



# ELIMINATOR 2017 - ETAP III

B4SPORT

**Wydarzenie:** Eliminator 2017  
**Organizator:** Fundacja Bieg Rzeźnika  
**Data:** 2017-11-25  
**Miejsce:** Ustroń  
**Dystans:** 1.7 km

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas netto 1.7km	Czas brutto 1.7km	Różn	Tempo min/km	Tempo km/h
1	<b>PRZEDWOJEWSKI Bartłomiej</b>	<b>2003</b>	MULKS JUVENIA GŁUCHOŁAZY	M20	1	00:06:56	<b>00:15:30.65</b>	<b>00:15:30.65</b>		9:07	6.6 (100%)
2	<b>MALINA Dawid</b>	<b>2001</b>	INŻYNIERIA BIEGANIA - TWÓJ TRENER BIEGOWY!	M20	2	00:07:23	<b>00:16:04.10</b>	<b>00:16:04.10</b>	+00:00:33 (3.5%)	9:27	6.3 (95.5%)
3	<b>RZAŚA Franciszek</b>	<b>2287</b>	TKN TATRA TEAM	M20	3	00:07:29	<b>00:16:07.85</b>	<b>00:16:07.85</b>	+00:00:37 (3.8%)	9:28	6.3 (95.5%)
4	<b>BODURKA Krzysztof</b>	<b>2004</b>	ALPIN SPORT TEAM	M20	4	00:07:29	<b>00:16:17.15</b>	<b>00:16:17.15</b>	+00:00:46 (4.8%)	9:34	6.3 (95.5%)
5	<b>GRZĄDZIEL Dominik</b>	<b>2007</b>	ATTIQ	M30	1	00:07:36	<b>00:16:29.25</b>	<b>00:16:29.25</b>	+00:00:58 (5.9%)	9:41	6.2 (93.9%)
6	<b>KOŃ Piotr</b>	<b>2006</b>	ALPIN SPORT TEAM	M30	2	00:08:01	<b>00:16:44.05</b>	<b>00:16:44.05</b>	+00:01:13 (7.3%)	9:50	6.1 (92.4%)
7	<b>GRACZ Bogusław</b>	<b>2328</b>		M40	1	00:07:45	<b>00:16:49.40</b>	<b>00:16:49.40</b>	+00:01:18 (7.8%)	9:53	6.1 (92.4%)
8	<b>BIERNAWSKI Piotr</b>	<b>2005</b>	ATTIQ	M40	2	00:07:46	<b>00:16:52.20</b>	<b>00:16:52.20</b>	+00:01:21 (8.1%)	9:55	6 (90.9%)
9	<b>GAWROŃSKI Tomasz</b>	<b>2008</b>	UMKS NADIR JĘDRZEJÓW	M20	5	00:08:01	<b>00:16:58.70</b>	<b>00:16:58.70</b>	+00:01:28 (8.6%)	9:58	6 (90.9%)
10	<b>JAWORSKI Zbigniew</b>	<b>2080</b>		M40	3	00:07:54	<b>00:17:05.25</b>	<b>00:17:05.25</b>	+00:01:34 (9.2%)	10:02	6 (90.9%)
11	<b>KUBICA Marcin</b>	<b>2237</b>	INOV-8 TEAM	M20	6	00:07:54	<b>00:17:25.70</b>	<b>00:17:25.70</b>	+00:01:55 (11.0%)	10:14	5.9 (89.4%)
12	<b>MIŚKIEWCZ Mariusz</b>	<b>2334</b>		M30	3	00:08:03	<b>00:17:43.20</b>	<b>00:17:43.20</b>	+00:02:12 (12.5%)	10:25	5.8 (87.9%)
13	<b>FALKOWSKI Krzysztof</b>	<b>2041</b>	WOODWARD RUNNERS	M30	4	00:08:11	<b>00:17:54.05</b>	<b>00:17:54.05</b>	+00:02:23 (13.4%)	10:31	5.7 (86.4%)
14	<b>KASZYCA Paweł</b>	<b>2320</b>	IGLOO BOCANIA	M30	5	00:08:19	<b>00:17:54.35</b>	<b>00:17:54.35</b>	+00:02:23 (13.4%)	10:31	5.7 (86.4%)
15	<b>URBAŃCZYK Karol</b>	<b>2290</b>	NIGHT RUNNERS GLIWICE	M20	7	00:08:24	<b>00:17:58.15</b>	<b>00:17:58.15</b>	+00:02:27 (13.7%)	10:34	5.7 (86.4%)
16	<b>POPIELARSKI Kubuś</b>	<b>2283</b>	TKN TATRA TEAM	M20	8	00:08:26	<b>00:17:59.75</b>	<b>00:17:59.75</b>	+00:02:29 (13.8%)	10:34	5.7 (86.4%)
17	<b>ELANTKOWSKI Jan</b>	<b>2230</b>	TKN TATRA TEAM	M20	9	00:08:27	<b>00:17:59.90</b>	<b>00:17:59.90</b>	+00:02:29 (13.8%)	10:34	5.7 (86.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
18	<b>WÓJCIK Adam</b>	<b>2120</b>		M20	10	00:08:23	<b>00:18:05.25</b>	<b>00:18:05.25</b>	+00:02:34 (14.2%)	10:38	5.6 (84.8%)
19	<b>WRÓBEL Tomasz</b>	<b>2303</b>	MKS-R CENTRUM DZIENGIEL	M40	4	00:08:20	<b>00:18:08.10</b>	<b>00:18:08.10</b>	+00:02:37 (14.5%)	10:40	5.6 (84.8%)
20	<b>HUZIOR Piotr</b>	<b>2316</b>	ATTIQ / SALMING	M40	5	00:08:32	<b>00:18:18.00</b>	<b>00:18:18.00</b>	+00:02:47 (15.2%)	10:45	5.6 (84.8%)
21	<b>ULFIK Rafał</b>	<b>2225</b>	ALPIN SOPRT TEAM/SKB KRAŚNIK	M30	6	00:08:41	<b>00:18:26.50</b>	<b>00:18:26.50</b>	+00:02:55 (15.9%)	10:50	5.5 (83.3%)
