



# ELIMINATOR 2017 - ETAP II

B4SPORT

**Wydarzenie:** Eliminator 2017  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2017-11-25  
**Miejsce:** Ustroń  
**Dystans:** 1.7 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas netto 1.7km	Czas brutto 1.7km	Różn	Tempo min/km	Tempo km/h
1	<b>PRZEDWOJEWSKI Bartłomiej</b>	<b>2003</b>	MULKS JUVENIA GŁUCHOŁĄZY	M20	1	00:06:47	<b>00:15:08.35</b>	<b>00:15:08.35</b>		8:54	6.7
2	<b>MALINA Dawid</b>	<b>2001</b>	INŻYNIERIA BIEGANIA - TWÓJ TRENER BIEGOWY!	M20	2	00:07:11	<b>00:15:31.75</b>	<b>00:15:31.75</b>	+00:00:23	9:07	6.6
3	<b>RZĄSA Franciszek</b>	<b>2287</b>	TKN TATRA TEAM	M20	3	00:07:17	<b>00:15:33.75</b>	<b>00:15:33.75</b>	+00:00:25	9:08	6.6
4	<b>BODURKA Krzysztof</b>	<b>2004</b>	ALPIN SPORT TEAM	M20	4	00:07:16	<b>00:15:38.85</b>	<b>00:15:38.85</b>	+00:00:30	9:11	6.5
5	<b>GRZĄDZIEL Dominik</b>	<b>2007</b>	ATTIQ	M30	1	00:07:20	<b>00:15:52.40</b>	<b>00:15:52.40</b>	+00:00:44	9:20	6.4
6	<b>KOŃ Piotr</b>	<b>2006</b>	ALPIN SPORT TEAM	M30	2	00:07:46	<b>00:16:08.75</b>	<b>00:16:08.75</b>	+00:01:00	9:29	6.3
7	<b>JAWORSKI Zbigniew</b>	<b>2080</b>		M40	1	00:07:31	<b>00:16:15.05</b>	<b>00:16:15.05</b>	+00:01:06	9:33	6.3
8	<b>GRACZ Bogusław</b>	<b>2328</b>		M40	2	00:07:37	<b>00:16:24.70</b>	<b>00:16:24.70</b>	+00:01:16	9:38	6.2
9	<b>BIERNAWSKI Piotr</b>	<b>2005</b>	ATTIQ	M40	3	00:07:35	<b>00:16:33.15</b>	<b>00:16:33.15</b>	+00:01:24	9:44	6.2
10	<b>GAWROŃSKI Tomasz</b>	<b>2008</b>	UMKS NADIR JĘDRZEJÓW	M20	5	00:07:46	<b>00:16:43.30</b>	<b>00:16:43.30</b>	+00:01:34	9:50	6.1
11	<b>KUBICA Marcin</b>	<b>2237</b>	INOV-8 TEAM	M20	6	00:07:32	<b>00:16:53.10</b>	<b>00:16:53.10</b>	+00:01:44	9:55	6
12	<b>MIŚKIEWCZ Mariusz</b>	<b>2334</b>		M30	3	00:07:42	<b>00:17:04.70</b>	<b>00:17:04.70</b>	+00:01:56	10:02	6
13	<b>FALKOWSKI Krzysztof</b>	<b>2041</b>	WOODWARD RUNNERS	M30	4	00:07:57	<b>00:17:26.20</b>	<b>00:17:26.20</b>	+00:02:17	10:15	5.9
14	<b>URBAŃCZYK Karol</b>	<b>2290</b>	NIGHT RUNNERS GLIWICE	M20	7	00:08:03	<b>00:17:28.45</b>	<b>00:17:28.45</b>	+00:02:20	10:16	5.8
15	<b>KASZYCA Paweł</b>	<b>2320</b>	IGLOO BOCANIA	M30	5	00:08:19	<b>00:17:44.95</b>	<b>00:17:44.95</b>	+00:02:36	10:25	5.8
16	<b>FARON Robert</b>	<b>2002</b>	SALCO GARMIN TEAM	M40	4	00:08:03	<b>00:17:49.20</b>	<b>00:17:49.20</b>	+00:02:40	10:28	5.7
17	<b>KUBERA Bartłomiej</b>	<b>2192</b>	FORUMRUN	M20	8	00:08:19	<b>00:17:51.05</b>	<b>00:17:51.05</b>	+00:02:42	10:30	5.7
18	<b>HUZIOR Piotr</b>	<b>2316</b>	ATTIQ / SALMING	M40	5	00:08:18	<b>00:17:51.10</b>	<b>00:17:51.10</b>	+00:02:42	10:30	5.7
19	<b>WRÓBEL Tomasz</b>	<b>2303</b>	MKS-R CENTRUM DZIENGIEL	M40	6	00:08:11	<b>00:17:58.80</b>	<b>00:17:58.80</b>	+00:02:50	10:34	5.7
20	<b>ELANTKOWSKI Jan</b>	<b>2230</b>	TKN TATRA TEAM	M20	9	00:08:39	<b>00:18:09.10</b>	<b>00:18:09.10</b>	+00:03:00	10:40	5.6
21	<b>POPIELARSKI Kubuś</b>	<b>2283</b>	TKN TATRA TEAM	M20	10	00:08:39	<b>00:18:09.20</b>	<b>00:18:09.20</b>	+00:03:00	10:40	5.6
22	<b>PORĘBSKI Rafał</b>	<b>2095</b>	EVIL TEAM	M40	7	00:08:07	<b>00:18:12.15</b>	<b>00:18:12.15</b>	+00:03:03	10:42	5.6
23	<b>SAWICKI Kacper</b>	<b>2281</b>	TKN TATRA TEAM	M20	11	00:08:39	<b>00:18:12.35</b>	<b>00:18:12.35</b>	+00:03:04	10:42	5.6
24	<b>MAGIERA Janusz</b>	<b>2117</b>	FORMA WODZISŁAW ŚLĄSKI	M50	1	00:08:27	<b>00:18:15.05</b>	<b>00:18:15.05</b>	+00:03:06	10:44	5.6
25	<b>GRUDZIEŃ Krzysztof</b>	<b>2278</b>		M40	8	00:08:42	<b>00:18:18.95</b>	<b>00:18:18.95</b>	+00:03:10	10:45	5.6
26	<b>BONIEC Radosław</b>	<b>2174</b>		M20	12	00:08:13	<b>00:18:19.20</b>	<b>00:18:19.20</b>	+00:03:10	10:46	5.6
27	<b>ULFIK Rafał</b>	<b>2225</b>	ALPIN SOPRT TEAM/SKB KRAŚNIK	M30	6	00:08:25	<b>00:18:26.95</b>	<b>00:18:26.95</b>	+00:03:18	10:50	5.5
28	<b>WIŚNIEWSKA-ULFIK Dominika</b>	<b>1002</b>	ALPIN SPORT TEAM/SKB KRAŚNIK	K30	1	00:08:18	<b>00:18:28.60</b>	<b>00:18:28.60</b>	+00:03:20	10:51	5.5
29	<b>KUBACZKA Grzegorz</b>	<b>2138</b>	WWW.AG-ARCHITEKCI.PL	M30	7	00:08:40	<b>00:18:46.20</b>	<b>00:18:46.20</b>	+00:03:37	11:02	5.4

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
30	<b>DZIDOWSKI Aleksander</b>	<b>2187</b>	TG SOKÓŁ ZAKOPANE	M30	8	00:08:31	<b>00:18:48.30</b>	<b>00:18:48.30</b>	+00:03:39	11:03	5.4
