	+00:07:20 (32.5%)	13:17	4.5 (67.2%)
66	<b>NIERADA Marcin</b>	<b>2263</b>		M 30	66	00:09:38	<b>00:22:41.05</b>	<b>00:22:41.05</b>	+00:07:26 (32.8%)	13:20	4.5 (67.2%)
67	<b>OLEKSIEWICZ Michał</b>	<b>2166</b>		M 30	67	00:10:07	<b>00:22:41.15</b>	<b>00:22:41.15</b>	+00:07:26 (32.8%)	13:20	4.5 (67.2%)
68	<b>GUZDEK Tomasz</b>	<b>2258</b>	STRAZ POZARNA BYTOM	M 30	68	00:10:05	<b>00:22:45.95</b>	<b>00:22:45.95</b>	+00:07:31 (33.0%)	13:22	4.5 (67.2%)
69	<b>PASUTO Grzegorz</b>	<b>2332</b>		M 30	69	00:10:27	<b>00:22:46.95</b>	<b>00:22:46.95</b>	+00:07:32 (33.1%)	13:23	4.5 (67.2%)
70	<b>MORAWSKI Grzegorz</b>	<b>2277</b>	TRENER24H.COM.PL	M 30	70	00:09:58	<b>00:22:47.90</b>	<b>00:22:47.90</b>	+00:07:33 (33.1%)	13:24	4.5 (67.2%)
71	<b>KOMANIECKI Łukasz</b>	<b>2157</b>		M 30	71	00:10:15	<b>00:22:50.45</b>	<b>00:22:50.45</b>	+00:07:35 (33.2%)	13:25	4.5 (67.2%)
72	<b>STACHURSKI Paweł</b>	<b>2104</b>		M 30	72	00:10:16	<b>00:22:50.80</b>	<b>00:22:50.80</b>	+00:07:36 (33.3%)	13:25	4.5 (67.2%)
73	<b>GURGUL Sebastian</b>	<b>2078</b>	AROMAT NÓG	M 30	73	00:10:10	<b>00:22:51.55</b>	<b>00:22:51.55</b>	+00:07:36 (33.3%)	13:26	4.5 (67.2%)

Place	Participant	Number	Club	Category	MCat	Polowka 0.9km	Net	Czas	Gap	Pace	Pace
							time 1.7km	brutto 1.7km		min/km	km/h
74	<b>KOZAR Michał</b>	<b>2185</b>		M 30	74	00:10:23	<b>00:22:54.00</b>	<b>00:22:54.00</b>	+00:07:39 (33.4%)	13:28	4.5 (67.2%)
75	<b>KNURA Aleksander</b>	<b>2252</b>	KW JASTRZĘBIE - ZDRÓJ	M 30	75	00:10:23	<b>00:22:54.90</b>	<b>00:22:54.90</b>	+00:07:40 (33.5%)	13:28	4.5 (67.2%)
76	<b>SZCZEPANIK Grzegorz</b>	<b>2058</b>	WILDEER	M 30	76	00:10:38	<b>00:22:56.35</b>	<b>00:22:56.35</b>	+00:07:41 (33.5%)	13:29	4.4 (65.7%)
77	<b>KUBERA Marcin</b>	<b>2285</b>	KUBERUN	M 30	77	00:10:13	<b>00:22:59.80</b>	<b>00:22:59.80</b>	+00:07:45 (33.7%)	13:31	4.4 (65.7%)
78	<b>PRASOŁ Marcin</b>	<b>2256</b>		M 30	78	00:10:27	<b>00:23:01.05</b>	<b>00:23:01.05</b>	+00:07:46 (33.8%)	13:32	4.4 (65.7%)
79	<b>SUDNIK Krzysztof</b>	<b>2300</b>		M 30	79	00:09:55	<b>00:23:01.15</b>	<b>00:23:01.15</b>	+00:07:46 (33.8%)	13:32	4.4 (65.7%)
80	<b>KOZIEŁ Grzegorz</b>	<b>2027</b>	SILESIA RUNNERS CLUB	M 30	80	00:10:53	<b>00:23:02.40</b>	<b>00:23:02.40</b>	+00:07:47 (33.8%)	13:32	4.4 (65.7%)
81	<b>LIS Radosław</b>	<b>2313</b>		M 30	81		<b>00:23:02.75</b>	<b>00:23:02.75</b>	+00:07:47 (33.8%)	13:32	4.4 (65.7%)