22	<b>PORĘBSKI Rafał</b>	<b>2095</b>	EVIL TEAM	M40	6	00:08:16	<b>00:18:27.50</b>	<b>00:18:27.50</b>	+00:02:56 (16.0%)	10:51	5.5 (83.3%)
23	<b>MADEJCZYK Marek</b>	<b>2168</b>		M30	7	00:08:45	<b>00:18:29.50</b>	<b>00:18:29.50</b>	+00:02:58 (16.1%)	10:52	5.5 (83.3%)
24	<b>DZIDOWSKI Aleksander</b>	<b>2187</b>	TG SOKÓŁ ZAKOPANE	M30	8	00:08:28	<b>00:18:50.40</b>	<b>00:18:50.40</b>	+00:03:19 (17.7%)	11:04	5.4 (81.8%)
25	<b>WIŚNIEWSKA-ULFIK Dominika</b>	<b>1002</b>	ALPIN SPORT TEAM/SKB KRAŚNIK	K30	1	00:08:36	<b>00:18:51.85</b>	<b>00:18:51.85</b>	+00:03:21 (17.8%)	11:05	5.4 (81.8%)
26	<b>GRUDZIEN Krzysztof</b>	<b>2278</b>		M40	7	00:09:10	<b>00:18:55.70</b>	<b>00:18:55.70</b>	+00:03:25 (18.1%)	11:07	5.4 (81.8%)
27	<b>BONIEC Radosław</b>	<b>2174</b>		M20	11	00:08:30	<b>00:18:57.70</b>	<b>00:18:57.70</b>	+00:03:27 (18.2%)	11:08	5.4 (81.8%)
28	<b>KUBERA Bartłomiej</b>	<b>2192</b>	FORUMRUN	M20	12	00:08:45	<b>00:19:01.95</b>	<b>00:19:01.95</b>	+00:03:31 (18.5%)	11:11	5.4 (81.8%)
29	<b>SAWICKI Kacper</b>	<b>2281</b>	TKN TATRA TEAM	M20	13	00:08:48	<b>00:19:03.75</b>	<b>00:19:03.75</b>	+00:03:33 (18.6%)	11:12	5.4 (81.8%)
30	<b>MAGIERA Janusz</b>	<b>2117</b>	FORMA WODZISŁAW ŚLĄSKI	M50	1	00:08:54	<b>00:19:07.90</b>	<b>00:19:07.90</b>	+00:03:37 (18.9%)	11:14	5.3 (80.3%)
31	<b>PUZOŃ Robert</b>	<b>2234</b>	NUTREND TEAM	M30	9	00:08:43	<b>00:19:16.05</b>	<b>00:19:16.05</b>	+00:03:45 (19.5%)	11:20	5.3 (80.3%)
32	<b>GAWLAS Dominik</b>	<b>2337</b>		M30	10	00:09:03	<b>00:19:18.15</b>	<b>00:19:18.15</b>	+00:03:47 (19.6%)	11:21	5.3 (80.3%)
33	<b>KUBACZKA Grzegorz</b>	<b>2138</b>	WWW.AG-ARCHITEKCI.PL	M30	11	00:08:47	<b>00:19:19.95</b>	<b>00:19:19.95</b>	+00:03:49 (19.8%)	11:21	5.3 (80.3%)
34	<b>JANUSZYK Iwona</b>	<b>1012</b>		K20	1	00:08:54	<b>00:19:22.20</b>	<b>00:19:22.20</b>	+00:03:51 (19.9%)	11:23	5.3 (80.3%)
35	<b>STEC Jakub</b>	<b>2198</b>	ULTRA BESKID SPORT	M20	14	00:08:57	<b>00:19:24.00</b>	<b>00:19:24.00</b>	+00:03:53 (20.0%)	11:24	5.3 (80.3%)
36	<b>BROL Marcin</b>	<b>2151</b>	MK TEAM	M30	12	00:08:53	<b>00:19:25.75</b>	<b>00:19:25.75</b>	+00:03:55 (20.2%)	11:25	5.3 (80.3%)
37	<b>SEDLAK Michał</b>	<b>2009</b>	LUBIĘ TO BIEGANIE	M40	8	00:09:08	<b>00:19:27.35</b>	<b>00:19:27.35</b>	+00:03:56 (20.3%)	11:26	5.2 (78.8%)
38	<b>DZIĘGIEŁOWSKI Paweł</b>	<b>2236</b>	HRMAX ŻORY	M30	13	00:08:55	<b>00:19:30.20</b>	<b>00:19:30.20</b>	+00:03:59 (20.5%)	11:28	5.2 (78.8%)
39	<b>FLOREK Sebastian</b>	<b>2019</b>	NORAFSPORT	M30	14	00:09:11	<b>00:19:33.70</b>	<b>00:19:33.70</b>	+00:04:03 (20.7%)	11:30	5.2 (78.8%)
40	<b>SOKOŁOWSKI Marek</b>	<b>2085</b>	ALPIN SPORT TEAM	M40	9	00:09:13	<b>00:19:37.45</b>	<b>00:19:37.45</b>	+00:04:06 (21.0%)	11:32	5.2 (78.8%)

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							netto 1.7km	brutto 1.7km			
41	<b>STACHURA Damian</b>	<b>2037</b>	ZAGŁĘBIE LUBIN	M30	15	00:08:55	<b>00:19:44.55</b>	<b>00:19:44.55</b>	+00:04:13 (21.4%)	11:36	5.2 (78.8%)
42	<b>WOJCIECHOWSKI Krzysztof</b>	<b>2226</b>	TKN TATRA TEAM	M20	15	00:09:11	<b>00:19:49.20</b>	<b>00:19:49.20</b>	+00:04:18 (21.7%)	11:39	5.1 (77.3%)
43	<b>KNAP Mateusz</b>	<b>2012</b>	SCARPA TEAM POLSKA/ KS KANDAHAR	M20	16	00:09:10	<b>00:19:49.75</b>	<b>00:19:49.75</b>	+00:04:19 (21.8%)	11:39	5.1 (77.3%)
44	<b>PLOCH Jakub</b>	<b>2153</b>	NIGHT RUNNERS ZABRZE	M20	17	00:09:08	<b>00:19:50.65</b>	<b>00:19:50.65</b>	+00:04:20 (21.8%)	11:40	5.1 (77.3%)