31	<b>JANUSZYK Iwona</b>	<b>1012</b>		K20	1	00:08:43	<b>00:18:57.55</b>	<b>00:18:57.55</b>	+00:03:49	11:08	5.4
32	<b>GAWLAS Dominik</b>	<b>2337</b>		M30	9	00:08:58	<b>00:19:02.70</b>	<b>00:19:02.70</b>	+00:03:54	11:11	5.4
33	<b>PUZOŃ Robert</b>	<b>2234</b>	NUTREND TEAM	M30	10	00:08:46	<b>00:19:05.40</b>	<b>00:19:05.40</b>	+00:03:57	11:13	5.3
34	<b>SEDLAK Michał</b>	<b>2009</b>	LUBIĘ TO BIEGANIE	M40	9	00:09:01	<b>00:19:11.55</b>	<b>00:19:11.55</b>	+00:04:03	11:17	5.3
35	<b>KNUTELSKI Błażej</b>	<b>2335</b>		M20	13	00:08:38	<b>00:19:17.95</b>	<b>00:19:17.95</b>	+00:04:09	11:20	5.3
36	<b>PLOCH Jakub</b>	<b>2153</b>	NIGHT RUNNERS ZABRZE	M20	14	00:08:56	<b>00:19:19.45</b>	<b>00:19:19.45</b>	+00:04:11	11:21	5.3
37	<b>SOKOŁOWSKI Marek</b>	<b>2085</b>	ALPIN SPORT TEAM	M40	10	00:09:03	<b>00:19:21.30</b>	<b>00:19:21.30</b>	+00:04:12	11:22	5.3
38	<b>BROJ Marcel</b>	<b>2146</b>	BROJ TEAM ŻLINICE	M20	15	00:09:12	<b>00:19:23.10</b>	<b>00:19:23.10</b>	+00:04:14	11:24	5.3
39	<b>FLOREK Sebastian</b>	<b>2019</b>	NORAFSPORT	M30	11	00:09:06	<b>00:19:26.75</b>	<b>00:19:26.75</b>	+00:04:18	11:25	5.2
40	<b>STACHURA Damian</b>	<b>2037</b>	ZAGŁĘBIE LUBIN	M30	12	00:08:48	<b>00:19:27.40</b>	<b>00:19:27.40</b>	+00:04:19	11:26	5.2
40	<b>GALMAN Adam</b>	<b>2275</b>		M40	11	00:08:56	<b>00:19:27.40</b>	<b>00:19:27.40</b>	+00:04:19	11:26	5.2
42	<b>STEC Jakub</b>	<b>2198</b>	ULTRA BESKID SPORT	M20	16	00:08:50	<b>00:19:28.30</b>	<b>00:19:28.30</b>	+00:04:19	11:27	5.2
43	<b>PETKIEWICZ Tomasz</b>	<b>2141</b>	STS BIEGATON MIKOŁÓW	M30	13	00:09:21	<b>00:19:29.50</b>	<b>00:19:29.50</b>	+00:04:21	11:27	5.2
44	<b>GRUSZCZYŃSKI Artur</b>	<b>2116</b>		M40	12	00:08:57	<b>00:19:31.80</b>	<b>00:19:31.80</b>	+00:04:23	11:28	5.2
45	<b>DZIĘGIEŁOWSKI Paweł</b>	<b>2236</b>	HRMAX ŻORY	M30	14	00:09:03	<b>00:19:35.10</b>	<b>00:19:35.10</b>	+00:04:26	11:31	5.2
46	<b>KUBALA Tomasz</b>	<b>2224</b>	PRESSING BIKE-SYSTEM ICE-WENT TEAM	M40	13	00:09:00	<b>00:19:35.35</b>	<b>00:19:35.35</b>	+00:04:27	11:31	5.2
47	<b>WOJCIECHOWSKI Krzysztof</b>	<b>2226</b>	TKN TATRA TEAM	M20	17	00:09:15	<b>00:19:35.95</b>	<b>00:19:35.95</b>	+00:04:27	11:31	5.2
48	<b>MENDECKA Michalina</b>	<b>1005</b>	MOSIR ŁAZISKA GÓRNE/ 1 SECOND TEAM	K20	2	00:08:55	<b>00:19:39.35</b>	<b>00:19:39.35</b>	+00:04:31	11:33	5.2
49	<b>SAWICKI Szymon</b>	<b>2280</b>		M40	14	00:09:16	<b>00:19:46.15</b>	<b>00:19:46.15</b>	+00:04:37	11:37	5.2
50	<b>HATALA Mariusz</b>	<b>2218</b>	BB RUNNERS HATI TEAM	M30	15	00:09:21	<b>00:19:48.35</b>	<b>00:19:48.35</b>	+00:04:40	11:38	5.2
51	<b>MADEJCZYK Marek</b>	<b>2168</b>		M30	16	00:09:16	<b>00:19:48.55</b>	<b>00:19:48.55</b>	+00:04:40	11:38	5.2
52	<b>ŁUPIEŻOWIEC Piotr</b>	<b>2322</b>	MKS CENTRUM DZIĘGIELÓW	M40	15	00:09:18	<b>00:19:52.75</b>	<b>00:19:52.75</b>	+00:04:44	11:41	5.1
53	<b>KARGÓL Rafał</b>	<b>2295</b>	LOGTECH TEAM RADZIONKÓW	M30	17	00:09:05	<b>00:19:56.90</b>	<b>00:19:56.90</b>	+00:04:48	11:43	5.1
54	<b>WANTUŁOK Mateusz</b>	<b>2267</b>	UZDROWSKOWY TEAM	M30	18	00:09:19	<b>00:19:58.25</b>	<b>00:19:58.25</b>	+00:04:49	11:44	5.1
55	<b>PIĘTKA Tomasz</b>	<b>2330</b>		M30	19	00:09:17	<b>00:19:59.90</b>	<b>00:19:59.90</b>	+00:04:51	11:45	5.1
56	<b>NIEMCZYK Magdalena</b>	<b>1042</b>		K20	3	00:09:16	<b>00:20:02.35</b>	<b>00:20:02.35</b>	+00:04:54	11:47	5.1
57	<b>KOKOT Krzysztof</b>	<b>2011</b>	HRMAX ŻORY	M40	16	00:09:27	<b>00:20:03.50</b>	<b>00:20:03.50</b>	+00:04:55	11:47	5.1
58	<b>PYTEL Janusz</b>	<b>2160</b>	SOKÓŁZAKOPANE	M50	2	00:09:16	<b>00:20:07.50</b>	<b>00:20:07.50</b>	+00:04:59	11:50	5.1
59	<b>MATECKI Tomasz</b>	<b>2209</b>		M30	20	00:09:08	<b>00:20:08.65</b>	<b>00:20:08.65</b>	+00:05:00	11:50	5.1
60	<b>BADURA Adam</b>	<b>2017</b>	FORMA WODZISŁAW ŚLĄSKI	M30	21	00:09:27	<b>00:20:11.45</b>	<b>00:20:11.45</b>	+00:05:03	11:52	5.1
61	<b>SOBOLA Grzegorz</b>	<b>2272</b>	4DRINKI	M20	18	00:09:24	<b>00:20:12.45</b>	<b>00:20:12.45</b>	+00:05:04	11:52	5
62	<b>KIK Iwona</b>	<b>1001</b>	DANIEL WOSIK TERVEL TEAM / KW KRAKÓW	K30	2	00:09:10	<b>00:20:15.75</b>	<b>00:20:15.75</b>	+00:05:07	11:54	5
63	<b>BROL Marcin</b>	<b>2151</b>	MK TEAM	M30	22	00:09:13	<b>00:20:16.40</b>	<b>00:20:16.40</b>	+00:05:08	11:55	5
64	<b>SNARSKI Dariusz</b>	<b>2039</b>		M40	17	00:09:25	<b>00:20:17.95</b>	<b>00:20:17.95</b>	+00:05:09	11:55	5
