



ELIMINATOR 2017 - ETAP II

B4SPORT

Wydarzenie: Eliminator 2017
Organizator: Fundacja Bieg Rzeźnika
Data: 2017-11-25
Miejsce: Ustroń
Dystans: 1.7 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas netto 1.7km	Czas brutto 1.7km	Różn	Tempo min/km	Tempo km/h
1	PRZEDWOJEWSKI Bartłomiej	2003	MULKS JUVENIA GŁUCHOŁAZY	M20	1	00:06:47	00:15:08.35	00:15:08.35		8:54	6.7 (100%)
2	MALINA Dawid	2001	INŻYNIERIA BIEGANIA - TWÓJ TRENER BIEGOWY!	M20	2	00:07:11	00:15:31.75	00:15:31.75	+00:00:23 (2.5%)	9:07	6.6 (98.5%)
3	RZAŚA Franciszek	2287	TKN TATRA TEAM	M20	3	00:07:17	00:15:33.75	00:15:33.75	+00:00:25 (2.7%)	9:08	6.6 (98.5%)
4	BODURKA Krzysztof	2004	ALPIN SPORT TEAM	M20	4	00:07:16	00:15:38.85	00:15:38.85	+00:00:30 (3.2%)	9:11	6.5 (97.0%)
5	GRZĄDZIEL Dominik	2007	ATTIQ	M30	1	00:07:20	00:15:52.40	00:15:52.40	+00:00:44 (4.6%)	9:20	6.4 (95.5%)
6	KOŃ Piotr	2006	ALPIN SPORT TEAM	M30	2	00:07:46	00:16:08.75	00:16:08.75	+00:01:00 (6.2%)	9:29	6.3 (94.0%)
7	JAWORSKI Zbigniew	2080		M40	1	00:07:31	00:16:15.05	00:16:15.05	+00:01:06 (6.8%)	9:33	6.3 (94.0%)
8	GRACZ Bogusław	2328		M40	2	00:07:37	00:16:24.70	00:16:24.70	+00:01:16 (7.8%)	9:38	6.2 (92.5%)
9	BIERNAWSKI Piotr	2005	ATTIQ	M40	3	00:07:35	00:16:33.15	00:16:33.15	+00:01:24 (8.5%)	9:44	6.2 (92.5%)
10	GAWROŃSKI Tomasz	2008	UMKS NADIR JĘDRZEJÓW	M20	5	00:07:46	00:16:43.30	00:16:43.30	+00:01:34 (9.5%)	9:50	6.1 (91.0%)
11	KUBICA Marcin	2237	INOV-8 TEAM	M20	6	00:07:32	00:16:53.10	00:16:53.10	+00:01:44 (10.3%)	9:55	6 (89.6%)
12	MIŚKIEWCZ Mariusz	2334		M30	3	00:07:42	00:17:04.70	00:17:04.70	+00:01:56 (11.4%)	10:02	6 (89.6%)
13	FALKOWSKI Krzysztof	2041	WOODWARD RUNNERS	M30	4	00:07:57	00:17:26.20	00:17:26.20	+00:02:17 (13.2%)	10:15	5.9 (88.1%)
14	URBAŃCZYK Karol	2290	NIGHT RUNNERS GLIWICE	M20	7	00:08:03	00:17:28.45	00:17:28.45	+00:02:20 (13.4%)	10:16	5.8 (86.6%)
15	KASZYCA Paweł	2320	IGLOO BOCANIA	M30	5	00:08:19	00:17:44.95	00:17:44.95	+00:02:36 (14.7%)	10:25	5.8 (86.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
16	FARON Robert	2002	SALCO GARMIN TEAM	M40	4	00:08:03	00:17:49.20	00:17:49.20	+00:02:40 (15.0%)	10:28	5.7 (85.1%)
17	KUBERA Bartłomiej	2192	FORUMRUN	M20	8	00:08:19	00:17:51.05	00:17:51.05	+00:02:42 (15.2%)	10:30	5.7 (85.1%)
18	HUZIOR Piotr	2316	ATTIQ / SALMING	M40	5	00:08:18	00:17:51.10	00:17:51.10	+00:02:42 (15.2%)	10:30	5.7 (85.1%)
19	WRÓBEL Tomasz	2303	MKS-R CENTRUM DZIENGIEL	M40	6	00:08:11	00:17:58.80	00:17:58.80	+00:02:50 (15.8%)	10:34	5.7 (85.1%)
20	ELANTKOWSKI Jan	2230	TKN TATRA TEAM	M20	9	00:08:39	00:18:09.10	00:18:09.10	+00:03:00 (16.6%)	10:40	5.6 (83.6%)
21	POPIELARSKI Kubuś	2283	TKN TATRA TEAM	M20	10	00:08:39	00:18:09.20	00:18:09.20	+00:03:00 (16.6%)	10:40	5.6 (83.6%)
22	PORĘBSKI Rafał	2095	EVIL TEAM	M40	7	00:08:07	00:18:12.15	00:18:12.15	+00:03:03 (16.8%)	10:42	5.6 (83.6%)
23	SAWICKI Kacper	2281	TKN TATRA TEAM	M20	11	00:08:39	00:18:12.35	00:18:12.35	+00:03:04 (16.8%)	10:42	5.6 (83.6%)
24	MAGIERA Janusz	2117	FORMA WODZISŁAW ŚLĄSKI	M50	1	00:08:27	00:18:15.05	00:18:15.05	+00:03:06 (17.0%)	10:44	5.6 (83.6%)
25	GRUDZIĘŃ Krzysztof	2278		M40	8	00:08:42	00:18:18.95	00:18:18.95	+00:03:10 (17.3%)	10:45	5.6 (83.6%)
26	BONIEC Radosław	2174		M20	12	00:08:13	00:18:19.20	00:18:19.20	+00:03:10 (17.4%)	10:46	5.6 (83.6%)
27	ULFIK Rafał	2225	ALPIN SOPRT TEAM/SKB KRAŚNIK	M30	6	00:08:25	00:18:26.95	00:18:26.95	+00:03:18 (17.9%)	10:50	5.5 (82.1%)
28	WIŚNIEWSKA-ULFIK Dominika	1002	ALPIN SPORT TEAM/SKB KRAŚNIK	K30	1	00:08:18	00:18:28.60	00:18:28.60	+00:03:20 (18.1%)	10:51	5.5 (82.1%)
29	KUBACZKA Grzegorz	2138	WWW.AG-ARCHITEKCI.PL	M30	7	00:08:40	00:18:46.20	00:18:46.20	+00:03:37 (19.3%)	11:02	5.4 (80.6%)
30	DZIDOWSKI Aleksander	2187	TG SOKÓŁ ZAKOPANE	M30	8	00:08:31	00:18:48.30	00:18:48.30	+00:03:39 (19.5%)	11:03	5.4 (80.6%)
31	JANUSZYK Iwona	1012		K20	1	00:08:43	00:18:57.55	00:18:57.55	+00:03:49 (20.1%)	11:08	5.4 (80.6%)
32	GAWLAS Dominik	2337		M30	9	00:08:58	00:19:02.70	00:19:02.70	+00:03:54 (20.5%)	11:11	5.4 (80.6%)