45	<b>KRASULAK Daniel</b>	<b>2229</b>	WKS ŚLĄSK WROCŁAW	M30	16	00:09:06	<b>00:19:50.85</b>	<b>00:19:50.85</b>	+00:04:20 (21.8%)	11:40	5.1 (77.3%)
46	<b>MENDECKA Michalina</b>	<b>1005</b>	MOSIR ŁAZISKA GÓRNE/ 1 SECOND TEAM	K20	2	00:09:07	<b>00:19:52.80</b>	<b>00:19:52.80</b>	+00:04:22 (22.0%)	11:41	5.1 (77.3%)
47	<b>BROJ Marcel</b>	<b>2146</b>	BROJ TEAM ŻLINICE	M20	18	00:09:13	<b>00:19:53.10</b>	<b>00:19:53.10</b>	+00:04:22 (22.0%)	11:41	5.1 (77.3%)
48	<b>GRUSZCZYŃSKI Artur</b>	<b>2116</b>		M40	10	00:09:07	<b>00:19:54.30</b>	<b>00:19:54.30</b>	+00:04:23 (22.1%)	11:42	5.1 (77.3%)
49	<b>BADURA Adam</b>	<b>2017</b>	FORMA WODZISŁAW ŚLĄSKI	M30	17	00:09:24	<b>00:19:55.15</b>	<b>00:19:55.15</b>	+00:04:24 (22.1%)	11:42	5.1 (77.3%)
50	<b>GALMAN Adam</b>	<b>2275</b>		M40	11	00:09:14	<b>00:19:55.20</b>	<b>00:19:55.20</b>	+00:04:24 (22.1%)	11:42	5.1 (77.3%)
51	<b>KUBALA Tomasz</b>	<b>2224</b>	PRESSING BIKE-SYSTEM ICE-WENT TEAM	M40	12	00:09:13	<b>00:19:56.35</b>	<b>00:19:56.35</b>	+00:04:25 (22.2%)	11:43	5.1 (77.3%)
52	<b>BUCZYŃSKI Adam</b>	<b>2291</b>	NOKIA KRAKOW TEAM	M40	13	00:09:27	<b>00:19:57.55</b>	<b>00:19:57.55</b>	+00:04:26 (22.3%)	11:44	5.1 (77.3%)
53	<b>KOS Tomasz</b>	<b>2262</b>	PAŃSTWOWA STRAŻ POŻARNA BYTOM	M30	18	00:09:34	<b>00:19:59.40</b>	<b>00:19:59.40</b>	+00:04:28 (22.4%)	11:45	5.1 (77.3%)
54	<b>KUSZEŁA Mateusz</b>	<b>2325</b>	ATAK LEWEJ ŁYDY	M30	19	00:09:19	<b>00:20:04.60</b>	<b>00:20:04.60</b>	+00:04:33 (22.7%)	11:48	5.1 (77.3%)
55	<b>KUŚMIERSKI Michał</b>	<b>2050</b>	ULTRA BESKID SPORT	M30	20	00:09:22	<b>00:20:06.30</b>	<b>00:20:06.30</b>	+00:04:35 (22.9%)	11:49	5.1 (77.3%)
56	<b>KNUTELSKI Błażej</b>	<b>2335</b>		M20	19	00:09:00	<b>00:20:07.20</b>	<b>00:20:07.20</b>	+00:04:36 (22.9%)	11:50	5.1 (77.3%)
57	<b>FERENC Janusz</b>	<b>2070</b>	UKS LUDWIKOWICE	M60	1	00:09:13	<b>00:20:10.85</b>	<b>00:20:10.85</b>	+00:04:40 (23.1%)	11:51	5.1 (77.3%)
58	<b>KOZIOŁ Kamil</b>	<b>2183</b>	HUSARIA RACE TEAM	M20	20	00:09:28	<b>00:20:14.20</b>	<b>00:20:14.20</b>	+00:04:43 (23.4%)	11:54	5 (75.8%)
59	<b>DĄBROWSKI Piotr</b>	<b>2042</b>	SBBP-ŁOSIE	M40	14	00:09:14	<b>00:20:18.45</b>	<b>00:20:18.45</b>	+00:04:47 (23.6%)	11:56	5 (75.8%)
60	<b>PIĘTKA Tomasz</b>	<b>2330</b>		M30	21	00:09:30	<b>00:20:20.25</b>	<b>00:20:20.25</b>	+00:04:49 (23.7%)	11:57	5 (75.8%)
61	<b>SZYDŁOWSKI Łukasz</b>	<b>2282</b>		M30	22	00:09:14	<b>00:20:20.95</b>	<b>00:20:20.95</b>	+00:04:50 (23.8%)	11:57	5 (75.8%)
62	<b>ŁUPIEŻOWIEC Piotr</b>	<b>2322</b>	MKS CENTRUM DZIĘGIELÓW	M40	15	00:09:27	<b>00:20:22.65</b>	<b>00:20:22.65</b>	+00:04:52 (23.9%)	11:58	5 (75.8%)
63	<b>HORZEŁA Błażej</b>	<b>2149</b>	BETA-TRANS	M20	21	00:09:17	<b>00:20:24.70</b>	<b>00:20:24.70</b>	+00:04:54 (24.0%)	12:00	5 (75.8%)

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							netto 1.7km	brutto 1.7km			
64	<b>RECZEK Sebastian</b>	<b>2102</b>	KS ZIELONO-CZARNI	M30	23	00:09:22	<b>00:20:26.15</b>	<b>00:20:26.15</b>	+00:04:55 (24.1%)	12:01	5 (75.8%)
65	<b>KROSNY Sebastian</b>	<b>2020</b>	BODYDRY TEAM	M30	24	00:09:18	<b>00:20:27.35</b>	<b>00:20:27.35</b>	+00:04:56 (24.2%)	12:01	5 (75.8%)
66	<b>KARGÓL Rafał</b>	<b>2295</b>	LOGTECH TEAM RADZIONKÓW	M30	25	00:09:21	<b>00:20:28.60</b>	<b>00:20:28.60</b>	+00:04:57 (24.3%)	12:02	5 (75.8%)