65	<b>KROSNY Sebastian</b>	<b>2020</b>	BODYDRY TEAM	M30	23	00:09:22	<b>00:20:28.95</b>	<b>00:20:28.95</b>	+00:05:20	12:02	5
66	<b>STOLECKI Grzegorz</b>	<b>2306</b>	TRUCHTACZ MYSŁOWICE	M30	24	00:09:10	<b>00:20:30.40</b>	<b>00:20:30.40</b>	+00:05:22	12:03	5
67	<b>DĄBROWSKI Piotr</b>	<b>2042</b>	SBBP-ŁOSIE	M40	18	00:09:24	<b>00:20:31.35</b>	<b>00:20:31.35</b>	+00:05:23	12:04	5
68	<b>KRASULAK Daniel</b>	<b>2229</b>	WKS ŚLĄSK WROCŁAW	M30	25	00:09:31	<b>00:20:32.40</b>	<b>00:20:32.40</b>	+00:05:24	12:04	5
69	<b>KOT Rafał</b>	<b>2067</b>	GÓRAL Z MAZUR // KB JURUND SZCZYTNO	M30	26	00:09:31	<b>00:20:33.15</b>	<b>00:20:33.15</b>	+00:05:24	12:05	5
70	<b>BUCZYŃSKI Adam</b>	<b>2291</b>	NOKIA KRAKOW TEAM	M40	19	00:09:41	<b>00:20:34.00</b>	<b>00:20:34.00</b>	+00:05:25	12:05	5
71	<b>FERENC Janusz</b>	<b>2070</b>	UKS LUDWKOWICE	M60	1	00:09:30	<b>00:20:35.75</b>	<b>00:20:35.75</b>	+00:05:27	12:06	5
72	<b>CIUPEK Remigiusz</b>	<b>2188</b>	TAURUS30 CYCLING TEAM	M30	27	00:09:29	<b>00:20:36.15</b>	<b>00:20:36.15</b>	+00:05:27	12:07	5
73	<b>HORZELA Błażej</b>	<b>2149</b>	BETA-TRANS	M20	19	00:09:25	<b>00:20:38.30</b>	<b>00:20:38.30</b>	+00:05:29	12:08	4.9

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
74	KOCHEL Paweł	2084	KOWARY BIEGAJA	M30	28	00:09:36	00:20:44.40	00:20:44.40	+00:05:36	12:11	4.9
75	WÓJCIK Adam	2120		M20	20	00:09:48	00:20:45.75	00:20:45.75	+00:05:37	12:12	4.9
76	RECZEK Sebastian	2102	KS ZIELONO-CZARNI	M30	29	00:09:34	00:20:48.70	00:20:48.70	+00:05:40	12:14	4.9
77	CHRAPKIEWICZ Michał	2068	SBD ENERGETYK RYBNIK	M30	30	00:09:47	00:20:49.30	00:20:49.30	+00:05:40	12:14	4.9
78	DYLAŁ Wojciech	2301	KS LIMANOWA FORREST	M20	21	00:09:27	00:20:49.60	00:20:49.60	+00:05:41	12:14	4.9
79	KNAP Mateusz	2012	SCARPA TEAM POLSKA/ KS KANDAHAR	M20	22	00:09:50	00:20:50.00	00:20:50.00	+00:05:41	12:15	4.9
80	NOSALIK Marek	2222	MTA	M50	3	00:09:37	00:20:50.65	00:20:50.65	+00:05:42	12:15	4.9
81	MURAWSKI Rafał	2317		M30	31	00:09:40	00:20:51.30	00:20:51.30	+00:05:42	12:15	4.9
82	PUDŁO Mateusz	2286	HUSARIA RACE TEAM	M20	23	00:09:33	00:20:51.65	00:20:51.65	+00:05:43	12:15	4.9
83	PIECHA Artur	2304	T-MOBILE RUNNING TEAM	M40	20	00:09:35	00:20:52.70	00:20:52.70	+00:05:44	12:16	4.9
84	DOMISZEWSKA Maria	1064		K50	1	00:09:25	00:20:52.85	00:20:52.85	+00:05:44	12:16	4.9
85	OLMA Przemysław	2169	GONIACKA TEAM/ KS KANDAHAR	M30	32	00:09:31	00:20:53.10	00:20:53.10	+00:05:44	12:17	4.9
86	JANDZIŚ Wiesław	2181	AKTYWNY DYNÓW	M40	21	00:09:48	00:20:55.10	00:20:55.10	+00:05:46	12:18	4.9
87	GOŚCINIEWICZ Paweł	2035	ZIEMOWIT TEAM	M40	22	00:09:43	00:20:55.70	00:20:55.70	+00:05:47	12:18	4.9
88	AGIEJCZYK Wojciech	2305	APTIV RUNNING TEAM	M30	33	00:09:39	00:20:56.65	00:20:56.65	+00:05:48	12:18	4.9
89	KOPIEC Roland	2296	ŁAZISKA GÓRNE	M20	24	00:09:09	00:20:57.55	00:20:57.55	+00:05:49	12:19	4.9
89	KOSTELA Piotr	2284	WATAHA	M30	34	00:09:34	00:20:57.55	00:20:57.55	+00:05:49	12:19	4.9
91	WALCZYŃSKI Mariusz	2329	HRMAX ŻORY	M30	35	00:10:01	00:21:00.00	00:21:00.00	+00:05:51	12:21	4.9
92	KWIATEK Dawid	2243		M20	25	00:09:35	00:21:02.30	00:21:02.30	+00:05:53	12:22	4.8
93	PASUTO Grzegorz	2332		M30	36	00:09:50	00:21:03.45	00:21:03.45	+00:05:55	12:22	4.8
94	MAJEWSKI Arkadiusz	2182		M40	23	00:09:35	00:21:05.30	00:21:05.30	+00:05:56	12:24	4.8
95	TOKAREWICZ Damian	2052	ZEBRY	M30	37	00:09:43	00:21:05.50	00:21:05.50	+00:05:57	12:24	4.8
96	WITEK Karolina	1066	STOWARZYSZENIE PASJA TRENINGU	K20	4	00:09:32	00:21:06.50	00:21:06.50	+00:05:58	12:24	4.8
97	BARTULA Arkadiusz	2216	SPEED TEAM BRZESZCZE	M40	24	00:09:26	00:21:06.55	00:21:06.55	+00:05:58	12:24	4.8
98	GARDENER Jacek	2010	ALPIN SPORT TEAM / JACEKBIEGA RUNNING TEAM	M50	4	00:09:44	00:21:07.70	00:21:07.70	+00:05:59	12:25	4.8
99	STAŃCZAK Grzegorz	2270		M30	38	00:09:49	00:21:08.25	00:21:08.25	+00:05:59	12:25	4.8
100	WOLAŃSKI Tomasz	2312		M20	26	00:09:58	00:21:08.30	00:21:08.30	+00:05:59	12:25	4.8
101	KOS Tomasz	2262	PAŃSTWOWA STRAŻ POŻARNA BYTOM	M30	39	00:09:58	00:21:08.70	00:21:08.70	+00:06:00	12:25	4.8
102	ŻABA Igor	2333		M30	40	00:09:49	00:21:09.50	00:21:09.50	+00:06:01	12:26	4.8
103	SŁOBODZIAN Jerzy	2064	NYSA BIEGA	M50	5	00:09:46	00:21:09.55	00:21:09.55	+00:06:01	12:26	4.8