33	PUZOŃ Robert	2234	NUTREND TEAM	M30	10	00:08:46	00:19:05.40	00:19:05.40	+00:03:57 (20.7%)	11:13	5.3 (79.1%)
34	SEDLAK Michał	2009	LUBIĘ TO BIEGANIE	M40	9	00:09:01	00:19:11.55	00:19:11.55	+00:04:03 (21.1%)	11:17	5.3 (79.1%)
35	KNUTELSKI Błażej	2335		M20	13	00:08:38	00:19:17.95	00:19:17.95	+00:04:09 (21.6%)	11:20	5.3 (79.1%)
36	PLOCH Jakub	2153	NIGHT RUNNERS ZABRZE	M20	14	00:08:56	00:19:19.45	00:19:19.45	+00:04:11 (21.7%)	11:21	5.3 (79.1%)
37	SOKOŁOWSKI Marek	2085	ALPIN SPORT TEAM	M40	10	00:09:03	00:19:21.30	00:19:21.30	+00:04:12 (21.8%)	11:22	5.3 (79.1%)
38	BROJ Marcel	2146	BROJ TEAM ŻLINICE	M20	15	00:09:12	00:19:23.10	00:19:23.10	+00:04:14 (21.9%)	11:24	5.3 (79.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
39	FLOREK Sebastian	2019	NORAFSPORT	M30	11	00:09:06	00:19:26.75	00:19:26.75	+00:04:18 (22.1%)	11:25	5.2 (77.6%)
40	STACHURA Damian	2037	ZAGŁĘBIE LUBIN	M30	12	00:08:48	00:19:27.40	00:19:27.40	+00:04:19 (22.2%)	11:26	5.2 (77.6%)
40	GALMAN Adam	2275		M40	11	00:08:56	00:19:27.40	00:19:27.40	+00:04:19 (22.2%)	11:26	5.2 (77.6%)
42	STEC Jakub	2198	ULTRA BESKID SPORT	M20	16	00:08:50	00:19:28.30	00:19:28.30	+00:04:19 (22.3%)	11:27	5.2 (77.6%)
43	PETKIEWICZ Tomasz	2141	STS BIEGATON MIKOŁÓW	M30	13	00:09:21	00:19:29.50	00:19:29.50	+00:04:21 (22.3%)	11:27	5.2 (77.6%)
44	GRUSZCZYŃSKI Artur	2116		M40	12	00:08:57	00:19:31.80	00:19:31.80	+00:04:23 (22.5%)	11:28	5.2 (77.6%)
45	DZIĘGIELOWSKI Paweł	2236	HRMAX ŻORY	M30	14	00:09:03	00:19:35.10	00:19:35.10	+00:04:26 (22.7%)	11:31	5.2 (77.6%)
46	KUBALA Tomasz	2224	PRESSING BIKE-SYSTEM ICE-WENT TEAM	M40	13	00:09:00	00:19:35.35	00:19:35.35	+00:04:27 (22.7%)	11:31	5.2 (77.6%)
47	WOJCIECHOWSKI Krzysztof	2226	TKN TATRA TEAM	M20	17	00:09:15	00:19:35.95	00:19:35.95	+00:04:27 (22.8%)	11:31	5.2 (77.6%)
48	MENDECKA Michalina	1005	MOSIR ŁAZISKA GÓRNE/ 1 SECOND TEAM	K20	2	00:08:55	00:19:39.35	00:19:39.35	+00:04:31 (23.0%)	11:33	5.2 (77.6%)
49	SAWICKI Szymon	2280		M40	14	00:09:16	00:19:46.15	00:19:46.15	+00:04:37 (23.4%)	11:37	5.2 (77.6%)
50	HATALA Mariusz	2218	BB RUNNERS HATI TEAM	M30	15	00:09:21	00:19:48.35	00:19:48.35	+00:04:40 (23.6%)	11:38	5.2 (77.6%)
51	MADEJCZYK Marek	2168		M30	16	00:09:16	00:19:48.55	00:19:48.55	+00:04:40 (23.6%)	11:38	5.2 (77.6%)
52	ŁUPIEŻOWIEC Piotr	2322	MKS CENTRUM DZIĘGIELÓW	M40	15	00:09:18	00:19:52.75	00:19:52.75	+00:04:44 (23.8%)	11:41	5.1 (76.1%)
53	KARGÓL Rafał	2295	LOGTECH TEAM RADZIONKÓW	M30	17	00:09:05	00:19:56.90	00:19:56.90	+00:04:48 (24.1%)	11:43	5.1 (76.1%)
54	WANTULOK Mateusz	2267	UZDROWISKOWY TEAM	M30	18	00:09:19	00:19:58.25	00:19:58.25	+00:04:49 (24.2%)	11:44	5.1 (76.1%)
55	PIĘTKA Tomasz	2330		M30	19	00:09:17	00:19:59.90	00:19:59.90	+00:04:51 (24.3%)	11:45	5.1 (76.1%)
56	NIEMCZYK Magdalena	1042		K20	3	00:09:16	00:20:02.35	00:20:02.35	+00:04:54 (24.5%)	11:47	5.1 (76.1%)
57	KOKOT Krzysztof	2011	HRMAX ŻORY	M40	16	00:09:27	00:20:03.50	00:20:03.50	+00:04:55 (24.5%)	11:47	5.1 (76.1%)
58	PYTEL Janusz	2160	SOKÓŁZAKOPANE	M50	2	00:09:16	00:20:07.50	00:20:07.50	+00:04:59 (24.8%)	11:50	5.1 (76.1%)
59	MATECKI Tomasz	2209		M30	20	00:09:08	00:20:08.65	00:20:08.65	+00:05:00 (24.8%)	11:50	5.1 (76.1%)
60	BADURA Adam	2017	FORMA WODZISŁAW ŚLĄSKI	M30	21	00:09:27	00:20:11.45	00:20:11.45	+00:05:03 (25.0%)	11:52	5.1 (76.1%)
61	SOBOLA Grzegorz	2272	4DRINKI	M20	18	00:09:24	00:20:12.45	00:20:12.45	+00:05:04 (25.1%)	11:52	5 (74.6%)

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							netto 1.7km	brutto 1.7km			
62	KIK Iwona	1001	DANIEL WOSIK TERVEL TEAM / KW KRAKÓW	K30	2	00:09:10	00:20:15.75	00:20:15.75	+00:05:07 (25.3%)	11:54	5 (74.6%)
63	BROL Marcin	2151	MK TEAM	M30	22	00:09:13	00:20:16.40	00:20:16.40	+00:05:08 (25.3%)	11:55	5 (74.6%)
64	SNARSKI Dariusz	2039		M40	17	00:09:25	00:20:17.95	00:20:17.95	+00:05:09 (25.4%)	11:55	5 (74.6%)
65	KROSNY Sebastian	2020	BODYDRY TEAM	M30	23	00:09:22	00:20:28.95	00:20:28.95	+00:05:20 (26.1%)	12:02	5 (74.6%)
66	STOLECKI Grzegorz	2306	TRUCHTACZ MYSŁOWICE	M30	24	00:09:10	00:20:30.40	00:20:30.40	+00:05:22 (26.2%)	12:03	5 (74.6%)