82	<b>KUSZKA Michał</b>	<b>2016</b>	BBL MIKOŁÓW	M 30	82	00:10:51	<b>00:23:03.70</b>	<b>00:23:03.70</b>	+00:07:48 (33.9%)	13:33	4.4 (65.7%)
83	<b>LIWOCH Sebastian</b>	<b>2061</b>		M 30	83	00:10:09	<b>00:23:07.15</b>	<b>00:23:07.15</b>	+00:07:52 (34.1%)	13:35	4.4 (65.7%)
84	<b>RACZYŃSKI Bogusz</b>	<b>2087</b>	TIGERS TEAM	M 30	84	00:10:21	<b>00:23:16.15</b>	<b>00:23:16.15</b>	+00:08:01 (34.5%)	13:41	4.4 (65.7%)
85	<b>STASIK Krzysztof</b>	<b>2179</b>	LOGTECH SPORT TEAM RADZIONKÓW	M 30	85	00:10:28	<b>00:23:17.70</b>	<b>00:23:17.70</b>	+00:08:02 (34.5%)	13:41	4.4 (65.7%)
86	<b>DURAŁ Grzegorz</b>	<b>2228</b>	TRENING ULTRASA	M 30	86	00:10:48	<b>00:23:21.20</b>	<b>00:23:21.20</b>	+00:08:06 (34.7%)	13:44	4.4 (65.7%)
87	<b>SZUKAŁA Damian</b>	<b>2123</b>	ŻARY RUNNERS TEAM	M 30	87	00:10:42	<b>00:23:23.85</b>	<b>00:23:23.85</b>	+00:08:09 (34.8%)	13:45	4.4 (65.7%)
88	<b>LEWANDOWSKI Paweł</b>	<b>2150</b>		M 30	88	00:10:36	<b>00:23:27.65</b>	<b>00:23:27.65</b>	+00:08:12 (35.0%)	13:47	4.3 (64.2%)
89	<b>OKOŃ Łukasz</b>	<b>2241</b>		M 30	89	00:09:58	<b>00:23:28.75</b>	<b>00:23:28.75</b>	+00:08:13 (35.1%)	13:48	4.3 (64.2%)
90	<b>GLISZCZYŃSKI Paweł</b>	<b>2135</b>	ORZEŁ BIAŁY S.A.	M 30	90	00:10:25	<b>00:23:30.60</b>	<b>00:23:30.60</b>	+00:08:15 (35.1%)	13:49	4.3 (64.2%)
91	<b>GAUDYN Andrzej</b>	<b>2152</b>		M 30	91	00:10:33	<b>00:23:32.30</b>	<b>00:23:32.30</b>	+00:08:17 (35.2%)	13:50	4.3 (64.2%)
92	<b>SZYMCZAK Łukasz</b>	<b>2244</b>	SSW TEAM KROŚNICE	M 30	92	00:10:53	<b>00:23:33.20</b>	<b>00:23:33.20</b>	+00:08:18 (35.3%)	13:51	4.3 (64.2%)
93	<b>TOMCZYK Tomasz</b>	<b>2161</b>	RMF 4RACING OCR	M 30	93	00:10:52	<b>00:23:33.75</b>	<b>00:23:33.75</b>	+00:08:18 (35.3%)	13:51	4.3 (64.2%)
94	<b>GURGUL Mateusz</b>	<b>2113</b>	AROMAT NÓG	M 30	94	00:10:40	<b>00:23:41.45</b>	<b>00:23:41.45</b>	+00:08:26 (35.6%)	13:55	4.3 (64.2%)
95	<b>SEMMERLING Przemysław</b>	<b>2274</b>	GÓRSKIE PEDZIWIATRY	M 30	95	00:10:35	<b>00:23:43.40</b>	<b>00:23:43.40</b>	+00:08:28 (35.7%)	13:57	4.3 (64.2%)
96	<b>TOL Kamil</b>	<b>2220</b>	MAFIA TEAM LUBLINIEC	M 30	96	00:10:18	<b>00:23:47.50</b>	<b>00:23:47.50</b>	+00:08:32 (35.9%)	13:59	4.3 (64.2%)
97	<b>KARAŚ Michał</b>	<b>2044</b>	GOOL GORCE NOWY TARG	M 30	97	00:10:40	<b>00:23:49.35</b>	<b>00:23:49.35</b>	+00:08:34 (36.0%)	14:00	4.3 (64.2%)
98	<b>LEŚNIAK Tomasz</b>	<b>2063</b>	KRZYWDA TEAM	M 30	98	00:10:52	<b>00:23:54.35</b>	<b>00:23:54.35</b>	+00:08:39 (36.2%)	14:03	4.3 (64.2%)