104	JASEK Piotr	2311	-	M30	41	00:09:51	00:21:10.45	00:21:10.45	+00:06:02	12:27	4.8
105	SZKODA Dariusz	2171	SOCIOS GÓRNIK	M30	42	00:09:53	00:21:11.10	00:21:11.10	+00:06:02	12:27	4.8
106	SZCZUREK Dominik	2178	TKKF UKLEJNA MYŚLENICE	M30	43	00:09:37	00:21:12.00	00:21:12.00	+00:06:03	12:28	4.8
106	JASTRZĘBSKI Piotr	2190	SOCIOS SILESIA	M20	27	00:09:54	00:21:12.00	00:21:12.00	+00:06:03	12:28	4.8
108	KLONOWSKI Kamil	2081	MOSIR ŁAZISKA GÓRNE	M20	28	00:09:43	00:21:14.65	00:21:14.65	+00:06:06	12:29	4.8
109	KIEŁTYKA Zbigniew	2180	KW GLIWICE	M40	25	00:09:48	00:21:14.95	00:21:14.95	+00:06:06	12:29	4.8
110	KUSZELA Mateusz	2325	ATAK LEWEJ ŁYDY	M30	44	00:09:56	00:21:16.20	00:21:16.20	+00:06:07	12:30	4.8
111	BRÓG Wojciech	2048		M30	45	00:09:43	00:21:18.05	00:21:18.05	+00:06:09	12:31	4.8
112	BONDARA Sylwia	1003	ALPIN SPORT TEAM / JACEKBIEGA RUNNING TEAM	K30	3	00:10:15	00:21:19.95	00:21:19.95	+00:06:11	12:32	4.8
113	GUZDEK Tomasz	2258	STRAZ POZARNA BYTOM	M30	46	00:09:57	00:21:20.05	00:21:20.05	+00:06:11	12:32	4.8
114	SZYDŁOWSKI Łukasz	2282		M30	47	00:09:57	00:21:21.50	00:21:21.50	+00:06:13	12:33	4.8
115	JUSZCZAK Artur	2122	KW JASTRZĘBIE-ZDRÓJ	M40	26	00:09:32	00:21:22.40	00:21:22.40	+00:06:14	12:34	4.8
116	ŻYŁA Sebastian	2124		M20	29	00:09:55	00:21:23.25	00:21:23.25	+00:06:14	12:34	4.8
117	KUŚMIERSKI Michał	2050	ULTRA BESKID SPORT	M30	48	00:10:02	00:21:24.95	00:21:24.95	+00:06:16	12:35	4.8

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
118	<b>KUSO Małgorzata</b>	<b>1051</b>		K30	4	00:10:01	<b>00:21:30.50</b>	<b>00:21:30.50</b>	+00:06:22	12:38	4.7
119	<b>WOJNO Arkadiusz</b>	<b>2115</b>	HUSARIA RACE TEAM	M30	49	00:10:10	<b>00:21:33.65</b>	<b>00:21:33.65</b>	+00:06:25	12:40	4.7
120	<b>GRYGIEL Marek</b>	<b>2134</b>	JACEKBIEGA RUNNING TEAM	M40	27	00:10:16	<b>00:21:35.65</b>	<b>00:21:35.65</b>	+00:06:27	12:41	4.7
121	<b>JANIK Paulina</b>	<b>1004</b>	KARKONOSZ RUNNING TEAM SZKLARSKA PORĘBA	K30	5	00:09:54	<b>00:21:36.15</b>	<b>00:21:36.15</b>	+00:06:27	12:42	4.7
122	<b>GÓRNY Mirosław</b>	<b>2242</b>	NUTREND TEAM	M50	6	00:10:06	<b>00:21:37.05</b>	<b>00:21:37.70</b>	+00:06:29	12:42	4.7
123	<b>BOLECHOWSKA Dominika</b>	<b>1007</b>	ATTIQ	K40	1	00:10:31	<b>00:21:39.40</b>	<b>00:21:39.40</b>	+00:06:31	12:44	4.7
124	<b>GARCZYŃSKA-WĄS Bogusława</b>	<b>1048</b>		K40	2	00:10:24	<b>00:21:41.10</b>	<b>00:21:41.10</b>	+00:06:32	12:45	4.7
125	<b>SPORYSZ Mateusz</b>	<b>2289</b>		M20	30	00:10:00	<b>00:21:41.15</b>	<b>00:21:41.15</b>	+00:06:32	12:45	4.7
126	<b>CHMIELOWSKI Michał</b>	<b>2065</b>	GÓRSKIE PĘDZIMATRY	M30	50	00:09:57	<b>00:21:41.55</b>	<b>00:21:41.55</b>	+00:06:33	12:45	4.7
127	<b>ŚWIŃCZYK Marcin</b>	<b>2184</b>		M30	51	00:10:22	<b>00:21:42.20</b>	<b>00:21:42.20</b>	+00:06:33	12:45	4.7
128	<b>MADEJA Piotr</b>	<b>2156</b>		M30	52	00:10:04	<b>00:21:42.60</b>	<b>00:21:42.60</b>	+00:06:34	12:45	4.7
129	<b>KOZIOŁ Kamil</b>	<b>2183</b>	HUSARIA RACE TEAM	M20	31	00:10:07	<b>00:21:44.35</b>	<b>00:21:44.35</b>	+00:06:36	12:47	4.7
130	<b>KANIA Damian</b>	<b>2105</b>	MYSŁOWICKI KLUB BIEGACZA NO.I	M30	53	00:10:06	<b>00:21:45.25</b>	<b>00:21:45.25</b>	+00:06:36	12:47	4.7
131	<b>WILK Dawid</b>	<b>2194</b>	SOCIOS GÓRNIK	M20	32	00:10:00	<b>00:21:45.45</b>	<b>00:21:45.45</b>	+00:06:37	12:47	4.7
132	<b>LISAK Wojciech</b>	<b>2201</b>		M30	54	00:09:39	<b>00:21:46.05</b>	<b>00:21:46.05</b>	+00:06:37	12:48	4.7
133	<b>KANCLERZ-JANUSZEWSKA Katarzyna</b>	<b>1010</b>	KOBIETY NA 5+	K50	2	00:10:15	<b>00:21:47.15</b>	<b>00:21:47.15</b>	+00:06:38	12:48	4.7
134	<b>GRUND Marek</b>	<b>2221</b>	MAFIA TEAM LUBLINIEC	M20	33	00:09:58	<b>00:21:48.05</b>	<b>00:21:48.05</b>	+00:06:39	12:49	4.7
135	<b>RADOMSKI Zbigniew</b>	<b>2173</b>	TKKF BESKIDEK	M60	2	00:10:12	<b>00:21:48.90</b>	<b>00:21:48.90</b>	+00:06:40	12:49	4.7
136	<b>PYTLARZ Wojtek</b>	<b>2110</b>	NEVERLAND TEAM	M30	55	00:10:06	<b>00:21:50.50</b>	<b>00:21:50.50</b>	+00:06:42	12:50	4.7
137	<b>MORAWSKI Grzegorz</b>	<b>2277</b>	TRENER24H.COM.PL	M30	56	00:10:00	<b>00:21:51.10</b>	<b>00:21:51.10</b>	+00:06:42	12:51	4.7
138	<b>KOZIARSKI Michał</b>	<b>2309</b>	LKS SIERAKÓW ŚLĄSKI	M30	57	00:10:07	<b>00:21:52.90</b>	<b>00:21:52.90</b>	+00:06:44	12:51	4.7