67	<b>KIK Iwona</b>	<b>1001</b>	DANIEL WOSIK TERVEL TEAM / KW KRAKÓW	K30	2	00:09:19	<b>00:20:28.80</b>	<b>00:20:28.80</b>	+00:04:58 (24.3%)	12:02	5 (75.8%)
68	<b>PYTEL Janusz</b>	<b>2160</b>	SOKÓŁZAKOPANE	M50	2	00:09:29	<b>00:20:29.35</b>	<b>00:20:29.35</b>	+00:04:58 (24.3%)	12:02	5 (75.8%)
69	<b>CHRAPKIEWICZ Michał</b>	<b>2068</b>	SBD ENERGETYK RYBNIK	M30	26	00:09:38	<b>00:20:30.10</b>	<b>00:20:30.10</b>	+00:04:59 (24.3%)	12:03	5 (75.8%)
70	<b>KOT Rafał</b>	<b>2067</b>	GÓRAL Z MAZUR // KB JURUND SZCZYTNO	M30	27	00:09:38	<b>00:20:31.05</b>	<b>00:20:31.05</b>	+00:05:00 (24.4%)	12:04	5 (75.8%)
71	<b>KOKOT Krzysztof</b>	<b>2011</b>	HRMAX ŻORY	M40	16	00:09:33	<b>00:20:31.20</b>	<b>00:20:31.20</b>	+00:05:00 (24.4%)	12:04	5 (75.8%)
72	<b>WANTULOK Mateusz</b>	<b>2267</b>	UZDROWISKOWY TEAM	M30	28	00:09:38	<b>00:20:31.50</b>	<b>00:20:31.50</b>	+00:05:00 (24.4%)	12:04	5 (75.8%)
73	<b>HATALA Mariusz</b>	<b>2218</b>	BB RUNNERS HATI TEAM	M30	29	00:09:35	<b>00:20:32.15</b>	<b>00:20:32.15</b>	+00:05:01 (24.5%)	12:04	5 (75.8%)
74	<b>KIEŁTYKA Zbigniew</b>	<b>2180</b>	KW GLIWICE	M40	17	00:09:49	<b>00:20:33.25</b>	<b>00:20:33.25</b>	+00:05:02 (24.5%)	12:05	5 (75.8%)
75	<b>GRYGIEL Marek</b>	<b>2134</b>	JACEKBIEGA RUNNING TEAM	M40	18	00:09:43	<b>00:20:33.50</b>	<b>00:20:33.50</b>	+00:05:02 (24.6%)	12:05	5 (75.8%)
76	<b>SAWICKI Szymon</b>	<b>2280</b>		M40	19	00:09:31	<b>00:20:34.30</b>	<b>00:20:34.30</b>	+00:05:03 (24.6%)	12:05	5 (75.8%)
77	<b>MURAWSKI Rafał</b>	<b>2317</b>		M30	30	00:09:39	<b>00:20:35.05</b>	<b>00:20:35.05</b>	+00:05:04 (24.6%)	12:06	5 (75.8%)
78	<b>LEŚNIEWSKI Rafał</b>	<b>2310</b>	BICIUFAPSZTRI	M40	20	00:09:37	<b>00:20:35.25</b>	<b>00:20:35.25</b>	+00:05:04 (24.7%)	12:06	5 (75.8%)
79	<b>GARDENER Jacek</b>	<b>2010</b>	ALPIN SPORT TEAM / JACEKBIEGA RUNNING TEAM	M50	3	00:09:46	<b>00:20:36.00</b>	<b>00:20:36.00</b>	+00:05:05 (24.7%)	12:07	5 (75.8%)
80	<b>KOSTELA Piotr</b>	<b>2284</b>	WATAHA	M30	31	00:09:32	<b>00:20:36.10</b>	<b>00:20:36.10</b>	+00:05:05 (24.7%)	12:07	5 (75.8%)
81	<b>LISAK Wojciech</b>	<b>2201</b>		M30	32	00:09:22	<b>00:20:37.70</b>	<b>00:20:37.70</b>	+00:05:07 (24.8%)	12:07	4.9 (74.2%)
82	<b>GOŚCINIEWICZ Paweł</b>	<b>2035</b>	ZIEMOWIT TEAM	M40	21	00:09:41	<b>00:20:38.60</b>	<b>00:20:38.60</b>	+00:05:07 (24.9%)	12:08	4.9 (74.2%)
83	<b>KWIATEK Dawid</b>	<b>2243</b>		M20	22	00:09:01	<b>00:20:39.45</b>	<b>00:20:39.45</b>	+00:05:08 (24.9%)	12:08	4.9 (74.2%)
84	<b>ŻYŁA Sebastian</b>	<b>2124</b>		M20	23	00:09:35	<b>00:20:40.80</b>	<b>00:20:40.80</b>	+00:05:10 (25.0%)	12:09	4.9 (74.2%)
85	<b>NIEMCZYK Magdalena</b>	<b>1042</b>		K20	3	00:09:32	<b>00:20:41.00</b>	<b>00:20:41.00</b>	+00:05:10 (25.0%)	12:10	4.9 (74.2%)
86	<b>SNARSKI Dariusz</b>	<b>2039</b>		M40	22	00:09:34	<b>00:20:42.60</b>	<b>00:20:42.60</b>	+00:05:11 (25.1%)	12:10	4.9 (74.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
87	KOCHEL Paweł	2084	KOWARY BIEGAJĄ	M30	33	00:09:36	00:20:45.00	00:20:45.00	+00:05:14 (25.2%)	12:12	4.9 (74.2%)
88	MATECKI Tomasz	2209		M30	34	00:09:32	00:20:45.25	00:20:45.25	+00:05:14 (25.3%)	12:12	4.9 (74.2%)
89	JANDZIŚ Wiesław	2181	AKTYWNY DYNÓW	M40	23	00:09:47	00:20:45.80	00:20:45.80	+00:05:15 (25.3%)	12:12	4.9 (74.2%)
90	PETKIEWICZ Tomasz	2141	STS BIEGATON MIKOŁÓW	M30	35	00:10:03	00:20:47.25	00:20:47.25	+00:05:16 (25.4%)	12:13	4.9 (74.2%)