67	DĄBROWSKI Piotr	2042	SBBP-ŁOSIE	M40	18	00:09:24	00:20:31.35	00:20:31.35	+00:05:23 (26.2%)	12:04	5 (74.6%)
68	KRASULAK Daniel	2229	WKS ŚLĄSK WROCŁAW	M30	25	00:09:31	00:20:32.40	00:20:32.40	+00:05:24 (26.3%)	12:04	5 (74.6%)
69	KOT Rafał	2067	GÓRAL Z MAZUR // KB JURUND SZCZYTNO	M30	26	00:09:31	00:20:33.15	00:20:33.15	+00:05:24 (26.3%)	12:05	5 (74.6%)
70	BUCZYŃSKI Adam	2291	NOKIA KRAKOW TEAM	M40	19	00:09:41	00:20:34.00	00:20:34.00	+00:05:25 (26.4%)	12:05	5 (74.6%)
71	FERENC Janusz	2070	UKS LUDWIKOWICE	M60	1	00:09:30	00:20:35.75	00:20:35.75	+00:05:27 (26.5%)	12:06	5 (74.6%)
72	CIUPEK Remigiusz	2188	TAURUS30 CYCLING TEAM	M30	27	00:09:29	00:20:36.15	00:20:36.15	+00:05:27 (26.5%)	12:07	5 (74.6%)
73	HORZELA Błażej	2149	BETA-TRANS	M20	19	00:09:25	00:20:38.30	00:20:38.30	+00:05:29 (26.6%)	12:08	4.9 (73.1%)
74	KOCHEL Paweł	2084	KOWARY BIEGAJĄ	M30	28	00:09:36	00:20:44.40	00:20:44.40	+00:05:36 (27.0%)	12:11	4.9 (73.1%)
75	WÓJCIK Adam	2120		M20	20	00:09:48	00:20:45.75	00:20:45.75	+00:05:37 (27.1%)	12:12	4.9 (73.1%)
76	RECZEK Sebastian	2102	KS ZIELONO-CZARNI	M30	29	00:09:34	00:20:48.70	00:20:48.70	+00:05:40 (27.3%)	12:14	4.9 (73.1%)
77	CHRAPKIEWICZ Michał	2068	SBD ENERGETYK RYBNIK	M30	30	00:09:47	00:20:49.30	00:20:49.30	+00:05:40 (27.3%)	12:14	4.9 (73.1%)
78	DYLAĞ Wojciech	2301	KS LIMANOWA FORREST	M20	21	00:09:27	00:20:49.60	00:20:49.60	+00:05:41 (27.3%)	12:14	4.9 (73.1%)
79	KNAP Mateusz	2012	SCARPA TEAM POLSKA/ KS KANDAHAR	M20	22	00:09:50	00:20:50.00	00:20:50.00	+00:05:41 (27.3%)	12:15	4.9 (73.1%)
80	NOSALIK Marek	2222	MTA	M50	3	00:09:37	00:20:50.65	00:20:50.65	+00:05:42 (27.4%)	12:15	4.9 (73.1%)
81	MURAWSKI Rafał	2317		M30	31	00:09:40	00:20:51.30	00:20:51.30	+00:05:42 (27.4%)	12:15	4.9 (73.1%)
82	PUDŁO Mateusz	2286	HUSARIA RACE TEAM	M20	23	00:09:33	00:20:51.65	00:20:51.65	+00:05:43 (27.4%)	12:15	4.9 (73.1%)
83	PIECHA Artur	2304	T-MOBILE RUNNING TEAM	M40	20	00:09:35	00:20:52.70	00:20:52.70	+00:05:44 (27.5%)	12:16	4.9 (73.1%)
84	DOMISZEWSKA Maria	1064		K50	1	00:09:25	00:20:52.85	00:20:52.85	+00:05:44 (27.5%)	12:16	4.9 (73.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas	Czas	Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
85	OLMA Przemysław	2169	GONIACKA TEAM/ KS KANDAHAR	M30	32	00:09:31	00:20:53.10	00:20:53.10	+00:05:44 (27.5%)	12:17	4.9 (73.1%)
86	JANDZIŚ Wiesław	2181	AKTYWNY DYNÓW	M40	21	00:09:48	00:20:55.10	00:20:55.10	+00:05:46 (27.6%)	12:18	4.9 (73.1%)
87	GOŚCINIEWICZ Paweł	2035	ZIEMOWIT TEAM	M40	22	00:09:43	00:20:55.70	00:20:55.70	+00:05:47 (27.7%)	12:18	4.9 (73.1%)
88	AGIEJCZYK Wojciech	2305	APTIV RUNNING TEAM	M30	33	00:09:39	00:20:56.65	00:20:56.65	+00:05:48 (27.7%)	12:18	4.9 (73.1%)
89	KOPIEC Roland	2296	ŁAZISKA GÓRNE	M20	24	00:09:09	00:20:57.55	00:20:57.55	+00:05:49 (27.8%)	12:19	4.9 (73.1%)
89	KOSTELA Piotr	2284	WATAHA	M30	34	00:09:34	00:20:57.55	00:20:57.55	+00:05:49 (27.8%)	12:19	4.9 (73.1%)
91	WALCZYŃSKI Mariusz	2329	HRMAX ŻORY	M30	35	00:10:01	00:21:00.00	00:21:00.00	+00:05:51 (27.9%)	12:21	4.9 (73.1%)
92	KWIATEK Dawid	2243		M20	25	00:09:35	00:21:02.30	00:21:02.30	+00:05:53 (28.0%)	12:22	4.8 (71.6%)
93	PASUTO Grzegorz	2332		M30	36	00:09:50	00:21:03.45	00:21:03.45	+00:05:55 (28.1%)	12:22	4.8 (71.6%)
94	MAJEWSKI Arkadiusz	2182		M40	23	00:09:35	00:21:05.30	00:21:05.30	+00:05:56 (28.2%)	12:24	4.8 (71.6%)
95	TOKAREWICZ Damian	2052	ZEBRY	M30	37	00:09:43	00:21:05.50	00:21:05.50	+00:05:57 (28.2%)	12:24	4.8 (71.6%)
96	WITEK Karolina	1066	STOWARZYSZENIE PASJA TRENINGU	K20	4	00:09:32	00:21:06.50	00:21:06.50	+00:05:58 (28.3%)	12:24	4.8 (71.6%)
97	BARTULA Arkadiusz	2216	SPEED TEAM BRZESZCZE	M40	24	00:09:26	00:21:06.55	00:21:06.55	+00:05:58 (28.3%)	12:24	4.8 (71.6%)
98	GARDENER Jacek	2010	ALPIN SPORT TEAM / JACEKBIEGA RUNNING TEAM	M50	4	00:09:44	00:21:07.70	00:21:07.70	+00:05:59 (28.3%)	12:25	4.8 (71.6%)
99	STAŃCZAK Grzegorz	2270		M30	38	00:09:49	00:21:08.25	00:21:08.25	+00:05:59 (28.4%)	12:25	4.8 (71.6%)
100	WOLAŃSKI Tomasz	2312		M20	26	00:09:58	00:21:08.30	00:21:08.30	+00:05:59 (28.4%)	12:25	4.8 (71.6%)