138	<b>DOMIN Łukasz</b>	<b>2177</b>	LIDER ANIMATOR/AKTYWNY DYNÓW	M20	34	00:10:18	<b>00:21:52.90</b>	<b>00:21:52.90</b>	+00:06:44	12:51	4.7
140	<b>KOZAR Michał</b>	<b>2185</b>		M30	58	00:10:30	<b>00:21:53.50</b>	<b>00:21:53.50</b>	+00:06:45	12:52	4.7
141	<b>KUKUŁA Sławomir</b>	<b>2045</b>		M20	35	00:09:59	<b>00:21:53.90</b>	<b>00:21:53.90</b>	+00:06:45	12:52	4.7
142	<b>THIER Dominik</b>	<b>2212</b>	JACEKBIEGA RUNNING TEAM / KS KANDAHAR	M30	59	00:10:18	<b>00:21:53.95</b>	<b>00:21:53.95</b>	+00:06:45	12:52	4.7
143	<b>BASZAK Tomasz</b>	<b>2288</b>	SŁAOGRA.PL	M30	60	00:10:22	<b>00:21:55.50</b>	<b>00:21:55.50</b>	+00:06:47	12:53	4.7
144	<b>KOZIEŁ Krzysztof</b>	<b>2314</b>	NIGHT RUNNERS GLIWCE	M30	61	00:10:16	<b>00:21:56.55</b>	<b>00:21:56.55</b>	+00:06:48	12:54	4.7
145	<b>MAŁACHOWSKI Mariusz</b>	<b>2103</b>	BIEGAJĄC Z WILKAMI	M40	28	00:09:40	<b>00:21:58.40</b>	<b>00:21:58.40</b>	+00:06:50	12:55	4.6
146	<b>RZEPKA Piotr</b>	<b>2125</b>	PARKRUN KATOWICE	M20	36	00:10:10	<b>00:21:58.75</b>	<b>00:21:58.75</b>	+00:06:50	12:55	4.6
147	<b>BŁAUCIAK Ewa</b>	<b>1061</b>	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	K20	5	00:10:02	<b>00:21:59.90</b>	<b>00:21:59.90</b>	+00:06:51	12:55	4.6
148	<b>SERAFIN Dariusz</b>	<b>2033</b>	KLUB BIEGACZA FARTLEK	M40	29	00:10:29	<b>00:22:00.70</b>	<b>00:22:00.70</b>	+00:06:52	12:56	4.6
149	<b>RADZIK Piotr</b>	<b>2021</b>		M30	62	00:10:24	<b>00:22:06.40</b>	<b>00:22:06.40</b>	+00:06:58	13:00	4.6
150	<b>GWÓZDŹ Michał</b>	<b>2163</b>	#CZELADZBIEGA	M40	30	00:10:42	<b>00:22:11.85</b>	<b>00:22:11.85</b>	+00:07:03	13:02	4.6
151	<b>DAWIDOWICZ Krzysztof</b>	<b>2164</b>	FREEWAY	M30	63	00:10:30	<b>00:22:12.45</b>	<b>00:22:12.45</b>	+00:07:04	13:03	4.6
152	<b>URBAN Wiktor</b>	<b>2162</b>	NIGHT RUNNERS ZABRZE	M20	37	00:10:15	<b>00:22:14.20</b>	<b>00:22:14.20</b>	+00:07:05	13:04	4.6
153	<b>GRYCKO Konrad</b>	<b>2097</b>	FURION	M20	38	00:10:19	<b>00:22:14.40</b>	<b>00:22:14.40</b>	+00:07:06	13:04	4.6
154	<b>MIRONCZUK Roman</b>	<b>2167</b>	DRUŻYNA SZPIKU	M40	31	00:10:32	<b>00:22:15.65</b>	<b>00:22:15.65</b>	+00:07:07	13:05	4.6
155	<b>KOMANIECKI Łukasz</b>	<b>2157</b>		M30	64	00:10:47	<b>00:22:16.75</b>	<b>00:22:16.75</b>	+00:07:08	13:05	4.6
156	<b>MAJCHRZAK Maciej</b>	<b>2196</b>		M20	39	00:10:21	<b>00:22:16.90</b>	<b>00:22:16.90</b>	+00:07:08	13:05	4.6
157	<b>KNURA Aleksander</b>	<b>2252</b>	KW JASTRZĘBIE - ZDRÓJ	M30	65	00:10:25	<b>00:22:18.05</b>	<b>00:22:18.05</b>	+00:07:09	13:07	4.6
158	<b>LEŚNIEWSKI Rafał</b>	<b>2310</b>	BICIUFAPSZTRI	M40	32	00:10:24	<b>00:22:20.40</b>	<b>00:22:20.40</b>	+00:07:12	13:08	4.6
159	<b>JEAN MICHEL Warnotte</b>	<b>2336</b>		M40	33	00:10:37	<b>00:22:22.40</b>	<b>00:22:22.40</b>	+00:07:14	13:09	4.6
160	<b>URBAŃSKI Robert</b>	<b>2055</b>		M40	34	00:10:27	<b>00:22:24.40</b>	<b>00:22:24.40</b>	+00:07:16	13:10	4.6
161	<b>STEFAŃSKI Zbigniew</b>	<b>2207</b>	HEBEL	M40	35	00:10:20	<b>00:22:25.30</b>	<b>00:22:25.30</b>	+00:07:16	13:11	4.6

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
162	<b>RAJA Paweł</b>	<b>2264</b>	SKYRUNNING POLAND	M30	66	00:10:14	<b>00:22:25.60</b>	<b>00:22:25.60</b>	+00:07:17	13:11	4.6
163	<b>BŁASZCZAK Jarosław</b>	<b>2298</b>	APTIV RUNNING TEAM	M40	36	00:10:27	<b>00:22:26.40</b>	<b>00:22:26.40</b>	+00:07:18	13:11	4.5
164	<b>MAJCHROWSKI Jacek</b>	<b>2028</b>	CKB TARNOBRZEG	M40	37	00:10:09	<b>00:22:26.55</b>	<b>00:22:26.55</b>	+00:07:18	13:11	4.5
165	<b>MOSTOWIK Marcin</b>	<b>2227</b>		M30	67	00:10:14	<b>00:22:26.85</b>	<b>00:22:26.85</b>	+00:07:18	13:11	4.5
166	<b>PRASOŁ Marcin</b>	<b>2256</b>		M30	68	00:10:31	<b>00:22:27.45</b>	<b>00:22:27.45</b>	+00:07:19	13:12	4.5
167	<b>PLUCINSKI Grzegorz</b>	<b>2014</b>	INŻYNIERIA BIEGANIA TEAM	M40	38	00:10:45	<b>00:22:27.75</b>	<b>00:22:27.75</b>	+00:07:19	13:12	4.5
168	<b>SZYMIK Krzysztof</b>	<b>2130</b>	BZIEGACZ SAMOTNT WLK	M40	39		<b>00:22:28.00</b>	<b>00:22:28.00</b>	+00:07:19	13:12	4.5
169	<b>KALITA Arek</b>	<b>2223</b>		M40	40	00:10:20	<b>00:22:28.80</b>	<b>00:22:28.80</b>	+00:07:20	13:12	4.5
170	<b>STELMASZCZYK Bartłomiej</b>	<b>2235</b>	SCOUT TAEM	M40	41	00:10:50	<b>00:22:30.80</b>	<b>00:22:30.80</b>	+00:07:22	13:14	4.5
171	<b>SZOSTAK Artur</b>	<b>2129</b>	BRAVEHEARTS LEGIONOWO	M20	40	00:10:25	<b>00:22:33.85</b>	<b>00:22:33.85</b>	+00:07:25	13:15	4.5