99	<b>DAWIDOWICZ Krzysztof</b>	<b>2164</b>	FREEWAY	M 30	99	00:10:27	<b>00:23:55.30</b>	<b>00:23:55.30</b>	+00:08:40 (36.3%)	14:04	4.3 (64.2%)
100	<b>KOŚMIDER Tomasz</b>	<b>2293</b>	SPARTANIE DZIECIOM	M 30	100	00:10:24	<b>00:23:57.65</b>	<b>00:23:57.65</b>	+00:08:42 (36.4%)	14:05	4.3 (64.2%)
101	<b>STOLARSKI Paweł</b>	<b>2094</b>	ROZBIEGAMY TO MIASTO - CZECHOWICE-DZIEDZICE	M 30	101	00:10:52	<b>00:24:01.00</b>	<b>00:24:01.00</b>	+00:08:46 (36.5%)	14:07	4.2 (62.7%)
102	<b>GRAJEK Marek</b>	<b>2175</b>		M 30	102	00:10:06	<b>00:24:02.60</b>	<b>00:24:02.60</b>	+00:08:47 (36.6%)	14:08	4.2 (62.7%)
103	<b>WILK Tomasz</b>	<b>2251</b>	MOMNATOCAŁEŻYCIE	M 30	103	00:10:46	<b>00:24:04.45</b>	<b>00:24:04.45</b>	+00:08:49 (36.7%)	14:09	4.2 (62.7%)
104	<b>RESPONDEK Marcin</b>	<b>2090</b>	LECYMY DURŚ	M 30	104	00:10:40	<b>00:24:06.15</b>	<b>00:24:06.15</b>	+00:08:51 (36.7%)	14:10	4.2 (62.7%)
105	<b>KAWULOK Adrian</b>	<b>2176</b>		M 30	105	00:10:58	<b>00:24:19.60</b>	<b>00:24:19.60</b>	+00:09:04 (37.3%)	14:18	4.2 (62.7%)
106	<b>HORA Grzegorz</b>	<b>2193</b>		M 30	106	00:11:11	<b>00:24:25.85</b>	<b>00:24:25.85</b>	+00:09:11 (37.6%)	14:21	4.2 (62.7%)
107	<b>KLATE Łukasz</b>	<b>2111</b>	ŁÓDŹ KOCHA SPORT	M 30	107	00:10:57	<b>00:24:38.10</b>	<b>00:24:38.10</b>	+00:09:23 (38.1%)	14:29	4.1 (61.2%)
108	<b>KADŁUBEK Aleksander</b>	<b>2254</b>	TKTJ	M 30	108	00:10:51	<b>00:24:40.75</b>	<b>00:24:40.75</b>	+00:09:25 (38.2%)	14:30	4.1 (61.2%)
109	<b>ZAJDEL Michał</b>	<b>2246</b>	INO JO	M 30	109	00:10:55	<b>00:24:42.25</b>	<b>00:24:42.25</b>	+00:09:27 (38.3%)	14:31	4.1 (61.2%)
110	<b>JABŁOŃSKI Sebastian</b>	<b>2208</b>	POSITIV VIBRATION	M 30	110	00:10:56	<b>00:24:47.90</b>	<b>00:24:47.90</b>	+00:09:33 (38.5%)	14:34	4.1 (61.2%)
111	<b>KWIATKOWSKI Kajetan</b>	<b>2109</b>	BIGYELLOWFOOT ADVENTURE TEAM	M 30	111	00:11:25	<b>00:24:50.05</b>	<b>00:24:50.05</b>	+00:09:35 (38.6%)	14:36	4.1 (61.2%)
112	<b>KRASOŃ Rafał</b>	<b>2092</b>	LECYMY DURŚ	M 30	112	00:11:27	<b>00:24:52.45</b>	<b>00:24:52.45</b>	+00:09:37 (38.7%)	14:37	4.1 (61.2%)
113	<b>KORNAŚ Marcin</b>	<b>2219</b>	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	M 30	113	00:11:26	<b>00:24:53.90</b>	<b>00:24:53.90</b>	+00:09:39 (38.8%)	14:38	4.1 (61.2%)
114	<b>JAWORSKI Jarosław</b>	<b>2273</b>		M 30	114	00:10:50	<b>00:24:59.05</b>	<b>00:24:59.05</b>	+00:09:44 (39.0%)	14:41	4.1 (61.2%)
115	<b>PIOSEK Grzegorz</b>	<b>2195</b>	LOGTECH RUN TEAM RADZIONKÓW	M 30	115	00:10:48	<b>00:25:21.05</b>	<b>00:25:21.05</b>	+00:10:06 (39.9%)	14:54	4 (59.7%)