101	KOS Tomasz	2262	PAŃSTWOWA STRAŻ POŻARNA BYTOM	M30	39	00:09:58	00:21:08.70	00:21:08.70	+00:06:00 (28.4%)	12:25	4.8 (71.6%)
102	ŻABA Igor	2333		M30	40	00:09:49	00:21:09.50	00:21:09.50	+00:06:01 (28.4%)	12:26	4.8 (71.6%)
103	SŁOBODZIAN Jerzy	2064	NYSA BIEGA	M50	5	00:09:46	00:21:09.55	00:21:09.55	+00:06:01 (28.5%)	12:26	4.8 (71.6%)
104	JASEK Piotr	2311	-	M30	41	00:09:51	00:21:10.45	00:21:10.45	+00:06:02 (28.5%)	12:27	4.8 (71.6%)
105	SZKODA Dariusz	2171	SOCIOS GÓRNIK	M30	42	00:09:53	00:21:11.10	00:21:11.10	+00:06:02 (28.5%)	12:27	4.8 (71.6%)
106	SZCZUREK Dominik	2178	TKKF UKLEJNA MYŚLENICE	M30	43	00:09:37	00:21:12.00	00:21:12.00	+00:06:03 (28.6%)	12:28	4.8 (71.6%)
106	JASTRZĘBSKI Piotr	2190	SOCIOS SILESIA	M20	27	00:09:54	00:21:12.00	00:21:12.00	+00:06:03 (28.6%)	12:28	4.8 (71.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
108	KLONOWSKI Kamil	2081	MOSIR ŁAZISKA GÓRNE	M20	28	00:09:43	00:21:14.65	00:21:14.65	+00:06:06 (28.7%)	12:29	4.8 (71.6%)
109	KIEŁTYKA Zbigniew	2180	KW GLIWICE	M40	25	00:09:48	00:21:14.95	00:21:14.95	+00:06:06 (28.8%)	12:29	4.8 (71.6%)
110	KUSZELA Mateusz	2325	ATAK LEWEJ ŁYDY	M30	44	00:09:56	00:21:16.20	00:21:16.20	+00:06:07 (28.8%)	12:30	4.8 (71.6%)
111	BRÓG Wojciech	2048		M30	45	00:09:43	00:21:18.05	00:21:18.05	+00:06:09 (28.9%)	12:31	4.8 (71.6%)
112	BONDARA Sylwia	1003	ALPIN SPORT TEAM / JACEKBIEGA RUNNING TEAM	K30	3	00:10:15	00:21:19.95	00:21:19.95	+00:06:11 (29.0%)	12:32	4.8 (71.6%)
113	GUZDEK Tomasz	2258	STRAZ POZARNA BYTOM	M30	46	00:09:57	00:21:20.05	00:21:20.05	+00:06:11 (29.0%)	12:32	4.8 (71.6%)
114	SZYDŁOWSKI Łukasz	2282		M30	47	00:09:57	00:21:21.50	00:21:21.50	+00:06:13 (29.1%)	12:33	4.8 (71.6%)
115	JUSZCZAK Artur	2122	KW JASTRZĘBIE-ZDRÓJ	M40	26	00:09:32	00:21:22.40	00:21:22.40	+00:06:14 (29.2%)	12:34	4.8 (71.6%)
116	ŻYŁA Sebastian	2124		M20	29	00:09:55	00:21:23.25	00:21:23.25	+00:06:14 (29.2%)	12:34	4.8 (71.6%)
117	KUŚMIERSKI Michał	2050	ULTRA BESKID SPORT	M30	48	00:10:02	00:21:24.95	00:21:24.95	+00:06:16 (29.3%)	12:35	4.8 (71.6%)
118	KUSO Małgorzata	1051		K30	4	00:10:01	00:21:30.50	00:21:30.50	+00:06:22 (29.6%)	12:38	4.7 (70.1%)
119	WOJNO Arkadiusz	2115	HUSARIA RACE TEAM	M30	49	00:10:10	00:21:33.65	00:21:33.65	+00:06:25 (29.8%)	12:40	4.7 (70.1%)
120	GRYGIEL Marek	2134	JACEKBIEGA RUNNING TEAM	M40	27	00:10:16	00:21:35.65	00:21:35.65	+00:06:27 (29.9%)	12:41	4.7 (70.1%)
121	JANIK Paulina	1004	KARKONOSZ RUNNING TEAM SZKLARSKA PORĘBA	K30	5	00:09:54	00:21:36.15	00:21:36.15	+00:06:27 (29.9%)	12:42	4.7 (70.1%)
122	GÓRNY Mirosław	2242	NUTREND TEAM	M50	6	00:10:06	00:21:37.05	00:21:37.70	+00:06:29 (30.0%)	12:42	4.7 (70.1%)
123	BOLECHOWSKA Dominika	1007	ATTIQ	K40	1	00:10:31	00:21:39.40	00:21:39.40	+00:06:31 (30.1%)	12:44	4.7 (70.1%)
124	GARCZYŃSKA-WĄS Bogusława	1048		K40	2	00:10:24	00:21:41.10	00:21:41.10	+00:06:32 (30.2%)	12:45	4.7 (70.1%)
125	SPORYSZ Mateusz	2289		M20	30	00:10:00	00:21:41.15	00:21:41.15	+00:06:32 (30.2%)	12:45	4.7 (70.1%)
126	CHMIELOWSKI Michał	2065	GÓRSKIE PĘDZIWIATRY	M30	50	00:09:57	00:21:41.55	00:21:41.55	+00:06:33 (30.2%)	12:45	4.7 (70.1%)
127	ŚWIŃCZYK Marcin	2184		M30	51	00:10:22	00:21:42.20	00:21:42.20	+00:06:33 (30.2%)	12:45	4.7 (70.1%)
128	MADEJA Piotr	2156		M30	52	00:10:04	00:21:42.60	00:21:42.60	+00:06:34 (30.3%)	12:45	4.7 (70.1%)
129	KOZIOŁ Kamil	2183	HUSARIA RACE TEAM	M20	31	00:10:07	00:21:44.35	00:21:44.35	+00:06:36 (30.4%)	12:47	4.7 (70.1%)
130	KANIA Damian	2105	MYSŁOWICKI KLUB BIEGACZA NO.I	M30	53	00:10:06	00:21:45.25	00:21:45.25	+00:06:36 (30.4%)	12:47	4.7 (70.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
131	WILK Dawid	2194	SOCIOS GÓRNIK	M20	32	00:10:00	00:21:45.45	00:21:45.45	+00:06:37 (30.4%)	12:47	4.7 (70.1%)
132	LISAK Wojciech	2201		M30	54	00:09:39	00:21:46.05	00:21:46.05	+00:06:37 (30.5%)	12:48	4.7 (70.1%)
133	KANCLERZ-JANUSZEWSKA Katarzyna	1010	KOBIETY NA 5+	K50	2	00:10:15	00:21:47.15	00:21:47.15	+00:06:38 (30.5%)	12:48	4.7 (70.1%)
134	GRUND Marek	2221	MAFIA TEAM LUBLINIEC	M20	33	00:09:58	00:21:48.05	00:21:48.05	+00:06:39 (30.6%)	12:49	4.7 (70.1%)