91	PIECHA Artur	2304	T-MOBILE RUNNING TEAM	M40	24	00:09:23	00:20:49.85	00:20:49.85	+00:05:19 (25.5%)	12:14	4.9 (74.2%)
92	SŁOBODZIAN Jerzy	2064	NYSA BIEGA	M50	4	00:09:47	00:20:52.20	00:20:52.20	+00:05:21 (25.7%)	12:16	4.9 (74.2%)
93	KUKUŁA Sławomir	2045		M20	24	00:09:30	00:20:52.70	00:20:52.70	+00:05:22 (25.7%)	12:16	4.9 (74.2%)
94	MAJEWSKI Arkadiusz	2182		M40	25	00:09:37	00:20:54.60	00:20:54.60	+00:05:23 (25.8%)	12:17	4.9 (74.2%)
95	THIER Dominik	2212	JACEKBIEGA RUNNING TEAM / KS KANDAHAR	M30	36	00:09:47	00:20:55.45	00:20:55.45	+00:05:24 (25.9%)	12:18	4.9 (74.2%)
96	DOMIN Łukasz	2177	LIDER ANIMATOR/AKTYWNY DYNÓW	M20	25	00:10:13	00:20:56.60	00:20:56.60	+00:05:25 (25.9%)	12:18	4.9 (74.2%)
97	KOZIARSKI Michał	2309	LKS SIERAKÓW ŚLĄSKI	M30	37	00:09:41	00:21:12.70	00:21:12.70	+00:05:42 (26.9%)	12:28	4.8 (72.7%)
98	WITEK Karolina	1066	STOWARZYSZENIE PASJA TRENINGU	K20	4	00:09:38	00:21:15.25	00:21:15.25	+00:05:44 (27.0%)	12:30	4.8 (72.7%)
99	CIUPEK Remigiusz	2188	TAURUS30 CYCLING TEAM	M30	38	00:10:01	00:21:16.80	00:21:16.80	+00:05:46 (27.1%)	12:30	4.8 (72.7%)
100	DOMISZEWSKA Maria	1064		K50	1	00:09:38	00:21:21.05	00:21:21.05	+00:05:50 (27.4%)	12:33	4.8 (72.7%)
101	SZKODA Dariusz	2171	SOCIOS GÓRNIK	M30	39	00:09:51	00:21:22.70	00:21:22.70	+00:05:52 (27.4%)	12:34	4.8 (72.7%)
102	GRUND Marek	2221	MAFIA TEAM LUBLINIEC	M20	26	00:09:54	00:21:24.30	00:21:24.30	+00:05:53 (27.5%)	12:35	4.8 (72.7%)
103	MIROŃCZUK Roman	2167	DRUŻYNA SZPIKU	M40	26	00:10:24	00:21:26.30	00:21:26.30	+00:05:55 (27.6%)	12:36	4.8 (72.7%)
104	SPORYSZ Mateusz	2289		M20	27	00:09:58	00:21:37.60	00:21:37.60	+00:06:06 (28.3%)	12:42	4.7 (71.2%)
105	NOSALIK Marek	2222	MTA	M50	5	00:09:55	00:21:40.60	00:21:40.60	+00:06:09 (28.4%)	12:44	4.7 (71.2%)
106	GARCZYŃSKA-WĄS Bogusława	1048		K40	1	00:10:15	00:21:41.50	00:21:41.50	+00:06:10 (28.5%)	12:45	4.7 (71.2%)
107	RADOMSKI Zbigniew	2173	TKKF BESKIDEK	M60	2	00:10:17	00:21:43.85	00:21:43.85	+00:06:13 (28.6%)	12:46	4.7 (71.2%)
108	JASEK Piotr	2311	-	M30	40	00:10:01	00:21:45.90	00:21:45.90	+00:06:15 (28.7%)	12:47	4.7 (71.2%)
109	KUSO Małgorzata	1051		K30	3	00:10:11	00:21:49.25	00:21:49.25	+00:06:18 (28.9%)	12:50	4.7 (71.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
110	<b>PASUTO Grzegorz</b>	<b>2332</b>		M30	41	00:10:19	<b>00:21:49.90</b>	<b>00:21:49.90</b>	+00:06:19 (29.0%)	12:50	4.7 (71.2%)
111	<b>BARTULA Arkadiusz</b>	<b>2216</b>	SPEED TEAM BRZESZCZE	M40	27	00:09:51	<b>00:21:51.30</b>	<b>00:21:51.30</b>	+00:06:20 (29.0%)	12:51	4.7 (71.2%)
112	<b>OLMA Przemysław</b>	<b>2169</b>	GONIACKA TEAM/ KS KANDAHAR	M30	42	00:09:50	<b>00:21:54.10</b>	<b>00:21:54.10</b>	+00:06:23 (29.2%)	12:52	4.7 (71.2%)
113	<b>DYLAĞ Wojciech</b>	<b>2301</b>	KS LIMANOWA FORREST	M20	28	00:09:37	<b>00:21:56.90</b>	<b>00:21:56.90</b>	+00:06:26 (29.3%)	12:54	4.7 (71.2%)
114	<b>BONDARA Sylwia</b>	<b>1003</b>	ALPIN SPORT TEAM / JACEKBIEGA RUNNING TEAM	K30	4	00:10:35	<b>00:21:57.40</b>	<b>00:21:57.40</b>	+00:06:26 (29.4%)	12:54	4.6 (69.7%)
115	<b>SERAFIN Dariusz</b>	<b>2033</b>	KLUB BIEGACZA FARTLEK	M40	28	00:10:34	<b>00:22:00.20</b>	<b>00:22:00.20</b>	+00:06:29 (29.5%)	12:56	4.6 (69.7%)
116	<b>RAJA Paweł</b>	<b>2264</b>	SKYRUNNING POLAND	M30	43	00:10:11	<b>00:22:00.30</b>	<b>00:22:00.30</b>	+00:06:29 (29.5%)	12:56	4.6 (69.7%)