116	<b>ROGOSZ Marcin</b>	<b>2076</b>	SOCIOS GÓRNIK	M 30	116	00:11:33	<b>00:25:25.65</b>	<b>00:25:25.65</b>	+00:10:10 (40.0%)	14:57	4 (59.7%)
117	<b>SEWINA Dominik</b>	<b>2106</b>	KARATE TSUNAMI BYDGOSZCZ	M 30	117	00:11:44	<b>00:25:42.45</b>	<b>00:25:42.45</b>	+00:10:27 (40.7%)	15:07	4 (59.7%)

Place	Participant	Number	Club	Category	MCat	Polowka 0.9km	Net time 1.7km	Czas brutto 1.7km	Gap	Pace min/km	Pace km/h
118	<b>ZIELIŃSKI Łukasz</b>	<b>2128</b>		M 30	118	00:11:29	<b>00:26:00.45</b>	<b>00:26:00.45</b>	+00:10:45 (41.4%)	15:17	3.9 (58.2%)
119	<b>GRABALSKI Dariusz</b>	<b>2265</b>		M 30	119	00:11:08	<b>00:26:30.30</b>	<b>00:26:30.30</b>	+00:11:15 (42.5%)	15:35	3.8 (56.7%)
120	<b>SMOROŃ Krzysztof</b>	<b>2204</b>		M 30	120	00:11:58	<b>00:26:35.10</b>	<b>00:26:35.10</b>	+00:11:20 (42.6%)	15:38	3.8 (56.7%)
121	<b>LOMBARSKI Łukasz</b>	<b>2245</b>	SSW TEAM KROŚNICE	M 30	121	00:12:36	<b>00:27:47.50</b>	<b>00:27:47.50</b>	+00:12:32 (45.1%)	16:20	3.7 (55.2%)
122	<b>SZŁĘZAK Piotr</b>	<b>2253</b>		M 30	122	00:12:06	<b>00:27:52.45</b>	<b>00:27:52.45</b>	+00:12:37 (45.3%)	16:23	3.7 (55.2%)
123	<b>WITA Krzysztof</b>	<b>2250</b>	FORMA WODZISŁAW ŚLĄSKI	M 30	123	00:12:01	<b>00:28:14.10</b>	<b>00:28:14.10</b>	+00:12:59 (46.0%)	16:36	3.6 (53.7%)
124	<b>NÓŻKA Andrzej</b>	<b>2214</b>		M 30	124	00:12:26	<b>00:28:17.50</b>	<b>00:28:17.50</b>	+00:13:02 (46.1%)	16:38	3.6 (53.7%)
125	<b>ŻMUDKA Bartek</b>	<b>2321</b>		M 30	125	00:12:34	<b>00:28:20.95</b>	<b>00:28:20.95</b>	+00:13:06 (46.2%)	16:40	3.6 (53.7%)
126	<b>DŁUGOSZ Marek</b>	<b>2071</b>		M 30	126	00:12:49	<b>00:28:49.10</b>	<b>00:28:49.10</b>	+00:13:34 (47.1%)	16:57	3.5 (52.2%)
127	<b>KOZICKI Jacek</b>	<b>2331</b>		M 30	127	00:12:41	<b>00:29:23.30</b>	<b>00:29:23.30</b>	+00:14:08 (48.1%)	17:17	3.5 (52.2%)
128	<b>MĄDRZYK Daniel</b>	<b>2108</b>		M 30	128	00:12:50	<b>00:30:19.30</b>	<b>00:30:19.30</b>	+00:15:04 (49.7%)	17:50	3.4 (50.7%)
129	<b>BIEDNY Szymon</b>	<b>2199</b>	RZADKO SMUTNI	M 30	129	00:13:52	<b>00:32:36.00</b>	<b>00:32:36.00</b>	+00:17:21 (53.2%)	19:10	3.1 (46.3%)
130	<b>HONKISZ Sebastian</b>	<b>2136</b>		M 30	130	00:15:04	<b>00:34:18.70</b>	<b>00:34:18.70</b>	+00:19:03 (55.6%)	20:10	3 (44.8%)
131	<b>WOJCIECH Piotr</b>	<b>2086</b>	BIEGAM ŻEBY BARTEK MÓGŁ CHODZIĆ	M 30	131	00:17:49	<b>00:39:20.35</b>	<b>00:39:20.35</b>	+00:24:05 (61.2%)	23:08	2.6 (38.8%)

Total 131 results.