135	RADOMSKI Zbigniew	2173	TKKF BESKIDEK	M60	2	00:10:12	00:21:48.90	00:21:48.90	+00:06:40 (30.6%)	12:49	4.7 (70.1%)
136	PYTLARZ Wojtek	2110	NEVERLAND TEAM	M30	55	00:10:06	00:21:50.50	00:21:50.50	+00:06:42 (30.7%)	12:50	4.7 (70.1%)
137	MORAWSKI Grzegorz	2277	TRENER24H.COM.PL	M30	56	00:10:00	00:21:51.10	00:21:51.10	+00:06:42 (30.7%)	12:51	4.7 (70.1%)
138	KOZIARSKI Michał	2309	LKS SIERAKÓW ŚLĄSKI	M30	57	00:10:07	00:21:52.90	00:21:52.90	+00:06:44 (30.8%)	12:51	4.7 (70.1%)
138	DOMIN Łukasz	2177	LIDER ANIMATOR/AKTYWNY DYNÓW	M20	34	00:10:18	00:21:52.90	00:21:52.90	+00:06:44 (30.8%)	12:51	4.7 (70.1%)
140	KOZAR Michał	2185		M30	58	00:10:30	00:21:53.50	00:21:53.50	+00:06:45 (30.8%)	12:52	4.7 (70.1%)
141	KUKUŁA Sławomir	2045		M20	35	00:09:59	00:21:53.90	00:21:53.90	+00:06:45 (30.9%)	12:52	4.7 (70.1%)
142	THIER Dominik	2212	JACEKBIEGA RUNNING TEAM / KS KANDAHAR	M30	59	00:10:18	00:21:53.95	00:21:53.95	+00:06:45 (30.9%)	12:52	4.7 (70.1%)
143	BASZAK Tomasz	2288	SIŁAOGRA.PL	M30	60	00:10:22	00:21:55.50	00:21:55.50	+00:06:47 (31.0%)	12:53	4.7 (70.1%)
144	KOZIEŁ Krzysztof	2314	NIGHT RUNNERS GLIWICE	M30	61	00:10:16	00:21:56.55	00:21:56.55	+00:06:48 (31.0%)	12:54	4.7 (70.1%)
145	MAŁACHOWSKI Mariusz	2103	BIEGAJĄC Z WILKAMI	M40	28	00:09:40	00:21:58.40	00:21:58.40	+00:06:50 (31.1%)	12:55	4.6 (68.7%)
146	RZEPKA Piotr	2125	PARKRUN KATOWICE	M20	36	00:10:10	00:21:58.75	00:21:58.75	+00:06:50 (31.1%)	12:55	4.6 (68.7%)
147	BŁAUCIAK Ewa	1061	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	K20	5	00:10:02	00:21:59.90	00:21:59.90	+00:06:51 (31.2%)	12:55	4.6 (68.7%)
148	SERAFIN Dariusz	2033	KLUB BIEGACZA FARTLEK	M40	29	00:10:29	00:22:00.70	00:22:00.70	+00:06:52 (31.2%)	12:56	4.6 (68.7%)
149	RADZIK Piotr	2021		M30	62	00:10:24	00:22:06.40	00:22:06.40	+00:06:58 (31.5%)	13:00	4.6 (68.7%)
150	GWÓŹDŹ Michał	2163	#CZELADZBIEGA	M40	30	00:10:42	00:22:11.85	00:22:11.85	+00:07:03 (31.8%)	13:02	4.6 (68.7%)
151	DAWIDOWICZ Krzysztof	2164	FREEWAY	M30	63	00:10:30	00:22:12.45	00:22:12.45	+00:07:04 (31.8%)	13:03	4.6 (68.7%)
152	URBAN Wiktor	2162	NIGHT RUNNERS ZABRZE	M20	37	00:10:15	00:22:14.20	00:22:14.20	+00:07:05 (31.9%)	13:04	4.6 (68.7%)
153	GRYCKO Konrad	2097	FURION	M20	38	00:10:19	00:22:14.40	00:22:14.40	+00:07:06 (31.9%)	13:04	4.6 (68.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
154	MIROŃCZUK Roman	2167	DRUŻYNA SZPIKU	M40	31	00:10:32	00:22:15.65	00:22:15.65	+00:07:07 (32.0%)	13:05	4.6 (68.7%)
155	KOMANIECKI Łukasz	2157		M30	64	00:10:47	00:22:16.75	00:22:16.75	+00:07:08 (32.0%)	13:05	4.6 (68.7%)
156	MAJCHRZAK Maciej	2196		M20	39	00:10:21	00:22:16.90	00:22:16.90	+00:07:08 (32.1%)	13:05	4.6 (68.7%)
157	KNURA Aleksander	2252	KW JASTRZĘBIE - ZDRÓJ	M30	65	00:10:25	00:22:18.05	00:22:18.05	+00:07:09 (32.1%)	13:07	4.6 (68.7%)
158	LEŚNIEWSKI Rafał	2310	BICIUFAPSZTRI	M40	32	00:10:24	00:22:20.40	00:22:20.40	+00:07:12 (32.2%)	13:08	4.6 (68.7%)
159	JEAN MICHEL Warnotte	2336		M40	33	00:10:37	00:22:22.40	00:22:22.40	+00:07:14 (32.3%)	13:09	4.6 (68.7%)
160	URBAŃSKI Robert	2055		M40	34	00:10:27	00:22:24.40	00:22:24.40	+00:07:16 (32.4%)	13:10	4.6 (68.7%)
161	STEFAŃSKI Zbigniew	2207	HEBEL	M40	35	00:10:20	00:22:25.30	00:22:25.30	+00:07:16 (32.5%)	13:11	4.6 (68.7%)
162	RAJA Paweł	2264	SKYRUNNING POLAND	M30	66	00:10:14	00:22:25.60	00:22:25.60	+00:07:17 (32.5%)	13:11	4.6 (68.7%)
163	BŁASZCZAK Jarosław	2298	APTIV RUNNING TEAM	M40	36	00:10:27	00:22:26.40	00:22:26.40	+00:07:18 (32.5%)	13:11	4.5 (67.2%)
164	MAJCHROWSKI Jacek	2028	CKB TARNOBRZEG	M40	37	00:10:09	00:22:26.55	00:22:26.55	+00:07:18 (32.5%)	13:11	4.5 (67.2%)
165	MOSTOWIK Marcin	2227		M30	67	00:10:14	00:22:26.85	00:22:26.85	+00:07:18 (32.6%)	13:11	4.5 (67.2%)
166	PRASOŁ Marcin	2256		M30	68	00:10:31	00:22:27.45	00:22:27.45	+00:07:19 (32.6%)	13:12	4.5 (67.2%)
167	PLUCINSKI Grzegorz	2014	INŻYNIERIA BIEGANIA TEAM	M40	38	00:10:45	00:22:27.75	00:22:27.75	+00:07:19 (32.6%)	13:12	4.5 (67.2%)
168	SZYMIK Krzysztof	2130	BZIEGACZ SAMOTNT WILK	M40	39		00:22:28.00	00:22:28.00	+00:07:19 (32.6%)	13:12	4.5 (67.2%)