117	<b>WOJNO Arkadiusz</b>	<b>2115</b>	HUSARIA RACE TEAM	M30	44	00:10:13	<b>00:22:01.70</b>	<b>00:22:01.70</b>	+00:06:31 (29.6%)	12:57	4.6 (69.7%)
118	<b>BOLECHOWSKA Dominika</b>	<b>1007</b>	ATTIQ	K40	2	00:10:23	<b>00:22:06.90</b>	<b>00:22:06.90</b>	+00:06:36 (29.9%)	13:00	4.6 (69.7%)
119	<b>AGIEJCZYK Wojciech</b>	<b>2305</b>	APTIV RUNNING TEAM	M30	45	00:09:57	<b>00:22:09.95</b>	<b>00:22:09.95</b>	+00:06:39 (30.0%)	13:01	4.6 (69.7%)
120	<b>BASZAK Tomasz</b>	<b>2288</b>	SIŁAOGRA.PL	M30	46	00:10:17	<b>00:22:10.90</b>	<b>00:22:10.90</b>	+00:06:40 (30.1%)	13:02	4.6 (69.7%)
121	<b>GUZDEK Tomasz</b>	<b>2258</b>	STRAZ POZARNA BYTOM	M30	47	00:09:58	<b>00:22:13.75</b>	<b>00:22:13.75</b>	+00:06:43 (30.2%)	13:04	4.6 (69.7%)
122	<b>PUDŁO Mateusz</b>	<b>2286</b>	HUSARIA RACE TEAM	M20	29	00:10:11	<b>00:22:14.35</b>	<b>00:22:14.35</b>	+00:06:43 (30.3%)	13:04	4.6 (69.7%)
123	<b>KLONOWSKI Kamil</b>	<b>2081</b>	MOSIR ŁAZISKA GÓRNE	M20	30	00:10:25	<b>00:22:22.20</b>	<b>00:22:22.20</b>	+00:06:51 (30.7%)	13:09	4.6 (69.7%)
124	<b>KANCLERZ-JANUSZEWSKA Katarzyna</b>	<b>1010</b>	KOBIETY NA 5+	K50	2	00:10:24	<b>00:22:23.70</b>	<b>00:22:23.70</b>	+00:06:53 (30.7%)	13:10	4.6 (69.7%)
125	<b>KOMANIECKI Łukasz</b>	<b>2157</b>		M30	48	00:10:33	<b>00:22:25.45</b>	<b>00:22:25.45</b>	+00:06:54 (30.8%)	13:11	4.6 (69.7%)
126	<b>JUSZCZAK Artur</b>	<b>2122</b>	KW JASTRZĘBIE-ZDRÓJ	M40	29	00:09:54	<b>00:22:29.30</b>	<b>00:22:29.30</b>	+00:06:58 (31.0%)	13:13	4.5 (68.2%)
127	<b>KOZAR Michał</b>	<b>2185</b>		M30	49	00:10:30	<b>00:22:31.80</b>	<b>00:22:31.80</b>	+00:07:01 (31.2%)	13:14	4.5 (68.2%)
128	<b>BŁAUCIAK Ewa</b>	<b>1061</b>	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	K20	5	00:10:12	<b>00:22:35.15</b>	<b>00:22:35.15</b>	+00:07:04 (31.3%)	13:17	4.5 (68.2%)
129	<b>STOLECKI Grzegorz</b>	<b>2306</b>	TRUCHTACZ MYSŁOWICE	M30	50	00:09:57	<b>00:22:36.55</b>	<b>00:22:36.55</b>	+00:07:05 (31.4%)	13:17	4.5 (68.2%)
130	<b>RADZIK Piotr</b>	<b>2021</b>		M30	51	00:10:27	<b>00:22:38.40</b>	<b>00:22:38.40</b>	+00:07:07 (31.5%)	13:18	4.5 (68.2%)
131	<b>TOKAREWICZ Damian</b>	<b>2052</b>	ZEBRY	M30	52	00:10:04	<b>00:22:45.20</b>	<b>00:22:45.20</b>	+00:07:14 (31.8%)	13:22	4.5 (68.2%)
132	<b>SOBOLA Grzegorz</b>	<b>2272</b>	4DRINKI	M20	31	00:10:23	<b>00:22:48.55</b>	<b>00:22:48.55</b>	+00:07:17 (32.0%)	13:24	4.5 (68.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
133	<b>URBAN Wiktor</b>	<b>2162</b>	NIGHT RUNNERS ZABRZE	M20	32	00:10:00	<b>00:22:56.30</b>	<b>00:22:56.30</b>	+00:07:25 (32.4%)	13:29	4.4 (66.7%)
134	<b>SZCZUREK Dominik</b>	<b>2178</b>	TKKF UKLEJNA MYŚLENICE	M30	53	00:09:55	<b>00:22:58.35</b>	<b>00:22:58.35</b>	+00:07:27 (32.5%)	13:30	4.4 (66.7%)
135	<b>ŻABA Igor</b>	<b>2333</b>		M30	54	00:10:41	<b>00:22:58.40</b>	<b>00:22:58.40</b>	+00:07:27 (32.5%)	13:30	4.4 (66.7%)
136	<b>JANIK Paulina</b>	<b>1004</b>	KARKONOSZ RUNNING TEAM SZKLARSKA PORĘBA	K30	5	00:10:27	<b>00:23:02.35</b>	<b>00:23:02.35</b>	+00:07:31 (32.7%)	13:32	4.4 (66.7%)
137	<b>KOPIEC Roland</b>	<b>2296</b>	ŁAZISKA GÓRNE	M20	33	00:10:01	<b>00:23:03.35</b>	<b>00:23:03.35</b>	+00:07:32 (32.7%)	13:33	4.4 (66.7%)
138	<b>GRYCKO Konrad</b>	<b>2097</b>	FURION	M20	34	00:10:51	<b>00:23:09.30</b>	<b>00:23:09.30</b>	+00:07:38 (33.0%)	13:37	4.4 (66.7%)
139	<b>BRÓG Wojciech</b>	<b>2048</b>		M30	55	00:10:03	<b>00:23:12.95</b>	<b>00:23:12.95</b>	+00:07:42 (33.2%)	13:38	4.4 (66.7%)