172	<b>BUŁA Robert</b>	<b>2133</b>	RYBNICKA GRUPA BIEGOWA PĘDZIMY RAZEM	M20	41	00:10:46	<b>00:22:33.95</b>	<b>00:22:33.95</b>	+00:07:25	13:15	4.5
173	<b>BIENIECKA Anna</b>	<b>1006</b>	OTK RZEŹNIK	K30	6	00:10:19	<b>00:22:34.85</b>	<b>00:22:34.85</b>	+00:07:26	13:16	4.5
174	<b>KUSZKA Michał</b>	<b>2016</b>	BBL MIKOŁÓW	M30	69	00:10:41	<b>00:22:35.15</b>	<b>00:22:35.15</b>	+00:07:26	13:17	4.5
175	<b>KOZIEŁ Grzegorz</b>	<b>2027</b>	SILESIA RUNNERS CLUB	M30	70	00:11:15	<b>00:22:36.50</b>	<b>00:22:36.50</b>	+00:07:28	13:17	4.5
176	<b>OLEKSIEWICZ Michał</b>	<b>2166</b>		M30	71	00:10:14	<b>00:22:37.55</b>	<b>00:22:37.55</b>	+00:07:29	13:18	4.5
177	<b>KROTLA Piotr</b>	<b>2126</b>		M30	72	00:10:36	<b>00:22:40.60</b>	<b>00:22:40.60</b>	+00:07:32	13:20	4.5
178	<b>WĄS Andrzej</b>	<b>2189</b>		M40	42	00:10:37	<b>00:22:41.70</b>	<b>00:22:41.70</b>	+00:07:33	13:20	4.5
179	<b>WRZESZCZ Mariusz</b>	<b>2015</b>	TRIATHLON MIETKÓW TEAM	M20	42	00:10:26	<b>00:22:41.80</b>	<b>00:22:41.80</b>	+00:07:33	13:20	4.5
180	<b>DURAŁ Grzegorz</b>	<b>2228</b>	TRENING ULTRASA	M30	73	00:10:33	<b>00:22:42.20</b>	<b>00:22:42.20</b>	+00:07:33	13:21	4.5
181	<b>PIÓRKOWSKI Tomek</b>	<b>2144</b>	BISKUPICE FAMILY TEAM	M40	43	00:10:55	<b>00:22:48.85</b>	<b>00:22:48.85</b>	+00:07:40	13:24	4.5
182	<b>WRZESIŃSKI Piotr</b>	<b>2215</b>	GAPPAG TEAM	M40	44	00:10:42	<b>00:22:49.80</b>	<b>00:22:49.80</b>	+00:07:41	13:25	4.5
183	<b>ISKRZYCKI Andrzej</b>	<b>2211</b>		M40	45	00:10:12	<b>00:22:51.50</b>	<b>00:22:51.50</b>	+00:07:43	13:26	4.5
184	<b>GOLF Krystian</b>	<b>2072</b>	NEZRZESZONY	M30	74	00:10:35	<b>00:22:52.35</b>	<b>00:22:52.35</b>	+00:07:44	13:27	4.5
185	<b>MIKULSKI Michał</b>	<b>2239</b>	GREMI BOCHNIA	M30	75	00:10:36	<b>00:22:53.55</b>	<b>00:22:53.55</b>	+00:07:45	13:27	4.5
186	<b>TOMCZYK Marcin</b>	<b>2279</b>		M40	46	00:10:38	<b>00:22:58.40</b>	<b>00:22:58.40</b>	+00:07:50	13:30	4.4
187	<b>RENCZ Małgorzata</b>	<b>1014</b>	W POGONI ZA DUCHEM	K40	3	00:10:22	<b>00:23:01.75</b>	<b>00:23:01.75</b>	+00:07:53	13:32	4.4
188	<b>DYLAĞ Andrzej</b>	<b>2302</b>	KS LIMANOWA FORREST	M40	47	00:10:47	<b>00:23:02.35</b>	<b>00:23:02.35</b>	+00:07:54	13:32	4.4
189	<b>KUBERA Marcin</b>	<b>2285</b>	KUBERUN	M30	76	00:10:47	<b>00:23:04.20</b>	<b>00:23:04.20</b>	+00:07:55	13:34	4.4
190	<b>SZUKAŁA Damian</b>	<b>2123</b>	ŻARY RUNNERS TEAM	M30	77	00:10:57	<b>00:23:05.55</b>	<b>00:23:05.55</b>	+00:07:57	13:34	4.4
191	<b>KARWACKI Grzegorz</b>	<b>2119</b>	JA	M40	48	00:10:57	<b>00:23:06.05</b>	<b>00:23:06.05</b>	+00:07:57	13:35	4.4
192	<b>KRÓL Kamil</b>	<b>2191</b>	SOCIOS GÓRNIK	M20	43	00:10:42	<b>00:23:06.45</b>	<b>00:23:06.45</b>	+00:07:58	13:35	4.4
193	<b>LEWANDOWSKI Paweł</b>	<b>2150</b>		M30	78	00:10:56	<b>00:23:08.00</b>	<b>00:23:08.00</b>	+00:07:59	13:36	4.4
194	<b>JONKISZ Dorota</b>	<b>1070</b>	RYTM CZECHOWCE DZIEDZICE	K50	3	00:10:53	<b>00:23:12.50</b>	<b>00:23:12.50</b>	+00:08:04	13:38	4.4
195	<b>STASIK Krzysztof</b>	<b>2179</b>	LOGTECH SPORT TEAM RADZIONKÓW	M30	79	00:10:44	<b>00:23:13.30</b>	<b>00:23:13.30</b>	+00:08:04	13:39	4.4
196	<b>SIWA Kinga</b>	<b>1047</b>	KS SAKO GDAŃSK	K30	7	00:10:39	<b>00:23:17.40</b>	<b>00:23:17.40</b>	+00:08:09	13:41	4.4
197	<b>TONDYS Piotr</b>	<b>2114</b>	TIGERS TEAM	M40	49	00:10:55	<b>00:23:20.50</b>	<b>00:23:20.50</b>	+00:08:12	13:43	4.4
198	<b>MARKIEWICZ Agnieszka</b>	<b>1050</b>	PRORUNNING PROMOTION	K20	6	00:10:48	<b>00:23:22.40</b>	<b>00:23:22.40</b>	+00:08:14	13:44	4.4
199	<b>BEDNARZ Sebastian</b>	<b>2139</b>		M40	50	00:10:42	<b>00:23:29.65</b>	<b>00:23:29.65</b>	+00:08:21	13:48	4.3
200	<b>GRAJEK Marek</b>	<b>2175</b>		M30	80	00:10:35	<b>00:23:34.10</b>	<b>00:23:34.10</b>	+00:08:25	13:51	4.3
201	<b>SIKORA Alicja</b>	<b>1046</b>	TEAM SIKORA	K60	1	00:10:58	<b>00:23:34.95</b>	<b>00:23:34.95</b>	+00:08:26	13:51	4.3
202	<b>GURGUL Sebastian</b>	<b>2078</b>	AROMAT NÓG	M30	81	00:10:52	<b>00:23:36.55</b>	<b>00:23:36.55</b>	+00:08:28	13:52	4.3
203	<b>LEITNER Rafał</b>	<b>2148</b>		M20	44	00:10:38	<b>00:23:37.30</b>	<b>00:23:37.30</b>	+00:08:28	13:53	4.3
204	<b>NIERADA Marcin</b>	<b>2263</b>		M30	82	00:10:48	<b>00:23:42.55</b>	<b>00:23:42.55</b>	+00:08:34	13:56	4.3