169	KALITA Arek	2223		M40	40	00:10:20	00:22:28.80	00:22:28.80	+00:07:20 (32.7%)	13:12	4.5 (67.2%)
170	STELMASZCZYK Bartłomiej	2235	SCOUT TAEM	M40	41	00:10:50	00:22:30.80	00:22:30.80	+00:07:22 (32.8%)	13:14	4.5 (67.2%)
171	SZOSTAK Artur	2129	BRAVEHEARTS LEGIONOWO	M20	40	00:10:25	00:22:33.85	00:22:33.85	+00:07:25 (32.9%)	13:15	4.5 (67.2%)
172	BUŁA Robert	2133	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	M20	41	00:10:46	00:22:33.95	00:22:33.95	+00:07:25 (32.9%)	13:15	4.5 (67.2%)
173	BIENIECKA Anna	1006	OTK RZEŹNIK	K30	6	00:10:19	00:22:34.85	00:22:34.85	+00:07:26 (33.0%)	13:16	4.5 (67.2%)
174	KUSZKA Michał	2016	BBL MIKOŁÓW	M30	69	00:10:41	00:22:35.15	00:22:35.15	+00:07:26 (33.0%)	13:17	4.5 (67.2%)
175	KOZIEŁ Grzegorz	2027	SILESIA RUNNERS CLUB	M30	70	00:11:15	00:22:36.50	00:22:36.50	+00:07:28 (33.0%)	13:17	4.5 (67.2%)
176	OLEKSIEWICZ Michał	2166		M30	71	00:10:14	00:22:37.55	00:22:37.55	+00:07:29 (33.1%)	13:18	4.5 (67.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
177	KROTLA Piotr	2126		M30	72	00:10:36	00:22:40.60	00:22:40.60	+00:07:32 (33.2%)	13:20	4.5 (67.2%)
178	WAŚ Andrzej	2189		M40	42	00:10:37	00:22:41.70	00:22:41.70	+00:07:33 (33.3%)	13:20	4.5 (67.2%)
179	WRZESZCZ Mariusz	2015	TRIATHLON MIETKÓW TEAM	M20	42	00:10:26	00:22:41.80	00:22:41.80	+00:07:33 (33.3%)	13:20	4.5 (67.2%)
180	DURAŁ Grzegorz	2228	TRENING ULTRASA	M30	73	00:10:33	00:22:42.20	00:22:42.20	+00:07:33 (33.3%)	13:21	4.5 (67.2%)
181	PIÓRKOWSKI Tomek	2144	BISKUPICE FAMILY TEAM	M40	43	00:10:55	00:22:48.85	00:22:48.85	+00:07:40 (33.6%)	13:24	4.5 (67.2%)
182	WRZESIŃSKI Piotr	2215	GAPPAG TEAM	M40	44	00:10:42	00:22:49.80	00:22:49.80	+00:07:41 (33.7%)	13:25	4.5 (67.2%)
183	ISKRZYCKI Andrzej	2211		M40	45	00:10:12	00:22:51.50	00:22:51.50	+00:07:43 (33.8%)	13:26	4.5 (67.2%)
184	GOLF Krystian	2072	NEZRZESZONY	M30	74	00:10:35	00:22:52.35	00:22:52.35	+00:07:44 (33.8%)	13:27	4.5 (67.2%)
185	MIKULSKI Michał	2239	GREMI BOCHNIA	M30	75	00:10:36	00:22:53.55	00:22:53.55	+00:07:45 (33.9%)	13:27	4.5 (67.2%)
186	TOMCZYK Marcin	2279		M40	46	00:10:38	00:22:58.40	00:22:58.40	+00:07:50 (34.1%)	13:30	4.4 (65.7%)
187	RENCZ Małgorzata	1014	W POGONI ZA DUCHEM	K40	3	00:10:22	00:23:01.75	00:23:01.75	+00:07:53 (34.3%)	13:32	4.4 (65.7%)
188	DYLAĞ Andrzej	2302	KS LIMANOWA FORREST	M40	47	00:10:47	00:23:02.35	00:23:02.35	+00:07:54 (34.3%)	13:32	4.4 (65.7%)
189	KUBERA Marcin	2285	KUBERUN	M30	76	00:10:47	00:23:04.20	00:23:04.20	+00:07:55 (34.4%)	13:34	4.4 (65.7%)
190	SZUKAŁA Damian	2123	ŻARY RUNNERS TEAM	M30	77	00:10:57	00:23:05.55	00:23:05.55	+00:07:57 (34.4%)	13:34	4.4 (65.7%)
191	KARWACKI Grzegorz	2119	JA	M40	48	00:10:57	00:23:06.05	00:23:06.05	+00:07:57 (34.5%)	13:35	4.4 (65.7%)
192	KRÓL Kamil	2191	SOCIOS GÓRNIK	M20	43	00:10:42	00:23:06.45	00:23:06.45	+00:07:58 (34.5%)	13:35	4.4 (65.7%)
193	LEWANDOWSKI Paweł	2150		M30	78	00:10:56	00:23:08.00	00:23:08.00	+00:07:59 (34.6%)	13:36	4.4 (65.7%)
194	JONKISZ Dorota	1070	RYTM CZECHOWICE DZIEDZICE	K50	3	00:10:53	00:23:12.50	00:23:12.50	+00:08:04 (34.8%)	13:38	4.4 (65.7%)
195	STASIK Krzysztof	2179	LOGTECH SPORT TEAM RADZIONKÓW	M30	79	00:10:44	00:23:13.30	00:23:13.30	+00:08:04 (34.8%)	13:39	4.4 (65.7%)
196	SIWA Kinga	1047	KS SAKO GDAŃSK	K30	7	00:10:39	00:23:17.40	00:23:17.40	+00:08:09 (35.0%)	13:41	4.4 (65.7%)
197	TONDYS Piotr	2114	TIGERS TEAM	M40	49	00:10:55	00:23:20.50	00:23:20.50	+00:08:12 (35.1%)	13:43	4.4 (65.7%)
198	MARKIEWICZ Agnieszka	1050	PRORUNNING PROMOTION	K20	6	00:10:48	00:23:22.40	00:23:22.40	+00:08:14 (35.2%)	13:44	4.4 (65.7%)
199	BEDNARZ Sebastian	2139		M40	50	00:10:42	00:23:29.65	00:23:29.65	+00:08:21 (35.6%)	13:48	4.3 (64.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
200	GRAJEK Marek	2175		M30	80	00:10:35	00:23:34.10	00:23:34.10	+00:08:25 (35.8%)	13:51	4.3 (64.2%)
201	SIKORA Alicja	1046	TEAM SIKORA	K60	1	00:10:58	00:23:34.95	00:23:34.95	+00:08:26 (35.8%)	13:51	4.3 (64.2%)
202	GURGUL Sebastian	2078	AROMAT NÓG	M30	81	00:10:52	00:23:36.55	00:23:36.55	+00:08:28 (35.9%)	13:52	4.3 (64.2%)