140	<b>PRASOŁ Marcin</b>	<b>2256</b>		M30	56	00:10:28	<b>00:23:13.30</b>	<b>00:23:13.30</b>	+00:07:42 (33.2%)	13:39	4.4 (66.7%)
141	<b>KANIA Damian</b>	<b>2105</b>	MYSŁOWICKI KLUB BIEGACZA NO.I	M30	57	00:10:25	<b>00:23:16.00</b>	<b>00:23:16.00</b>	+00:07:45 (33.3%)	13:41	4.4 (66.7%)
142	<b>WOLAŃSKI Tomasz</b>	<b>2312</b>		M20	35	00:10:14	<b>00:23:17.55</b>	<b>00:23:17.55</b>	+00:07:46 (33.4%)	13:41	4.4 (66.7%)
143	<b>WALCZYŃSKI Mariusz</b>	<b>2329</b>	HRMAX ŻORY	M30	58	00:10:23	<b>00:23:17.90</b>	<b>00:23:17.90</b>	+00:07:47 (33.4%)	13:41	4.4 (66.7%)
144	<b>JONKISZ Dorota</b>	<b>1070</b>	RYTM CZECHOWICE DZIEDZICE	K50	3	00:10:58	<b>00:23:19.20</b>	<b>00:23:19.20</b>	+00:07:48 (33.5%)	13:42	4.4 (66.7%)
145	<b>KOZIEŁ Krzysztof</b>	<b>2314</b>	NIGHT RUNNERS GLIWICE	M30	59	00:10:33	<b>00:23:22.15</b>	<b>00:23:22.15</b>	+00:07:51 (33.6%)	13:44	4.4 (66.7%)
146	<b>JASTRZĘBSKI Piotr</b>	<b>2190</b>	SOCIOS SILESIA	M20	36	00:10:16	<b>00:23:23.35</b>	<b>00:23:23.35</b>	+00:07:52 (33.7%)	13:45	4.4 (66.7%)
147	<b>MAJCHRZAK Maciej</b>	<b>2196</b>		M20	37	00:10:45	<b>00:23:24.10</b>	<b>00:23:24.10</b>	+00:07:53 (33.7%)	13:45	4.4 (66.7%)
148	<b>GWÓZDŹ Michał</b>	<b>2163</b>	#CZELADZBIEGA	M40	30	00:11:14	<b>00:23:24.90</b>	<b>00:23:24.90</b>	+00:07:54 (33.8%)	13:45	4.4 (66.7%)
149	<b>JEAN MICHEL Warnotte</b>	<b>2336</b>		M40	31	00:11:00	<b>00:23:25.25</b>	<b>00:23:25.25</b>	+00:07:54 (33.8%)	13:46	4.4 (66.7%)
150	<b>BIENIECKA Anna</b>	<b>1006</b>	OTK RZEŹNIK	K30	6	00:11:07	<b>00:23:30.40</b>	<b>00:23:30.40</b>	+00:07:59 (34.0%)	13:49	4.3 (65.2%)
151	<b>CHMIELOWSKI Michał</b>	<b>2065</b>	GÓRSKIE PĘDZIWIATRY	M30	60	00:11:09	<b>00:23:41.70</b>	<b>00:23:41.70</b>	+00:08:11 (34.5%)	13:55	4.3 (65.2%)
152	<b>WILK Dawid</b>	<b>2194</b>	SOCIOS GÓRNIK	M20	38	00:10:13	<b>00:23:43.05</b>	<b>00:23:43.05</b>	+00:08:12 (34.6%)	13:57	4.3 (65.2%)
153	<b>SIWA Kinga</b>	<b>1047</b>	KS SAKO GDAŃSK	K30	7	00:10:47	<b>00:23:43.70</b>	<b>00:23:43.70</b>	+00:08:13 (34.6%)	13:57	4.3 (65.2%)
154	<b>RZEPKA Piotr</b>	<b>2125</b>	PARKRUN KATOWICE	M20	39	00:10:35	<b>00:23:45.80</b>	<b>00:23:45.80</b>	+00:08:15 (34.7%)	13:58	4.3 (65.2%)
155	<b>MORAWSKI Grzegorz</b>	<b>2277</b>	TRENER24H.COM.PL	M30	61	00:10:56	<b>00:23:46.90</b>	<b>00:23:46.90</b>	+00:08:16 (34.8%)	13:58	4.3 (65.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 1.7km	brutto 1.7km			
156	<b>MAJCHROWSKI Jacek</b>	<b>2028</b>	CKB TARNOBRZEG	M40	32	00:10:52	<b>00:23:48.70</b>	<b>00:23:48.70</b>	+00:08:18 (34.9%)	14:00	4.3 (65.2%)
157	<b>PLUCINSKI Grzegorz</b>	<b>2014</b>	INŻYNIERIA BIEGANIA TEAM	M40	33	00:11:10	<b>00:23:49.15</b>	<b>00:23:49.15</b>	+00:08:18 (34.9%)	14:00	4.3 (65.2%)
158	<b>SZYMIK Krzysztof</b>	<b>2130</b>	BZIEGACZ SAMOTNT WILK	M40	34		<b>00:23:51.00</b>	<b>00:23:51.00</b>	+00:08:20 (35.0%)	14:01	4.3 (65.2%)
159	<b>BŁASZCZAK Jarosław</b>	<b>2298</b>	APTIV RUNNING TEAM	M40	35	00:11:05	<b>00:23:57.95</b>	<b>00:23:57.95</b>	+00:08:27 (35.3%)	14:05	4.3 (65.2%)
160	<b>ŚWIŃCZYK Marcin</b>	<b>2184</b>		M30	62	00:11:30	<b>00:24:03.00</b>	<b>00:24:03.00</b>	+00:08:32 (35.5%)	14:08	4.2 (63.6%)
161	<b>PYTLARZ Wojtek</b>	<b>2110</b>	NEVERLAND TEAM	M30	63	00:11:14	<b>00:24:04.10</b>	<b>00:24:04.10</b>	+00:08:33 (35.6%)	14:09	4.2 (63.6%)