205	<b>STACHURSKI Paweł</b>	<b>2104</b>		M30	83	00:10:48	<b>00:23:46.40</b>	<b>00:23:46.40</b>	+00:08:38	13:58	4.3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
206	<b>JANUSZEWSKI Tomasz</b>	<b>2040</b>		M50	7	00:11:20	<b>00:23:51.80</b>	<b>00:23:51.80</b>	+00:08:43	14:01	4.3
207	<b>KUBIK Jarosław</b>	<b>2143</b>	MYSŁOWICKI KLUB BIEGACZA NO.I	M40	51	00:10:54	<b>00:23:54.00</b>	<b>00:23:54.00</b>	+00:08:45	14:03	4.3
208	<b>HEDA Sebastian</b>	<b>2231</b>		M30	84	00:11:21	<b>00:23:54.30</b>	<b>00:23:54.30</b>	+00:08:45	14:03	4.3
209	<b>PROŃ Adam</b>	<b>2030</b>	IPRONMAN	M40	52	00:11:16	<b>00:23:54.35</b>	<b>00:23:54.35</b>	+00:08:46	14:03	4.3
210	<b>WĘGLARZ Czesław</b>	<b>2240</b>	NEZRZESZONY	M50	8	00:11:16	<b>00:23:54.65</b>	<b>00:23:54.65</b>	+00:08:46	14:03	4.3
211	<b>GLISZCZYŃSKI Paweł</b>	<b>2135</b>	ORZEŁ BIAŁY S.A.	M30	85	00:11:41	<b>00:23:55.60</b>	<b>00:23:55.60</b>	+00:08:47	14:04	4.3
212	<b>SEMMERLING Przemysław</b>	<b>2274</b>	GÓRSKIE PEDZIMATRY	M30	86	00:10:53	<b>00:23:57.50</b>	<b>00:23:57.50</b>	+00:08:49	14:05	4.3
213	<b>KELLER Dariusz</b>	<b>2047</b>	NIGHT RUNNERS +	M20	45	00:11:04	<b>00:24:05.10</b>	<b>00:24:05.10</b>	+00:08:56	14:10	4.2
214	<b>PODSADNIUK Mateusz</b>	<b>2031</b>	EASY RUN KRAKÓW	M30	87	00:11:17	<b>00:24:07.20</b>	<b>00:24:07.20</b>	+00:08:58	14:11	4.2
215	<b>DOMISZEWSKI Wojciech</b>	<b>2249</b>		M50	9	00:11:01	<b>00:24:07.85</b>	<b>00:24:07.85</b>	+00:08:59	14:11	4.2
216	<b>SUDNIK Krzysztof</b>	<b>2300</b>		M30	88	00:10:52	<b>00:24:16.80</b>	<b>00:24:16.80</b>	+00:09:08	14:16	4.2
217	<b>SZCZEPANIK Grzegorz</b>	<b>2058</b>	WLDEER	M30	89	00:11:34	<b>00:24:18.60</b>	<b>00:24:18.60</b>	+00:09:10	14:17	4.2
218	<b>GAUDYN Andrzej</b>	<b>2152</b>		M30	90	00:11:02	<b>00:24:19.65</b>	<b>00:24:19.65</b>	+00:09:11	14:18	4.2
219	<b>LIWOCH Sebastian</b>	<b>2061</b>		M30	91	00:11:08	<b>00:24:20.55</b>	<b>00:24:20.55</b>	+00:09:12	14:18	4.2
220	<b>DZIUBA Emilian</b>	<b>2013</b>	STS BIEGATON MIKOŁÓW	M40	53	00:11:19	<b>00:24:21.00</b>	<b>00:24:21.00</b>	+00:09:12	14:19	4.2
221	<b>RACZYŃSKI Bogusz</b>	<b>2087</b>	TIGERS TEAM	M30	92	00:11:30	<b>00:24:22.30</b>	<b>00:24:22.30</b>	+00:09:13	14:20	4.2
222	<b>SZYMCZAK Łukasz</b>	<b>2244</b>	SSW TEAM KROŚNICE	M30	93	00:10:59	<b>00:24:26.35</b>	<b>00:24:26.35</b>	+00:09:18	14:22	4.2
223	<b>OKOŃ Łukasz</b>	<b>2241</b>		M30	94	00:10:56	<b>00:24:30.35</b>	<b>00:24:30.35</b>	+00:09:22	14:24	4.2
224	<b>BLUNTZER Gregoire</b>	<b>2315</b>		M50	10	00:11:32	<b>00:24:32.05</b>	<b>00:24:32.05</b>	+00:09:23	14:25	4.2
225	<b>POTOCZNY Mirosław</b>	<b>2107</b>	TRAIL RUNNERS JAWORZNO	M40	54	00:11:34	<b>00:24:36.00</b>	<b>00:24:36.00</b>	+00:09:27	14:28	4.1
226	<b>LIS Radosław</b>	<b>2313</b>		M30	95	00:11:45	<b>00:24:48.70</b>	<b>00:24:48.70</b>	+00:09:40	14:35	4.1
227	<b>PACHURA Kinga</b>	<b>1024</b>		K40	4	00:11:32	<b>00:24:51.55</b>	<b>00:24:51.55</b>	+00:09:43	14:37	4.1
228	<b>KANIA Paweł</b>	<b>2247</b>	SAINT-GOBAIN SQUAD	M40	55	00:11:46	<b>00:25:01.85</b>	<b>00:25:01.85</b>	+00:09:53	14:42	4.1
229	<b>FIREK Iwona</b>	<b>1057</b>	FIRE'K TEAM	K30	8	00:11:45	<b>00:25:04.95</b>	<b>00:25:04.95</b>	+00:09:56	14:44	4.1
230	<b>KOŚMIDER Tomasz</b>	<b>2293</b>	SPARTANIE DZIECIOM	M30	96	00:11:32	<b>00:25:05.70</b>	<b>00:25:05.70</b>	+00:09:57	14:45	4.1
231	<b>SIEWKO Piotr</b>	<b>2023</b>	SZWAGRY TEAM	M40	56	00:11:23	<b>00:25:07.70</b>	<b>00:25:07.70</b>	+00:09:59	14:46	4.1
232	<b>KLIMOSZ Edyta</b>	<b>1040</b>		K20	7	00:11:21	<b>00:25:07.85</b>	<b>00:25:07.85</b>	+00:09:59	14:46	4.1
233	<b>ŁYZIŃSKI Jan</b>	<b>2172</b>		M50	11	00:11:33	<b>00:25:07.95</b>	<b>00:25:07.95</b>	+00:09:59	14:46	4.1
234	<b>PIŁAT Artur</b>	<b>2029</b>		M40	57	00:12:00	<b>00:25:11.75</b>	<b>00:25:11.75</b>	+00:10:03	14:48	4.1
235	<b>KARAŚ Michał</b>	<b>2044</b>	GOOL GORCE NOWY TARG	M30	97	00:11:42	<b>00:25:13.15</b>	<b>00:25:13.15</b>	+00:10:04	14:50	4
236	<b>RESPONDEK Marcin</b>	<b>2090</b>	LECYMY DURŚ	M30	98	00:10:01	<b>00:25:19.05</b>	<b>00:25:19.05</b>	+00:10:10	14:53	4
237	<b>STRAUCHOLD Anna</b>	<b>1073</b>	PRO-RUN WROCŁAW	K40	5	00:11:43	<b>00:25:21.15</b>	<b>00:25:21.15</b>	+00:10:12	14:54	4
238	<b>WILK Tomasz</b>	<b>2251</b>	MOMNATOCAŁEŻYCIE	M30	99	00:11:28	<b>00:25:27.55</b>	<b>00:25:27.55</b>	+00:10:19	14:58	4