203	LEITNER Rafał	2148		M20	44	00:10:38	00:23:37.30	00:23:37.30	+00:08:28 (35.9%)	13:53	4.3 (64.2%)
204	NIERADA Marcin	2263		M30	82	00:10:48	00:23:42.55	00:23:42.55	+00:08:34 (36.1%)	13:56	4.3 (64.2%)
205	STACHURSKI Paweł	2104		M30	83	00:10:48	00:23:46.40	00:23:46.40	+00:08:38 (36.3%)	13:58	4.3 (64.2%)
206	JANUSZEWSKI Tomasz	2040		M50	7	00:11:20	00:23:51.80	00:23:51.80	+00:08:43 (36.6%)	14:01	4.3 (64.2%)
207	KUBIK Jarosław	2143	MYSŁOWICKI KLUB BIEGACZA NO.I	M40	51	00:10:54	00:23:54.00	00:23:54.00	+00:08:45 (36.7%)	14:03	4.3 (64.2%)
208	HEDA Sebastian	2231		M30	84	00:11:21	00:23:54.30	00:23:54.30	+00:08:45 (36.7%)	14:03	4.3 (64.2%)
209	PROŃ Adam	2030	IPRONMAN	M40	52	00:11:16	00:23:54.35	00:23:54.35	+00:08:46 (36.7%)	14:03	4.3 (64.2%)
210	WĘGLARZ Czesław	2240	NEZRZESZONY	M50	8	00:11:16	00:23:54.65	00:23:54.65	+00:08:46 (36.7%)	14:03	4.3 (64.2%)
211	GLISZCZYŃSKI Paweł	2135	ORZEŁ BIAŁY S.A.	M30	85	00:11:41	00:23:55.60	00:23:55.60	+00:08:47 (36.7%)	14:04	4.3 (64.2%)
212	SEMMERLING Przemysław	2274	GÓRSKIE PEDZIWIATRY	M30	86	00:10:53	00:23:57.50	00:23:57.50	+00:08:49 (36.8%)	14:05	4.3 (64.2%)
213	KELLER Dariusz	2047	NIGHT RUNNERS +	M20	45	00:11:04	00:24:05.10	00:24:05.10	+00:08:56 (37.1%)	14:10	4.2 (62.7%)
214	PODSADNIUK Mateusz	2031	EASY RUN KRAKÓW	M30	87	00:11:17	00:24:07.20	00:24:07.20	+00:08:58 (37.2%)	14:11	4.2 (62.7%)
215	DOMISZEWSKI Wojciech	2249		M50	9	00:11:01	00:24:07.85	00:24:07.85	+00:08:59 (37.3%)	14:11	4.2 (62.7%)
216	SUDNIK Krzysztof	2300		M30	88	00:10:52	00:24:16.80	00:24:16.80	+00:09:08 (37.6%)	14:16	4.2 (62.7%)
217	SZCZEPANIK Grzegorz	2058	WILDEER	M30	89	00:11:34	00:24:18.60	00:24:18.60	+00:09:10 (37.7%)	14:17	4.2 (62.7%)
218	GAUDYN Andrzej	2152		M30	90	00:11:02	00:24:19.65	00:24:19.65	+00:09:11 (37.8%)	14:18	4.2 (62.7%)
219	LIWOCH Sebastian	2061		M30	91	00:11:08	00:24:20.55	00:24:20.55	+00:09:12 (37.8%)	14:18	4.2 (62.7%)
220	DZIUBA Emilian	2013	STS BIEGATON MIKOŁÓW	M40	53	00:11:19	00:24:21.00	00:24:21.00	+00:09:12 (37.8%)	14:19	4.2 (62.7%)
221	RACZYŃSKI Bogusz	2087	TIGERS TEAM	M30	92	00:11:30	00:24:22.30	00:24:22.30	+00:09:13 (37.9%)	14:20	4.2 (62.7%)
222	SZYMCZAK Łukasz	2244	SSW TEAM KROŚNICE	M30	93	00:10:59	00:24:26.35	00:24:26.35	+00:09:18 (38.1%)	14:22	4.2 (62.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas	Czas	Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
223	OKOŃ Łukasz	2241		M30	94	00:10:56	00:24:30.35	00:24:30.35	+00:09:22 (38.2%)	14:24	4.2 (62.7%)
224	BLUNTZER Gregoire	2315		M50	10	00:11:32	00:24:32.05	00:24:32.05	+00:09:23 (38.3%)	14:25	4.2 (62.7%)
225	POTOCZNY Mirosław	2107	TRAIL RUNNERS JAWORZNO	M40	54	00:11:34	00:24:36.00	00:24:36.00	+00:09:27 (38.5%)	14:28	4.1 (61.2%)
226	LIS Radosław	2313		M30	95	00:11:45	00:24:48.70	00:24:48.70	+00:09:40 (39.0%)	14:35	4.1 (61.2%)
227	PACHURA Kinga	1024		K40	4	00:11:32	00:24:51.55	00:24:51.55	+00:09:43 (39.1%)	14:37	4.1 (61.2%)
228	KANIA Paweł	2247	SAINT-GOBAIN SQUAD	M40	55	00:11:46	00:25:01.85	00:25:01.85	+00:09:53 (39.5%)	14:42	4.1 (61.2%)
229	FIREK Iwona	1057	FIRE'K TEAM	K30	8	00:11:45	00:25:04.95	00:25:04.95	+00:09:56 (39.6%)	14:44	4.1 (61.2%)
230	KOŚMIDER Tomasz	2293	SPARTANIE DZIECIOM	M30	96	00:11:32	00:25:05.70	00:25:05.70	+00:09:57 (39.7%)	14:45	4.1 (61.2%)
231	SIEWKO Piotr	2023	SZWAGRY TEAM	M40	56	00:11:23	00:25:07.70	00:25:07.70	+00:09:59 (39.8%)	14:46	4.1 (61.2%)
232	KLIMOSZ Edyta	1040		K20	7	00:11:21	00:25:07.85	00:25:07.85	+00:09:59 (39.8%)	14:46	4.1 (61.2%)
233	ŁYZIŃSKI Jan	2172		M50	11	00:11:33	00:25:07.95	00:25:07.95	+00:09:59 (39.8%)	14:46	4.1 (61.2%)
234	PIŁAT Artur	2029		M40	57	00:12:00	00:25:11.75	00:25:11.75	+00:10:03 (39.9%)	14:48	4.1 (61.2%)
235	KARAŚ Michał	2044	GOOL GORCE NOWY TARG	M30	97	00:11:42	00:25:13.15	00:25:13.15	+00:10:04 (40.0%)	14:50	4 (59.7%)
236	RESPONDEK Marcin	2090	LECYMY DURŚ	M30	98	00:10:01	00:25:19.05	00:25:19.05	+00:10:10 (40.2%)	14:53	4 (59.7%)
237	STRAUCHOLD Anna	1073	PRO-RUN WROCŁAW	K40	5	00:11:43	00:25:21.15	00:25:21.15	+00:10:12 (40.3%)	14:54	4 (59.7%)