162	<b>RENCZ Małgorzata</b>	<b>1014</b>	W POGONI ZA DUCHEM	K40	3	00:10:48	<b>00:24:04.70</b>	<b>00:24:04.70</b>	+00:08:34 (35.6%)	14:09	4.2 (63.6%)
163	<b>STEFAŃSKI Zbigniew</b>	<b>2207</b>	HEBEL	M40	36	00:11:06	<b>00:24:13.30</b>	<b>00:24:13.30</b>	+00:08:42 (36.0%)	14:14	4.2 (63.6%)
164	<b>SIKORA Alicja</b>	<b>1046</b>	TEAM SIKORA	K60	1	00:11:22	<b>00:24:16.35</b>	<b>00:24:16.35</b>	+00:08:45 (36.1%)	14:16	4.2 (63.6%)
165	<b>GÓRNY Mirosław</b>	<b>2242</b>	NUTREND TEAM	M50	6	00:10:35	<b>00:24:24.15</b>	<b>00:24:24.15</b>	+00:08:53 (36.4%)	14:21	4.2 (63.6%)
166	<b>MOSTOWIK Marcin</b>	<b>2227</b>		M30	64	00:11:08	<b>00:24:34.25</b>	<b>00:24:34.25</b>	+00:09:03 (36.9%)	14:27	4.2 (63.6%)
167	<b>MAŁACHOWSKI Mariusz</b>	<b>2103</b>	BIEGAJĄC Z WILKAMI	M40	37	00:10:34	<b>00:24:41.90</b>	<b>00:24:41.90</b>	+00:09:11 (37.2%)	14:31	4.1 (62.1%)
168	<b>KNURA Aleksander</b>	<b>2252</b>	KW JASTRZĘBIE - ZDRÓJ	M30	65	00:11:22	<b>00:24:50.75</b>	<b>00:24:50.75</b>	+00:09:20 (37.6%)	14:36	4.1 (62.1%)
169	<b>MARKIEWICZ Agnieszka</b>	<b>1050</b>	PRORUNNING PROMOTION	K20	6	00:11:20	<b>00:24:51.05</b>	<b>00:24:51.05</b>	+00:09:20 (37.6%)	14:37	4.1 (62.1%)
170	<b>STAŃCZAK Grzegorz</b>	<b>2270</b>		M30	66	00:10:42	<b>00:25:05.80</b>	<b>00:25:05.80</b>	+00:09:35 (38.2%)	14:45	4.1 (62.1%)
171	<b>STELMASZCZYK Bartłomiej</b>	<b>2235</b>	SCOUT TAEM	M40	38	00:11:25	<b>00:25:07.80</b>	<b>00:25:07.80</b>	+00:09:37 (38.3%)	14:46	4.1 (62.1%)
172	<b>DAWIDOWICZ Krzysztof</b>	<b>2164</b>	FREEWAY	M30	67	00:11:25	<b>00:25:19.95</b>	<b>00:25:19.95</b>	+00:09:49 (38.8%)	14:53	4 (60.6%)
173	<b>MADEJA Piotr</b>	<b>2156</b>		M30	68	00:11:07	<b>00:25:24.40</b>	<b>00:25:24.40</b>	+00:09:53 (38.9%)	14:56	4 (60.6%)
174	<b>URBAŃSKI Robert</b>	<b>2055</b>		M40	39	00:11:24	<b>00:25:24.55</b>	<b>00:25:24.55</b>	+00:09:53 (39.0%)	14:56	4 (60.6%)
175	<b>PACHURA Kinga</b>	<b>1024</b>		K40	4	00:12:04	<b>00:26:28.40</b>	<b>00:26:28.40</b>	+00:10:57 (41.4%)	15:34	3.9 (59.1%)
176	<b>KLIMOSZ Edyta</b>	<b>1040</b>		K20	7	00:12:08	<b>00:26:40.10</b>	<b>00:26:40.10</b>	+00:11:09 (41.8%)	15:41	3.8 (57.6%)
177	<b>LIGĘZA Joasia</b>	<b>1017</b>	SMASHING PĄPKINS/UNLIMITED	K40	5	00:12:34	<b>00:26:51.70</b>	<b>00:26:51.70</b>	+00:11:21 (42.3%)	15:47	3.8 (57.6%)
178	<b>WOJTYRA Karolina</b>	<b>1034</b>	ENTER AIR RUNNERS CLUB	K20	8	00:12:15	<b>00:27:05.20</b>	<b>00:27:05.20</b>	+00:11:34 (42.7%)	15:55	3.8 (57.6%)



Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Polowka 0.9km	Czas netto 1.7km	Czas brutto 1.7km	Różn	Tempo min/km	Tempo km/h
179	<b>FIREK Iwona</b>	<b>1057</b>	FIRE'K TEAM	K30	8	00:12:29	<b>00:27:06.85</b>	<b>00:27:06.85</b>	+00:11:36 (42.8%)	15:56	3.8 (57.6%)
180	<b>CHOWANIOK Anna</b>	<b>1049</b>		K20	9	00:12:31	<b>00:27:08.55</b>	<b>00:27:08.55</b>	+00:11:37 (42.9%)	15:57	3.8 (57.6%)
181	<b>STRAUCHOLD Anna</b>	<b>1073</b>	PRO-RUN WROCŁAW	K40	6	00:12:30	<b>00:27:13.95</b>	<b>00:27:13.95</b>	+00:11:43 (43.0%)	16:00	3.7 (56.1%)
182	<b>ŚWIĘTEK Sylwia</b>	<b>1058</b>	LITWIN TRIATHLON TEAM	K40	7	00:12:38	<b>00:27:40.55</b>	<b>00:27:40.55</b>	+00:12:09 (44.0%)	16:16	3.7 (56.1%)
183	<b>CAŁKA Agnieszka</b>	<b>1059</b>	RADZYMIN RUN TEAM	K40	8	00:12:46	<b>00:28:04.60</b>	<b>00:28:04.60</b>	+00:12:33 (44.8%)	16:30	3.6 (54.5%)
184	<b>SERZYSKO Bartosz</b>	<b>2299</b>	APTIV RUNNING TEAM	M20	40						(0.0%)

Znaleziono 184 wynik(ów)