239	<b>WOJTYRA Karolina</b>	<b>1034</b>	ENTER AIR RUNNERS CLUB	K20	8	00:11:46	<b>00:25:35.30</b>	<b>00:25:35.30</b>	+00:10:26	15:02	4
240	<b>CHOWANIOK Anna</b>	<b>1049</b>		K20	9	00:11:48	<b>00:25:38.90</b>	<b>00:25:38.90</b>	+00:10:30	15:04	4
241	<b>CAŁKA Grzegorz</b>	<b>2233</b>	RADZYMIN RUN TEAM	M40	58	00:11:37	<b>00:25:48.00</b>	<b>00:25:48.00</b>	+00:10:39	15:10	4
242	<b>LIGĘZA Joasia</b>	<b>1017</b>	SMASHING PAPKINS/UNLIMITED	K40	6	00:12:18	<b>00:25:51.55</b>	<b>00:25:51.55</b>	+00:10:43	15:12	3.9
243	<b>DYDUŁA Łukasz</b>	<b>2053</b>	ITAL CAR TEAM	M40	59	00:12:25	<b>00:25:56.35</b>	<b>00:25:56.35</b>	+00:10:48	15:15	3.9
244	<b>SUJAK Mirosław</b>	<b>2043</b>	MKB DREPTAK	M50	12	00:11:45	<b>00:25:59.95</b>	<b>00:25:59.95</b>	+00:10:51	15:17	3.9
245	<b>GURGUL Mateusz</b>	<b>2113</b>	AROMAT NÓG	M30	100	00:12:42	<b>00:26:12.90</b>	<b>00:26:12.90</b>	+00:11:04	15:24	3.9
246	<b>ŚWIĘTEK Sylwia</b>	<b>1058</b>	LITWIN TRIATHLON TEAM	K40	7	00:12:04	<b>00:26:15.80</b>	<b>00:26:15.80</b>	+00:11:07	15:26	3.9
247	<b>SERZYSKO Bartosz</b>	<b>2299</b>	APTIV RUNNING TEAM	M20	46	00:10:48	<b>00:26:41.30</b>	<b>00:26:41.30</b>	+00:11:32	15:41	3.8
248	<b>CAŁKA Agnieszka</b>	<b>1059</b>	RADZYMIN RUN TEAM	K40	8	00:12:38	<b>00:26:47.05</b>	<b>00:26:47.05</b>	+00:11:38	15:45	3.8
249	<b>STEFAŃSKI Jaroslaw</b>	<b>2200</b>	W POGONI ZA DUCHEM	M50	13	00:11:34	<b>00:26:58.80</b>	<b>00:26:58.80</b>	+00:11:50	15:51	3.8

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas netto 1.7km	Czas brutto 1.7km	Różn	Tempo min/km	Tempo km/h
250	<b>FIGAS Sebastian</b>	<b>2232</b>	LITWIN TRIATHLON TEAM	M40	60	00:12:47	<b>00:27:10.65</b>	<b>00:27:10.65</b>	+00:12:02	15:58	3.8
251	<b>PITAS Andrzej</b>	<b>2186</b>	ZAPIERDALACZE	M40	61	00:13:14	<b>00:27:23.70</b>	<b>00:27:23.70</b>	+00:12:15	16:06	3.7
252	<b>TOL Kamil</b>	<b>2220</b>	MAFIA TEAM LUBLINIEC	M30	101	00:12:55	<b>00:27:37.80</b>	<b>00:27:37.80</b>	+00:12:29	16:14	3.7
253	<b>TOMCZYK Tomasz</b>	<b>2161</b>	RMF 4RACING OCR	M30	102	00:12:51	<b>00:27:44.90</b>	<b>00:27:44.90</b>	+00:12:36	16:18	3.7
254	<b>KANIA Jolanta</b>	<b>1062</b>		K40	9	00:12:33	<b>00:27:47.80</b>	<b>00:27:47.80</b>	+00:12:39	16:20	3.7
255	<b>KLATE Łukasz</b>	<b>2111</b>	ŁÓDŹ KOCHA SPORT	M30	103	00:12:33	<b>00:27:54.15</b>	<b>00:27:54.15</b>	+00:12:45	16:24	3.7
256	<b>PIÓRKOWSKA Ola</b>	<b>1035</b>	BISKUPICE FAMILY TEAM	K40	10	00:13:15	<b>00:27:54.80</b>	<b>00:27:54.80</b>	+00:12:46	16:24	3.7
257	<b>LEŚNIAK Tomasz</b>	<b>2063</b>	KRZYWDA TEAM	M30	104	00:13:05	<b>00:28:05.00</b>	<b>00:28:05.00</b>	+00:12:56	16:31	3.6
258	<b>WAWRZACZ Katarzyna</b>	<b>1052</b>		K40	11	00:12:49	<b>00:28:08.30</b>	<b>00:28:08.30</b>	+00:12:59	16:32	3.6
259	<b>ŚWIERK Krystyna</b>	<b>1036</b>	NATURALNIE JANOWICE	K60	2	00:13:05	<b>00:28:17.60</b>	<b>00:28:17.60</b>	+00:13:09	16:38	3.6
260	<b>BEDNAREK Jacek</b>	<b>2059</b>	METLIFE RUN	M40	62	00:13:22	<b>00:28:40.60</b>	<b>00:28:40.60</b>	+00:13:32	16:51	3.6
261	<b>DYDUŁA Renata</b>	<b>1018</b>	ITAL CAR TEAM	K40	12	00:12:59	<b>00:29:25.15</b>	<b>00:29:25.15</b>	+00:14:16	17:18	3.5
262	<b>PUCHAJDA Monika</b>	<b>1065</b>		K30	9	00:12:46	<b>00:29:28.80</b>	<b>00:29:28.80</b>	+00:14:20	17:20	3.5
263	<b>KULA Krzysztof</b>	<b>2140</b>		M20	47	00:14:21	<b>00:29:54.45</b>	<b>00:29:54.45</b>	+00:14:46	17:35	3.4
264	<b>PARZUCH Magdalena</b>	<b>1026</b>	SZTURM	K20	10	00:13:36	<b>00:30:03.05</b>	<b>00:30:03.05</b>	+00:14:54	17:40	3.4
265	<b>SNARSKA Katarzyna</b>	<b>1029</b>	ALBATROSY	K30	10	00:13:53	<b>00:30:18.10</b>	<b>00:30:18.10</b>	+00:15:09	17:49	3.4
266	<b>GUZIAK Irena</b>	<b>1021</b>		K40	13	00:14:20	<b>00:30:23.10</b>	<b>00:30:23.10</b>	+00:15:14	17:52	3.4
267	<b>GŁUCHOWSKA Natalia</b>	<b>1038</b>		K20	11	00:14:10	<b>00:30:40.70</b>	<b>00:30:40.70</b>	+00:15:32	18:02	3.3
268	<b>OKAPIEC Dagmara</b>	<b>1020</b>	GÓRSKIE PĘDZIWATRY	K30	11	00:13:59	<b>00:30:46.00</b>	<b>00:30:46.00</b>	+00:15:37	18:05	3.3
269	<b>PASTERNAK Justyna</b>	<b>1031</b>	NIEMANIEMOGE	K30	12	00:14:00	<b>00:30:57.75</b>	<b>00:30:57.75</b>	+00:15:49	18:12	3.3
270	<b>PAZDERSKA-KIPIEL Agnieszka</b>	<b>1056</b>	EVIL TEAM	K30	13	00:14:30	<b>00:31:10.60</b>	<b>00:31:10.60</b>	+00:16:02	18:20	3.3

Znaleziono 270 wynik(ów)