238	WILK Tomasz	2251	MOMNATOCALĘŻYCIE	M30	99	00:11:28	00:25:27.55	00:25:27.55	+00:10:19 (40.5%)	14:58	4 (59.7%)
239	WOJTYRA Karolina	1034	ENTER AIR RUNNERS CLUB	K20	8	00:11:46	00:25:35.30	00:25:35.30	+00:10:26 (40.8%)	15:02	4 (59.7%)
240	CHOWANIOK Anna	1049		K20	9	00:11:48	00:25:38.90	00:25:38.90	+00:10:30 (41.0%)	15:04	4 (59.7%)
241	CAŁKA Grzegorz	2233	RADZYMIN RUN TEAM	M40	58	00:11:37	00:25:48.00	00:25:48.00	+00:10:39 (41.3%)	15:10	4 (59.7%)
242	LIGĘZA Joasia	1017	SMASHING PĄPKINS/UNLIMITED	K40	6	00:12:18	00:25:51.55	00:25:51.55	+00:10:43 (41.5%)	15:12	3.9 (58.2%)
243	DYDUŁA Łukasz	2053	ITAL CAR TEAM	M40	59	00:12:25	00:25:56.35	00:25:56.35	+00:10:48 (41.6%)	15:15	3.9 (58.2%)
244	SUJAK Mirosław	2043	MKB DREPTAK	M50	12	00:11:45	00:25:59.95	00:25:59.95	+00:10:51 (41.8%)	15:17	3.9 (58.2%)
245	GURGUL Mateusz	2113	AROMAT NÓG	M30	100	00:12:42	00:26:12.90	00:26:12.90	+00:11:04 (42.2%)	15:24	3.9 (58.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
246	ŚWIĘTEK Sylwia	1058	LITWIN TRIATHLON TEAM	K40	7	00:12:04	00:26:15.80	00:26:15.80	+00:11:07 (42.4%)	15:26	3.9 (58.2%)
247	SERZYSKO Bartosz	2299	APTIV RUNNING TEAM	M20	46	00:10:48	00:26:41.30	00:26:41.30	+00:11:32 (43.3%)	15:41	3.8 (56.7%)
248	CAŁKA Agnieszka	1059	RADZYMIN RUN TEAM	K40	8	00:12:38	00:26:47.05	00:26:47.05	+00:11:38 (43.5%)	15:45	3.8 (56.7%)
249	STEFAŃSKI Jaroslaw	2200	W POGONI ZA DUCHEM	M50	13	00:11:34	00:26:58.80	00:26:58.80	+00:11:50 (43.9%)	15:51	3.8 (56.7%)
250	FIGAS Sebastian	2232	LITWIN TRIATHLON TEAM	M40	60	00:12:47	00:27:10.65	00:27:10.65	+00:12:02 (44.3%)	15:58	3.8 (56.7%)
251	PITAS Andrzej	2186	ZAPIERDALACZE	M40	61	00:13:14	00:27:23.70	00:27:23.70	+00:12:15 (44.7%)	16:06	3.7 (55.2%)
252	TOL Kamil	2220	MAFIA TEAM LUBLINIEC	M30	101	00:12:55	00:27:37.80	00:27:37.80	+00:12:29 (45.2%)	16:14	3.7 (55.2%)
253	TOMCZYK Tomasz	2161	RMF 4RACING OCR	M30	102	00:12:51	00:27:44.90	00:27:44.90	+00:12:36 (45.4%)	16:18	3.7 (55.2%)
254	KANIA Jolanta	1062		K40	9	00:12:33	00:27:47.80	00:27:47.80	+00:12:39 (45.5%)	16:20	3.7 (55.2%)
255	KLATE Łukasz	2111	ŁÓDŹ KOCHA SPORT	M30	103	00:12:33	00:27:54.15	00:27:54.15	+00:12:45 (45.7%)	16:24	3.7 (55.2%)
256	PIÓRKOWSKA Ola	1035	BISKUPICE FAMILY TEAM	K40	10	00:13:15	00:27:54.80	00:27:54.80	+00:12:46 (45.8%)	16:24	3.7 (55.2%)
257	LEŚNIAK Tomasz	2063	KRZYWDA TEAM	M30	104	00:13:05	00:28:05.00	00:28:05.00	+00:12:56 (46.1%)	16:31	3.6 (53.7%)
258	WAWRZACZ Katarzyna	1052		K40	11	00:12:49	00:28:08.30	00:28:08.30	+00:12:59 (46.2%)	16:32	3.6 (53.7%)
259	ŚWIERK Krystyna	1036	NATURALNIE JANOWICE	K60	2	00:13:05	00:28:17.60	00:28:17.60	+00:13:09 (46.5%)	16:38	3.6 (53.7%)
260	BEDNAREK Jacek	2059	METLIFE RUN	M40	62	00:13:22	00:28:40.60	00:28:40.60	+00:13:32 (47.2%)	16:51	3.6 (53.7%)
261	DYDUŁA Renata	1018	ITAL CAR TEAM	K40	12	00:12:59	00:29:25.15	00:29:25.15	+00:14:16 (48.5%)	17:18	3.5 (52.2%)
262	PUCHAJDA Monika	1065		K30	9	00:12:46	00:29:28.80	00:29:28.80	+00:14:20 (48.6%)	17:20	3.5 (52.2%)
263	KULA Krzysztof	2140		M20	47	00:14:21	00:29:54.45	00:29:54.45	+00:14:46 (49.4%)	17:35	3.4 (50.7%)
264	PARZUCH Magdalena	1026	SZTURM	K20	10	00:13:36	00:30:03.05	00:30:03.05	+00:14:54 (49.6%)	17:40	3.4 (50.7%)
265	SNARSKA Katarzyna	1029	ALBATROSY	K30	10	00:13:53	00:30:18.10	00:30:18.10	+00:15:09 (50.0%)	17:49	3.4 (50.7%)
266	GUZIAK Irena	1021		K40	13	00:14:20	00:30:23.10	00:30:23.10	+00:15:14 (50.2%)	17:52	3.4 (50.7%)
267	GŁUCHOWSKA Natalia	1038		K20	11	00:14:10	00:30:40.70	00:30:40.70	+00:15:32 (50.7%)	18:02	3.3 (49.3%)
268	OKAPIEC Dagmara	1020	GÓRSKIE PĘDZIWIATRY	K30	11	00:13:59	00:30:46.00	00:30:46.00	+00:15:37 (50.8%)	18:05	3.3 (49.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas netto 1.7km	Czas brutto 1.7km	Różn	Tempo min/km	Tempo km/h
269	PASTERNAK Justyna	1031	NIEMANIEMOGE	K30	12	00:14:00	00:30:57.75	00:30:57.75	+00:15:49 (51.1%)	18:12	3.3 (49.3%)
270	PAZDERSKA-KIPIEL Agnieszka	1056	EVIL TEAM	K30	13	00:14:30	00:31:10.60	00:31:10.60	+00:16:02 (51.4%)	18:20	3.3 (49.3%)

Znaleziono 270 wynik(ów)